



Enhanced Recovery After Surgery

Feedback - June 2024

Enhanced Recovery After Surgery

This course explained the concept of the Enhanced Recovery Programme. It discussed the pre- and post-operative protocols around surgery and provided an understanding of the principles of anaesthesia and pain relief post-operatively on the ward. It highlighted the importance of minimally invasive surgery and discussed peri-operative management on the ward. Additionally, it discussed fluid management on the ward and focussed on discharge planning.

Course Information

Venue:	Postgraduate Education Centre, Royal Glamorgan Hospital, Llantrisant
Date:	14th June 2024
Attendance:	24 Delegates
Aimed at:	Medical Students; Nursing Students; Junior Doctors; Nurses (Ward, OPD, Theatres, Endoscopy); Healthcare Assistants; Physiotherapists; Pharmacists; and Dietitians
Course Fee:	Free

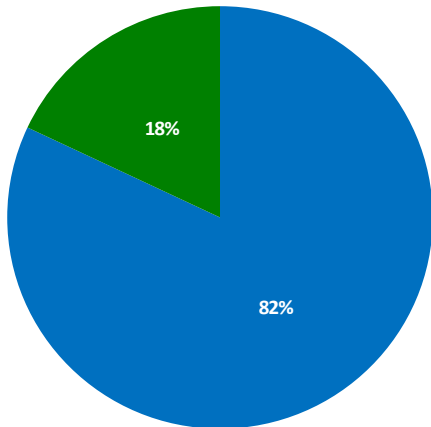


Programme

1345-1400	Registration and Coffee
1400-1500	Welcome and Introduction (Mr Parin Shah, Consultant Colorectal Surgeon)
	Concept of the Enhanced Recovery Programme (Mr Mahmoud Abdel-Dayem, Consultant Colorectal Surgeon)
	ERAS Protocol: Pre- and Post-Operative (Mrs Harriet Coxon, Surgical Registrar)
	Drains and Tubes and Minimally Invasive Colorectal Surgery (Mr Parin Shah, Consultant Colorectal Surgeon)
1500-1515	Break
1515-1615	Fluid Management in Surgical Patients (Dr Huw Davies, Consultant Anaesthetist)
	Anaesthetic Considerations and Post-Operative Pain Control in ERAS (Dr Moayed Aziz, Consultant Anaesthetist)
	Discharge Planning for ERAS (Sister Maria Lewis, Colorectal Nurse Specialist)
1615-1630	Questions
1630	End of Course

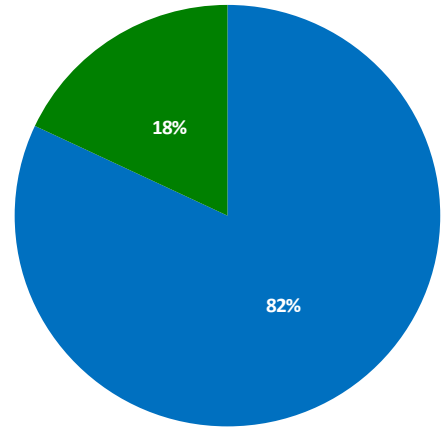
Overall Feedback

How was the content of the course?



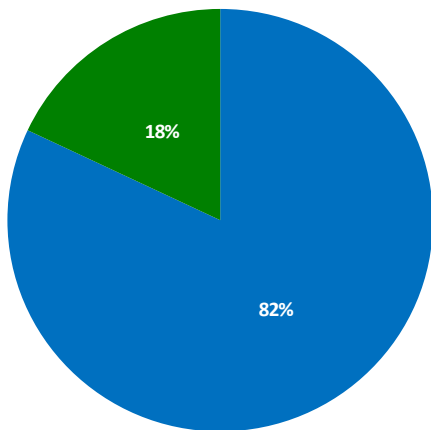
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



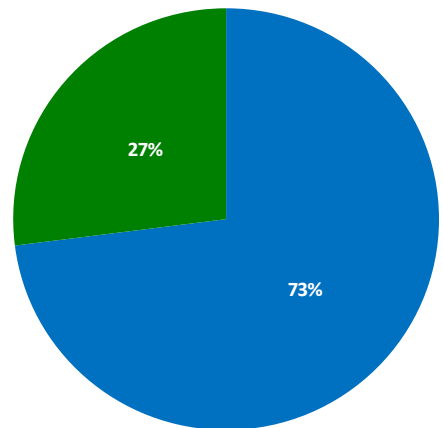
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the demonstrations?



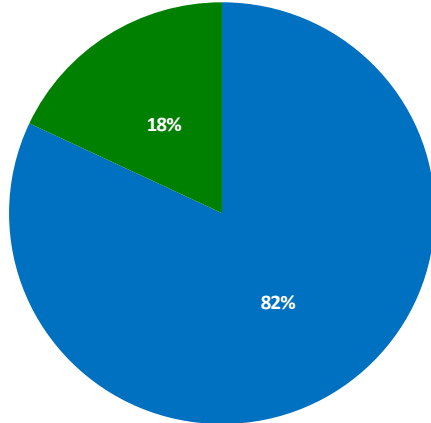
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your learning objectives?



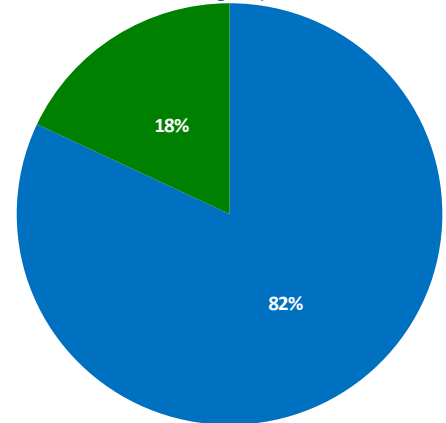
■ Most certainly ■ Certainly ■ Just about ■ Limited ■ Not at all

Welcome and Introduction (Mr Parin Shah, Consultant Colorectal Surgeon)



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very Poor

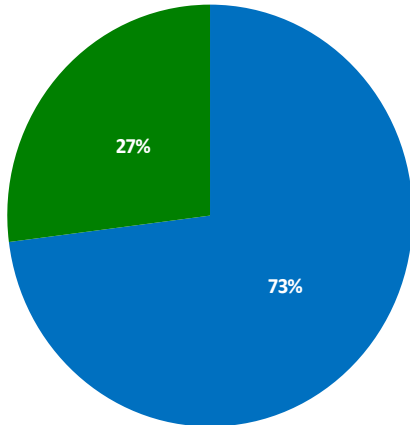
Concept of the Enhanced Recovery Programme (Mr Mahmoud Abdel-Dayem, Consultant Colorectal Surgeon)



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very Poor

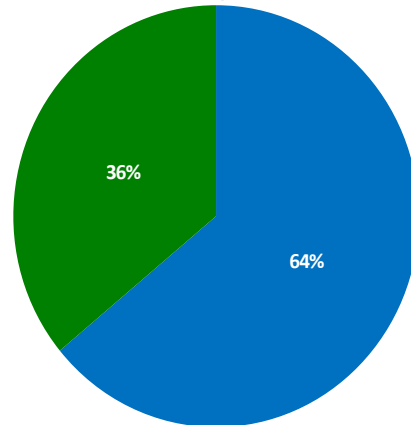
Overall Feedback

ERAS Protocol: Pre- and Post-Operative (Mrs Harriet Coxon, Surgical Registrar)



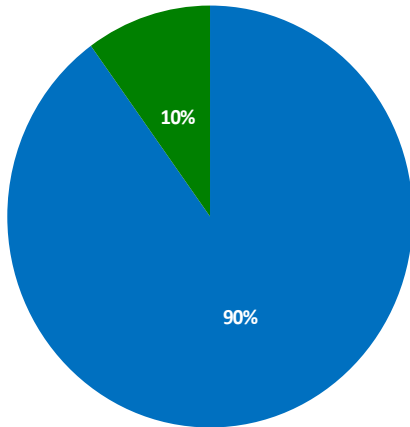
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very Poor

Drains and Tubes and Minimally Invasive Colorectal Surgery (Mr Parin Shah, Consultant Colorectal Surgeon)



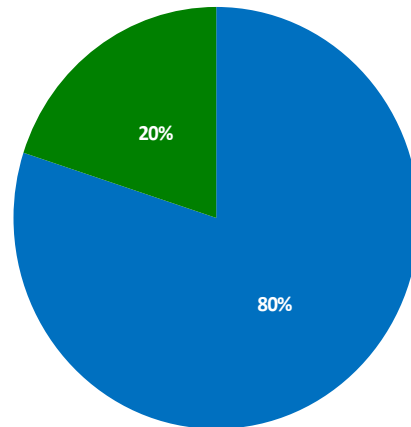
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very Poor

Fluid Management in Surgical Patients (Dr Huw Davies, Consultant Anaesthetist)



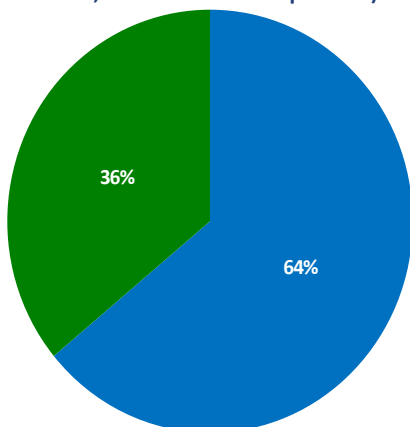
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very Poor

Anaesthetic Considerations and Post-Operative Pain Control in ERAS (Dr Moayed Aziz, Consultant Anaesthetist)



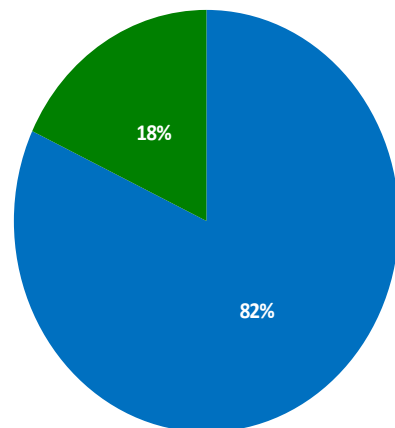
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very Poor

Discharge Planning for ERAS (Sister Maria Lewis, Colorectal Nurse Specialist)



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very Poor

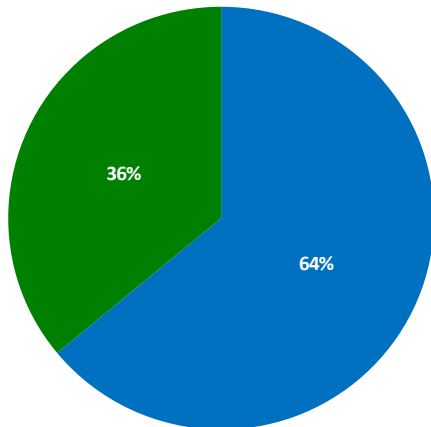
How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

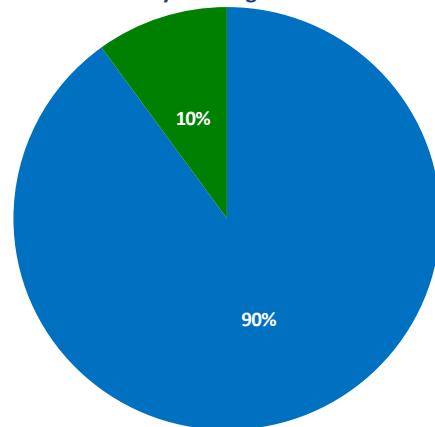
Overall Feedback

How were the refreshments and lunch?



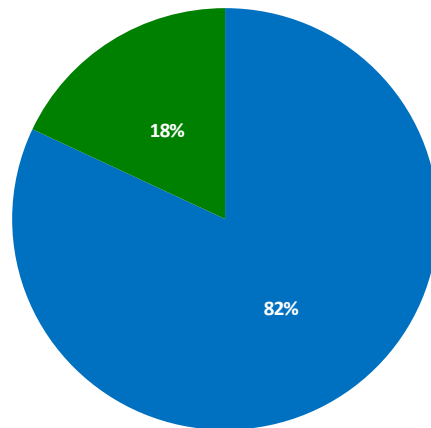
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



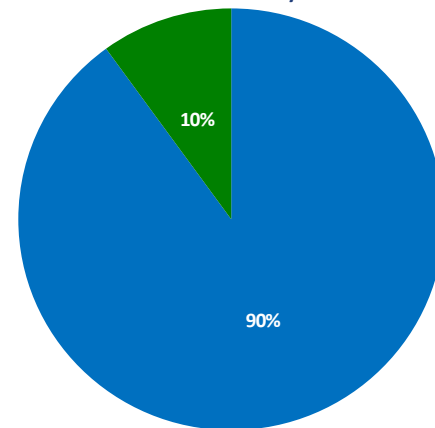
■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Very well covered.

MA
Princess of Wales Hospital

I loved the way of teaching it helped me to learn and understand new things.

BR
Prince Charles Hospital, Merthyr Tydfil

Very good.

EG
Royal Glamorgan Hospital, Llantrisant

I found the course really interesting and it was presented in such a way that kept one interested. Sometimes courses can be rather boring and one forgets what you've learned quickly. This however was very informative and covered topics and things I can actively put into practice in my daily job on the ward. All the tutors have wonderful presentation skills, it was a pleasure to attend this course.

KA
Royal Glamorgan Hospital, Llantrisant

I always try to book onto your courses. Friendly, extremely informative, great for finding out how important each member of the team is for the benefit of patient experience during treatment. Enjoyed the additional input of Dr Davis.

SW
Royal Glamorgan Hospital, Llantrisant

Very informative.

LJ
Prince Charles Hospital, Merthyr Tydfil

Very interesting. Welcoming presenters and encouraged questions.

JS
Prince Charles Hospital, Merthyr Tydfil

Excellent course, thoroughly enjoyed. The course was delivered exceptionally well, very professional but also with slight humour which made for an enjoyable learning experience. This course will benefit my learning in practice. Look forward to enrolling in future courses.

KE

Study session well presented and informative.

SG
Royal Glamorgan Hospital, Llantrisant



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- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
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Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

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