DOCTORS ACADEMY
BETTER EDUCATION. BETTER HEALTH.

THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH

Intercollegiate Basic Surgical Skills Course

7th and 8th November 2026
Doctors Academy Centre, Frazer Building, 126 Bute Street, Cardiff Bay, Cardiff

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Programme

Day 1

0830 Registration

0840 Introduction

Gowning and Gloving
Handling Instruments
Knot Tying (1): Reef Knot; Instrument Tie

1100 Refreshment Break

Knot Tying (2): Surgeons Knot; Tying at Depth
Suturing (Needle Manipulation and Driving; Interrupted; Sub-Cuticular; Vertical Mattress)

1300 Lunch

Skin Lesions and LA Techniques
Fine Tissue Handling (1): Tendon Repair

1515 Refreshment Break

Wound Management: Abscess Drainage; Debriding a Traumatic Wound
Diathermy

1730 Question and Answer Session

1745 End of Day 1

Day 2

0830 Skills Consolidation/OSAT
Abdominal Incision and Closure

1100 Refreshment Break

Haemostasis: Ligation in Continuity; Pedicle Ligation; Transfixion
End-to-End Bowel Anastomosis (Interrupted; Instrument-Tied Knots)

1315 Lunch

Fine Tissue Handling (2): Vascular Patch Exercise

1500 Refreshment Break

Introduction to Minimal Access Surgery
Minimal Access Exercises: Visualisation Tasks; Various Scope Angles; Use of Coaxial Instruments; Manipulation of Non-Coaxial Instruments

1730 Question and Answer Session

1740 End of Course