



CME Guide:

2nd Congress of Sturrack International Medical and Dental Association (SIMDA)

**Knowledge Advancement and Optimal Strategies for Healthcare
Professionals and Health Systems: A Sturrack Global Initiative**

Event Dates: 9th and 10th November 2018

Welcome to Doctors Academy

This short guide highlights the specific details for the CME Accredited Event "Knowledge Advancement and Optimal Strategies for Healthcare Professionals and Health Systems: A Sturrock Global Initiative". The aim of this guide is to provide a brief description of the event, as well as offer relevant information to enable an individual to apply this conference to his or her CPD portfolio.

Venue:

Signature Club Resort, Bangaluru, India

CME Credits Awarded:

6 Credits (One credit awarded per hour of education. The six credits are distributed over two days, with three credits to be awarded for each day).

CME Type:

- Key Note Lectures
- Informative Debates
- Panel Discussions

Description of the Event:

This two-day conference intends to provide the attending delegates with an overview of the current advances in a variety of specialities and an insight into future developments in the field. It aims to promote the transfer of knowledge and the exchange of ideas between doctors and dentists working in diverse healthcare settings. The conference will also discuss aspects related to hospital practice and family (general) practice, as well as highlight elements outside the traditional role of a healthcare practitioner, such as business, aviation and management. There will be ample networking opportunities which will allow the professionals to develop novel ideas and collaborate on pertinent international projects.

Suitable For:

- Hospital Doctors
- Dentists
- General Practitioners
- Qualified Doctors or Dentists Working Outside the Healthcare Sector

Learning Aims and Objectives:

At the end of this conference, the delegates will have gained:

- relevant information regarding current updates in and future advances of important specialities
- an understanding of the various healthcare systems and providers
- an overview of the opportunities available to medical and dental professionals outside the healthcare sector

Evidence for Appraisal:

This will be provided in the form of an electronic PDF certificate which will be sent upon satisfactory completion of the event and upon completion of the online feedback.

Programme (Day 1)

Chairpersons: Dr Varghese Zachariah, Dr Ronnie Mathew

0815 - 0830	Registration and Coffee
0830 - 0850	Recent Advances and Update on Radiology – Diagnostic and Interventional <i>Dr Ram Sundar Kasthuri</i>
0850 - 0910	Financial Planning and Its Implications for Medics in NHS and GP Setting <i>Dr B Krishna Kumar</i>
0910 - 0930	Practising Medicine in Middle Eastern Countries: Opportunities And Possibilities <i>Dr Silas Benjamin</i>
0930 - 0950	Emotional Intelligence in Medicine <i>Dr Cherian George</i>

0950 - 1010

Refreshment Break

1010 - 1030	Dentistry: Managing Both Academic and Clinical Professional Careers <i>Dr Gurkeerat Singh</i>
1030 - 1050	Self-Improvement Tools for Professional Progress and Personal Development <i>Dr Babu Hussain</i>
1050 - 1110	Life of a Medic in the Royal Air Force and Aerospace: A Personal Journey <i>Dr Mathew G Koshy</i>
1110 - 1130	An Overview of Common Eye Disorders for Medical Practitioners. <i>Dr Vijay Shankar</i>
1130 - 1200	Panel Discussion, Summary and Close.

Programme (Day 2)

Chairpersons: Dr Shaju M Kalathingal, Dr Shimmy Paulose

0815 - 0830	Registration and Coffee
0830 - 0850	Update on General Medical Emergencies <i>Dr Mathew V Abraham</i>
0850 - 0910	General Practice in India as a Returning UK Medic: An Outlook on the UK and the Indian System <i>Dr Tony Thekkekkara</i>
0910 - 0930	Financial and Business Lessons in a Non-Medical Bubble: A Life Outside of Medicine <i>Dr Sundar Raman</i>
0930 - 0950	Current Standards and Future Paradigms of Excellence in Joint Arthroplasty <i>Mr Suresh Thomas</i>

0950 - 1010

Refreshment Break

1010 - 1030	Hospital Management: A Top Down View of Challenges and Opportunities <i>Dr S Venkatesh</i>
1030 - 1050	Provision of Cleft Lip Surgery in Developing Countries: A Transformational Patient Experience <i>Dr Jogi J Chungath</i>
1050 - 1110	Review on Trauma Orthopaedics: Current Evidence and Practice <i>Dr Madhu Nair</i>
1110 - 1130	Oncological Management with Combined Palliative Approach: A Holistic Approach to Better Patient Care <i>Dr Baijumon Balan</i>
1130 - 1200	Panel Discussion, Summary and Close.

Faculty

Dr Mathew V Abraham, MBBS, MD

Specialist- Internal Medicine
Al Safa Medical Polyclinic
Doha, Qatar

Dr Baijumon Balan, DMRT, DNB, BCCPM

Consultant Oncologist
PVS Hospital/Malabar Hospital, Calicut
AKG Hospital, Kannur
Kerala, India

Dr Silas Benjamin, MD, MRCP

Consultant Physician and Endocrinologist
Hamad Medical Corporation,
Doha, Qatar

Dr Jogi Jose Chungath, BDS, MDS

Oral & Maxillofacial Surgeon
Health Authority of Abu Dhabi
Abu Dhabi, UAE

Dr Cherian George, MBBS, FRCR

Consultant Radiologist
University Hospitals of North Midlands
Stoke on Trent, United Kingdom

Dr Babu Hussain, MBBS, MRCP Psych, MRCPGP

GP Partner
Bridge Medical Centre,
Crawley, United Kingdom

Dr Shaju M Kalathingal, MBBS, MS Ortho

Specialist Orthopaedic Surgeon
Sahara Medical Center
Abu Dhabi, UAE

Dr Ram Sundar Kasthuri, MBBS, MRCS, FRCR, EBIR

Consultant Vascular and Interventional Radiologist
Greater Glasgow and Clyde NHS Trust
Senior Clinical Lecturer (Honorary), University of Glasgow
Glasgow, United Kingdom

Dr Mathew George Koshy, MBBS, MRCSEd, MRCPGP, DRCOG, DAvMED, MRaES

Senior Aviation Medicine Specialist
BAE Systems
Saudi Arabia

Faculty

Dr B Krishna Kumar, MBBS, MRCGP

Principle General Practitioner and Senior Partner
Lister Lane Surgery
Halifax, United Kingdom

Dr Ronnie Mathew, MRCS(Ed), MRCS (Glasg), MD, FRCSEd (Gen Surg)

Consultant Colorectal Surgeon
Singapore National Hospital, Singapore

Dr Madhu Nair, D'Ortho, MS Ortho, MCh Ortho

Consultant Orthopaedic Surgeon
Devamatha Hospital
Koratty, Kerala, India

Dr Shimmy Paulose, MBBS, MD (Paediatrics)

Consultant Paediatrician
Vatheyayath Hospital
Perumbavoor
Kochi, Kerala, India

Dr Sundar Raman, MBBS, MBA, JIMS, Cambridge, UK

Vice Chairman, Indian Technical textile association
Executive Director, Shiva Texyarn Ltd, Coimbatore,
Tamil Nadu, India

Dr S D Vijay Shankar, MBBS, MS (Ophthal)

Consultant Ophthalmologist
Chief Medical Officer
Sankara Eye Hospital
Sankara Eye Care Institutions
Coimbatore, Tamil Nadu, India

Professor Gurkeerat Singh, BDS, MDS (Ortho), MOrth, Diplomate Indian Board of Orthodontics

Head of Department of Orthodontics
Vice-Principal,
Sudha Rustagi College of Dental Sciences and Research
Faridabad, Haryana, India

Dr Tony Thekkekkara, MBBS, FAGE, MRCS, MRCGP, RCGP-2(Dip) Drugs & Alcohol Abuse

General Practitioner in UK and Cochin, India

Mr Suresh Thomas, MBBS, D'Ortho, MRCSEd, MSc (Orth), FRCS (Tr&Orth), Fellow EU Board (Tr&Orth)

Consultant Orthopaedic Surgeon
County Durham and Darlington NHS Foundation Trust
Durham, UK

Faculty

Dr S Venkatesh, MBBS, MS

Consultant General & Laparoscopic Surgeon
Lakshmi Hospital
Sivakasi
Tamil Nadu, India

Dr Varghese Zachariah, FRACGP, DCH

General Practitioner & Principal
Upwey Doctors
Melbourne, Victoria, Australia



Doctors Academy is an international non-profit organisation which comprises of doctors, dentists and scientists. The aim of the Academy is to disseminate information and facilitate the exchange of medical knowledge between professionals from diverse backgrounds who work in various healthcare settings. In order to achieve this, a diverse range of educational activities are undertaken globally which are further complemented by our publishing house, online resources, and international events and competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A and Part B OSCE
- MRCEM Part A
- DOHNS OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course
- Infant Hip Ultrasound Course for Developmental Dysplasia of the Hip



Forthcoming Key Events:

- International Medical Summer School
- International Academic Research Conference
- World University Anatomy Challenge

Publications



publications.doctorsacademy.org

World Journal of Medical Education & Research



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- No fee to view, read and download articles
- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
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Online Revision Resources

DoctorExams consists of thousands of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. The questions have been written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of the given topics. Based on past exams, these questions have been carefully designed to meet the needs of undergraduate students and postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exam

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