

South West Orthopaedic Conference



Feedback - March 2017

South West Orthopaedic Conference

Following the success of the 2015 event the South West Orthopaedic Conference took place on 25th March 2017. This one day event offered inspirational career development lectures, exciting practical workshops, and the opportunity to participate in a poster competition. Organised by a dedicated group of medical students, orthopaedic trainees and consultants, the conference was specifically tailored to meet the learning needs of medical students and foundation doctors. The lectures introduced orthopaedic surgery as a career, opportunities available in orthopaedic surgery, and most importantly, how to develop a CV and portfolio to maximise the possibility of gaining a national training number. The practical workshops covered total hip arthroplasty, suturing skills, plaster casting and surgical fracture fixation.

Course Information

Course date:	25th March 2017
Venue:	Royal Devon & Exeter NHS Foundation Trust, Exeter
Attendance:	48 Delegates
Aimed at:	Medical Students Foundation Year Doctors
Faculty:	Surgeons
Course fee:	Student £25.00



Course Programme

Time	Title	Speakers
0845 - 0920	Registration & Pre-Course Questionnaire	
0920 - 0930	Welcome	Mr Oliver Stokes
0930 - 1000	A Career in Orthopaedics	Mr Graham Gie
1000 - 1100	Why I chose: - Knee Surgery - Hip Surgery - Spinal Surgery - Foot and Ankle Surgery - Shoulder Surgery	Mr Andrew Toms Mr Jonathan Howell Mr Oliver Stokes Mr Adrian Hughes Mr William Thomas
1100 - 1115	Trauma: The Role of the Orthopaedic Surgeon	Mr Adrian Hughes
1115 - 1130	Break	
1130 - 1150	Improving Patient Outcomes Through 50 Years of Innovation With the Exeter Hip	Mr Jonathan Howell
1150 - 1210	The Future of Orthopaedic Surgery	Miss Kimberly Shuttlewood
1210 - 1245	Training Pathway, Getting in & How to Build your CV	Mr Al-Amin Kassam
1245 - 0110	Humanitarian Surgery	Miss Lydia Longstaff
0110 - 0130	RCSEd & the ESSQ	Mr Neil Smart Miss Lydia Longstaff
0130 - 0220	Lunch and Poster Presentations	
0220 - 0350	Workshop Session 1	
0350 - 0410	Break	
0410 - 0540	Workshop Session 2	

Faculty

Speakers

Mr Oliver Stokes, MBBS, MSc, FRCS (Tr & Orth)

Consultant Spinal Surgeon

Royal Devon and Exeter NHS Foundation Trust

Mr Jonathan Howell MBBS, MSc, FRCS (Tr & Orth)

Consultant Hip Surgeon

Royal Devon and Exeter NHS Foundation Trust

Mr Adrian Hughes BMBS, MSc, FRCS (Tr & Orth)

Consultant Foot and Ankle Surgeon

Royal Devon and Exeter NHS Foundation Trust

Mr Jonathan Evans BMBS, BMedSci, MRCS

Specialty Training Registrar in Orthopaedic Surgery

South Devon NHS Foundation Trust

Miss Lydia Longstaff MBBS MSc MRCS

Core Surgical Trainee

Royal Devon and Exeter NHS Foundation Trust

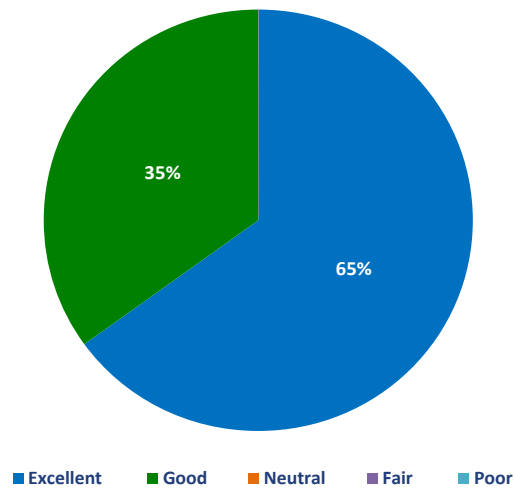
Mr Neil Smart MBBS, PhD, FRCS (Gen Surg)

Consultant Colorectal Surgeon & RCSEd Regional Surgical Advisor

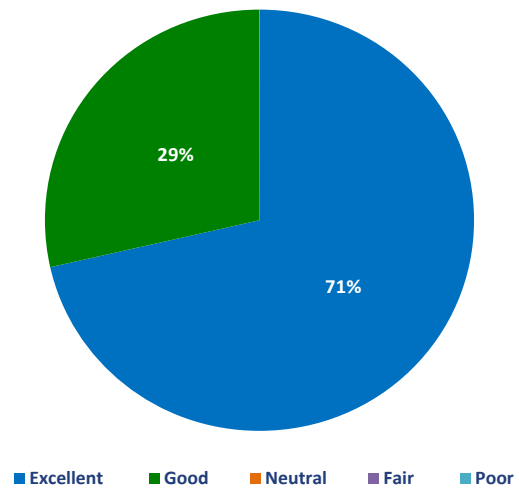
Royal Devon and Exeter NHS Foundation Trust

Overall Teaching Feedback

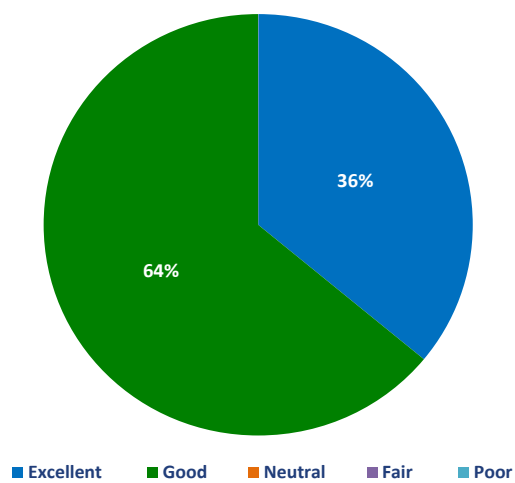
How was the content of the conference?



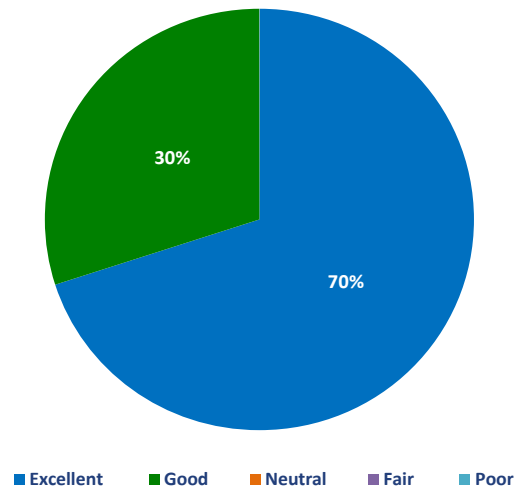
How would you rate the general academic standard of the speaker



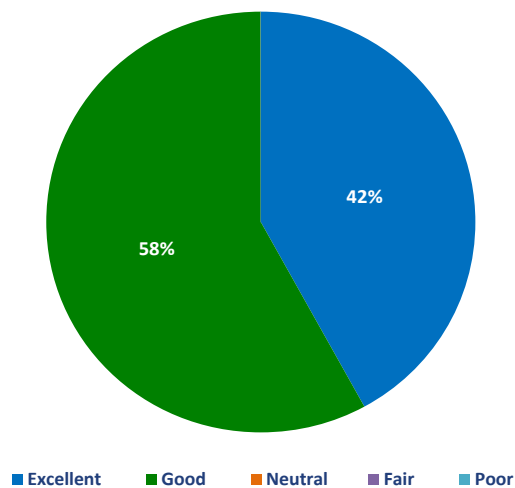
Welcome - Mr Oliver Stokes



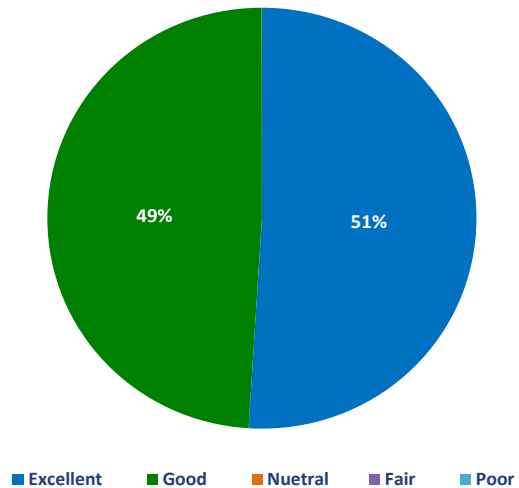
A Career in Orthopaedics - Mr Graham Gie



Why I chose Knee Surgery - Mr Andrew Toms

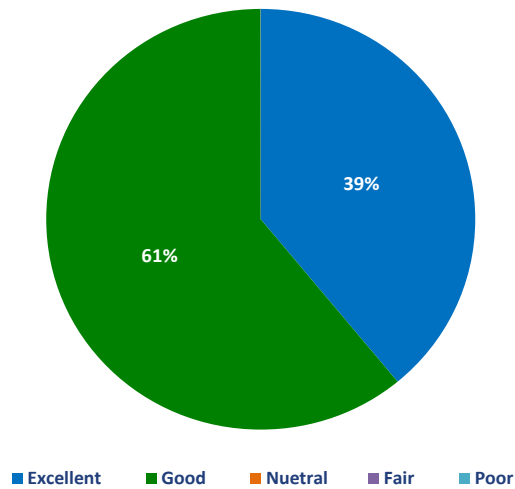


Why I chose Hip Surgery - Mr Jonathan Howell

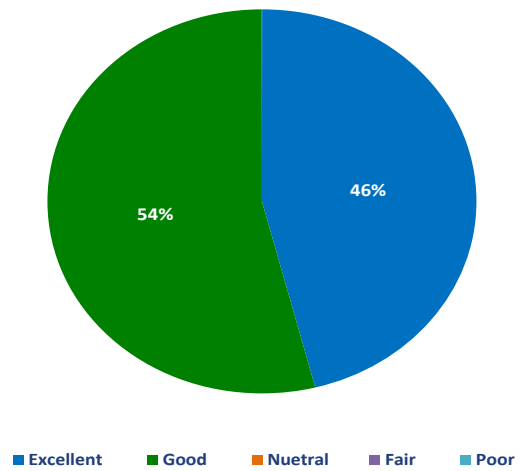


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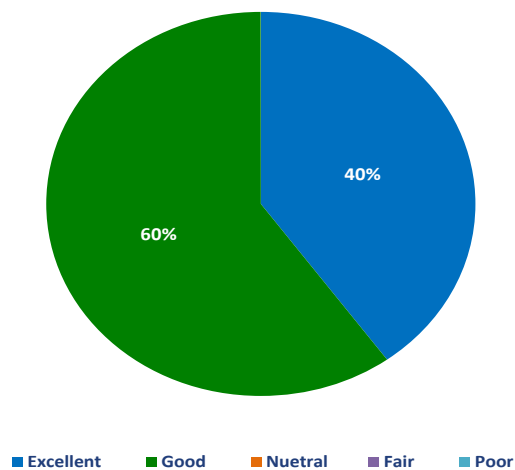
Why I chose Spinal Surgery - Mr Oliver Stokes



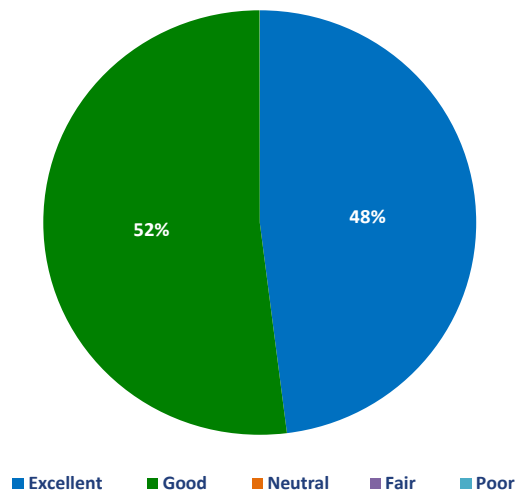
Why I chose Foot and Ankle Surgery - Mr Adrian Hughes



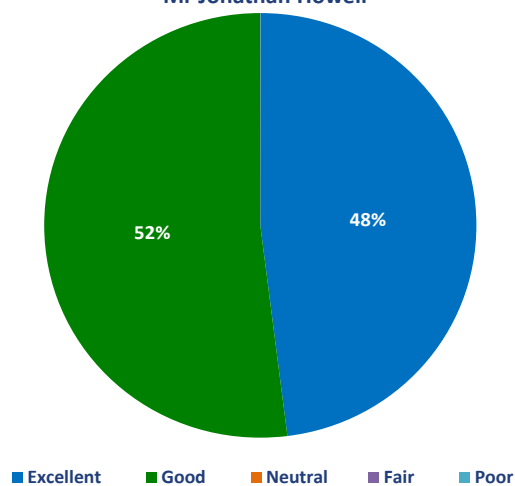
Why I chose Shoulder Surgery - Mr William Thomas



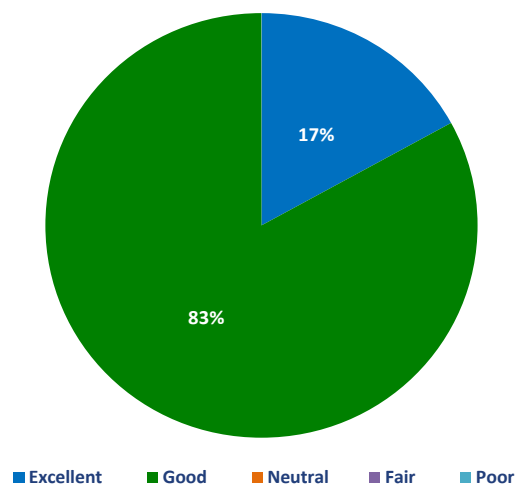
Trauma: The Role of the Orthopaedic Surgeon - Mr Adrian Hughes



Improving Patient Outcomes Through 50 Years of Innovation With the Exeter Hip - Mr Jonathan Howell

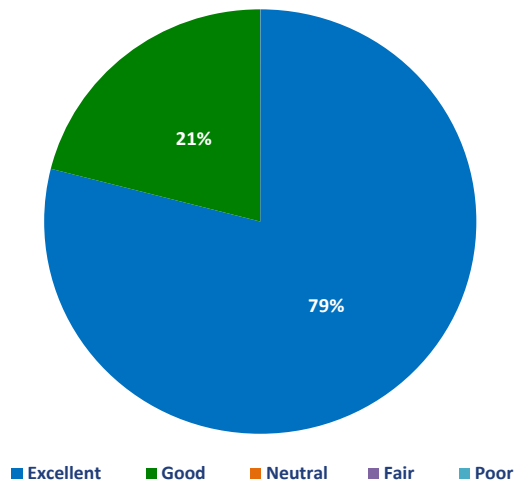


The Future of Orthopaedic Surgery - Miss Kimberly Shuttlewood

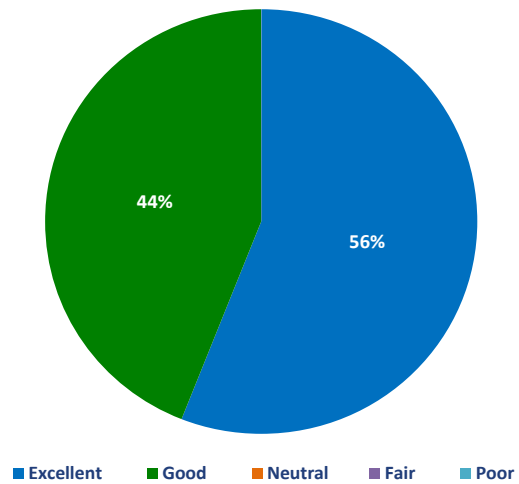


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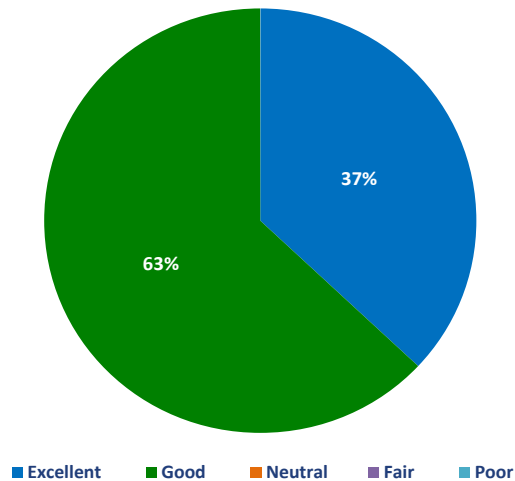
Training Pathway, Getting in & How to Build your CV - Mr Al-Amin Kassam



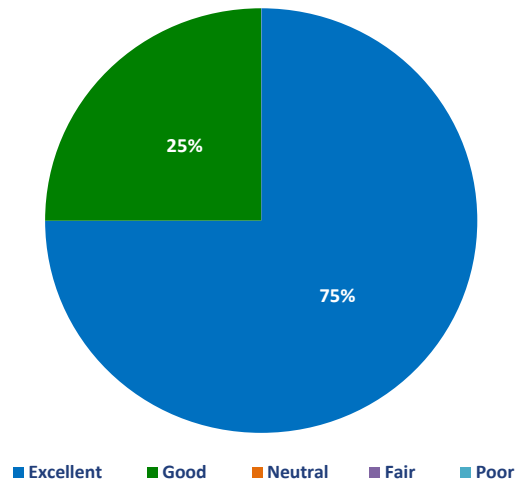
Humanitarian Surgery - Miss Lydia Longstaff



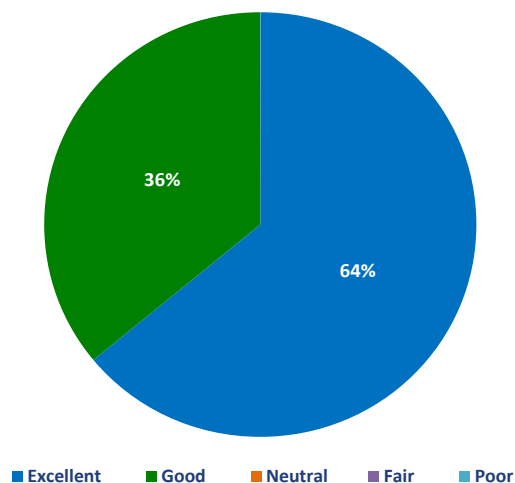
RCSEd& the ESSQ - Mr Neil Smart , Miss Lydia Longstaff



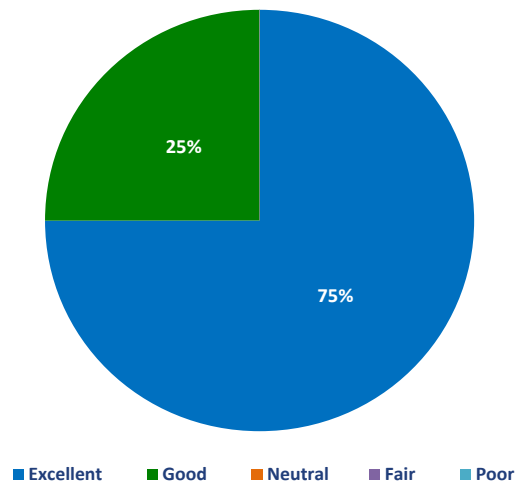
Workshop Session 1



Workshop Session 2

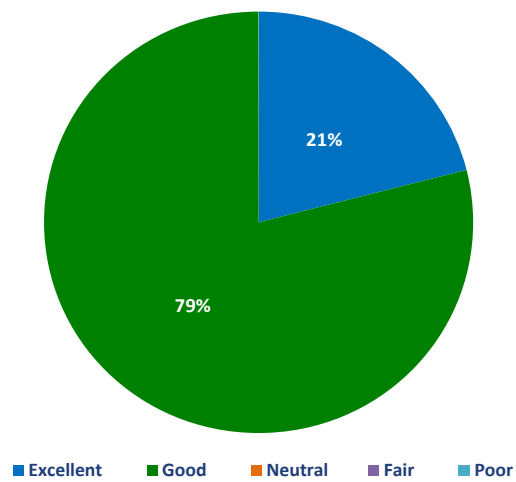


How were the facilities and venue?

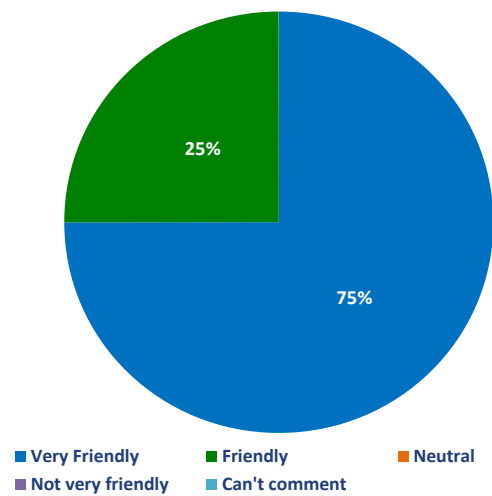


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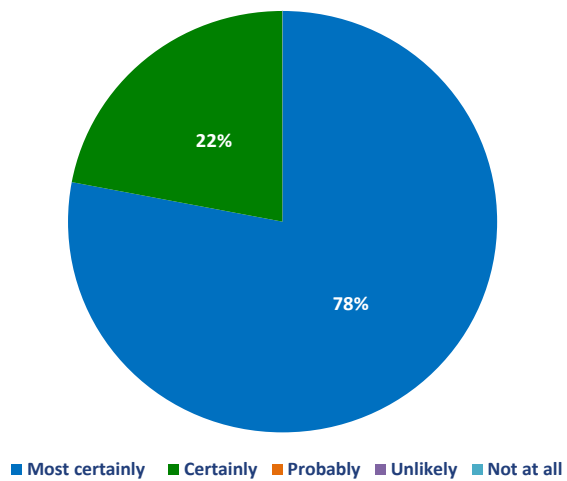
How were the refreshments and lunch?



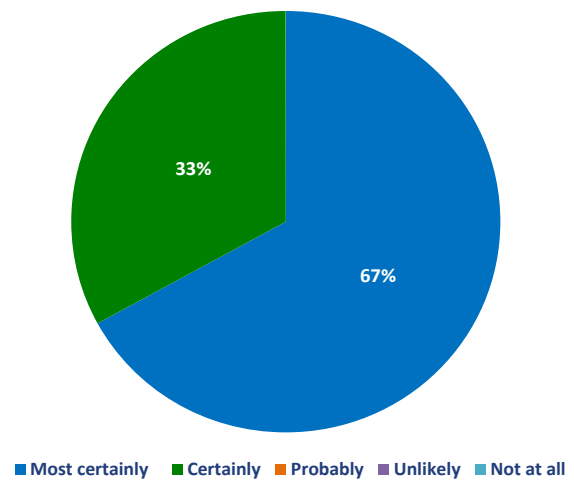
How was the general friendliness of the faculty and organisers?



Would you recommend this conference to a friend?



Do you think that this conference provided good value for money?



Individual Comments

Very good and enjoyable conference. Particularly enjoyed the talk on applications as this was relevant, useful, up to date and extremely well delivered!

TD

University of Bristol

Really friendly consultants/juniors, very helpful and inspiring! Well organised throughout.

PM

University of Bristol

The whole day was very well organised from the minute we arrived, organisers should be proud of what they provided. The content was all very useful for a student wanting to pursue a career in orthopaedics. Thank you!

DF

University of Bristol

Overall positive. Very focused at medical student level.

JB

Royal Shrewsbury Hospital, Shrewsbury

Very well organised.

AM

Plymouth University Peninsula Schools of Medicine and Dentistry

Very well organised with an exceptional lineup of teachers. I'm not sure that the conference was particularly relevant to any of my exams but it is to my portfolio.

NP

University of Exeter

Very well organised throughout the day. all content was relevant and interesting.

JR

Plymouth University Peninsula Schools of Medicine and Dentistry

Excellent.

AS

University of Exeter

Good.

AK

University of Nottingham

Individual Comments

Good stuff, liked the plastering.

SL

Plymouth University Peninsula Schools of Medicine and Dentistry

The conference was very well organised and informative. The practical workshops in particular I found were interesting and interactive.

OC

University of Exeter

Really inspired me to work harder for my exams.

AY

University of Exeter

Well organised, great workshops and approachable faculty.

CP

Cardiff University

Well organised day with plenty of informative lectures and workshops. Surgeons and staffs were very approachable and friendly.

RW

University of Bristol

Fantastic conference great opportunity.

CD

Royal Devon & Exeter Hospital, Exeter

Very good organisation.

EG

University of Bristol

Well organised, talks were relevant to the conference.

RR

Peninsula College of Medicine and Dentistry

Good organisation, prompt execution.

ZG

University of Exeter

Individual Comments

Good organisation.

BA

University of Bristol

Conference was great - speakers were generally enthusiastic and gave interesting insights into their respective fields. Hip replacement workshop was brilliant!

MS

University of Exeter

I felt the conference was very well prepared. The talk on humanitarian surgery and how to build a good surgical portfolio were brilliant. Also, the workshops were fantastic, the highlight of the day.

AB

University of Cambridge

The conference was very professionally and efficiently run. Furthermore, the conference content catered very well to all stages of medical training; as a first year medical student, all the content and workshops were interesting, understandable and useful to me, as well as being more imminently relevant to more senior students and doctors.

MB

University of Exeter

Very well organised!

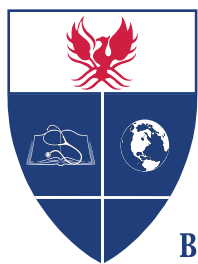
NL

University of Bristol

Great experience, inspiring characters.

SM

University of Exeter



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 31st July to 4th August 2017
- **International Academic and Research Conference**
Manchester, 5th August 2017
- **World University Anatomy Challenge**
Manchester, 4th August 2017

Publications



publications.doctorsacademy.org

World Journal of Medical Education & Research



Peer-reviewed academic journal
with ISSN.

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- No submission fees
- No manuscript processing fee
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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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