

## Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE



Feedback - April 2023

## Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE

This five-day preparatory course provided the attendee with a thorough understanding of the topics on which to focus and the areas to prepare for the MRCS OSCE. The course was delivered through a robust method of small group teaching, individual OSCEs and interactive discussions, all of which aimed to guide the attendee to prepare for each component of the exam (all stations were covered during the five days). This course was suitable for those who had recently started their revision but were not fully prepared for the exam. It was structured for those sitting the exam four to six weeks later or those who wished to gain an understanding of the revision topics and techniques for the MRCS OSCE that they intend to sit in 3 to 4 months' time.

Day 1 and Day 2 focussed on the knowledge component of the exam, with emphasis placed on anatomy and pathology but also consideration of related microbiology and applied surgical sciences (physiology). Day 3 was divided into a morning session that covered clinical and procedural skills and an afternoon session that covered additional applied surgical sciences and critical care stations. Day 4 consisted of small group teaching using anatomical dissections, relevant pathological specimens, and osteology. A mock OSCE took place during the afternoon. Day 5 consisted of clinical examination stations in the morning and communication skills stations in the afternoon.

The programme and the teaching sessions reflected any changes introduced to the exam due to the COVID-19 pandemic.

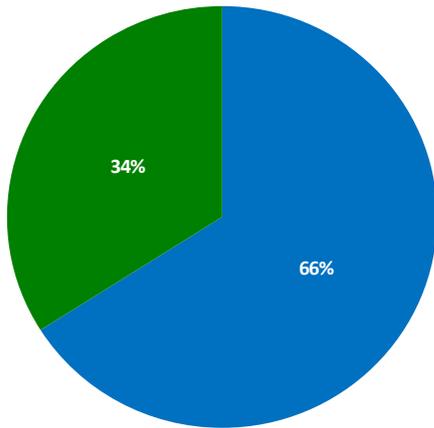
### Course Information

<b>Venue:</b>	<b>College of Physicians and Surgeons of Cardiff, Cardiff Bay, Cardiff; School of Biosciences, Cardiff University</b>
<b>Dates:</b>	<b>12<sup>th</sup> - 16<sup>th</sup> April 2023</b>
<b>Attendance:</b>	<b>37 Delegates</b>
<b>Aimed at:</b>	<b>Candidates Preparing for the MRCS OSCE Examination</b>
<b>Course Fee:</b>	<b>£875.00</b>



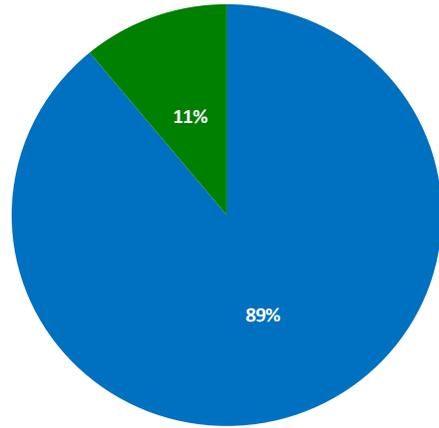
# Overall Feedback

How was the clarity of the sessions?



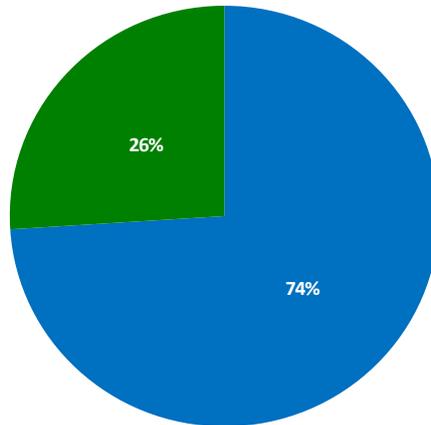
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

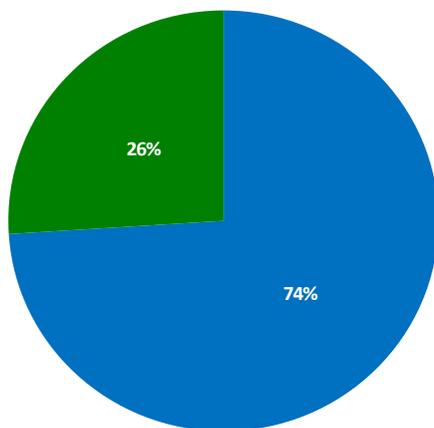
How do you rate the relevance of the course to your studies?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

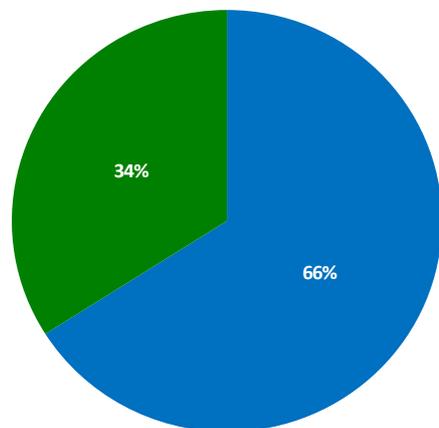
## Wednesday 12<sup>th</sup> and Thursday 13<sup>th</sup> April 2023

Skull Base, Head and Face



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

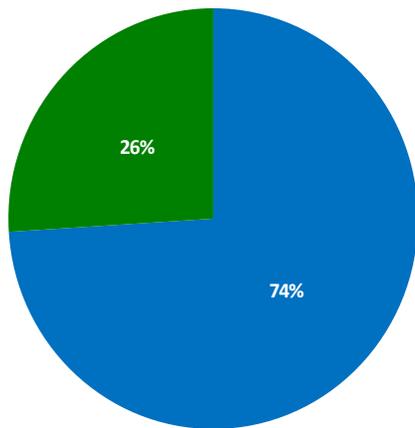
Neck, Neck Swellings, Larynx



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

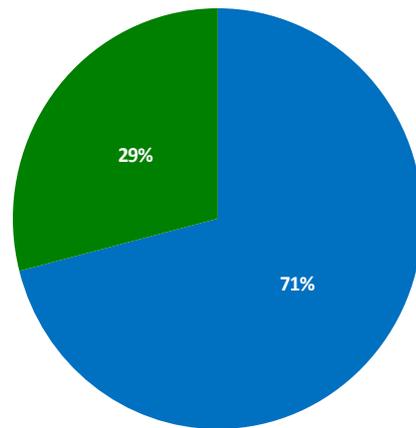
# Overall Feedback

Thorax, Mediastinum and Oesophagus



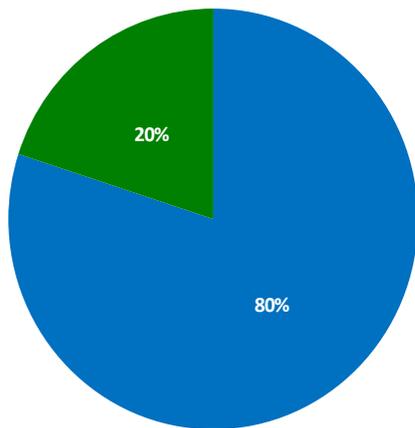
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Heart and Lung



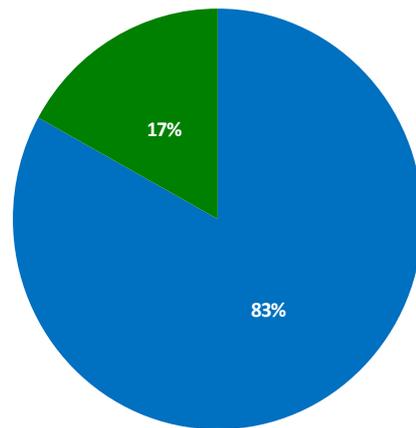
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Brachial Plexus and Upper Limb



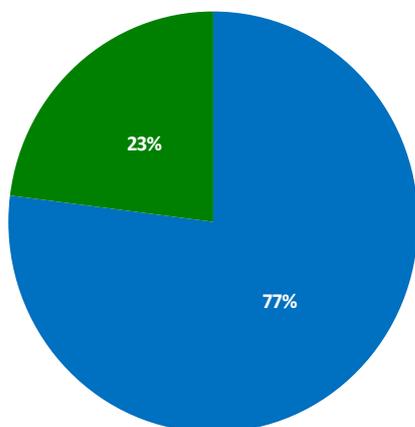
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Upper Limb Nerve Injuries



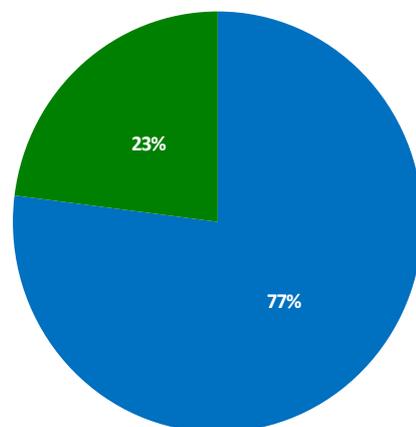
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Abdomen



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

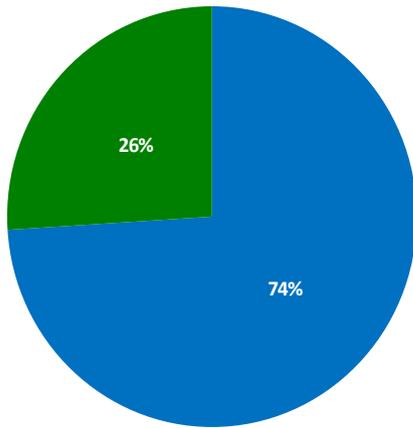
Abdominal Organs (Solid and Hollow)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

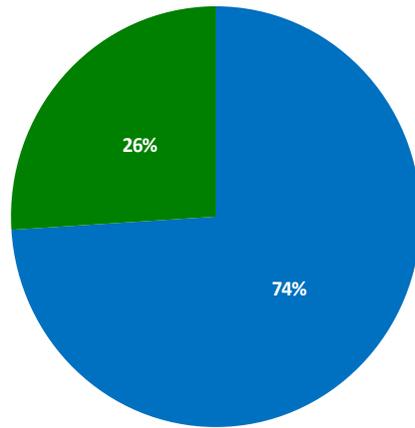
# Overall Feedback

Pelvis and Perineum



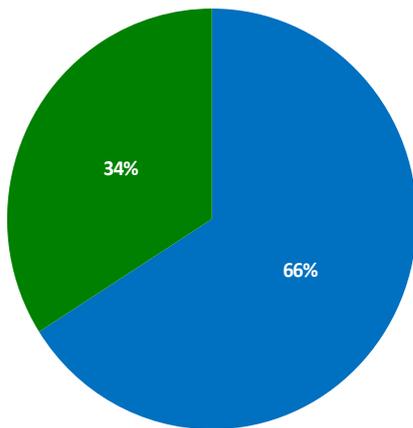
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Spinal Cord and Spinal Cord Syndromes



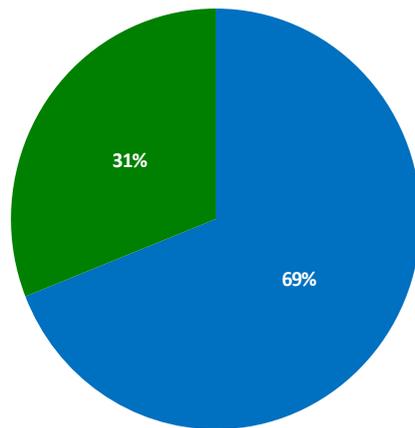
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lumbosacral Plexus



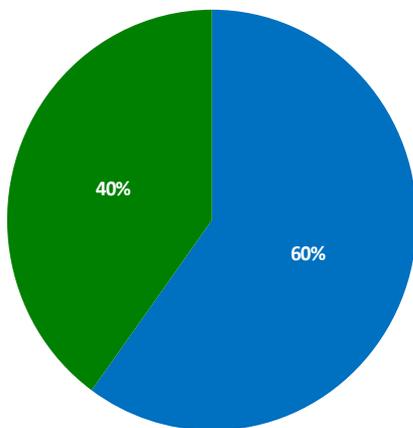
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lower Limb



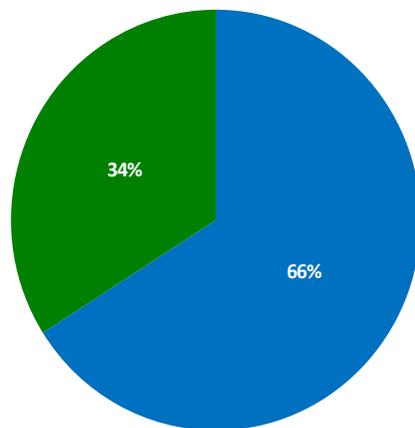
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lower Limb Nerve Injuries



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

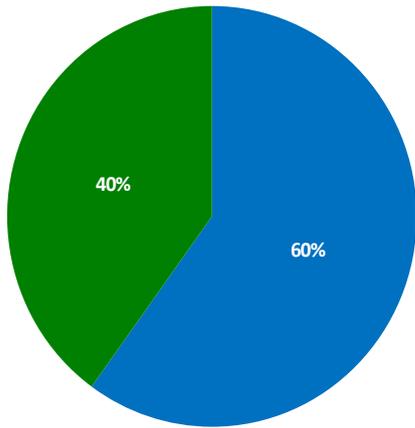
Pathology – Malignant Melanoma



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

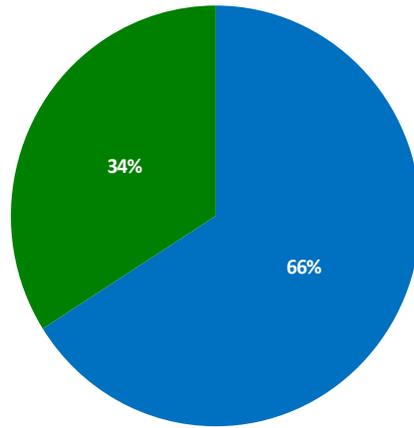
# Overall Feedback

Pathology – Non-Melanoma Skin Cancers



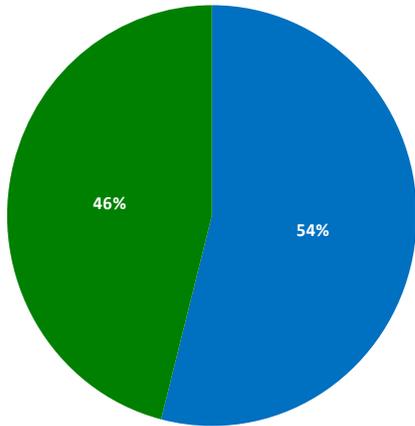
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Thyroid Pathologies and Cancers



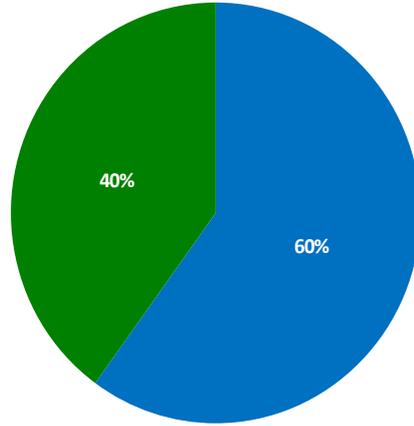
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Carcinoid Tumour and Syndrome



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

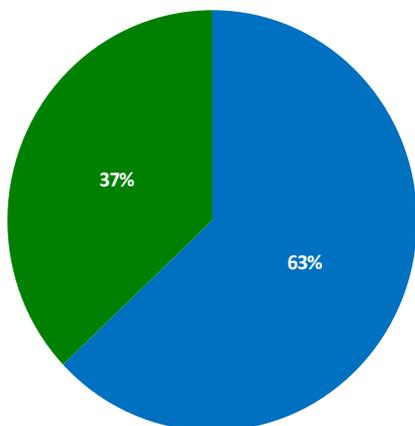
Pathology – Adrenal Conditions and Pheochromocytoma



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

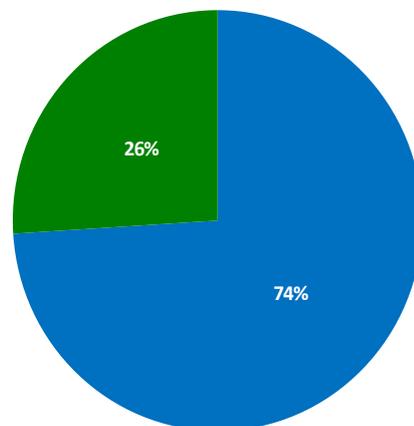
## Friday 14<sup>th</sup> April 2023

Knot Tying



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

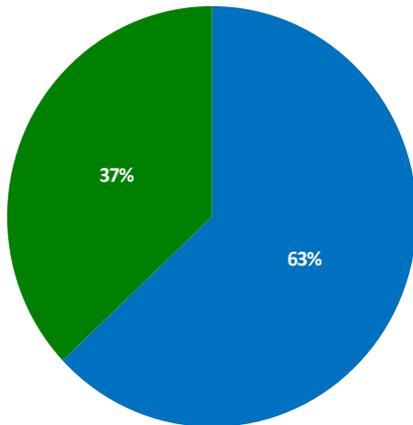
Excision of a Lesion



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

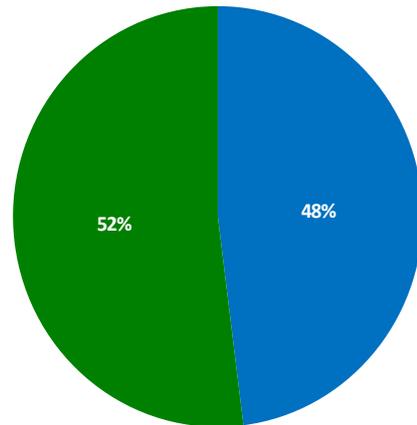
# Overall Feedback

### Suturing



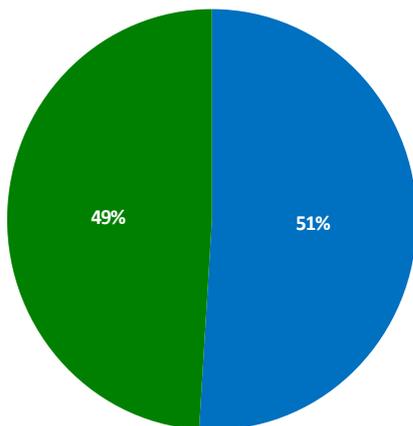
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Sutures and Suture Materials



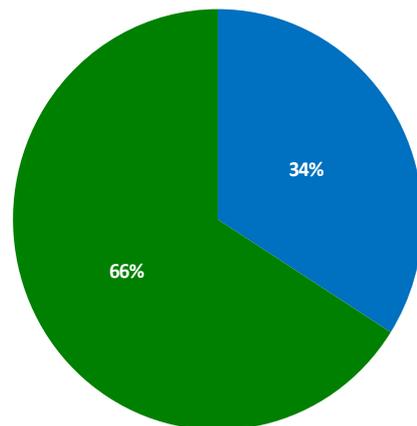
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Chest Drain Insertion



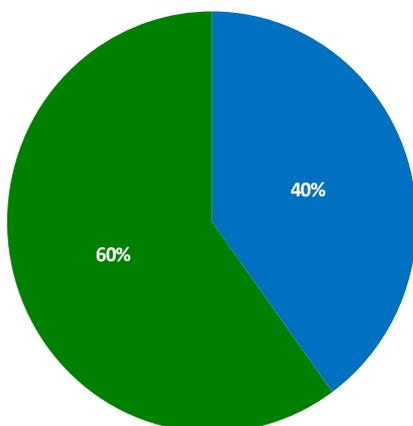
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Cannulation



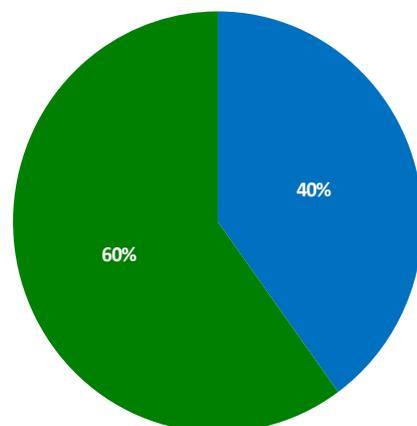
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Catheterisation



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

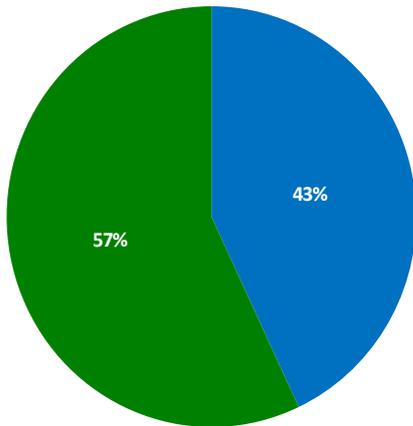
### ABG



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

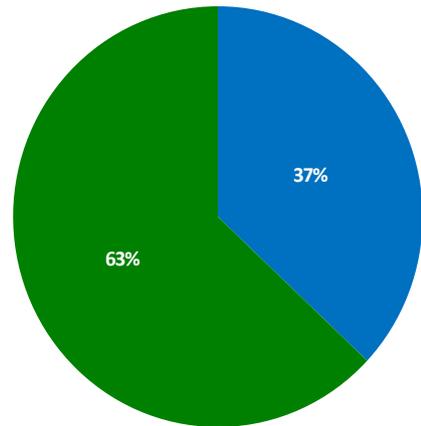
# Overall Feedback

Lumbar Puncture



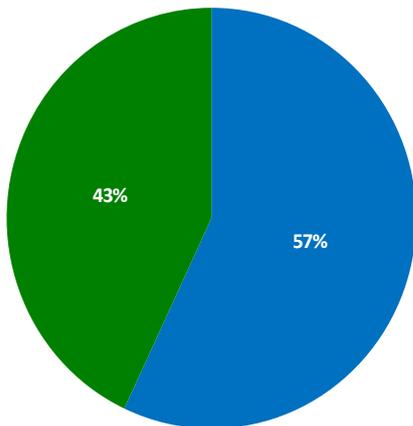
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

FNAC



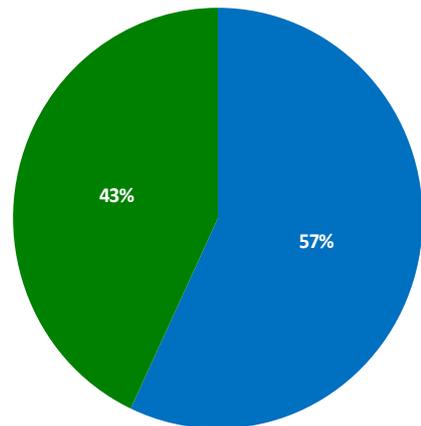
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Wound Debridement



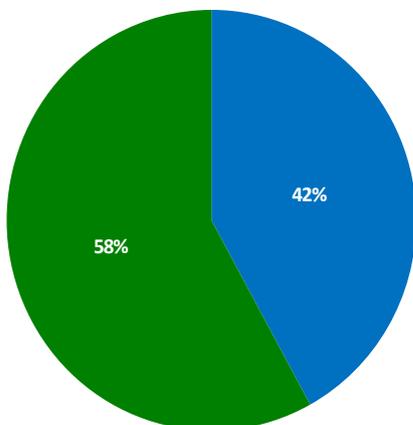
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Drainage of an Abscess



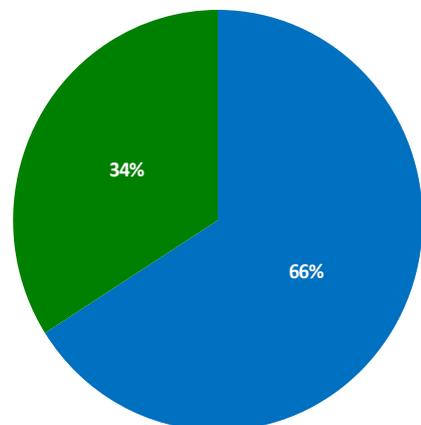
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Hypothermia Physiology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

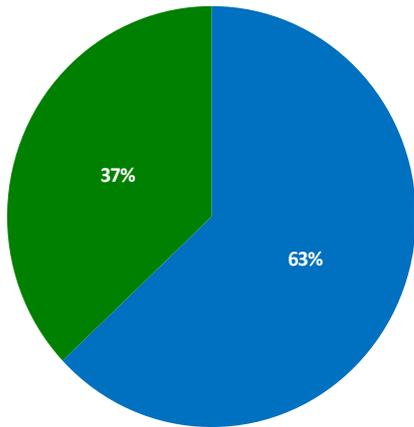
Respiratory Physiology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

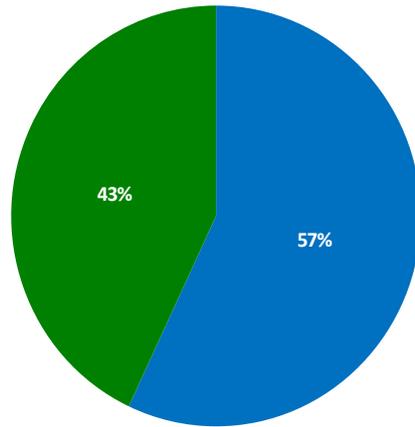
# Overall Feedback

Cardiac Physiology



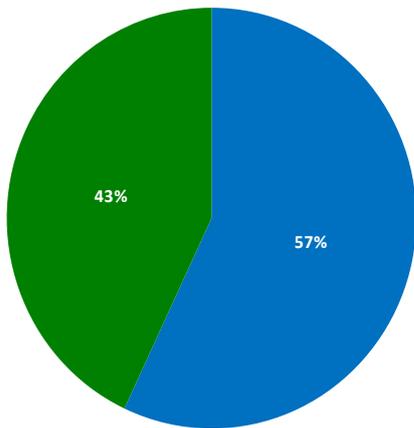
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Haemostasis and Coagulation Physiology



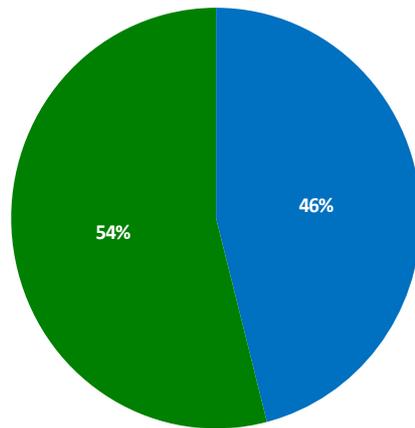
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Neurophysiology



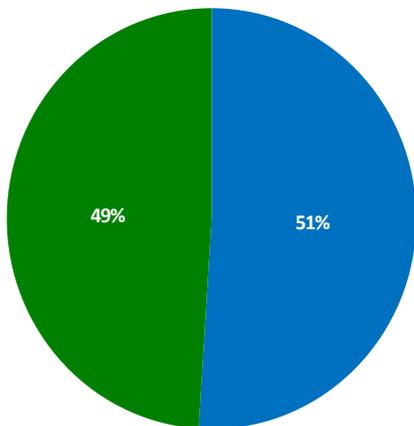
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Burns Physiology



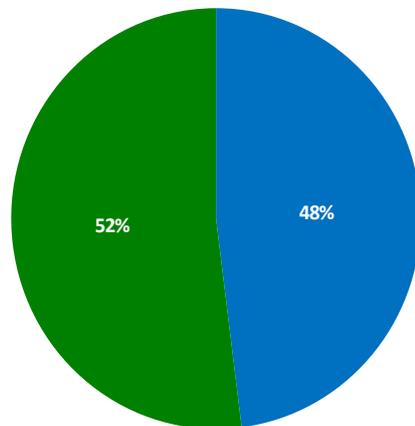
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Wound Healing and Reconstruction (Grafts and Flaps)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology - Necrotising Fasciitis

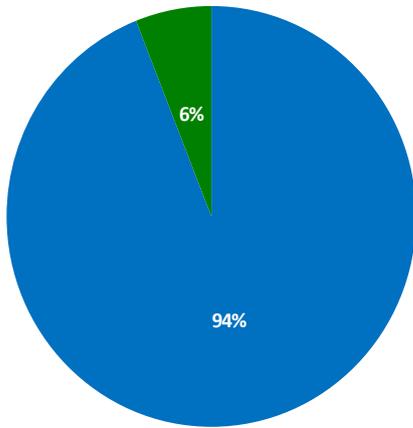


■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Feedback

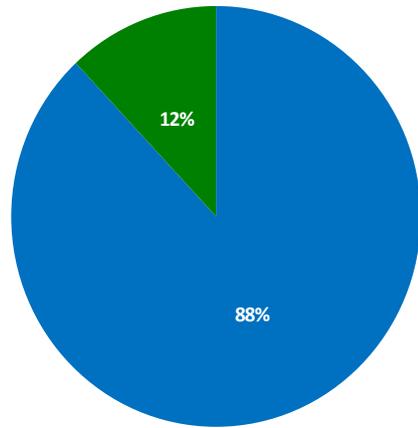
Saturday 15<sup>th</sup> April 2023

Dissection Room - Skull Base



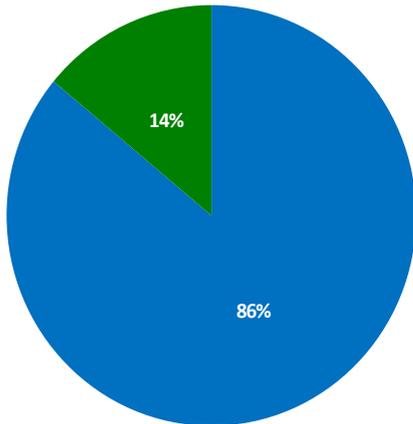
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Heart and Lungs



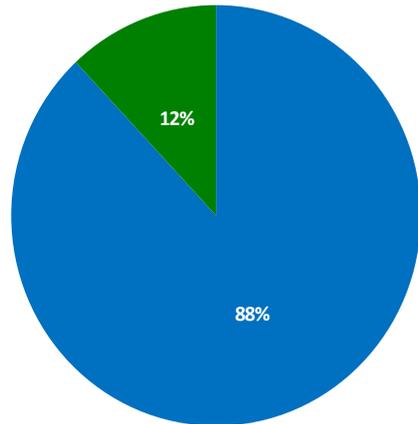
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Spine, Vertebrae and Brain



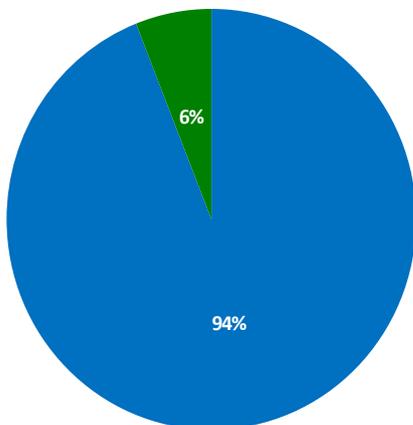
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Abdomen and Pelvis



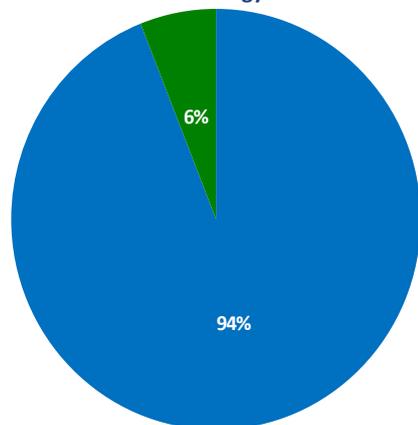
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Solid Organs of the Abdomen



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

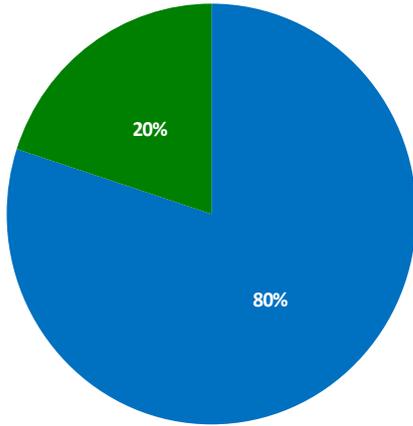
Dissection Room - Upper Limb with Osteology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

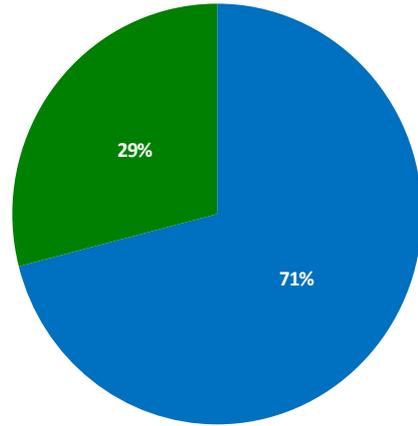
# Overall Feedback

Dissection Room - Lower Limb with Osteology



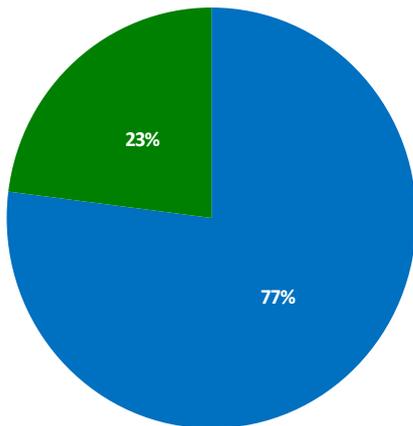
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Dysphagia, Barrett's and Oesophageal Cancer



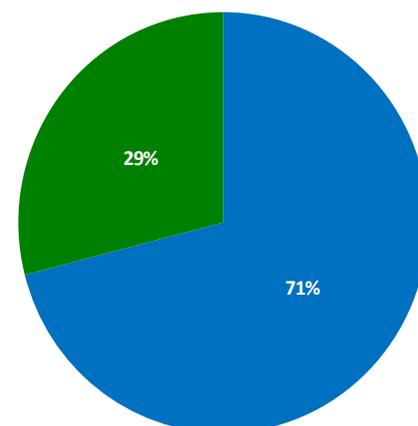
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology –Inflammatory Bowel Diseases



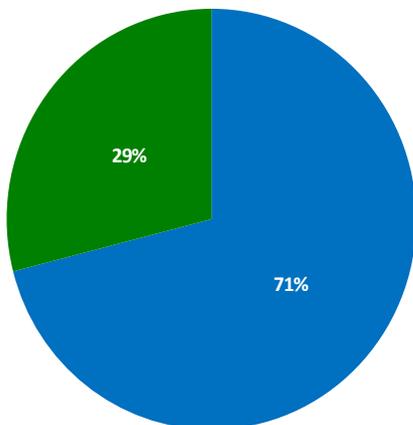
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Polyps, Colorectal Cancers and Colectomies



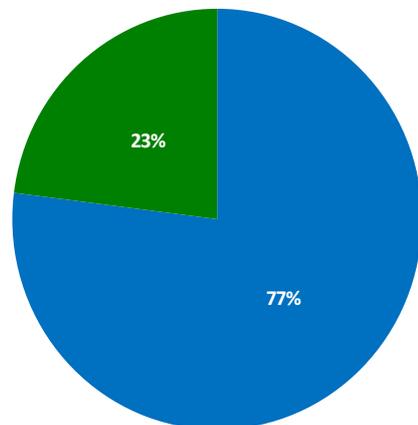
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Inguinoscrotal Swellings and Testicular Cancers



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

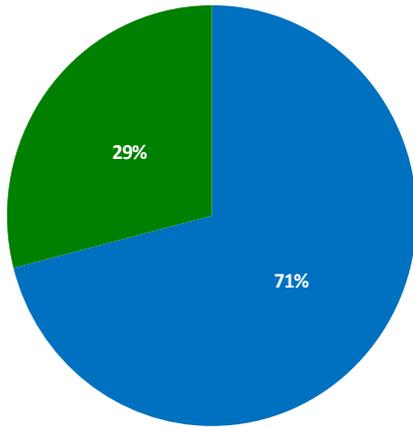
Pathology – Prostate Pathologies and Cancer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

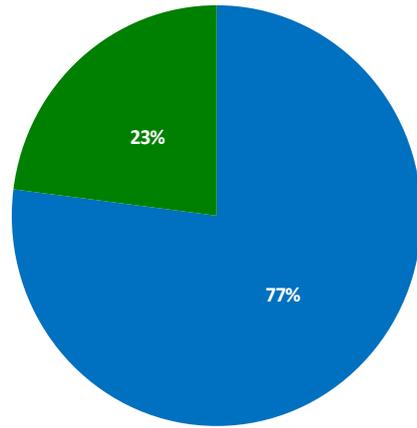
# Overall Feedback

Pathology – Salivary Gland Swelling and Tumours



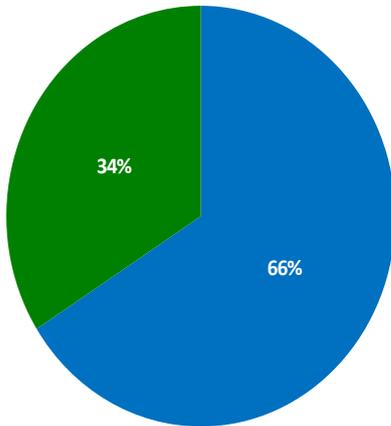
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Breast Pathologies and Cancers



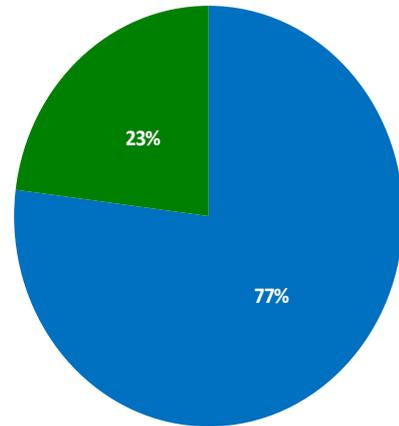
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Lung Cancer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

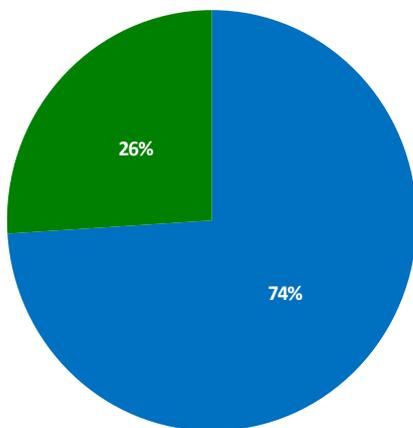
Pathology - Back Pain, Metastasis and Bone Tumours



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

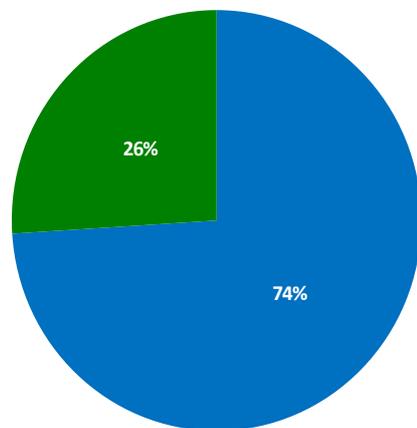
## Sunday 16<sup>th</sup> April 2023

Examination of the Cranial Nerves



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

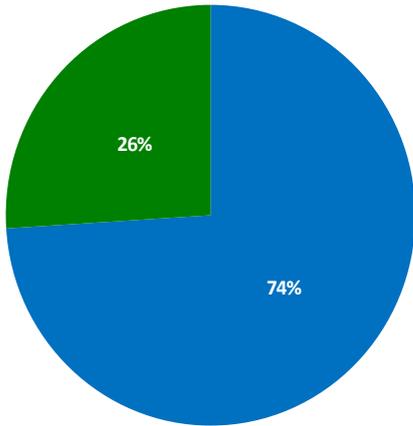
Examination of the Abdomen



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

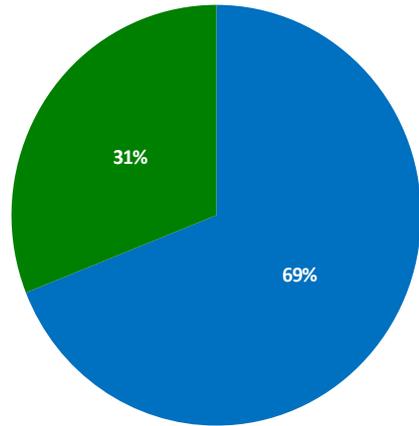
# Overall Feedback

Examination of the Hip and Knee



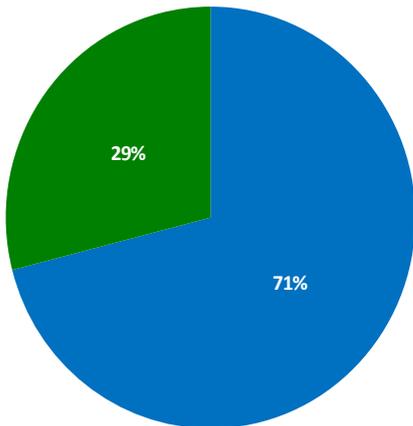
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Shoulder and Back



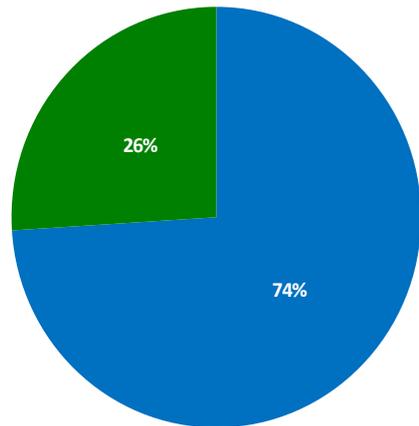
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Cardiorespiratory System



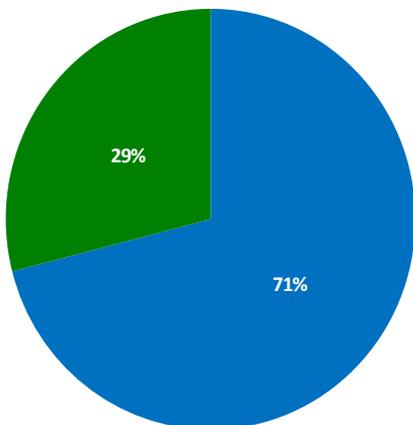
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Varicose Veins and Arterial System



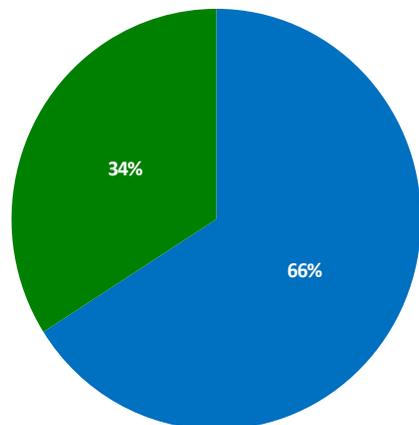
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - History Taking for a Breast Lump



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

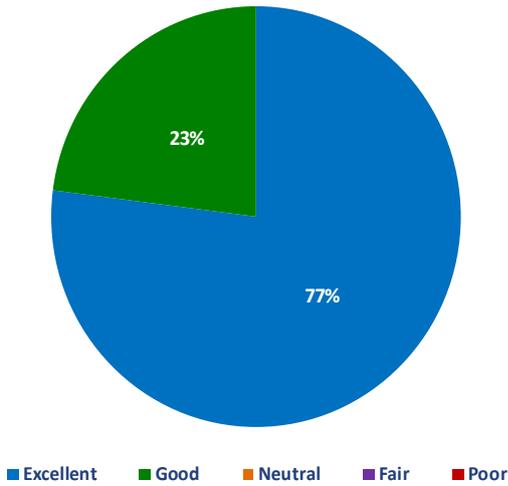
Communication Skills - Information Giving for Breast Cancer



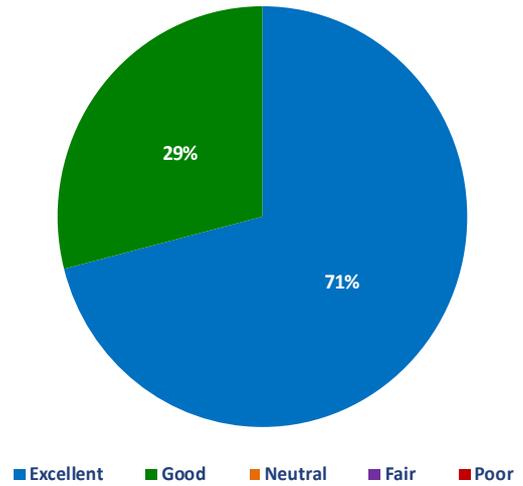
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Feedback

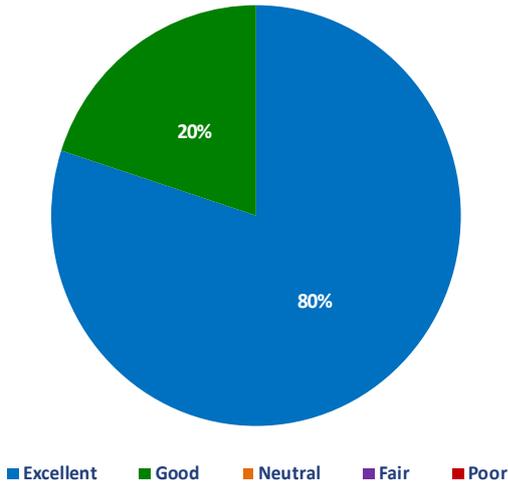
Communication Skills - Colorectal Cancer



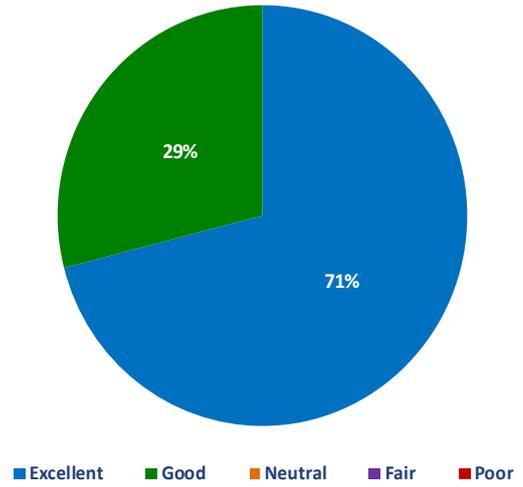
Communication Skills - Self Discharge



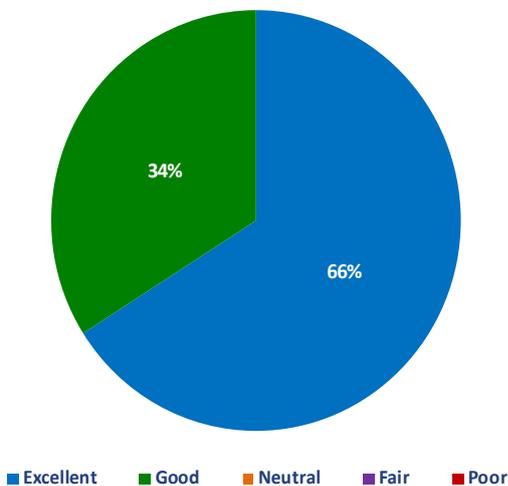
Communication Skills - Cancelled Operation (Thyroidectomy)



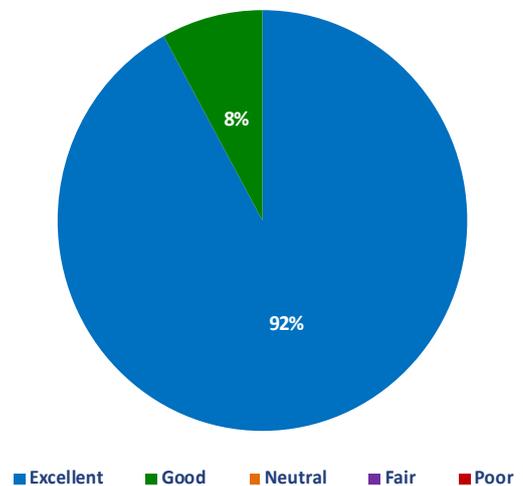
Communication Skills - Information Giving for Brain Tumour



Communication Skills - Acoustic Neuroma

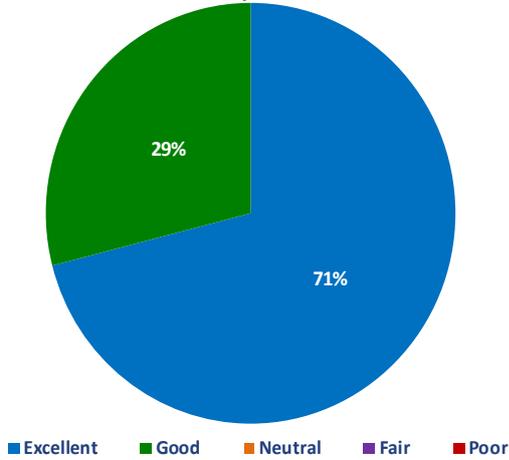


Communication Skills - Telephone Conversation with the Consultant

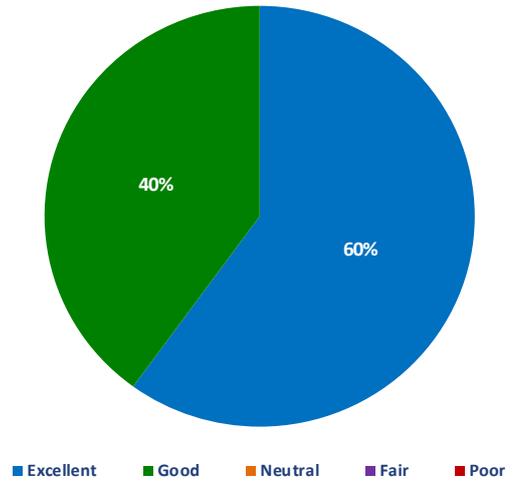


# Overall Feedback

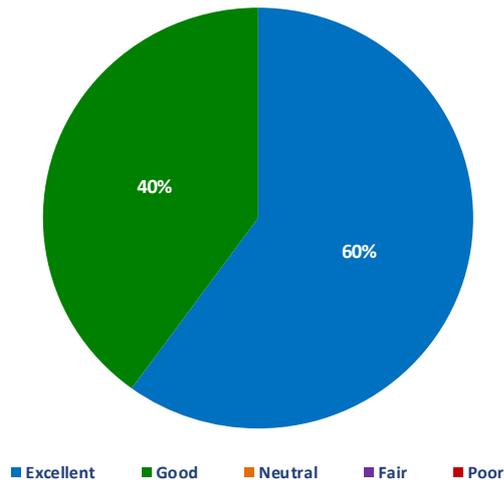
Communication Skills - Assessment of Patient's Capacity and Consenting in Orthopaedics



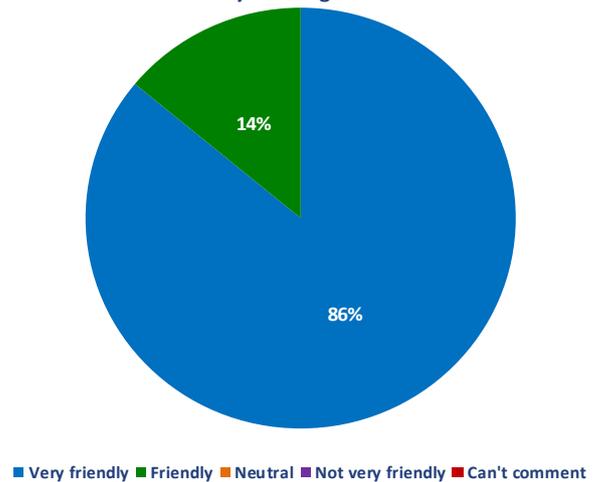
How were the facilities and venue?



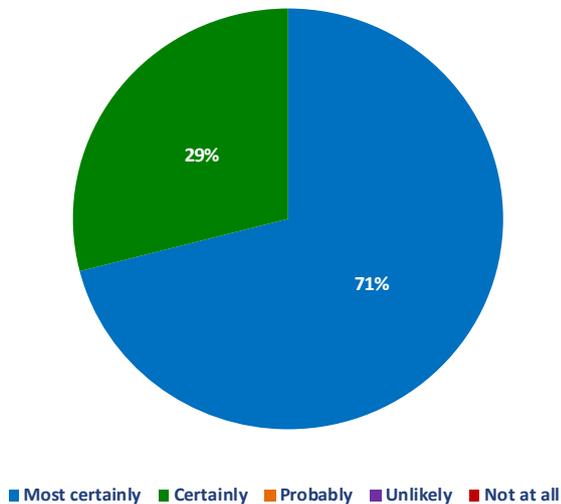
How were the refreshments and lunch?



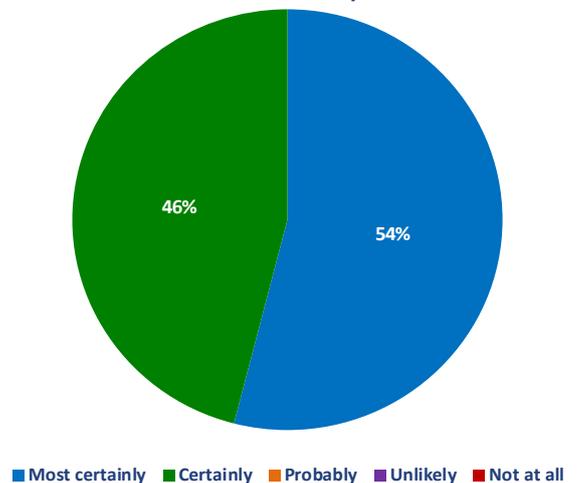
How was the general friendliness of the faculty and organisers?



Would you recommend this course to a friend?



Do you think that this course provided good value for money?



## Individual Comments

Very well run.

**JC**  
**Kingston Hospital NHS Trust, UK**

Superb course. Prof. Enoch knows the material inside-out, has an engaging way of teaching, and the focus towards the exam at all times was perfect. Everything being covered within 5 days was good.

**SS**  
**Aintree University Hospital, Liverpool, UK**

Very organised and thorough. Provided a very good overview of course syllabus. As someone who is not sitting the course in 3 weeks, but over 4 months, it was a very useful overview of the standard, format and content required.

**JT**  
**Stepping Hill Hospital, Stockport, UK**

A lot of information is covered in the time period. An effort was made to provide regular breaks. I really enjoyed the dissection room day. I hope it has accelerated my preparation for this final phase.

**AC**  
**St Helier Hospital, Carshalton, UK**

Really knowledgeable tutors and professor Enoch was very succinct and went through the first two days of anatomy very well. Good to practice in small groups!

**VN**  
**Alder Hey Children's Hospital, Liverpool, UK**

Very well organised and efficiently run. Good amount of breaks and refreshments provided. Sessions presented very clearly and in a helpful order - i.e. anatomy knowledge before application in the anatomy lab. Overall an excellent course.

**LS**  
**University Hospital of Wales, Cardiff, UK**

Organisation of the course was extremely good - right from booking through to the final conclusion. Staff were also very helpful during the course with any logistical issues (parking etc). Teaching - Prof's knowledge related to all topics was amazing! Fantastic tutors all round. Relevance - highly relevant to MRCS Part B.

**AP**  
**Royal Preston Hospital, Preston, UK**

Course leaders took time to make sure key information was being delivered and it felt like they really had a vested interest in you passing the mrcs, rather than just attending a course.

**SM**  
**John Radcliffe Hospital, Oxford, UK**

Excellent course overall. It covers everything that might come up from the exams. These 5 days courses are invaluable and taught me everything that I need to know for the MRCS Part B.

**KO**  
**University Hospital Galway, Galway, Republic of Ireland, UK**

## Individual Comments

Excellent and comprehensive. I would definitely recommend it to friends and colleagues.

**HA**  
*Queen Elizabeth Medical Centre, Birmingham, UK*

Very good course, very intense but lots of useful info.

**OP**  
*St Helier Hospital, Carshalton, UK*

Everything was amazing

**SM**  
*Field Hospital, Chelmsford, UK*

It was very good and relevant to the exam.

**DV**  
*Barnsley District General Hospital, Barnsley, UK*

Perfect preparation for part B.

**HW**  
*The Grange University Hospital, Cwmbran, UK*

Excellent course thank you.

**ST**  
*Royal Berkshire Hospital NHS Trust, UK*

Excellent course and highly organised. Many thanks to Prof Enoch, all tutors and admin staff.

**MR**  
*The Dudley Group NHS Foundation Trust, UK*

Thanks, very useful to guide further revision for exam.

**NF**  
*Wythenshawe Hospital, Manchester*

Good and informative.

**SC**  
*Queen Elizabeth Hospital Birmingham, Birmingham, UK*

Well structured and thorough.

**VP**  
*John Radcliffe Hospital, Oxford, UK*

The course was great. I realised how much I needed to know and it was very informative. The presentation of each topic was great.

**TT**  
*Royal Berkshire Hospital NHS Trust, UK*



# DOCTORS ACADEMY

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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
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- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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