



**Knowledge Advancement and Optimal Strategies for
Healthcare Professionals and Health Systems :
A Sturrack Global Initiative**



Feedback - October 2016

Knowledge Advancement and Optimal Strategies for Healthcare Professionals and Health Systems : A Sturrack Global Initiative

This two-day conference intended to provide the attending delegates with an overview of the current advances in a variety of specialities, as well as an insight into future developments in the field. It aimed to promote the transfer of knowledge and the exchange of ideas between doctors and dentists working in diverse healthcare settings. The conference also discussed aspects related to hospital practice and family (general) practice, as well as highlighted elements outside the traditional role of a healthcare practitioner, such as business, aviation and management. There were ample networking opportunities that allowed the professionals to develop novel ideas and collaborate on pertinent international projects.

It is hoped that, at the end of the conference, delegates obtained:

- Relevant Information on Current Update and Future Advances in Important Specialities
- An Understanding of Different Healthcare Systems and Providers
- An Overview of Opportunities for Medical/Dental Professionals Outside the Healthcare Sector



Course Information

Course date:	14th - 15th October 2016
Venue:	Stone Water Eco Resort Vasco Da Gama, Goa India
Attendance:	32 Delegates
Aimed at:	Medical Students Foundation Year Doctors
Faculty:	Surgeons
Course fee:	£450

Course Programme

Programme Day 1

A total of six CME points will be awarded for attending all sessions on both days

0815 - 0830	Registration and Coffee
0830 - 0850	Recent Advances and Update on Radiology – Diagnostic and Interventional Dr Ram Sundar Kasthuri
0850 - 0910	Financial Planning and Its Implications for Medics in NHS and GP Setting Dr B Krishna Kumar
0910 - 0930	Practising Medicine in Middle Eastern Countries: Opportunities And Possibilities Dr Silas Benjamin
0930 - 0950	Emotional Intelligence in Medicine Dr Cherian George

0950 - 1010 Refreshment Break

1010 - 1030	Dentistry: Managing both Academic and Clinical Professional Careers Dr Gurkeerat Singh
1030 - 1050	Self-Improvement Tools for Professional Progress and Personal Development Dr Babu Hussain
1050 - 1110	Life of a Medic in the Royal Air Force and Aerospace: A Personal Journey Dr Mathew G Koshy
1110 - 1130	An Overview of Common Eye Disorders for Medical Practitioners. Dr Vijay Shankar
1130 - 1200	Panel Discussion, Summary and Close.

Course Programme

Programme Day 2

A total of six CME points will be awarded for attending all sessions on both days

0815 - 0830	Registration and Coffee
0830 - 0850	Update on General Medical Emergencies Dr Mathew V Abraham
0850 - 0910	General Practice in India as a Returning UK Medic: An Outlook on the UK and the Indian System Dr Tony Thekkekkara
0910 - 0930	Financial and Business Lessons in a Non-Medical Bubble: A Life Outside of Medicine Dr Sundar Raman
0930 - 0950	Current Standards and Future Paradigms of Excellence in Joint Arthroplasty Mr Suresh Thomas
0950 - 1010	Refreshment Break
1010 - 1030	Hospital Management: A Top Down View of Challenges and Opportunities Dr S Venkatesh
1030 - 1050	Provision of Cleft Lip Surgery in Developing Countries: A Transformational Patient Experience Dr Jogi J Chungath
1050 - 1110	Review on Trauma orthopaedics: Current Evidence and Practice Dr Madhu Nair
1110 - 1130	Oncological Management with Combined Palliative Approach: A Holistic Approach to Better Patient Care Dr Baijumon Balan
1130 - 1200	Panel Discussion, Summary and Close.

Faculty

Dr Mathew V Abraham, MBBS, MD

Specialist- Internal Medicine
Al Safa Medical Polyclinic
Doha, Qatar

Dr Baijumon Balan, DMRT, DNB, BCCPM

Consultant Oncologist
PVS Hospital/Malabar Hospital, Calicut
AKG Hospital, Kannur
Kerala, India

Dr Silas Benjamin, MD, MRCP

Consultant Physician and Endocrinologist
Hamad Medical Corporation,
Doha, Qatar

Dr Jogi Jose Chungath, BDS, MDS

Oral & Maxillofacial Surgeon
Health Authority of Abu Dhabi
Abu Dhabi, UAE

Dr Cherian George, MBBS, FRCR

Consultant Radiologist
University Hospitals of North Midlands
Stoke on Trent, United Kingdom

Dr Babu Hussain, MBBS, MRCP Psych, MRCPGP

GP Partner
Bridge Medical Centre,
Crawley, United Kingdom

Dr Shaju M Kalathingal, MBBS, MS Ortho

Specialist Orthopaedic Surgeon
Sahara Medical Center
Abu Dhabi, UAE

Dr Ram Sundar Kasthuri, MBBS, MRCS, FRCR, EBIR

Consultant Vascular and Interventional Radiologist
Greater Glasgow and Clyde NHS Trust
Senior Clinical Lecturer (Honorary), University of Glasgow
Glasgow, United Kingdom

Dr Mathew George Koshy, MBBS, MRCSEd, MRCPGP, DRCOG, DAvMED, MRAeS

Senior Aviation Medicine Specialist
BAE Systems
Saudi Arabia

Dr B Krishna Kumar, MBBS, MRCPGP

Principle General Practitioner and Senior Partner
Lister Lane Surgery
Halifax, United Kingdom

Faculty

Dr Ronnie Mathew, MRCS(Ed), MRCS (Glasg), MD, FRCSEd (Gen Surg)

Consultant Colorectal Surgeon
Singapore National Hospital, Singapore

Dr Madhu Nair, D'Ortho, MS Ortho, MCh Ortho

Consultant Orthopaedic Surgeon
Devamatha Hospital
Koratty, Kerala, India

Dr Shimmy Paulose, MBBS, MD (Paediatrics)

Consultant Paediatrician
Vatheyyath Hospital
Perumbavoor
Kochi, Kerala, India

Dr Sundar Raman, MBBS, MBA, JIMS, Cambridge, UK

Vice Chairman, Indian Technical textile association
Executive Director, Shiva Texyarn Ltd, Coimbatore,
Tamil Nadu, India

Dr S D Vijay Shankar, MBBS, MS (Ophthal)

Consultant Ophthalmologist
Chief Medical Officer
Sankara Eye Hospital
Sankara Eye Care Institutions
Coimbatore, Tamil Nadu, India

Professor Gurkeerat Singh, BDS, MDS (Ortho), MOrth, Diplomate Indian Board of Orthodontics

Head of Department of Orthodontics
Vice-Principal,
Sudha Rustagi College of Dental Sciences and Research
Faridabad, Haryana, India

Dr Tony Thekkekkara, MBBS, FAGE, MRCS, MRCGP, RCGP-2(Dip) Drugs & Alcohol Abuse

General Practitioner in UK and Cochin, India

Mr Suresh Thomas, MBBS, D'Ortho, MRCSEd, MSc (Orth), FRCS (Tr&Orth), Fellow EU Board (Tr&Orth)

Consultant Orthopaedic Surgeon
County Durham and Darlington NHS Foundation Trust
Durham, UK

Dr S Venkatesh, MBBS, MS

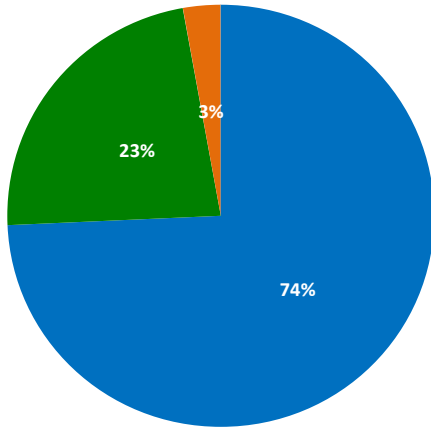
Consultant General & Laparoscopic Surgeon
Lakshmi Hospital
Sivakasi
Tamil Nadu, India

Dr Varghese Zachariah, FRACGP, DCH

General Practitioner & Principal
Upwey Doctors
Melbourne, Victoria, Australia

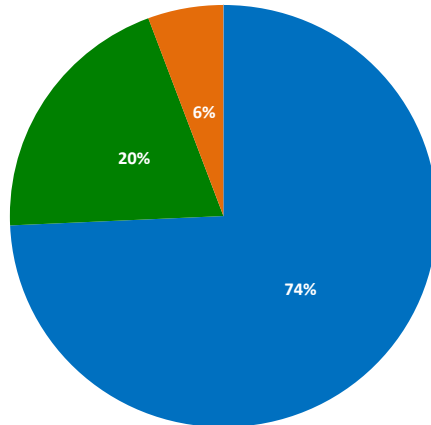
Overall Teaching Feedback

How were the topics covered at the event?



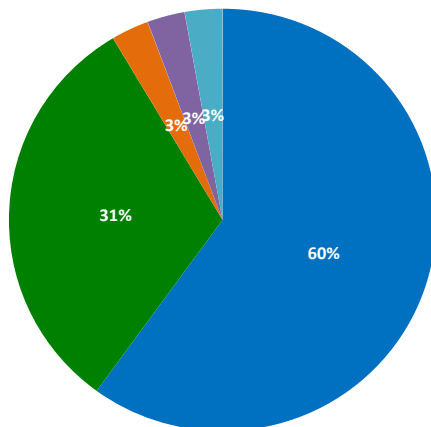
■ Excellent ■ Good ■ Fair ■ Neutral ■ Poor

How was the clarity of the presentations?



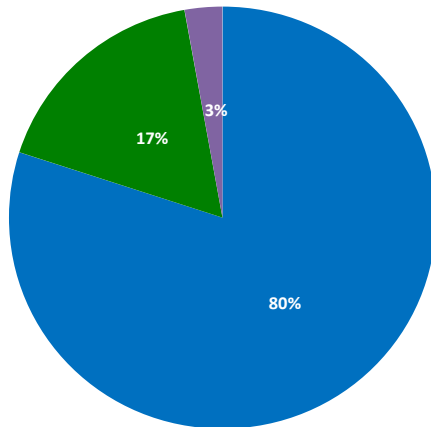
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How would you rate the relevance of the event to your profession and/or career development?



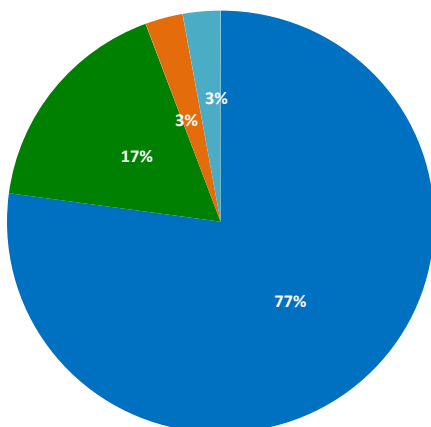
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How would you rate the enthusiasm and knowledge of the speakers?



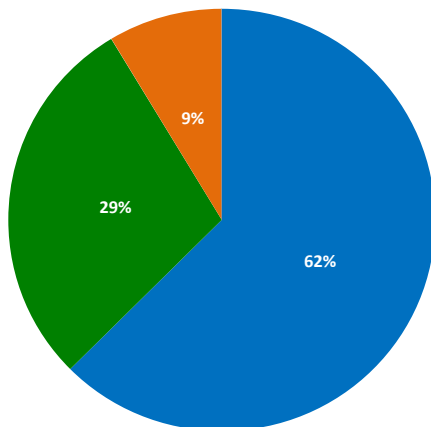
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Recent Advances and Update on Radiology – Diagnostic and Interventional
Dr Ram Sundar Kasthuri



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

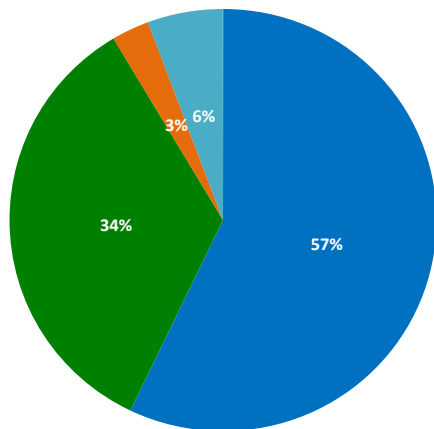
Financial Planning and Its Implications for Medics in NHS and GP Setting
Dr B Krishna Kumar



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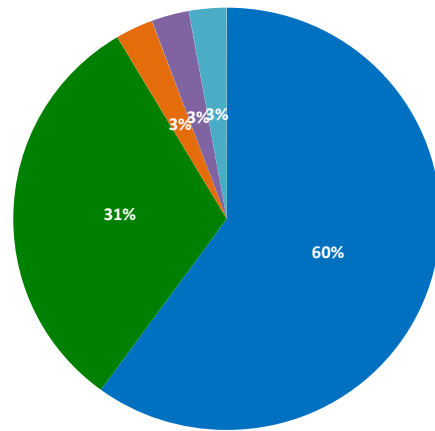
Overall Teaching Feedback

Practising Medicine in Middle Eastern Countries: Opportunities And Possibilities
Dr Silas Benjamin



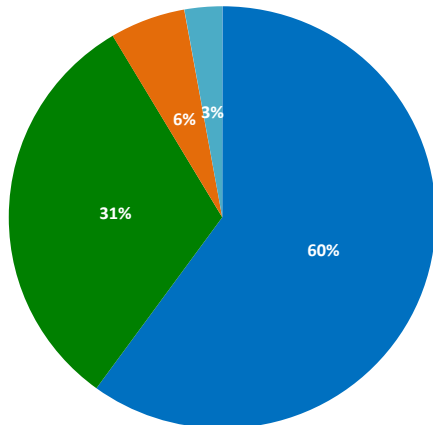
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Emotional Intelligence in Medicine
Dr Cherian George



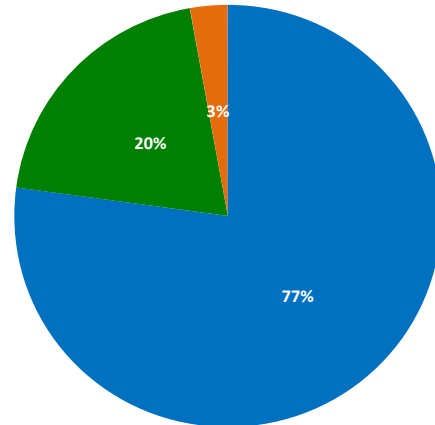
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Dentistry: Managing Both Academic and Clinical Professional Careers
Dr Gurkeerat Singh



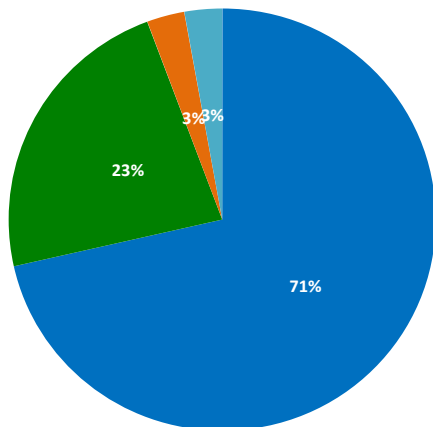
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Self-Improvement Tools for Professional Progress and Personal Development
Dr Babu Hussain



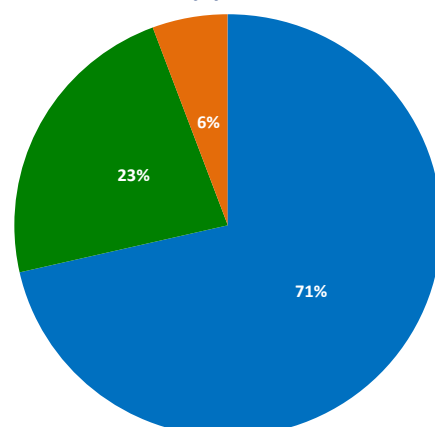
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Life of a Medic in the Royal Air Force and Aerospace: A Personal Journey
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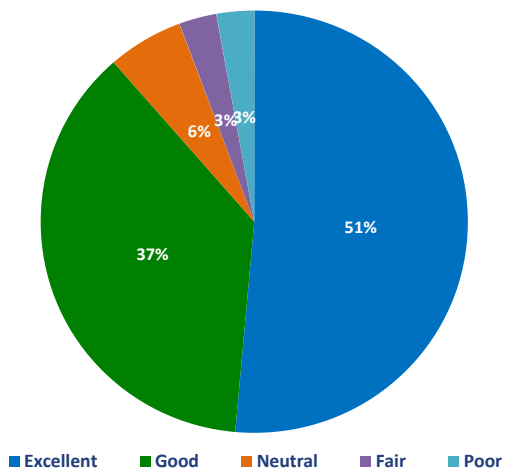
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Dr Vijay Shankar



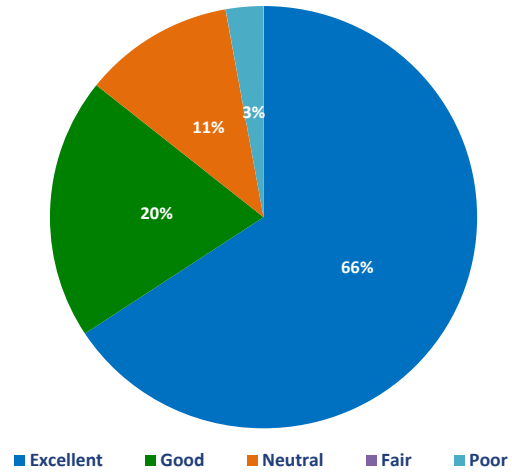
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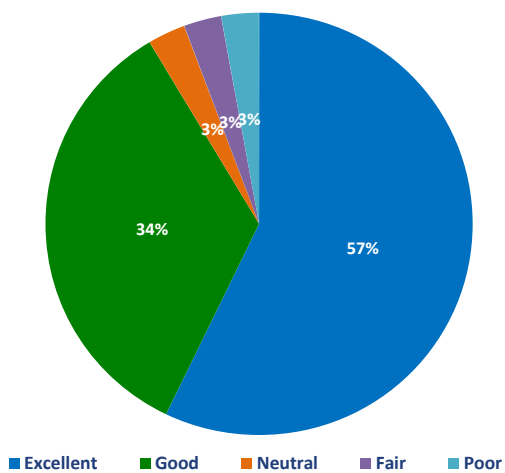
General Practice in India as a Returning UK Medic: An Outlook on the UK and the Indian System: Dr Tony Thekkekkara



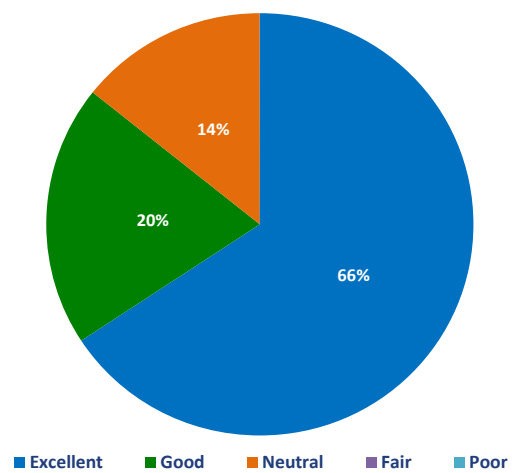
Financial and Business Lessons in a Non-Medical Bubble: A Life Outside of Medicine Dr Sundar Raman



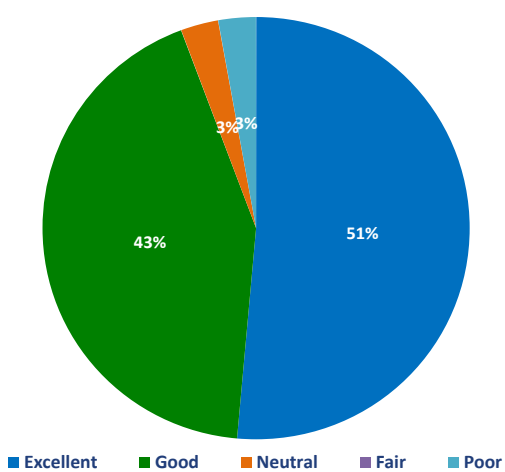
Current Standards and Future Paradigms of Excellence in Joint Arthroplasty Mr Suresh Thomas



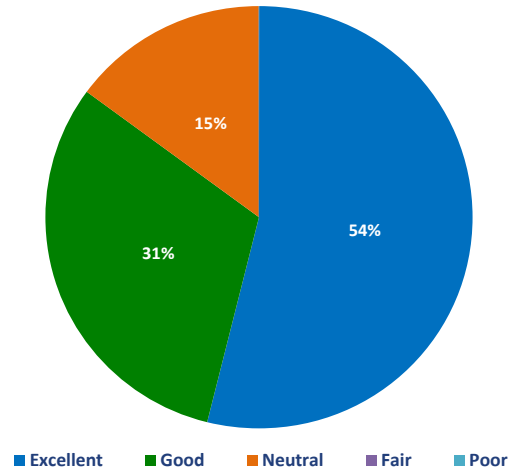
Hospital Management: A Top Down View of Challenges and Opportunities Dr S Venkatesh



Provision of Cleft Lip Surgery in Developing Countries: A Transformational Patient Experience: Dr Jogi J Chungath

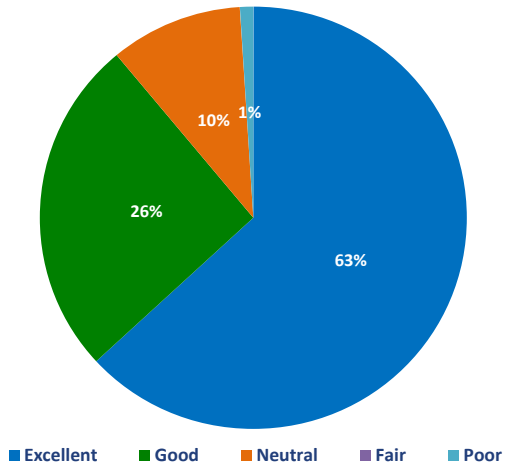


Review on Trauma Orthopaedics: Current Evidence and Practice Dr Madhu Nair

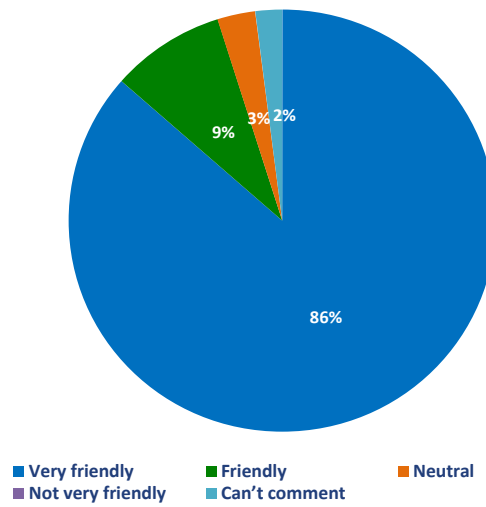


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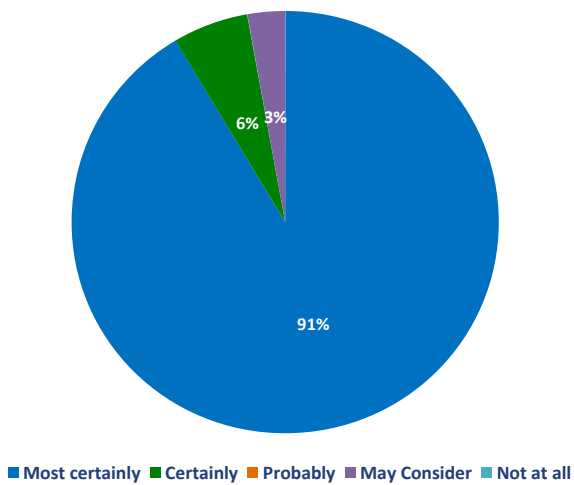
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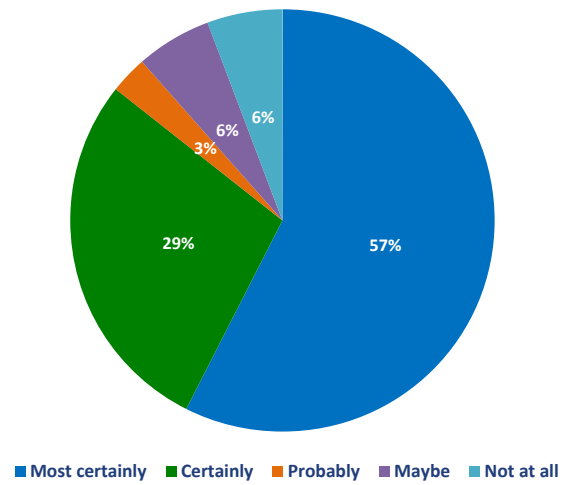
How was the general friendliness of the event organisers?



Would you be interested in participating in a similar event again in the future?



Would you be interested in delivering a key-note lecture in a similar event in the future?



Individual Comments

Very good.

SK
University Hospital of Wales, Cardiff

Very Good.

MR
ASTER

Great event. Should be held as frequently as possible.

VS
Sankara Eye Care Institutions, India

Well organized and highly motivating speakers.

SB
Kalba Dental Center, Kalba

Very useful.

MK
Badr al samaa

Very Good.

UK
Nairs Hospital

Great experience.

AS
Rashid Hospital

Excellent.

SS
Parexel

Excellent event. Very rich in content and quality.

RA
City Hospital R&D Centre, Mangalore

Very useful and informative for a practising professional.

SP
Vathiyayath Hospital, Perumbavoor, Kerala

Individual Comments

Very good.

SK
Sahara Medical Center

Excellent.

RM
Singhealth, Singapore

Excellently organised and very informative.

RL
Boxhill hospital Melbourne VIC

Wonderful.

MG
BAE Systems Saudi Arabia

Fantastic.

VS
Lakshmi Hospital, Sivakasi

Very good.

CR
Bedford Hospital, Bedford

Wonderful.

MG
BAE Systems Saudi Arabia

I had great fun in attending this. I am looking forward to attending similar in the future.

SS
KMCH Speciality Hospital, Erode

A good program.

AJ
Pariyaram Medical College, Kannur

Excellent.

SB
Hamad Medical Corporation

Individual Comments

Very relevant. Excellent organisation.

GS
St Helier Hospital, Carshalton

Looking forward to the next event.

AT
Royal Blackburn Hospital, Blackburn

It was a fantastic event! Hats off to the organizing committee!

TT
Wells Park Practice

Really professional.

MA
Alsafa Ployclinic and Hospital

Excellent event.

MG
BAE Systems Saudi Arabia

Very good.

BB
PVS Hospital, Kozhikode

Great event.

ST
Darlington Memorial Hospital, Darlington



DOCTORS ACADEMY

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Doctors Academy is an international non-profit organisation which comprises of doctors, dentists and scientists. The aim of the Academy is to disseminate information and facilitate the exchange of medical knowledge between professionals from diverse backgrounds who work in various healthcare settings. In order to achieve this, a diverse range of educational activities are undertaken globally which are further complemented by our publishing house, online resources, and international events and competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A and Part B OSCE
- MRCEM Part A
- DOHNS OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course
- Infant Hip Ultrasound Course for Developmental Dysplasia of the Hip



Forthcoming Key Events:

- **International Medical Summer School**
Manchester, 31st July to 4th August 2017
- **International Academic Research Conference**
Manchester, 5th August 2017
- **World University Anatomy Challenge**
Manchester, 4th August 2017

Publications



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with ISSN.

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Online Revision Resources

DoctorExams consists of thousands of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. The questions have been written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of the given topics. Based on past exams, these questions have been carefully designed to meet the needs of undergraduate students and postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exam

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