



Cardiff MRCS(ENT)/DOHNS Course: **Preparatory Course for** MRCS(ENT)/DOHNS OSCE Exam

(specifically aimed at those appearing for the October 2019 sitting)

This one-day intensive preparatory course helped the delegates to gain a sound understanding of the structure and format of the MRCS(ENT)/DOHNS OSCE exam, and provided him/her with an insight into the key topics and areas on which to focus for the exam. Aside from covering common ENT conditions and pathologies, the course covered high-yield, but challenging, areas such as anatomy of the skull base, anatomy of the neck, anatomy of the face, and pharyngeal arches and embryology. Important benign and malignant conditions in the head and neck region, thyroid pathologies, common conditions of the ear including deafness, cleft lip and palate, tonsillectomy and facial nerve palsy were also covered.

Approximately 12-15 patient-centered clinical scenarios were used to reflect the situations experienced in everyday ENT clinical practice; these scenarios were in line with the topics commonly tested in the MRCS(ENT)/DOHNS OSCE exam. There were opportunities for every delegate to participate and engage in a number of role-play scenarios, which enabled him/her to identify areas of weakness and areas upon which he/she could improve.

The course concluded with a mock OSCE which allowed the delegate to gain an understanding of the type of stations tested in the real exam, to recognise how to prepare and overcome the time-constraints in the unmanned stations, and to appreciate the approach required to handle the manned stations. This course was particularly relevant for those who had completed a limited amount of prior revision and who found the basic sciences component challenging, but who intended

Course Information

Course Date: 13th September 2019

School of Biosciences, Venue:

Cardiff University

Attendance: 6 Delegates

Aimed at: FY2; CT1; CT2; ST1; ST2; SHO;

> Trust Grade; Staff Grade; Clinical Fellow; ENT Specialist;

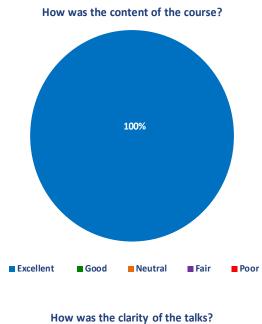
ENT Resident

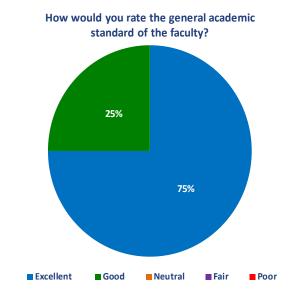
Course Fee: £165.00

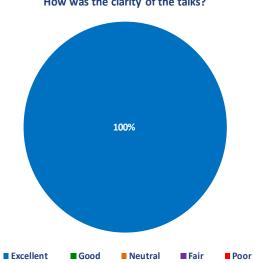


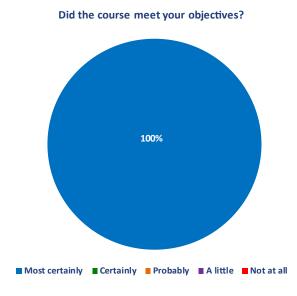
Course Programme

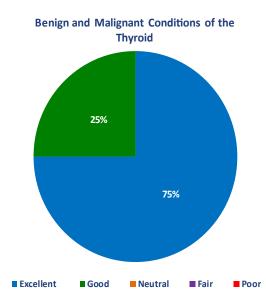
| 0830 - 0840 | Registration |
|--|--|
| 0840 - 0850 | Introduction to DOHNS/MRCS (ENT) and Structure of the Exam |
| 0850 - 0930 | a. Benign and Malignant Conditions of the Thyroidb. Information Giving and Breaking Bad News on Thyroid Conditions |
| 0930 - 1000 | a. Cancers of the Supraglottic, Glottic and Sub-Glottic Regionsb. Breaking Bad News on Laryngeal Cancers |
| 1000 - 1030 | a. Benign and Malignant Conditions of the Parotid and Submandibular Salivary Glands b. Consenting for Superficial Parotidectomy |
| 1030 - 1050 | Break and Refreshments |
| 1050 - 1240 | a. Tonsils, Tonsillar Conditions and Quincy b. Consenting for Tonsillectomy c. Information Giving - Cleft Lip and Palate d. Consenting for Insertion of Grommet e. Overview of Sinuses f. Consenting for Functional Endoscopic Sinus Surgery g. Soft Tissue Infections of the Face, Orbital Cellulitis and Facial Nerve Palsy h. Acoustic Neuroma i. Information Giving – Facial Nerve Palsy |
| | j. Information Gathering for Anosmiak. Sutures, Suture Materials and Instruments |
| 1240 - 1330 | |
| 1240 - 1330 1330 - 1415 | k. Sutures, Suture Materials and Instruments |
| | k. Sutures, Suture Materials and Instruments Lunch Basic and Applied Anatomy of the Skull Base, Foramina, Cranial Nerves, Cavernous |
| 1330 - 1415 | k. Sutures, Suture Materials and Instruments Lunch Basic and Applied Anatomy of the Skull Base, Foramina, Cranial Nerves, Cavernous Sinus, Basal Skull Fractures |
| 1330 - 1415 1415 - 1445 | k. Sutures, Suture Materials and Instruments Lunch Basic and Applied Anatomy of the Skull Base, Foramina, Cranial Nerves, Cavernous Sinus, Basal Skull Fractures Basic and Applied Anatomy of the Face, Mandible, TMJ and Parotid Gland Basic and Applied Anatomy of the Neck, Submandibular Gland, Tongue, Larynx and Pharynx; |
| 1330 - 1415 1415 - 1445 1445 - 1530 | Lunch Basic and Applied Anatomy of the Skull Base, Foramina, Cranial Nerves, Cavernous Sinus, Basal Skull Fractures Basic and Applied Anatomy of the Face, Mandible, TMJ and Parotid Gland Basic and Applied Anatomy of the Neck, Submandibular Gland, Tongue, Larynx and Pharynx; Neck Dissections |
| 1330 - 1415 1415 - 1445 1445 - 1530 1530 - 1545 | Lunch Basic and Applied Anatomy of the Skull Base, Foramina, Cranial Nerves, Cavernous Sinus, Basal Skull Fractures Basic and Applied Anatomy of the Face, Mandible, TMJ and Parotid Gland Basic and Applied Anatomy of the Neck, Submandibular Gland, Tongue, Larynx and Pharynx; Neck Dissections Pharyngeal Arches and Embryology of the Head and Neck |
| 1330 - 1415 1415 - 1445 1445 - 1530 1530 - 1545 1545 - 1600 | Lunch Basic and Applied Anatomy of the Skull Base, Foramina, Cranial Nerves, Cavernous Sinus, Basal Skull Fractures Basic and Applied Anatomy of the Face, Mandible, TMJ and Parotid Gland Basic and Applied Anatomy of the Neck, Submandibular Gland, Tongue, Larynx and Pharynx; Neck Dissections Pharyngeal Arches and Embryology of the Head and Neck Break and Refreshments a. Hearing Difficulties and Hearing Loss b. Information Giving for Cholesteatoma c. Information Giving for Unilateral Hearing Loss and Deaf Ear d. Indications and Contraindications for Cochlear Implant e. Dizziness, Vertigo and BPPV |

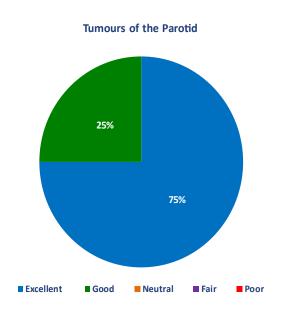








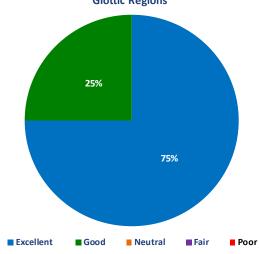




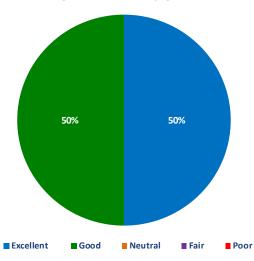
Consenting for Superficial Parotidectomy



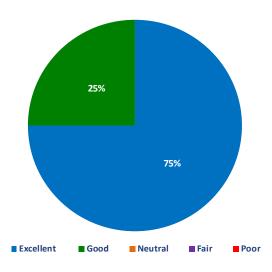
Cancers of the Supraglottic, Glottic and Sub-Glottic Regions



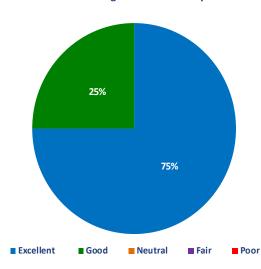
Breaking Bad News on Laryngeal Cancers



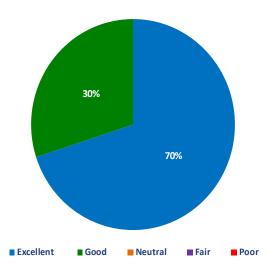
Tonsils, Tonsillar Conditions and Quincy

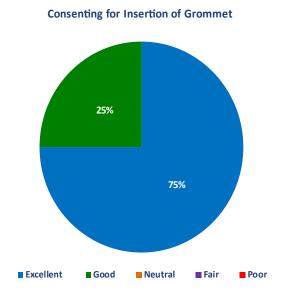


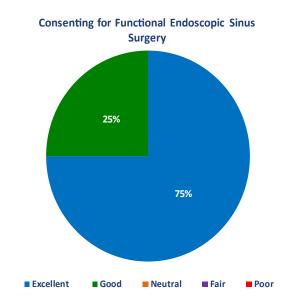
Consenting for Tonsillectomy

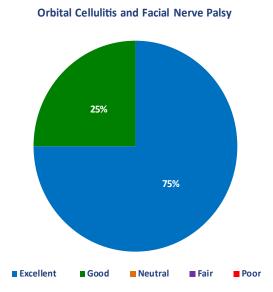


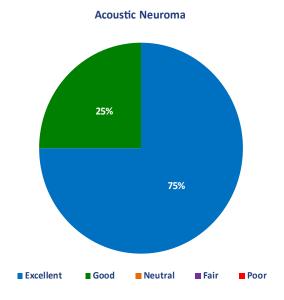
Information Giving - Cleft Lip and Palate

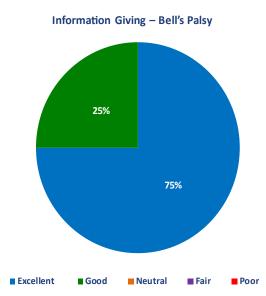




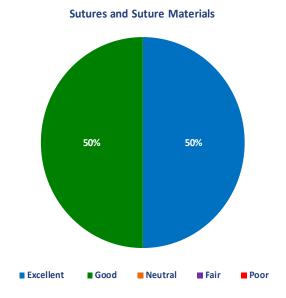


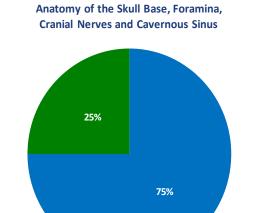












Neutral

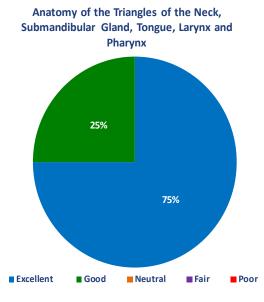
■ Fair

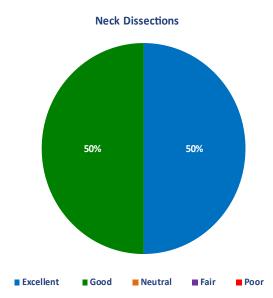
Poor

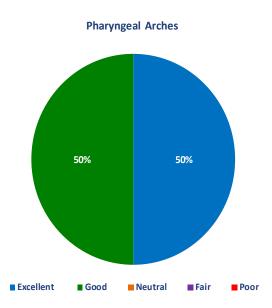
■ Excellent

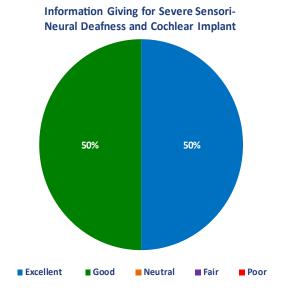
■ Good



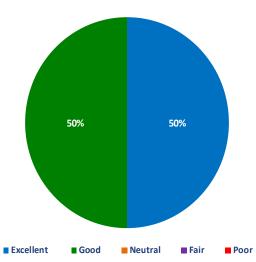




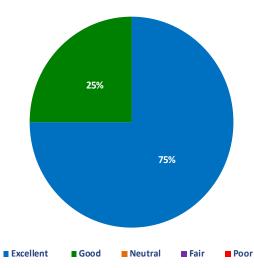




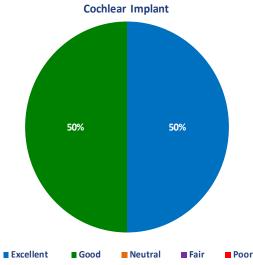
Information Giving for Cholesteatoma



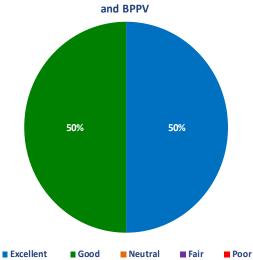




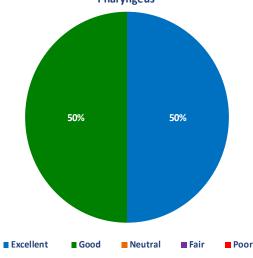
Indications and Contraindications for

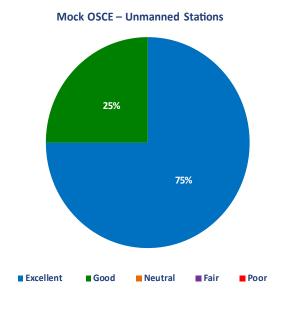


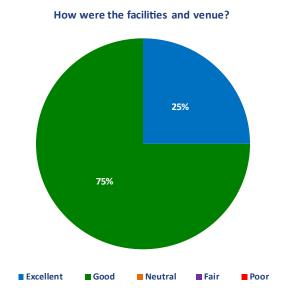
Discussion on Epistaxis, Dizziness, Vertigo

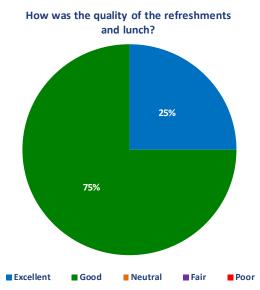


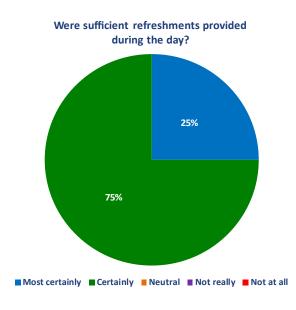
Discussion on Pharyngeal Pouch and Globus Pharyngeus

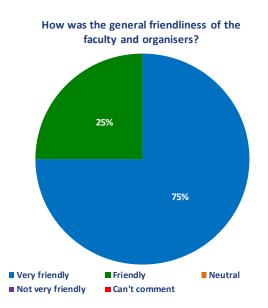


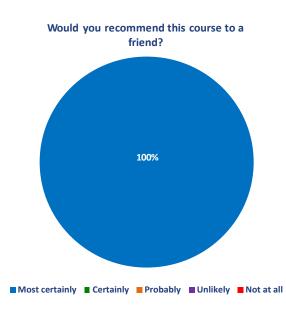


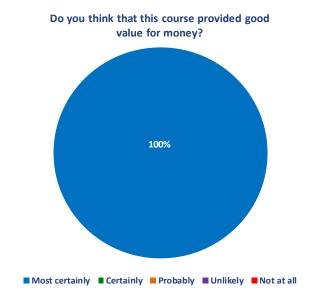












Individual Comments

This was a great course, providing focused and very helpful revision six weeks prior to the exam.

SM

Morriston Hospital, Swansea, United Kingdom

This course provided excellent preparation for the exam. I now feel more focused.

MF

Morriston Hospital, Swansea, United Kingdom

The course was well run. The instructor was excellent and covered a huge amount of information in a short time. Thank you!

JC

This was a very well organised and concise course.

SE

Wythenshawe Hospital, Manchester, United Kingdom



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

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- Final Year Medicine and Surgical Revision Courses
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- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
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Publications



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