

Intercollegiate Basic Surgical Skills Course

28th and 29th March 2026

Doctors Academy Centre, Frazer Building, 126 Bute Street, Cardiff Bay, Cardiff

Programme

Day 1

0830 Registration

0840 Introduction

Gowning and Gloving

Handling Instruments

Knot Tying (1): Reef Knot; Instrument Tie

1100

Refreshment Break

Knot Tying (2): Surgeons Knot; Tying at Depth

Suturing (Needle Manipulation and Driving; Interrupted; Sub-Cuticular; Vertical Mattress)

1300

Lunch

Skin Lesions and LA Techniques

Fine Tissue Handling (1): Tendon Repair

1515

Refreshment Break

Wound Management: Abscess Drainage; Debriding a Traumatic Wound

Diathermy

1730 Question and Answer Session

1745 End of Day 1

Day 2

0830 Skills Consolidation/OSAT
Abdominal Incision and Closure

1100

Refreshment Break

Haemostasis: Ligation in Continuity; Pedicle Ligation; Transfixion
End-to-End Bowel Anastomosis (Interrupted; Instrument-Tied Knots)

1315

Lunch

Fine Tissue Handling (2): Vascular Patch Exercise

1500

Refreshment Break

Introduction to Minimal Access Surgery
Minimal Access Exercises: Visualisation Tasks; Various Scope Angles; Use of Coaxial
Instruments; Manipulation of Non-Coaxial Instruments

1730 Question and Answer Session

1740 End of Course