

# Cardiff DOHNS Course: Intensive Revision for DOHNS OSCE/MRCS(ENT)

20<sup>th</sup> October (Saturday) 2018  
School of Biosciences, Cardiff University

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**THIS MAIL CONTAINS IMPORTANT INFORMATION. PLEASE TAKE A FEW MINUTES TO READ IT IN ITS ENTIRITY.**

Dear Candidate,

Thank you for choosing to attend this course. May we take this opportunity to welcome you to the course and to Cardiff.

This mail is to inform you of the directions to the venue, the reporting procedures, and the programme and format for the days.

If you are also attending the 'Focused Communication Skills for DOHNS OSCE/MRCS(ENT)' course separately on either Friday 19<sup>th</sup> October or Sunday 21<sup>st</sup> October, kindly refer to the end of this reporting information for further details regarding the venue.

## **I. General and Reporting**

**Date:** 20<sup>th</sup> October 2018 (Saturday)

**Registration:** 0800 hrs in room E1.22. Kindly wait in the foyer of the building and a member of the team will show you to the appropriate room.

**Start of Course:** The course will start promptly at **0810 hrs.**

**End of Course:** The course will finish at **1900 hrs.**

**Venue:** School of Biosciences 2, Sir Martin Evans Building, Cardiff University

### **Where to Report:**

When you arrive at the Biomedical Building, also called the Sir Martin Evans Building (where the security centre is based), please follow directions to enter the School of Biosciences 2. Once you enter the building, please report to the foyer. A member of the team will show you to the appropriate room.

## **II. Address, Directions and Parking**

### **Address:**

Cardiff School of Biosciences 2  
Sir Martin Evans Building  
Park Place  
Cardiff University  
CF10 3AX  
Wales  
United Kingdom

Directions:

- For general directions to reach Cardiff University, please click on the link below:  
<http://www.cardiff.ac.uk/locations/directions/index.html>
- To reach the course venue: Please click on this link and look for directions to the 'Sir Martin Evans Building':  
<http://www.cardiff.ac.uk/locations/locationsaz/index.html#biomedical>
- To view the venue on a university map, please click on this link and look for number '35':  
<http://www.cardiff.ac.uk/locations/maps/index.html>
- To view in Google map:  
[https://maps.google.co.uk/maps?q=sir+martin+evans+building+google+map&ie=UTF-8&ei=0vhuUbnGE8TI4ATR9YHQDw&ved=0CAsQ\\_AUoAg](https://maps.google.co.uk/maps?q=sir+martin+evans+building+google+map&ie=UTF-8&ei=0vhuUbnGE8TI4ATR9YHQDw&ved=0CAsQ_AUoAg)

**More visual directions to the venue can be found by following this link:**

[http://doctorsacademy.org/Course/DOHNS/image\\_slider\\_latest/directiontovenue.html](http://doctorsacademy.org/Course/DOHNS/image_slider_latest/directiontovenue.html)

**Parking:**

Free parking is available in the car park outside the Main Building of the University.

Sat Nav Postcode: **CF10 3AT**

Please follow this link to view the Main Building of the University:

<https://www.google.co.uk/maps/preview#!data=!1m4!1m3!1d2112!2d-3.1786544!3d51.4877441!4m35!3m16!1m0!1m5!1sMain+Bldg%2C+Park+Pl%2C+Cardiff+University%2C+Cardiff+CF10+3AT!2s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!3m2!3d51.4875389!4d-3.1793292!3m8!1m3!1d2112!2d-3.1786544!3d51.4877441!3m2!1i1270!2i653!4f13.1!5m15!2m14!1m13!1s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!2sMain+Building!3m8!1m3!1d2112!2d-3.1786544!3d51.4877441!3m2!1i1270!2i653!4f13.1!5e6!7b1!7m1!3b1&fid=0>

### III. Course Format and Contents

There is always the possibility of a lecture or demonstration over-running and some flexibility in the programme may be required. However, due to the wide range of topics that will be covered during the course, we will adhere to a strict time-schedule. Thus, we will endeavour to comply with the session times (i.e. morning and afternoon), and all refreshment breaks, start times and finish times will be followed as per the programme. The lectures and group demonstrations will be a mix of didactic and interactive sessions, depending on the topic.

As a one-day revision course, the course is aimed at consolidating your already acquired knowledge and focusing on key aspects which will aid you to pass the exam, rather than overwhelm you with extensive information.

**Course Programme:**

Kindly follow this link to view the programme for the day:

<https://doctorsacademy.org.uk/CourseNW/DOHNS/PGMO18.pdf>

**What to Prepare:**

Please read as much as possible beforehand so that you will obtain maximum benefit from the course. Prior knowledge will also help you to focus on important pieces of information during the lectures and demonstrations.

**Dress Code:**

The dress code for this course is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies, and flip-flops.

**Breaks for Refreshments and Lunch:**

There will be 20-minute refreshment break in the morning and a 45-minute lunch break. During the refreshment break, you will be provided with coffee/tea and biscuits/cakes. Both vegetarian and non-vegetarian food will be available.

Some guidance on:

**Accommodation:**

If you have not already booked your accommodation, you may consider the options below. The venue is a 6-8-minute walk from the city centre. Cardiff Bay is quite far from the venue and we would hence suggest that you do not book accommodation in Cardiff Bay (unless you wish to stay there due to other reasons). We recommend a few accommodations near to the University and city centre:

**Travelodge in Cardiff City Centre:**

<http://www.travelodge.co.uk/hotels/81/Cardiff-Central-hotel>

**Travelodge in Whitchurch, Cardiff:**

<http://www.travelodge.co.uk/hotels/450/Cardiff-Whitchurch-hotel>

Both the hotels are quite close to the venue. However, the one in city centre can be busy during the evenings and you may become disturbed. Thus, the Travelodge in Whitchurch might be quieter. Taking a taxi from Whitchurch to the University will cost approximately £7-£8.

**Holiday Inn:**

<http://www.holidayinn.com/hotels/us/en/cardiff/cdfcy/hoteldetail>

**Mercure:**

<http://www.mercure.com/gb/hotel-6622-mercure-cardiff-holland-house-hotel-and-spa/index.shtml>

We look forward to meeting you at the course. Please do not hesitate to contact us at [courses@doctorsacademy.org.uk](mailto:courses@doctorsacademy.org.uk) if you have any queries in the interim.

With very best wishes,

Course Faculty  
ENT/Head and Neck Courses  
Doctors Academy

**Please ring +44 (0) 29 2061 6765 or +44 (0) 75 3426 0131 if you need any help on the day of the course with regards to directions to the venue.**

If you are unable to find the venue on the day, kindly use the following 'buzzwords' to ask for directions:  
Opposite:

- Cathay's Train Station, Subway and Costa Coffee
- Anatomy Dissection Room

**THE INFORMATION BELOW IS ONLY FOR DELEGATES ATTENDING THE FOCUSED COMMUNICATION SKILLS COURSE:**

If you are also attending the 'Focused Communication Skills for DOHNS OSCE/MRCS(ENT) Course' on either Friday 19<sup>th</sup> October or Sunday 21<sup>st</sup> October, kindly note that the course will be held at the following venue (approximately 5-10 minutes by taxi from Cardiff University):

Doctors Academy  
189, Whitchurch Road  
Cardiff  
CF14 3JR

Kindly refer to the confirmation mail you received upon registration in order to check the time and date of the course you have selected.