

# Diploma in Otolaryngology Head & Neck Surgery (DOHNS): Intensive Revision Course & OSCE

This intensive one-day course aimed to provide a focused revision for the DOHNS Clinical/OSCE exam for both Surgical and General Practice trainees with a specialist interest in ENT.

The content included clinical topics that regularly feature in the exam, that encompassed gross and microscopic anatomy of key areas, identification of common ENT pathology (including video and radiological analysis), interpretation of specialist investigations and familiarisation with surgical and emergency equipment. There was a strong emphasis on the clinical application of this knowledge and the practical skills required for the exam. Candidates will also have the opportunity to perfect their examination skills and improve their communication skills, with focused history taking and consenting.

The course concluded with a mock OSCE examination, which provided the opportunity for individuals to put into practice the skills they had acquired in front of real examiners under real exam conditions.

#### **Course Information**

Course date: 17th October 2015

Venue: Department of Anatomy,

School of Biosciences,

Park Place, Cardiff University,

Wales, UK

Attendance: 12 Delegates

Aimed at: Delegates looking to take

the DOHNS Clinical/OSCE

exam.

Course fee: £210.00





# **Course Programme**

0800 - 0820	Welcome & introduction to format of the course; venue: E1.03  Mr T Moorhouse & Mr S Enoch
0820 - 1100	Session A: Group lectures, venue: E1.03 (2x40mins, combined sessions);
	• Ear – Mr B Stew
	Nose, Paranasal sinuses & Oral Cavity – Mr T Moorhouse
	Session B: Group demonstrations, venue: E1.02 & E1.03 (2x40 mins, parallel sessions)
	Ear examination – B Stew     Neck examination & FNE – Mr T Moorhouse

1100 - 1115	Coffee & refreshments
1115 - 1315	Session C: Communication skills, venue: E1.02 & E1.03 (4x30 mins, parallel sessions)
	<ul><li> History taking</li><li> Breaking bad news</li><li> Information giving</li><li> Consent</li></ul>
	Ms K Konieczny / Mr T Moorhouse / Mr B Stew

Session consists formal teaching followed by an open workshop involving scenarios accompanied by facilitators and formal feedback

# **Course Programme**

**1315 - 1400** (During lunch break):

Equipment familiarisation

Lecture: 'How to pass the OSCE first time'

**1400 - 1520** Session D: Group demonstrations, venue: Dissection room (2x40mins, parallel

sessions)

1a. Skull base anatomy (dry bones) – Ms K Konieczny

1b. Cranial nerves and vestibular assessment – Ms K Konieczny

2a. Neck anatomy (prosection) - Mr B Stew

2b. Larynx, Neck and Thyroid gland (lecture) – Mr T Moorhouse

Topographical and surface anatomy will also be demonstrated. Appropriate radiographs and other imaging as well as pathological slides will be used as aids.

**1520 - 1605** Session E: Group lecture, venue: E1.03 (45 mins)

· Hearing and balance analysis - Mr B Stew

1605 - 1620	Coffee & refreshments	
1620 – 1830	VIVA AND OSCE	
1620 - 1630		
	Venue: E1.02-5	
Co-ordinator:	Mr S Enoch	

There will be Viva and OSCE stations, with additional rest stations, run under exam conditions. Some stations are manned and some are unmanned, these will run in conjunction as in the exam. Every candidate will go through all stations. Each viva and OSCE station will be for six minutes.

Examiners: Ms K Konieczny, Mr T Moorhouse, Mr B Stew

1830 Summary and general feedback

1830 End of Course!

# **Faculty**

### Mr Toby Moorhouse, MB BCh, BSc, MRCS, DOHNS

Specialist Registrar Otolaryngology All Wales Training Programme

### Mr Stuart Enoch, MBBS, MRCSEd, PGCert (Med Sci), MRCS (Eng), PhD

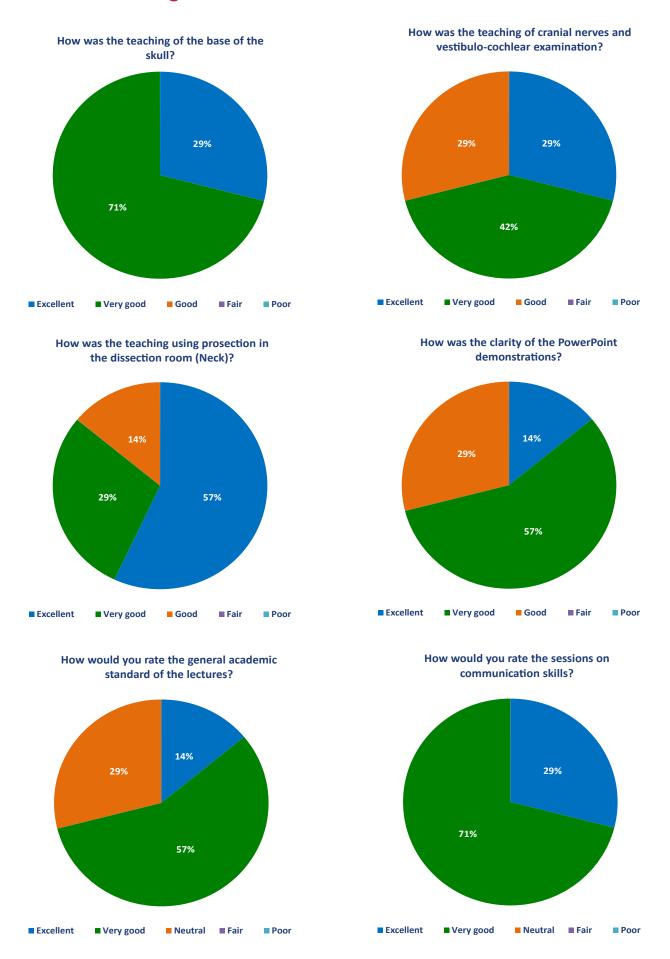
Speciality Registrar in Plastic Surgery
University Hospitals of South and Central Manchester
Visiting Scientist – University of Manchester

### Mr Benjamin Stew, MBBcH, MRCS, DOHNS

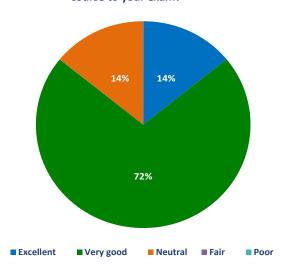
Speciality trainee in Otolaryngology University Hospital of Wales, Cardiff

## Ms Katarzyna Konieczny, MD, MRCS, DOHNS

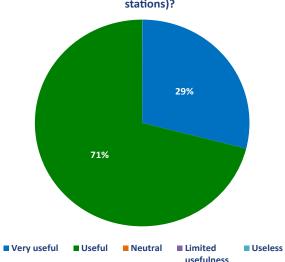
Speciality Trainee in ENT East Surrey Hospital



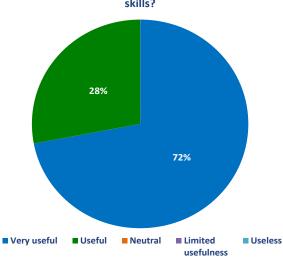




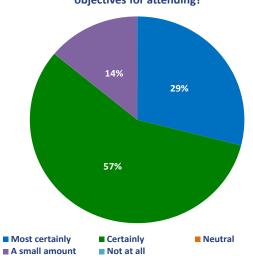
How useful was the mock OSCE (unmanned stations)?



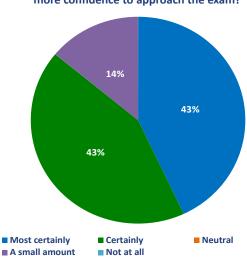
How useful was the viva on communication skills?



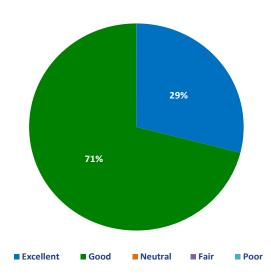
Do you feel that the course met your objectives for attending?

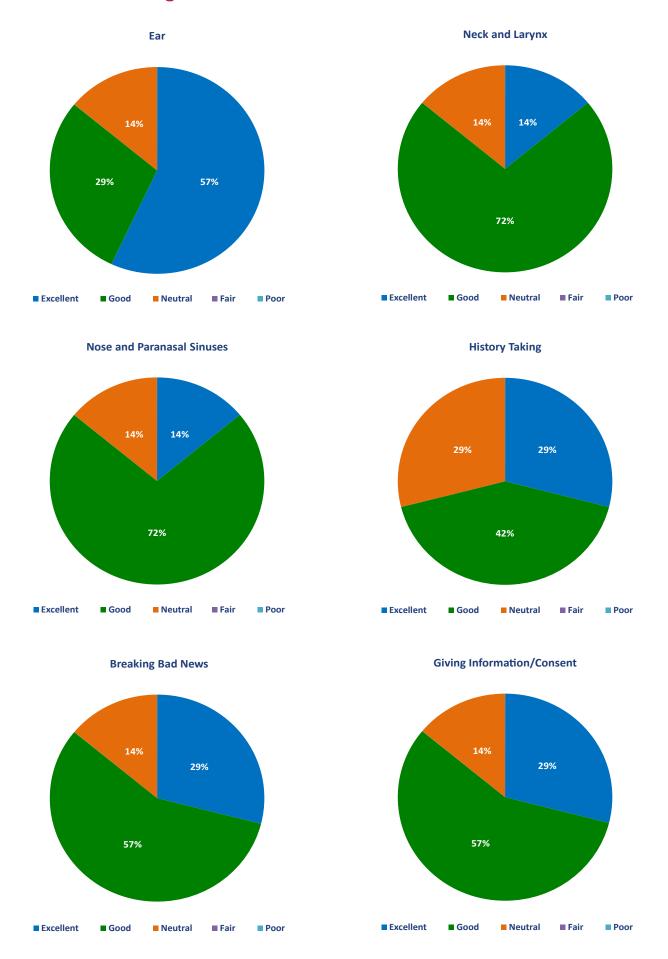


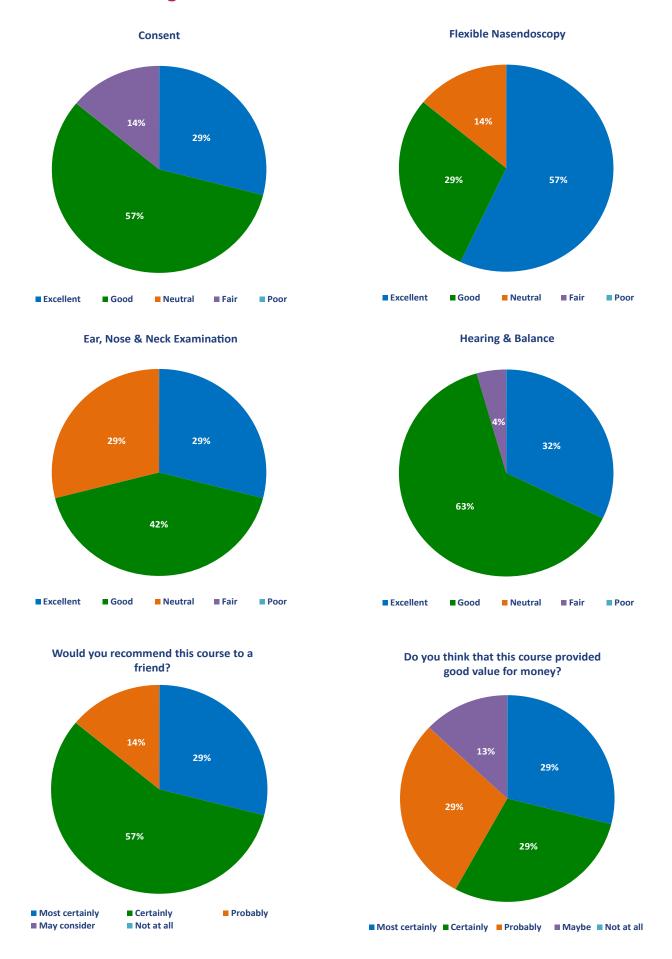
Do you feel that the course has given you more confidence to approach the exam?



**Cranial Nerves and Base of Skull** 







# **Individual Comments**

Very relevant. We had to perform vestibular assessment in the exam, which we had covered. Particularly good, for me, was knowing the setup for the communication stations. Really excellent. A long day but nice to cover everything in one go. Great faculty, very helpful and encouraging.

EL

Basingstoke and North Hampshire Hospital, Basingstoke, UK

Mock test is the best part.

RP

Great Western Hospital, Swindon, UK

Friendly and approachable team. Good selection of topics.

RP

Ongar Health Centre, Ongar, UK



Doctors Academy is an UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

### Courses (a selection):

### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



#### Forthcoming key events:

- International Medical Summer School Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016
- International Academic and Research Conference Manchester, 6th August 2016
- World University Anatomy Challenge Manchester, 5<sup>th</sup> August 2016

#### **Publications**



publications.doctorsacademy.org

#### **World Journal of Medical Education & Research**

Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

wjmer.co.uk

#### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

- DOHNS Exams

- MRCS Exams

www.doctorexams.co.uk

www.doctorsacademy.org