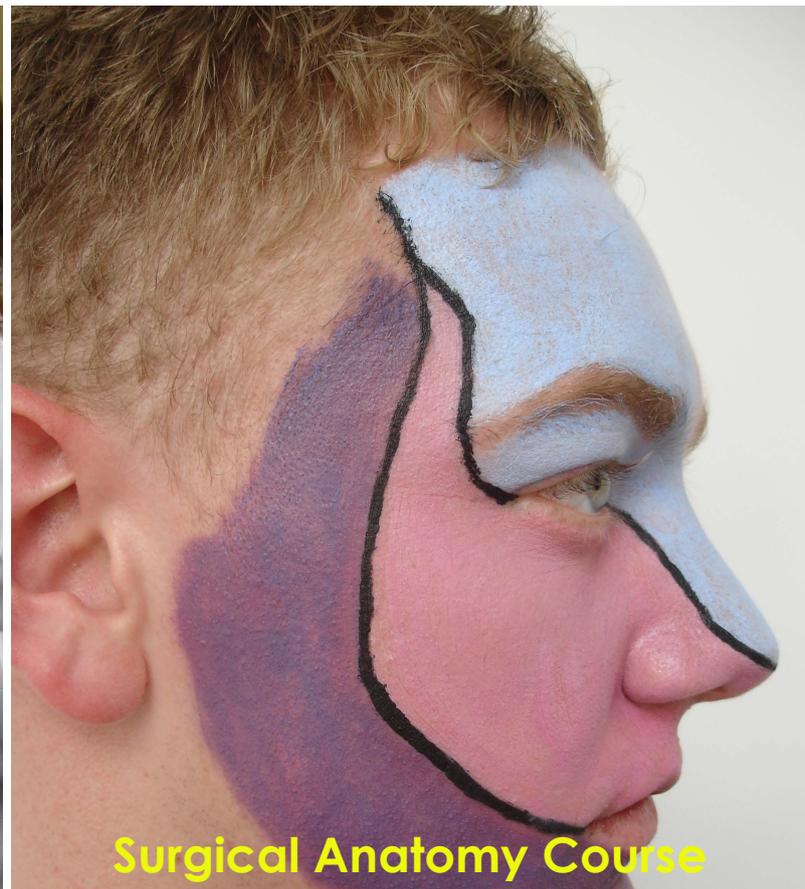


Surgical Skills and Surgical Anatomy Courses

Reporting Information



THE ROYAL COLLEGE
OF SURGEONS OF
EDINBURGH

The Royal College of Surgeons of Edinburgh Future Surgeons: Key Skills Course
28th October 2017 (Saturday)

<http://doctorsacademy.org.uk/CourseNW/KeySkillsWales/index.php>

Training the Clinical Anatomy Trainer - Level 1 Course
28th October 2017 (Saturday)

<https://doctorsacademy.org.uk/CourseNW/TCATE/index.php>

The Royal College of Surgeons of Edinburgh Future Surgeons: Key Skills Course
29th October 2017 (Sunday)

<http://doctorsacademy.org.uk/CourseNW/KeySkillsWales/index.php>

Training the Clinical Anatomy Trainer - Level 1 Course
29th October 2017 (Sunday)

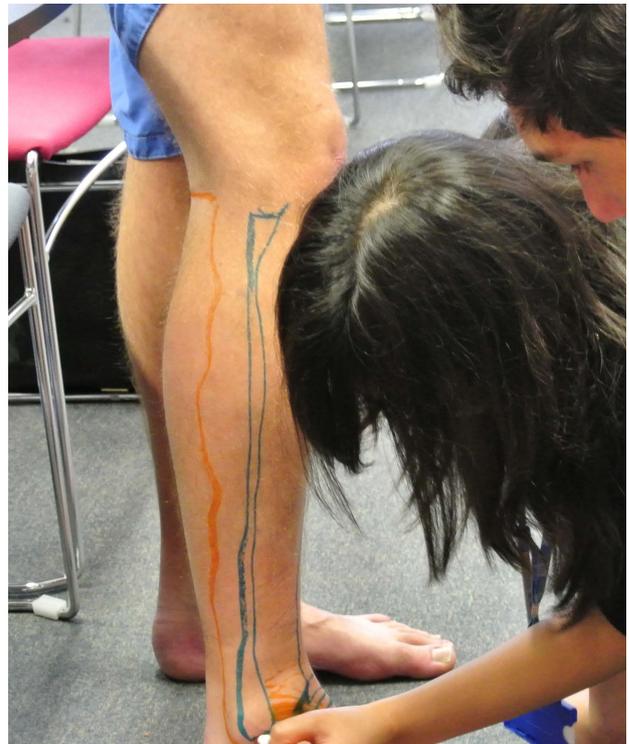
<https://doctorsacademy.org.uk/CourseNW/TCATE/index.php>

Dear Colleague,

Thank you very much for choosing to attend our Surgical Skills and Surgical Anatomy Courses weekend.

This mail is to inform you of the programme and format for the day.

Please note that you should attend only the course(s) for which you have registered and completed payment. If you are attending both courses, kindly check your confirmation mail to note which course you are attending on Saturday and on Sunday.



The Royal College of Surgeons of Edinburgh Future Surgeons: Key Skills Course

Date:

28th October 2017 (Saturday) or 29th October 2017 (Sunday)

Address:

International Institute for Medical Education
Doctors Academy
St Michael's Centre
54 Cardiff Road
Llandaff, Cardiff
CF5 2YJ



Direct Line to the Centre: 02920 563379

Directions can be found on page 5 of this document.

Start of Registration: 0830 hours

Start of Course: 0845 hours prompt

End of Course: 1645 hours

Course Format and Content:

This day is a structured programme of learning basic surgical skills and techniques. Delivered using a series of tutor demonstrations and hands-on sessions on animal tissue, the course will introduce to you the safe basic surgical techniques that are common to all surgical practices.

On completion of the course, you should be able to: Demonstrate safe practice when gowning and gloving; Handle commonly used surgical instruments in a safe and effective manner; Create secure 'Reef' and 'Surgeons' knots; Pick up and safely drive a needle through tissue with accurate bite placement; Appreciate the safe use of local anaesthesia; Perform an interrupted suture to close a wound; Demonstrate the steps for excising a skin lesion under local anaesthesia; Excise a sebaceous cyst; Drain a superficial abscess; Perform the essential steps to debride a traumatic wound effectively; Perform basic techniques used for endoscopy, and; Understand the principles of using diathermy safely.

Programme:

The programme for each day can be found via the below links.

28th October (Saturday):

http://doctorsacademy.org.uk/CourseNW/KeySkillsWales/pgm_28.pdf

29th October (Sunday):

http://doctorsacademy.org.uk/CourseNW/KeySkillsWales/pgm_29.pdf

Training the Clinical Anatomy Trainer - Level 1 Course

Date:

28th October 2017 (Saturday) or 29th October 2017 (Sunday)

Address:

International Institute for Medical Education
Doctors Academy
St Michael's Centre
54 Cardiff Road
Llandaff, Cardiff
CF5 2YJ

Direct Line to the Centre: 02920 563379

Directions can be found on page 5 of this document.

Start of Registration: 0845 hours

Start of Course: 0900 hours

End of Course: 1830 hours

Course Format and Content:

Brief Description:

The day will start with a theory based assessment (formative exam) of basic clinical anatomy. There will be 30 questions in PPT format. This score will not be used in the final evaluation. The teaching session will be structured as a combination of lectures, interactive discussions, and surface anatomy demonstration. Volunteers will be used for surface anatomy demonstration. The day will end with a formal assessment that will be carried out using PPT based spotters and viva. The clinical/surgical anatomy teaching will be at the level required for MRCS Part A or MRCEM Part A, and will be useful if you are planning to sit one of the above exams in the near future.

Preparation and Revision:

You would have already received information on how to access the course manual and presentations. Kindly ensure that you read beforehand and be prepared so that you will benefit the most from the course. The day is intense and the assessment challenging with an average pass rate of 70%. If you are unsure of how to access the material, please follow this link and enter your course registration number:

http://www.courses.doctorsacademy.org.uk/Number_Validation.aspx

Material:

Kindly bring with you a notebook and a pen to note points of interest. You may also wish to bring an anatomy book for reference.

Programme:

The programme for each day can be found via the below links.

28th October (Saturday):

<https://doctorsacademy.org.uk/CourseNW/TCATE/PGM28Oct2017.pdf>

29th October (Sunday):

<https://doctorsacademy.org.uk/CourseNW/TCATE/PGM29Oct2017.pdf>

General Information Relevant to Both Courses

Directions to the Venue:

Our Address:

Doctors Academy International Institute for Medical Education,
St. Michael's Centre,
54 Cardiff Road,
Llandaff,
Cardiff,
CF5 2YJ

Reception Direct Line: 02920 563379

Travelling by Car and Parking

From M4 (travelling from the East)

- 1) Leave the M4 at junction 29 (Signed Cardiff (E&S)).
- 2) Join the A48(M) and then the A48 to the Gabalfa flyover, remain on the A48 (Western Avenue).
- 3) Shortly after passing under the flyover you will pass Tesco Extra on your left hand side. Stay in the left hand lane and turn left just after the WJEC building into Mill Lane signposted the City Centre. As you travel up Mill Lane get into the right hand lane.
- 4) Turn right at the set of traffic lights at the T-junction (signed Llandaff and Llantrisant) and join the A4119 (Cardiff Road). Go straight through the next set of traffic lights (you will see the Cathedral School on your right). Go past the St. Michael's Centre on your left hand side and turn next left onto Ely Road (by the Maltsters pub).
- 5) Travel slowly up Ely Road and turn left just after the white house (which is on your left hand side). This is an awkward turn. After turning in continue through into the visitor's car park.

From M4 (travelling from West Wales)

- 1) Leave the M4 at junction 34 (signposted Llantrisant).
- 2) Turn left at the top of the slip-road onto the A4119. At the first set of traffic lights turn right onto A4119 (Llantrisant Road). The Castell Mynach pub is on the corner.
- 3) Follow this road for 10-15 minutes towards Cardiff.
- 4) Eventually you will reach Llandaff (look out for the Black Lion pub on your left hand side). Go past St Michael's Centre on your right hand side (the front car park is for staff and deliveries only).
- 5) At the next set of traffic lights turn right onto Western Avenue. Stay in the right hand lane and turn right at the next set of traffic lights onto Ely Road. Travel up Ely Road past Caewal Road on your right hand side. Just after Caewal Road turn right into the Centre (this is an awkward turn). Continue through into the visitor's car park.

What to do on arrival

- On arrival in the visitor's car park walk down to the end (not the entrance end). Turn left and follow the path to the end. Turn left and you will see the front of the site in front of you. Follow the path straight down to the building at the far end in front of you where you will find the Reception. Push the buzzer at the main door for entry/enter the code.

General Information Relevant to Both Courses

Visual Directions to the Venue:

Map of the Venue Location



Entrance to the venue where this banner will be displayed



General Information Relevant to Both Courses

Visual Directions to the Venue:

Venue grounds and Main entrance



Venue lawn



Accommodation:

En-suite accommodation is available at the Doctors Academy International Institute for Medical Education. Kindly contact us by return of mail if you wish to reserve accommodation at the centre. Details regarding the accommodation can be found via this link:
<http://doctorsacademy.org.uk/CourseNW/KeySkillsWales/Accomodation.pdf>

If you have reserved accommodation at the Doctors Academy International Institute for Medical Education, could you kindly inform us of your estimated time of arrival? It is vital that we are aware of the time you will be arriving in order for us to make the necessary arrangements.

Breaks:

Both courses will have a 15-minute refreshment break in the morning and a 40-minute lunch break. Coffee, tea and biscuits, as well as lunch, will be provided.

Dietary Requirements/Allergies:

Kindly inform us as soon as possible if you have any specific dietary requirements (e.g., vegetarian, vegan, kosher, halal) or allergies (e.g., nuts, gluten, dairy).

Dress Code:

Please be dressed in semi-formal or smart casual clothing on all days. Attire such as hoodies, shorts, trainers and informal dress are not permitted.

What you need to bring with you:

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your University/Hospital identification badge.

We look forward to seeing you at the course. Please do not hesitate to contact us at info@doctorsacademy.org.uk if you have a query in the interim.

Best wishes,

Surgical Skills and Surgical Anatomy Faculty
Educational Directorate
Doctors Academy
www.doctorsacademy.org

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