

## Cardiff DOHNS Course: Intensive Revision for DOHNS OSCE / MRCS(ENT)

Feedback - October 2018

## Cardiff DOHNS Course: Intensive Revision for DOHNS OSCE / MRCS(ENT)

This intensive one-day course aimed to provide a focused revision for the DOHNS Clinical (OSCE) exam. It was intended for both Surgical and General Practice trainees who have a specialist interest in ENT

The course covered clinical topics that regularly feature in the exam. This included the gross and microscopic anatomy of key areas, the identification of common ENT pathology (including video and radiological analysis), the interpretation of specialist investigations, and the familiarisation with surgical and emergency equipment. There was a strong emphasis on the clinical application of this knowledge and the practical skills required for the exam. Delegates were also given the opportunity to perfect their examination skills and to improve their communication skills through focused history taking and consenting.

The course concluded with a mock OSCE examination. This provided the delegates with the opportunity to put into practice the skills they had acquired in front of real examiners and under real exam conditions.

# Course Information Course date: 20th October 2018 Venue: School of Biosciences, Cardiff University Attendance: 29 Delegates Aimed at: Delegates looking to take the DOHNS Clinical/OSCE exam. Course fee: £235.00





## **Course Programme**

0800 – 0815	Welcome & introduction to format of the course; venue: E1.02 Mr D Yap & Prof S Enoch
0815 – 0940	Session A: Group Lectures (3x30 mins, combined);
0940 – 1100	<ul> <li>Nose, Paranasal Sinuses &amp; Oral Cavity – Mr D Edwards</li> <li>Neck Anatomy – Mr D Yap</li> <li>Larynx, Neck and Thyroid Gland – Mr D Yap</li> </ul>
0940 - 1100	<ul> <li>Session B: Group Lectures/Workshops (3x25 mins, combined)</li> <li>Ear – Ms E Mathew</li> <li>Skull Base Anatomy – Mr T Moorhouse</li> <li>Cranial Nerves and Vestibular Assessment – Mr T Moorhouse</li> </ul>
1100 – 1115	Coffee & Refreshments
1115 – 1255	Session C: Communication Skills (2x50 mins, parallel)
	<ul> <li>History Taking</li> <li>Breaking Bad News</li> <li>Information Giving</li> <li>Consent</li> </ul>

## Mr T Moorhouse / Mr D Edwards / Dr S Wright / Ms E Mathew / Mr D Yap / Ms N Keates / Ms A Conybeare / Ms R Bance

Session consists formal teaching followed by an open workshop involving scenarios accompanied by facilitators and formal feedback

1255 -1320	Lunch Break
1320 - 1330	"How to Pass the OSCE First Time" Mr D Yap
1330 - 1430	Session D: Group demonstrations (2x30 mins, parallel)
	<ul> <li>Ear Examination – Mr D Edwards / Ms E Mathew</li> <li>Neck Examination &amp; FNE – Mr T Moorhouse / Mr D Yap</li> </ul>
1430 - 1515	Session E: Group lecture (45 mins, combined)
	Hearing and Balance Analysis – Mr D Smith

## **Course Programme**

1515 - 1845 (With 15-min break for refreshments in between rotations)

## VIVA AND OSCE Co-ordinators: Mr S Enoch / Ms R Williams

There will be viva and OSCE stations, with additional rest stations, run under exam conditions. Some stations are manned and some are unmanned, these will run in conjunction as in the exam. Every candidate will go through all stations. Each viva and OSCE station will be for six minutes.

### Examiners:

Mr T Moorhouse / Mr D Edwards / Ms E Mathew / Mr D Yap / Ms N Keates / Ms A Conybeare / Ms R Bance

1845 Summary and General Feedback

1900 End of Course

## **Faculty List**

Mr Toby Moorhouse, MRCS, FRCS (ORL-HNS)

Course Director Senior Registrar in Otolaryngology Princess of Wales Hospital, Bridgend

Mr Dan Edwards, MRCS (ENT)

Specialist Registrar in Otolaryngology Royal Gwent Hospital, Newport

**Mr Darren Yap, MRCS, DOHNS** Specialist Registrar in Otolaryngology Wexham Park Hospital, Slough

Ms Elizabeth Casselden, MMEdSc, BMBS, MRCS (ENT) Speciality Trainee in ENT Surgery Oxford University Hospital

**Miss Elizabeth Mathew, MRCS (ENT)** Specialist Registrar in Otolaryngology Royal Berkshire Hospital, Reading

Mrs Rujuta Bance MBBS, BSc, MRCS, MRCS-ENT

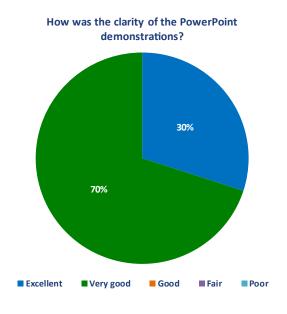
Specialist Registrar in Otolaryngology Lister Hospital, Stevenage

#### Trainee Faculty

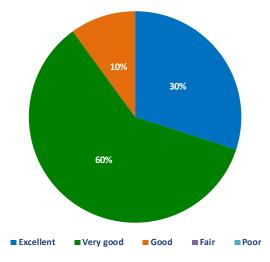
Miss Alison Conybeare, MRCS, DOHNS, MSc Med Ed. Speciality Doctor in Otolaryngology

**Miss Natasha Keates, MRCSEd(ENT)** Speciality Trainee in Otolaryngology Derriford Hospital, Plymouth

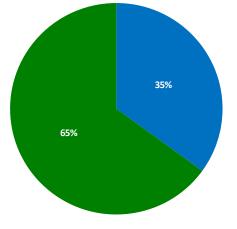
University Hospitals of North Midlands



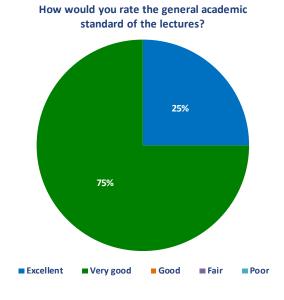




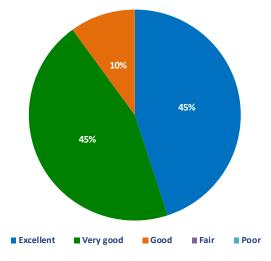




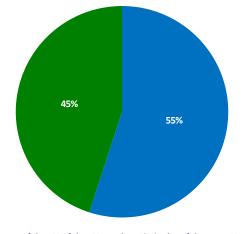
■ Very useful ■ Useful ■ Neutral ■ Limited usefulness ■ Useless



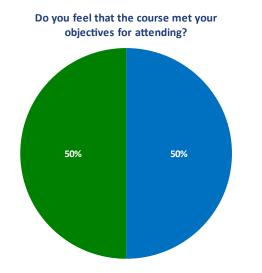
How do you rate the relevance of the course to your exam?



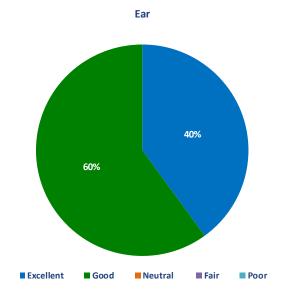


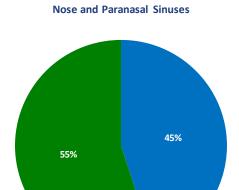


■ Very useful ■ Useful ■ Neutral ■ Limited usefulness ■ Useless



Most certainly Certainly Neutral A small amount Not at all





Neutral

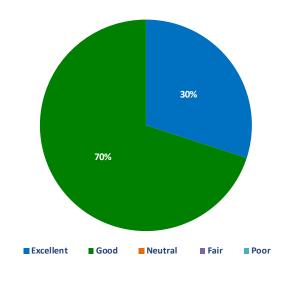
Fair

Poor

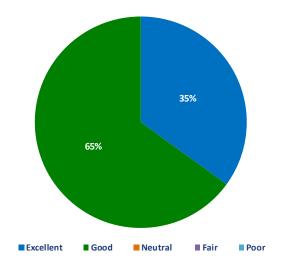
Excellent

Good

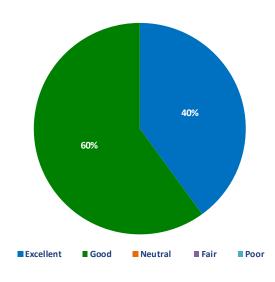
Cranial nerves and base of skull

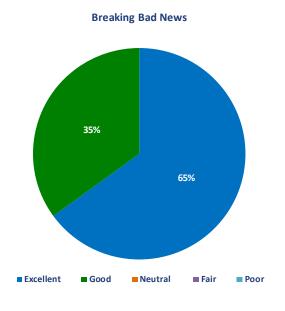


Neck and Larynx

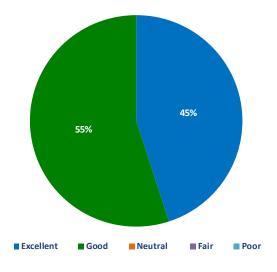


**History Taking** 

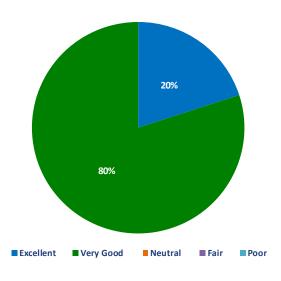


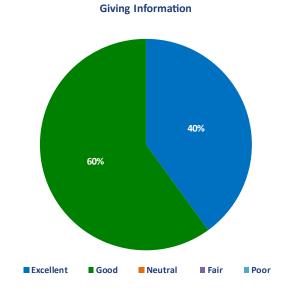


Consent

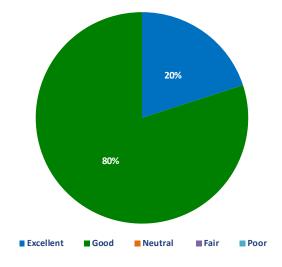




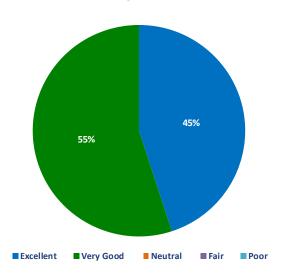




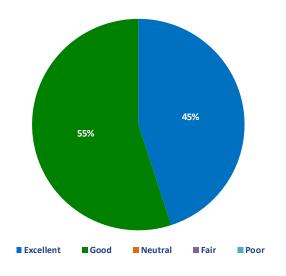
Flexible Nasendoscopy



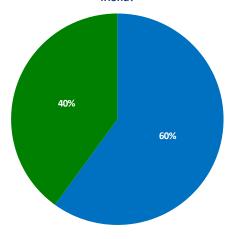




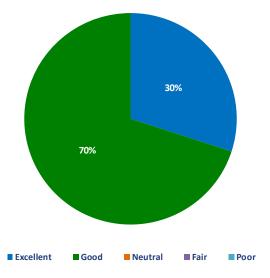
#### How were the facilities and venue?



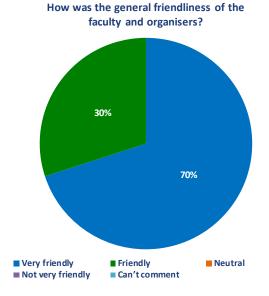




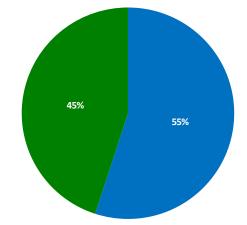
Most certainly Certainly Probably May consider Not at all



How were the refreshments and lunch?

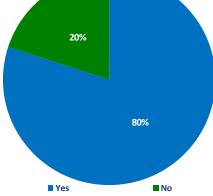






■ Most certainly ■ Certainly ■ Probably ■ May be ■ Not at all

Would you be interested in becoming a trainee faculty after you have passed your exam and secured your Registrar (or equivalent level) job?



## **Individual Comments**

Lectures were a very high standard. Mock stations were also very useful. Would definitely recommend to anyone sitting DOHNS.

## AS Royal Derby Hospital

Very friendly approachable faculty with excellent teaching skills. Perhaps a bit more time to practice the communication stations (but I appreciate that you offer additional days for this.) Overall I cannot think of many improvements, thank you so much for the day.

## AM Milton Keynes General Hospital

I very much enjoyed the practical skills and the sessions given by Darren. Darren is a very engaging teacher and his teaching style was well received throughout the cohort. I felt extremely reassured by the presentation and really appreciated hearing from a recent successful candidate about her experiences.

LW Royal Gwent hospital

> JN Klang

Overall a very succinct and helpful one-day course. Not too bombarded with info, but enough to cover all the main topics.

LC Glasgow Royal Infirmary, Glasgow

Topics were very relevant and it was kept to the most essential.

SF Ninewells Hospital

Very well organised. Most helpful for the communication stations.

KG Pinderfields General Hospital, Wakefield

Friendly team excellent teaching.

DM Centenary Hospital, Govandi Mumbai

It was good.

Good.

9

LMU hospital Munich

HA



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

### **Courses (a selection):**

#### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



#### Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## **Publications**





#### publications.doctorsacademy.org

## World Journal of Medical Education & Research



Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

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## **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### **Resources for:**

- General Surgery Exams
- Dental Students

- Medical Students

- Plastic Surgery Exams

- DOHNS Exams

- International Entrance Exams
- MRCS Exams

#### www.doctorexams.co.uk