

# The Royal College of Surgeons of Edinburgh Intercollegiate Basic Surgical Skills Course

**21<sup>st</sup> and 22<sup>nd</sup> October 2023 (Saturday and Sunday)**

Doctors Academy International Education and Training Centre (Cardiff), Frazer Building, Cardiff

## REPORTING INFORMATION

**THIS CONTAINS IMPORTANT INFORMATION. PLEASE TAKE A FEW MINUTES TO READ IT IN ITS ENTIRETY.**

Dear Colleague,

Thank you for choosing to attend the Royal College of Surgeons of Edinburgh Basic Surgical Skills Course on 21<sup>st</sup> and 22<sup>nd</sup> October 2023 in Cardiff. We look forward to welcoming you.

This is to inform you of the directions to the venue and the format for the days.

### **I. GENERAL AND REPORTING INFORMATION**

**Dates:** 21<sup>st</sup> and 22<sup>nd</sup> October 2023 (Saturday and Sunday)

**Timings:**

**Day 1**

Start of Registration: 0830 hours

Start of Course: 0840 hours

End of Course: 1745 hours

**Day 2**

Start of Course: 0830 hours

End of Course: 1745 hours

**Venue:**

Doctors Academy International Education and Training Centre

Frazer Building

126 Bute Street

Cardiff Bay

Cardiff

CF10 5LE

**Where to Report:**

When you arrive at Frazer Building, please enter the foyer through the main door. A member of our team will direct you to the appropriate room.

## II. ADDRESS, DIRECTIONS AND PARKING

### Address:

**Doctors Academy International Education and Training Centre  
Frazer Building  
126 Bute Street  
Cardiff Bay  
Cardiff  
CF10 5LE**

To view the venue in Google Maps, please follow this link:

[https://www.google.com/maps/place/-data=!4m2!3m1!1s0x486e031cf9d2d447:0x6a6983e7599901bd?utm\\_source=msft\\_1&entry=gps](https://www.google.com/maps/place/-data=!4m2!3m1!1s0x486e031cf9d2d447:0x6a6983e7599901bd?utm_source=msft_1&entry=gps)

### Directions:

#### **Driving**

##### *From the East*

- Exit the M4 at Junction 29 onto the A48(M). Continue for 2.5 miles.
- Continue onto Eastern Avenue/A48 for 2.4 miles.
- Take the exit A4232 towards Cardiff (E)/Docks.
- When you reach the roundabout, take the first exit onto Southern Way/A4161/A4232. Continue for 0.4 miles.
- Take the A4161 ramp to the City Centre and continue for 0.2 miles.
- When you reach the roundabout, take the second exit onto A4161. Continue for 0.8 miles.
- Turn left onto Beresford Road and continue for 0.2 miles.
- Continue onto Moorland Road for 0.4 miles.
- Continue onto Courtenay Road for 0.1 miles.
- Continue onto Walker Road for 0.2 miles.
- Continue onto E Tyndall Street.
- Go through two roundabouts (0.8 miles).
- Continue onto Herbert Street for 0.1 miles.
- Turn left onto Bute Street and continue for approximately 0.5 miles.
- The venue will be on your right.

##### *From the West*

- Exit the M4 at Junction 33.
- Take the exit towards Cardiff West.
- When you reach the roundabout, take the third exit onto the A4232. Continue for 9.1 miles.
- Take the exit towards Techniquet/Museum and continue for 0.1 miles.
- When you reach the roundabout, take the first exit onto Stuart Street. Continue for 0.2 miles.
- Continue onto New George Street for 0.1 miles.
- Continue onto Bute Street for 0.1 miles.
- The venue will be on your left.

### Parking:

Car parking is available at the rear of the venue. Please follow these links for visual directions to the car park.

<https://doctorsacademy.org.uk/coursenw/esst/Driving%20from-the-%20West.pdf>

<https://doctorsacademy.org.uk/coursenw/esst/Driving-%20from-%20the-%20East.pdf>

## By Train

The closest station to the venue is **Cardiff Bay Railway Station**. It is a one-minute walk from the venue. You will need to change trains at Cardiff Central.

*From Cardiff Central Train Station*

- On arriving at Cardiff Central, head to Platform 6. Take the train to Cardiff Queen Street (trains run from Cardiff Central to Cardiff Queen Street every 5 minutes). The journey time is approximately 3 minutes.
- On arriving at Cardiff Queen Street, head to Platform 3. Take the train to Cardiff Bay (trains run from Cardiff Queen Street to Cardiff Bay every 12 minutes). The journey time is approximately 4 minutes.
- When you arrive at Cardiff Bay Train Station, exit to the right (sign-posted Mermaid Quay and Mount Stuart Square).
- Turn left onto Bute Street and walk towards the first set of traffic lights.
- Cross the road. You will see Frazer Building in front of you (there is a clock at the top of the building).

Alternatively, you can take a taxi from Cardiff Central Train Station to the venue. This will take approximately 7 minutes.

**Visual directions to the venue can be found by following this link:**

<https://doctorsacademy.org.uk/coursenw/esst/cardiff-Train.pdf>

## III. PRE-COURSE MATERIAL

You will have been given access to the pre-course online material and videos from the College. This is provided to give you a background to the course, as well as additional theoretical knowledge. While the material and videos should be viewed prior to the course, it is primarily meant for you to practice exercises after the course. It is important that you do not practice exhaustively from the online material alone as specific exercises will be demonstrated during the course. These may differ slightly in method from that shown online.

You can access the course materials at: <https://www.rcsed.ac.uk/my-profile/> by logging in with your College username and password.

- If you did not previously have a College web account, one will be created for you. Your username and password will be sent to you via email by the College.

- If you have forgotten your username or password, you can retrieve it at:  
<http://www.rcsed.ac.uk/forgotten-password.aspx>

## IV. PROGRAMME

Please follow this link to view the programme for the course:

<https://doctorsacademy.org.uk/CourseNw/BSSCC/CPOct23.pdf>

## **V. BREAKS FOR REFRESHMENTS AND LUNCH**

There will be a 15-minute refreshment break in the morning, and a 45-minute lunch break. During the refreshment breaks, coffee, tea and biscuits/cakes will be provided. A sandwich lunch will also be provided on both days. Vegetarian and non-vegetarian options will be available. Gluten-free, dairy-free and vegan options can also be sourced; please inform us by return of mail if you have any special dietary requirements so that our team can make appropriate arrangements for you.

## **VI. DRESS CODE**

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops.

### **What you need to bring with you:**

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your hospital identification badge.

We look forward to seeing you at the course. In the interim, please do not hesitate to contact us at [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have any queries.

**Please ring +44 (0) 29 2061 6765 or +44 (0) 75 3426 0131 if you need any help on the day of the course with regards to directions to the venue.**

With very best wishes,

Basic Surgical Skills Faculty  
Educational Directorate  
Doctors Academy  
[www.doctorsacademy.org](http://www.doctorsacademy.org)