



**2nd Congress of Sturrock International
Medical and Dental Association (SIMDA)
Knowledge Advancement and
Optimal Strategies for Healthcare Professionals
and Health Systems: A Sturrock Global Initiative**



Feedback - November 2018

Knowledge Advancement and Optimal Strategies for Healthcare Professionals and Health Systems : A Sturrock Global Initiative

This two-day conference intended to provide attending delegates with an overview of the current advances in a variety of specialities and an insight into future developments in the field. It aimed to promote the transfer of knowledge and the exchange of ideas between doctors and dentists working in diverse healthcare settings. The conference also discussed aspects related to hospital practice and family (general) practice, as well as highlighting elements outside the traditional role of a healthcare practitioner, such as business, aviation and management. There were ample networking opportunities which allowed the professionals to develop novel ideas and collaborate on pertinent international projects.

At the end of this conference, the delegates obtained:

- o Relevant Information on Current Update and Future Advances in Important Specialities
- o An Understanding of Different Healthcare Systems and Providers
- o An Overview of Opportunities for Medical/Dental Professionals Outside the Healthcare Sector

Course Information

Course date:	9th and 10th November 2018
Venue:	Signature Club Resort, Bangaluru, India
Attendance:	22 Delegates
Aimed at:	Medical Students Foundation Year Doctors
Faculty:	Surgeons
Course fee:	£450



Course Programme

Programme Day 1

A total of six CME points will be awarded for attending all sessions on both days

Chairpersons: Dr Varghese Zachariah, Dr Ronnie Mathew

0815 - 0830	Registration and Coffee
0830 - 0850	Recent Advances and Update on Radiology – Diagnostic and Interventional Dr Ram Sundar Kasthuri
0850 - 0910	Financial Planning and Its Implications for Medics in NHS and GP Setting Dr B Krishna Kumar
0910 - 0930	Practising Medicine in Middle Eastern Countries: Opportunities And Possibilities Dr Silas Benjamin
0930 - 0950	Emotional Intelligence in Medicine Dr Cherian George

0950 - 1010 Refreshment Break

1010 - 1030	Dentistry: Managing both Academic and Clinical Professional Careers Dr Gurkeerat Singh
1030 - 1050	Self-Improvement Tools for Professional Progress and Personal Development Dr Babu Hussain
1050 - 1110	Life of a Medic in the Royal Air Force and Aerospace: A Personal Journey Dr Mathew G Koshy
1110 - 1130	An Overview of Common Eye Disorders for Medical Practitioners. Dr Vijay Shankar
1130 - 1200	Panel Discussion, Summary and Close.

Course Programme

Programme Day 2

A total of six CME points will be awarded for attending all sessions on both days

Chairpersons: Dr Shaju M Kalathingal, Dr Shimmy Paulose

0815 - 0830	Registration and Coffee
0830 - 0850	Update on General Medical Emergencies Dr Mathew V Abraham
0850 - 0910	General Practice in India as a Returning UK Medic: An Outlook on the UK and the Indian System Dr Tony Thekkekkara
0910 - 0930	Financial and Business Lessons in a Non-Medical Bubble: A Life Outside of Medicine Dr Sundar Raman
0930 - 0950	Current Standards and Future Paradigms of Excellence in Joint Arthroplasty Mr Suresh Thomas

0950 - 1010 Refreshment Break

1010 - 1030	Hospital Management: A Top Down View of Challenges and Opportunities Dr S Venkatesh
1030 - 1050	Provision of Cleft Lip Surgery in Developing Countries: A Transformational Patient Experience Dr Jogi J Chungath
1050 - 1110	Review on Trauma orthopaedics: Current Evidence and Practice Dr Madhu Nair
1110 - 1130	Oncological Management with Combined Palliative Approach: A Holistic Approach to Better Patient Care Dr Baijumon Balan
1130 - 1200	Panel Discussion, Summary and Close.

Faculty

Dr Mathew V Abraham, MBBS, MD

Specialist- Internal Medicine
Al Safa Medical Polyclinic
Doha, Qatar

Dr Baijumon Balan, DMRT, DNB, BCCPM

Consultant Oncologist
PVS Hospital/Malabar Hospital, Calicut
AKG Hospital, Kannur
Kerala, India

Dr Silas Benjamin, MD, MRCP

Consultant Physician and Endocrinologist
Hamad Medical Corporation,
Doha, Qatar

Dr Jogi Jose Chungath, BDS, MDS

Oral & Maxillofacial Surgeon
Health Authority of Abu Dhabi
Abu Dhabi, UAE

Dr Cherian George, MBBS, FRCR

Consultant Radiologist
University Hospitals of North Midlands
Stoke on Trent, United Kingdom

Dr Babu Hussain, MBBS, MRCP Psych, MRCGP

GP Partner
Bridge Medical Centre,
Crawley, United Kingdom

Dr Shaju M Kalathingal, MBBS, MS Ortho

Specialist Orthopaedic Surgeon
Sahara Medical Center
Abu Dhabi, UAE

Dr Ram Sundar Kasthuri, MBBS, MRCS, FRCR, EBIR

Consultant Vascular and Interventional Radiologist
Greater Glasgow and Clyde NHS Trust
Senior Clinical Lecturer (Honorary), University of Glasgow
Glasgow, United Kingdom

Dr Mathew George Koshy, MBBS, MRCSEd, MRCGP, DRCOG, DAvMED, MRAeS

Senior Aviation Medicine Specialist
BAE Systems
Saudi Arabia

Dr B Krishna Kumar, MBBS, MRCGP

Principle General Practitioner and Senior Partner
Lister Lane Surgery
Halifax, United Kingdom

Faculty

Dr Ronnie Mathew, MRCS(Ed), MRCS (Glasg), MD, FRCSEd (Gen Surg)

Consultant Colorectal Surgeon
Singapore National Hospital, Singapore

Dr Madhu Nair, D'Ortho, MS Ortho, MCh Ortho

Consultant Orthopaedic Surgeon
Devamatha Hospital
Koratty, Kerala, India

Dr Shimmy Paulose, MBBS, MD (Paediatrics)

Consultant Paediatrician
Vatheyyath Hospital
Perumbavoor
Kochi, Kerala, India

Dr Sundar Raman, MBBS, MBA, JIMS, Cambridge, UK

Vice Chairman, Indian Technical textile association
Executive Director, Shiva Texyarn Ltd, Coimbatore,
Tamil Nadu, India

Dr S D Vijay Shankar, MBBS, MS (Ophthal)

Consultant Ophthalmologist
Chief Medical Officer
Sankara Eye Hospital
Sankara Eye Care Institutions
Coimbatore, Tamil Nadu, India

Professor Gurkeerat Singh, BDS, MDS (Ortho), MOrth, Diplomate Indian Board of Orthodontics

Head of Department of Orthodontics
Vice-Principal,
Sudha Rustagi College of Dental Sciences and Research
Faridabad, Haryana, India

Dr Tony Thekkekkara, MBBS, FAGE, MRCS, MRCGP, RCGP-2(Dip) Drugs & Alcohol Abuse

General Practitioner in UK and Cochin, India

Mr Suresh Thomas, MBBS, D'Ortho, MRCSEd, MSc (Orth), FRCS (Tr&Orth), Fellow EU Board (Tr&Orth)

Consultant Orthopaedic Surgeon
County Durham and Darlington NHS Foundation Trust
Durham, UK

Dr S Venkatesh, MBBS, MS

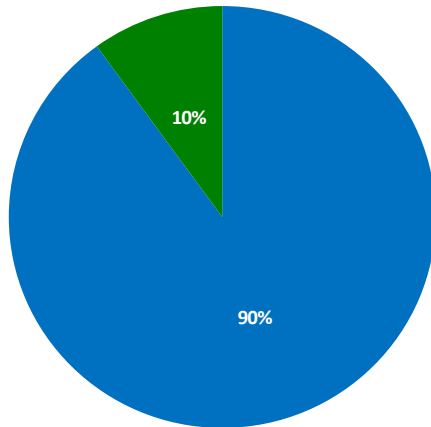
Consultant General & Laparoscopic Surgeon
Lakshmi Hospital
Sivakasi
Tamil Nadu, India

Dr Varghese Zachariah, FRACGP, DCH

General Practitioner & Principal
Upwey Doctors
Melbourne, Victoria, Australia

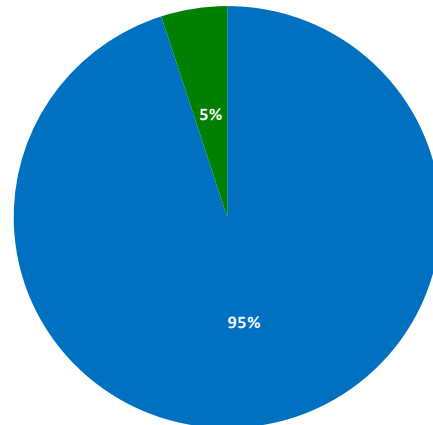
Overall Feedback

How useful was the academic session?



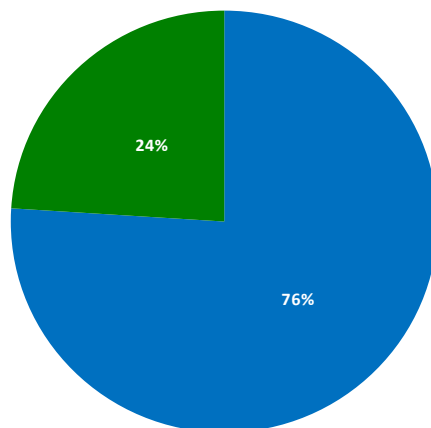
■ Very useful ■ Useful ■ Neutral ■ Limited usefulness ■ Useless

How would you rate the academic knowledge and enthusiasm of the speakers?



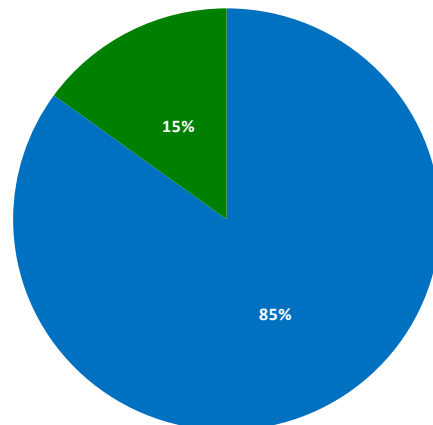
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Would the information you gained from the day be useful in your work or career?



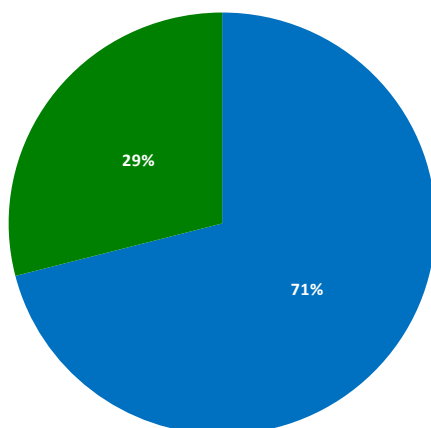
■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Dr Gurkeerat Singh



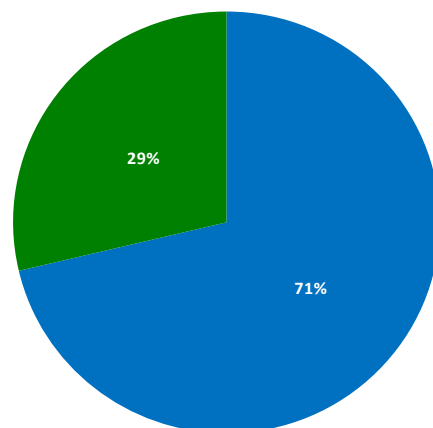
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dr Ronnie Mathew



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

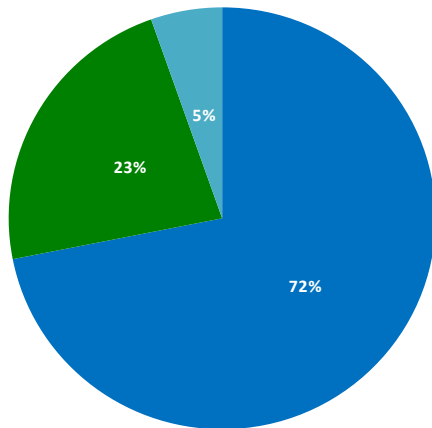
Dr Mathew Koshy



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

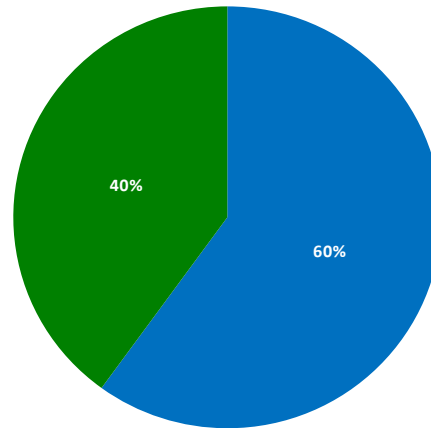
Overall Feedback

Dr Vijay Shankar



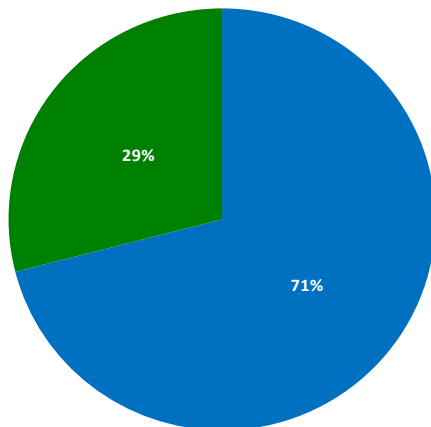
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Dr Sukhbir Sodhi



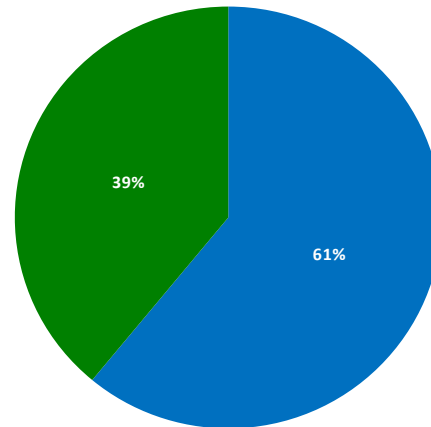
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Dr KC Kurian



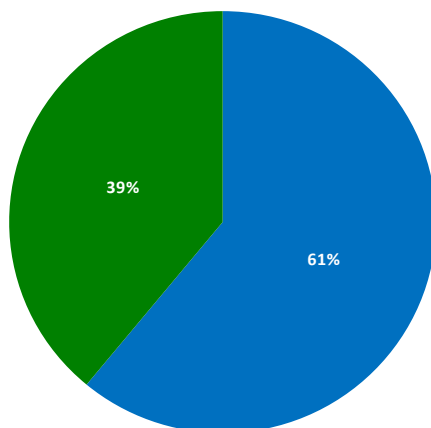
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dr Abdul Shareef



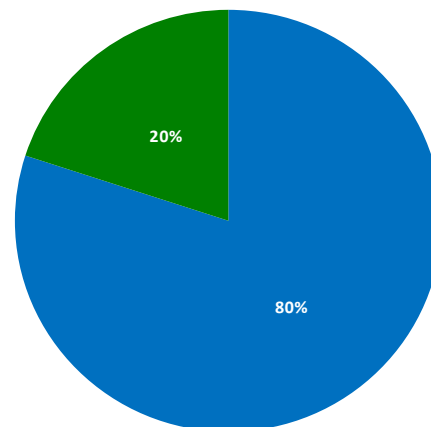
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Dr Abdul Sathar



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

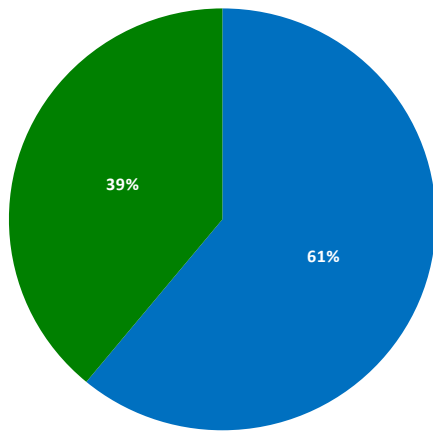
Dr Vinod Joseph



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

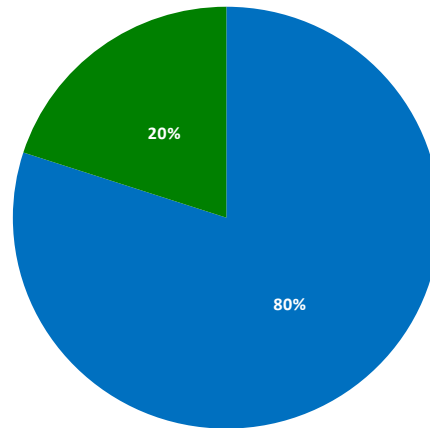
Overall Feedback

Dr Tony Thekkekkara



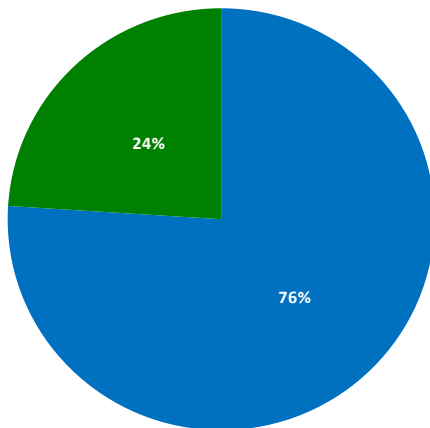
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Dr Ramsundar Kasthuri



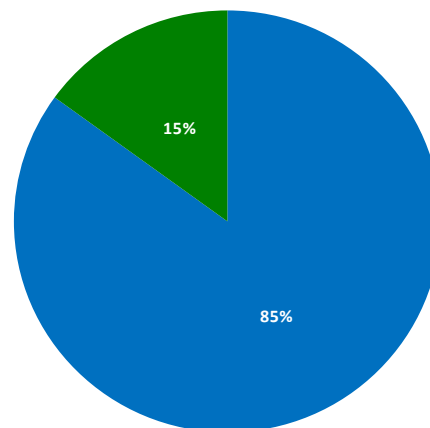
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Dr Suresh Thomas



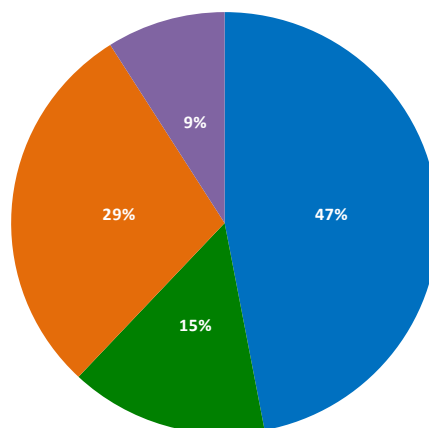
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Would you recommend this academic session to a friend?



■ Most certainly ■ Certainly ■ Probably ■ May consider ■ Not at all

Would you be interested in delivering a talk at a future event?



■ Most certainly ■ Certainly ■ Probably ■ May be ■ Not at all

Individual Comments

Excellent.

JV
Raja rajeshwari multi speciality hospital

Extremely informative.

GS
ISIC Hospital

It was well arranged and speakers stuck to their timings and on a variety of subjects. Great job.

PV
Ibn Sina Hospital. Ministry Of Health

Great CME. Of great academic value. Will be of use in routine clinical practice.

VS
Sankara Eye Hospital

Excellent.

SS
Parexel International India Ltd

The organization and presentation were extremely good and it was very much relevant to my career.

SU
Nairs Hospital

Very relevant. Enthusiastic speakers.

SK
University Hospital of Wales, Cardiff

Wonderful learning curve with lotys of inputs to help me improve my clinical practice.

MA
Palakudy Dental Specialist Centre

Wide range of topics from health information to robotic surgery. Very useful information for my routine practice.

KM
BAE Systems

Very well organised course.

PS
Pariyaram Medical College

Individual Comments

Outstanding.

JC
Seha Emirates Hospital

Excellent.

RM
Singapore General Hospital

Very relevant.

SV
Pandit General Hospital

Well run conference. Knowledgeable speakers. Picked up lots of nuggets

GS
Streatham Hill Group Practice

Well conducted sessions.

SB
Specialized Kalba Dental Center

Well organised.

RK
QEUH Glasgow

Excellent program looking forward for the next meeting Dr Roshan Shetty. Good.

BB
A K G Co Op Hospital

Very good.

ST
Hamad Medical Corporation

Great talks.

KC



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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

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- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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