

Cardiff Cadaveric General Surgical Emergency Operations Course

18th February 2018

Welsh Centre for Anatomical Education, University of Cardiff

REPORTING INFORMATION

Dear Colleague,

Thank you for choosing to attend this course. May we take this opportunity to kindly welcome you to the course and to Cardiff.

This mail is to inform you of the directions to the venue, the reporting procedures, and the programme and format for the day.

I. General and Reporting

Date:

18th February 2018 (Sunday)

Registration Time:

Registration will begin at 0830 hours in room C0.12 (opposite the security centre as you enter the building).

Start Time:

The course will start at 0845 hours.

Finish Time:

The course will finish at 1715 hours.

Venue:

Anatomy Dissection Room and C0.12, Anatomy Department, School of Biosciences 2, University of Cardiff

Where to Report:

Please enter the School of Biosciences 2, which is located in the Sir Martin Evans building, from the main entrance. Please walk up the ramp either from the 'Museum Avenue' side or the 'Colum Road' side, and enter the main School of Biosciences 2 building. The building is a short walk from the Main Building of the University, the Students Union, and Cathays train station. It is located behind the Security Centre. Once you enter the Sir Martin Evans building, please report to the security desk and ask to be directed to C0.12. If you arrive after 0840 hours please report straight to the Anatomy Dissection Room.

II. Address, Directions and Parking

Address:

Welsh Centre for Anatomical Education
Sir Martin Evans Building
School of Biosciences 2
Park Place
University of Cardiff
CF10 3AX
Wales
United Kingdom

Directions:

- For general directions to reach Cardiff University, please click on the link below:
<http://www.cardiff.ac.uk/locations/directions/index.html>
- To reach the course venue: Please click on this link and look for directions to the 'Sir Martin Evans Building': <http://www.cardiff.ac.uk/locations/locationsaz/>
- To view the venue on an university map, please click on this link and look for number '35':
<http://www.cardiff.ac.uk/locations/maps/index.html>
- To view the building on a Google map, please visit:
https://maps.google.co.uk/maps?q=sir+martin+evans+building+cardiff+university+address&ie=UTF-8&ei=irKxUJ7TO8nL0AXU1ICgCQ&ved=0CAsQ_AUoAg

Parking:

We have arranged free parking for you at the car park outside the Main Building of the University. The postcode of the Main Building is **CF10 3AT**.

To view the Main Building on a Google map, please visit:

<https://www.google.co.uk/maps/preview#!data=!1m4!1m3!1d2112!2d-3.1786544!3d51.4877441!4m35!3m16!1m0!1m5!1sMain+Bldg%2C+Park+Pl%2C+Cardiff+University%2C+Cardiff+CF10+3AT!2s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!3m2!3d51.4875389!4d-3.1793292!3m8!1m3!1d2112!2d-3.1786544!3d51.4877441!3m2!1i1270!2i653!4f13.1!5m15!2m14!1m13!1s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!2sMain+Building!3m8!1m3!1d2112!2d-3.1786544!3d51.4877441!3m2!1i1270!2i653!4f13.1!5e6!7b1!7m1!3b1&fid=0>

Structure of the Course:

There is always the possibility of a lecture or demonstration using the cadaver over-running the time and thus some flexibility may be necessary in the programme. However, due to the wide range of topics that will be covered during the course, we will adhere to a strict time-schedule. We will endeavour to stick to the session times (i.e., morning and afternoon) and hence all breaks, and start and finish times, will be followed as per programme that will be provided on the day.

Programme:

To view the programme for the day, kindly follow this link:

<https://doctorsacademy.org.uk/CourseNW/EOC/PGM18.pdf>

Course Format/Content:

This course will provide you with the opportunity to perform selected common general surgical emergency operations on unembalmed freeze-preserved cadavers under the direct supervision of Consultant Surgeons. With a high tutor-to-participant ratio, this practical 'hands-on' course will be delivered in small groups using a series of tutor demonstrations where participants will undertake various general surgical emergency operations on cadavers, simulating clinical practice.

What to Prepare:

Kindly read-up about the following procedures to ensure you achieve maximum benefit from the course. You should read about the indications, contraindications, risks, benefits and operative steps for each procedure.

- Laparotomy
- Small Bowel Resections
- Cholecystectomy
- Appendicectomy
- Right Hemicolectomy
- Exploration of Inguinal Canal
- Exploration of Scrotum
- Orchidopexy
- Creation of Stoma

Dress Code:

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops. You will be provided with aprons or overalls in the dissection room.

Breaks for Refreshments and Lunch:

There will be a 20-minute refreshment break in the morning and afternoon, and a 50-minute lunch break. During the refreshment breaks, you will be provided with coffee/tea and biscuits/cakes. Both vegetarian and non-vegetarian food will be available.

Some guidance on:

(i) Travel: http://doctorsacademy.org/Course/CCUMIC/downloads/Travelling_to_Cardiff14.pdf

(ii) Accommodation:

If you have not already booked your accommodation, you may consider the options below. The University is about 6-8-minute walk from the city centre. Cardiff Bay is quite far from the venue and we would hence suggest you not to book your accommodation in Cardiff Bay (unless you wish to stay there due to other reasons). We recommend a few accommodations nearby:

1. The cheapest option might be:

Travelodge in City Centre, Cardiff:

<http://www.travelodge.co.uk/hotels/81/Cardiff-Central-hotel>

Travelodge in Whitchurch, Cardiff:

<http://www.travelodge.co.uk/hotels/450/Cardiff-Whitchurch-hotel>

Both of these hotels are quite close to the University. However, the one in the city centre can be busy during the evenings/night and you may get disturbed. Thus, the one in Whitchurch might be better. It will cost about £7-£8 by taxi to the University.

2. There is also a Holiday Inn which is not too far from the venue:

<http://www.holidayinn.com/hotels/us/en/cardiff/cdfcy/hotel/detail>

3. A more exquisite but pricier hotel is as below:

Mercure Cardiff Centre Hotel
Wharf Road East
Tyndall Street
Cardiff
CF10 4BB

This hotel is a short taxi drive from the University.

Other accommodation options can be found at:

<http://doctorsacademy.org/Course/CCUMIC/downloads/Accomodations14.pdf>

Places to dine in Cardiff:

http://doctorsacademy.org/Course/CCUMIC/downloads/Places_to_Dine_14.pdf

We look forward to meeting you at the course.

Please do not hesitate to contact us at courses@doctorsacademy.org.uk if you have any queries in the interim.

Best wishes,

Course Faculty
Postgraduate Surgical Cadaveric Courses
Doctors Academy

Post scriptum:

'Buzz-words' to tell people if you get lost and need directions: 'Park Place', 'Anatomy Dissection Room', 'School of Biosciences', 'Sir Martin Evans Building' 'Near Main Building', 'Close to students union', 'Near Cathays train station', 'Security Centre'.

Please ring +44 (0) 29 2061 6765 or +44 (0) 75 3426 0131 if you need any help on the day.