

Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE



Feedback - January 2024

Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE

This five-day preparatory course provided the attendee with a thorough understanding of the topics on which to focus and the areas to prepare for the MRCS OSCE. The course was delivered through a robust method of small group teaching, individual OSCEs and interactive discussions, all of which aimed to guide the attendee to prepare for each component of the exam (all stations were covered during the five days).

Day 1 and Day 2 focussed on the knowledge component of the exam, with emphasis placed on anatomy and pathology but also consideration of related microbiology and applied surgical sciences (physiology). Day 3 was divided into a morning session that covered clinical and procedural skills and an afternoon session that covered additional applied surgical sciences and critical care stations. Day 4 consisted of small group teaching using anatomical prosections, relevant pathological specimens, and osteology. A mock OSCE took place during the afternoon. Day 5 consisted of clinical examination stations in the morning and communication skills stations in the afternoon.

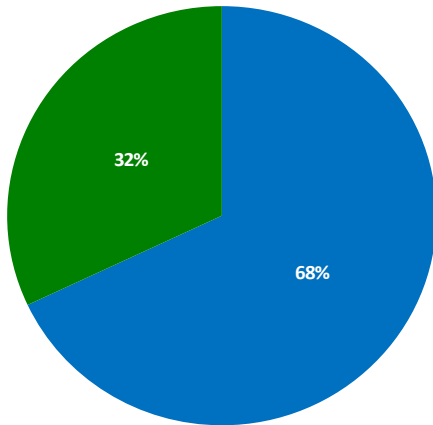
Course Information

| | |
|--------------------|---|
| Venue: | College of Physicians and Surgeons of Cardiff, Cardiff Bay, Cardiff; School of Biosciences, Cardiff University |
| Dates: | 10th - 14th January 2024 |
| Attendance: | 36 Delegates |
| Aimed at: | Candidates Preparing for the MRCS OSCE Examination |
| Course Fee: | £875.00 |



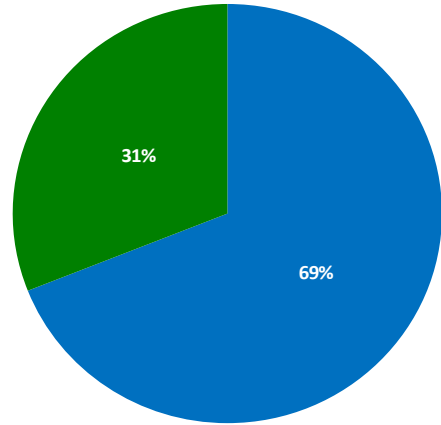
Overall Feedback

How was the clarity of the sessions?



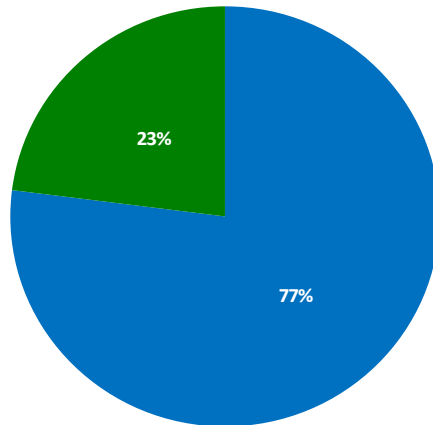
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

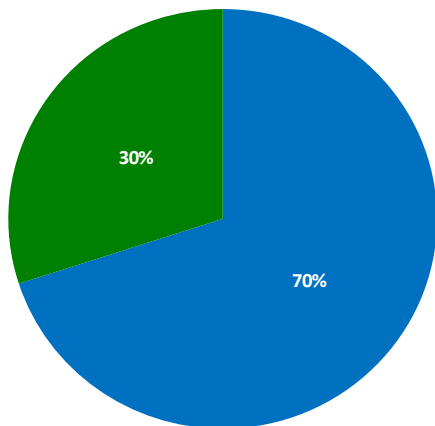
How do you rate the relevance of the course to your studies?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

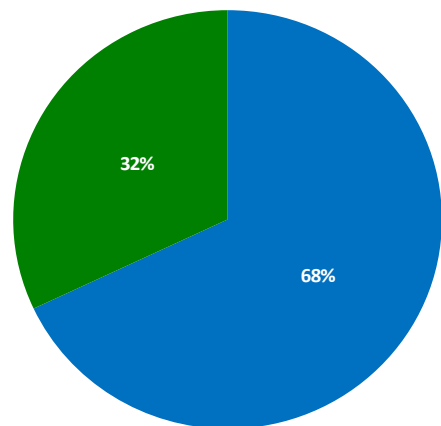
Wednesday 10th and Thursday 11th January 2024

Skull Base, Head and Face



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

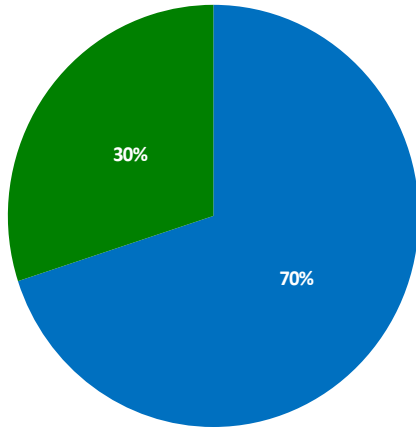
Neck, Neck Swellings, Larynx



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

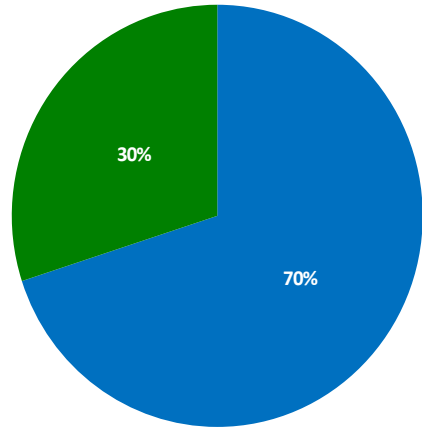
Overall Feedback

Thorax, Mediastinum and Oesophagus



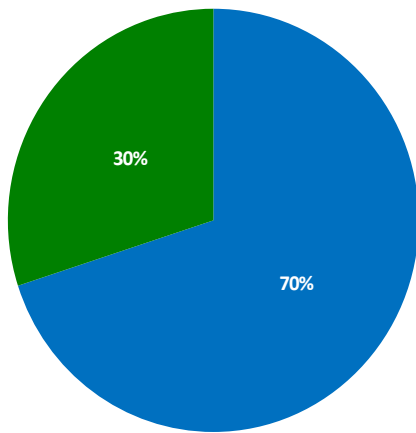
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Heart and Lung



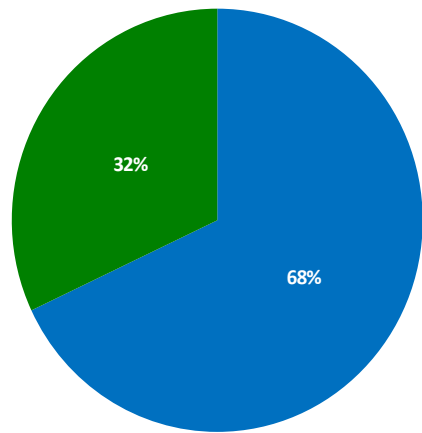
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Brachial Plexus and Upper Limb



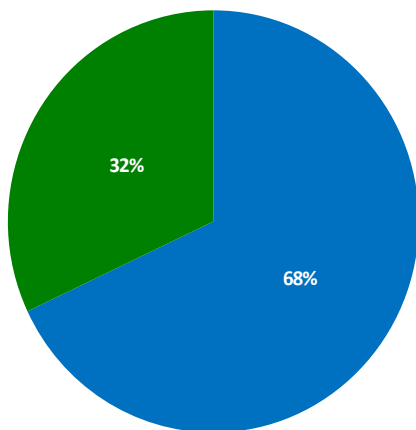
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Upper Limb Nerve Injuries



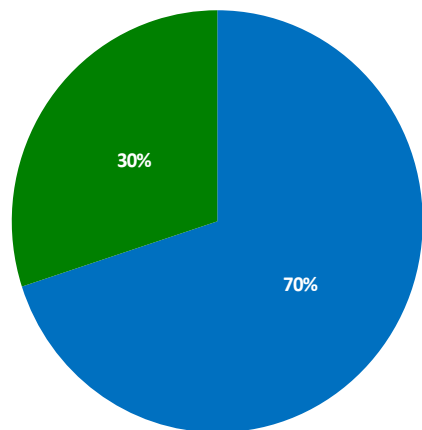
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Abdomen



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

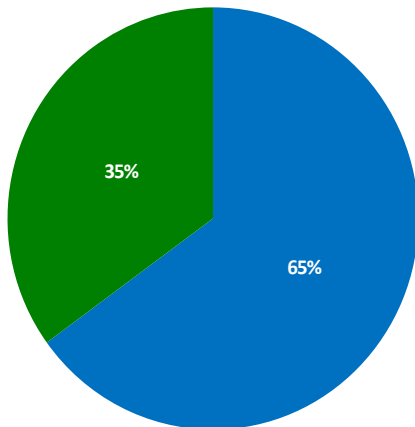
Abdominal Organs (Solid and Hollow)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

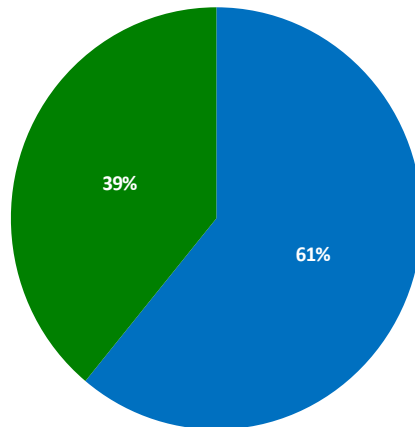
Overall Feedback

Pelvis and Perineum



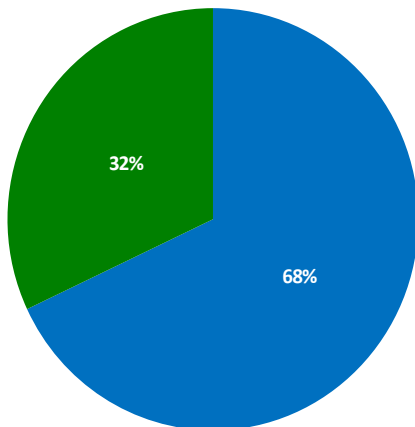
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Spinal Cord and Spinal Cord Syndromes



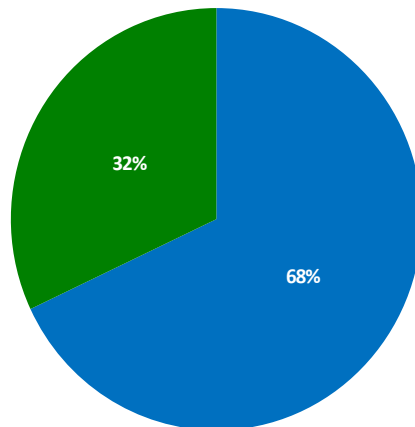
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lumbosacral Plexus



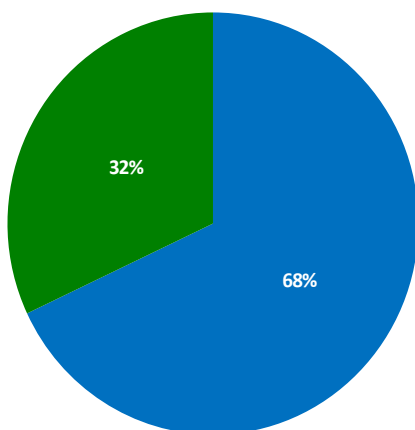
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lower Limb



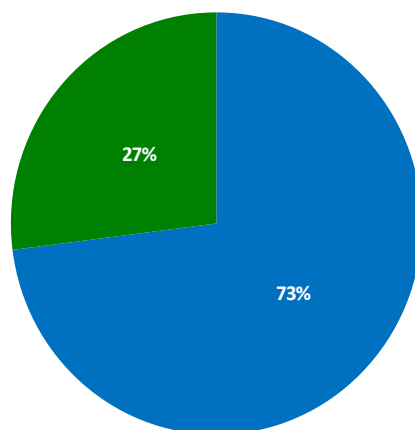
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lower Limb Nerve Injuries



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

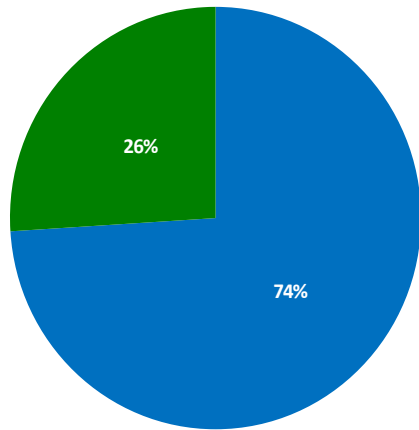
Pathology – Malignant Melanoma



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

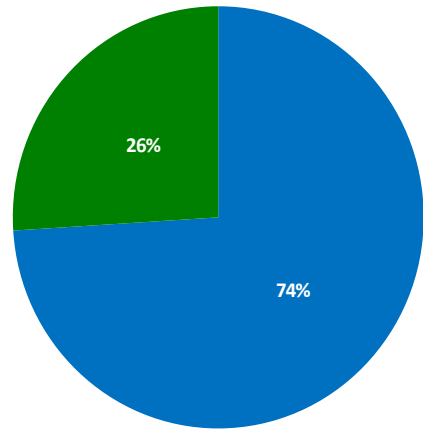
Overall Feedback

Pathology – Non-Melanoma Skin Cancers



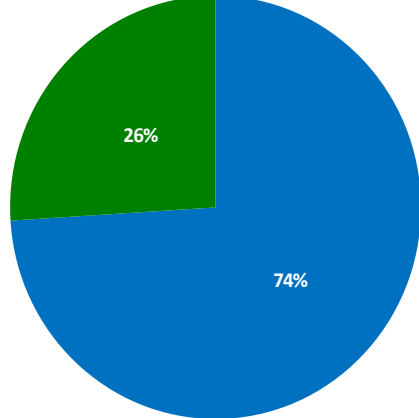
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Thyroid Pathologies and Cancers



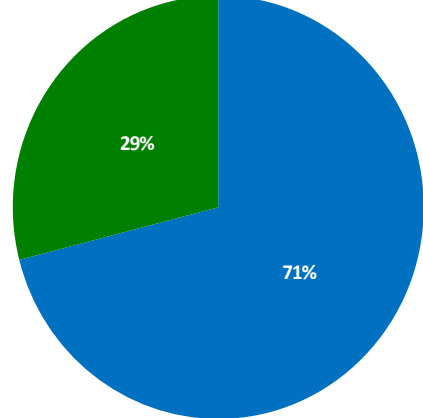
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Carcinoid Tumour and Syndrome



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

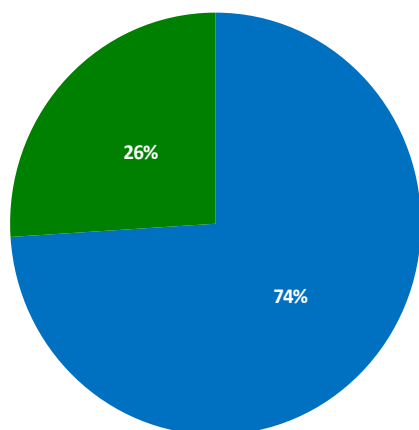
Pathology – Adrenal Conditions and Pheochromocytoma



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

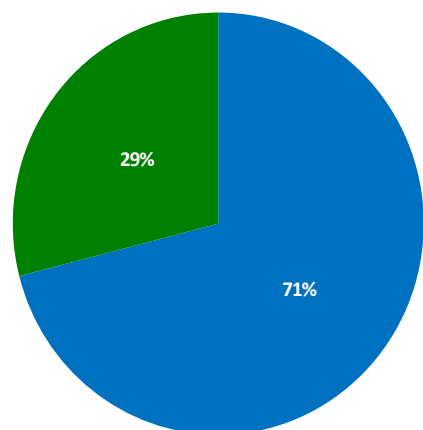
Friday 12th September 2024

Knot Tying



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

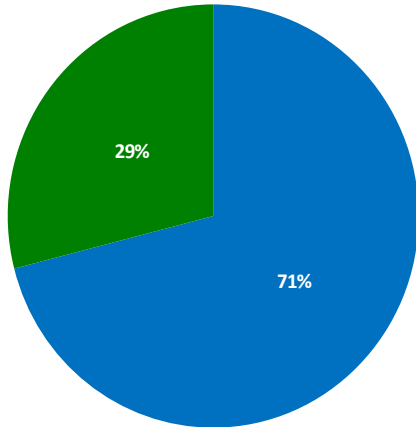
Excision of a Lesion



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

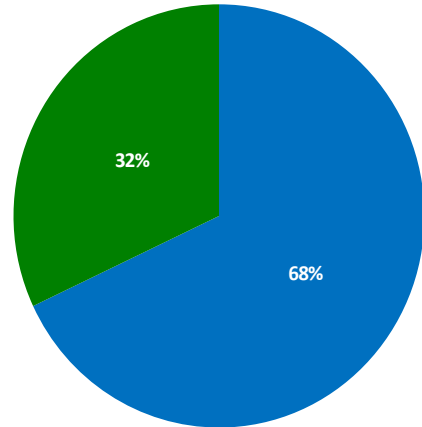
Overall Feedback

Suturing



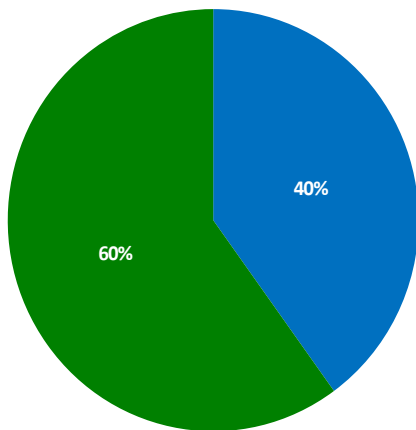
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Sutures and Suture Materials



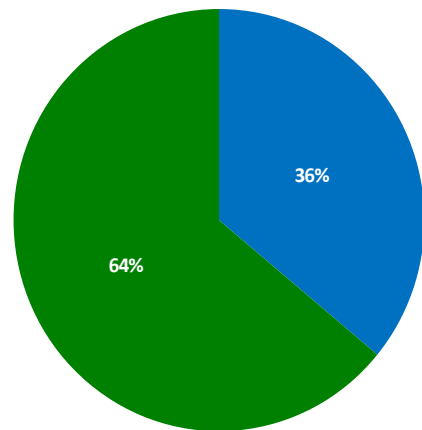
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Chest Drain Insertion



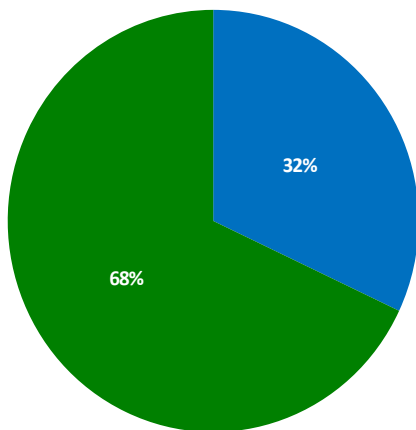
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Cannulation



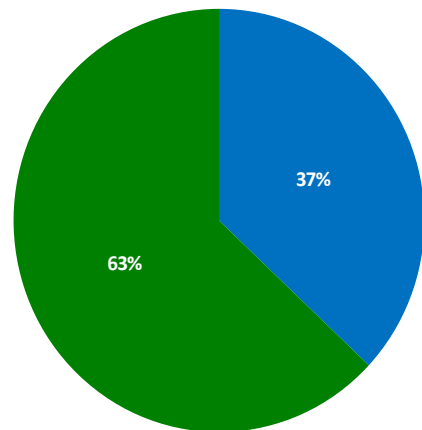
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Catheterisation



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

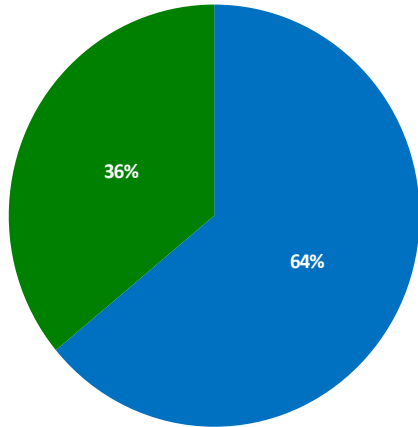
FNAC



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

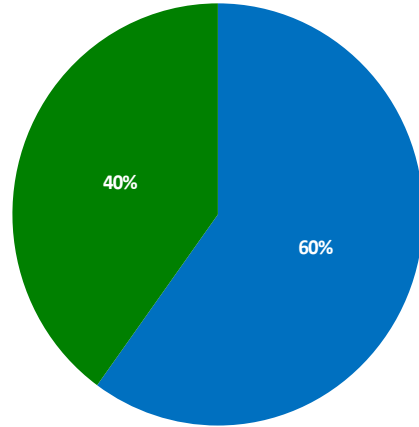
Overall Feedback

Wound Debridement



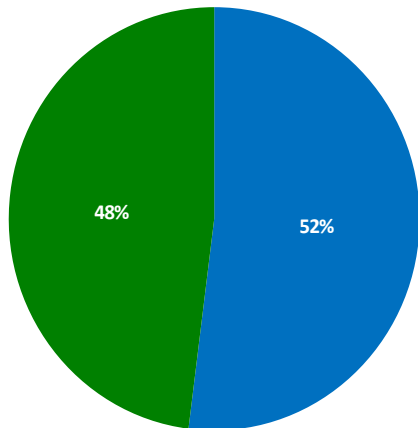
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Drainage of an Abscess



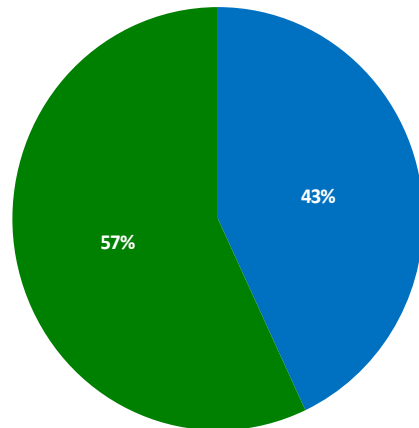
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Acid Base/Calcium Physiology



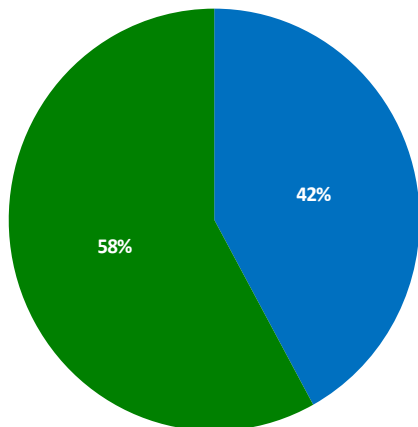
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Renal Physiology



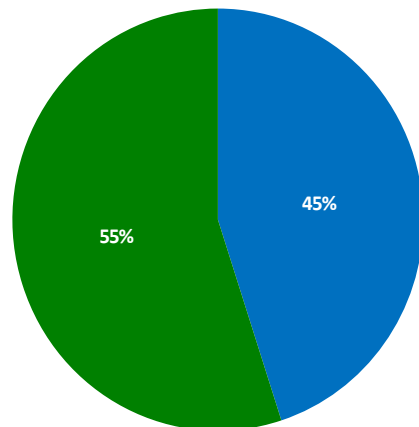
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Cardiac Physiology, ECGs and Sepsis



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

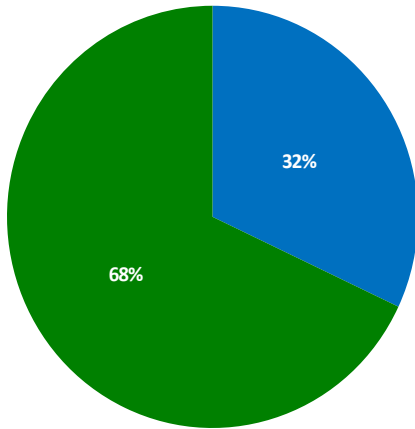
Gastrointestinal Physiology; Hypothermia



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

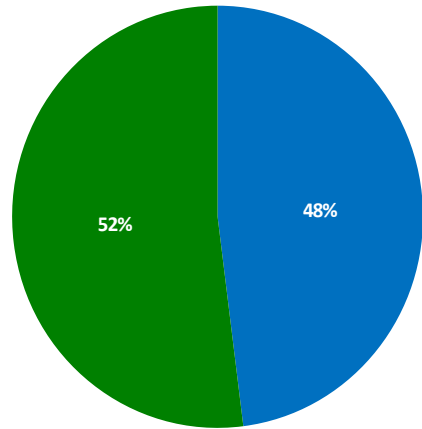
Overall Feedback

Neurophysiology and Fluid Balance



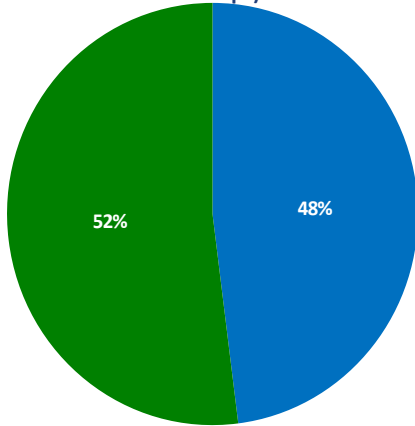
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Burns Physiology



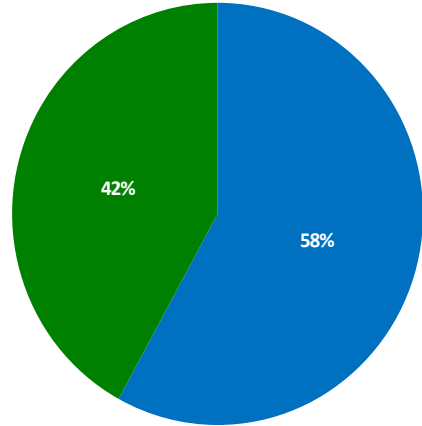
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Wound Healing and Reconstruction (Grafts and Flaps)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

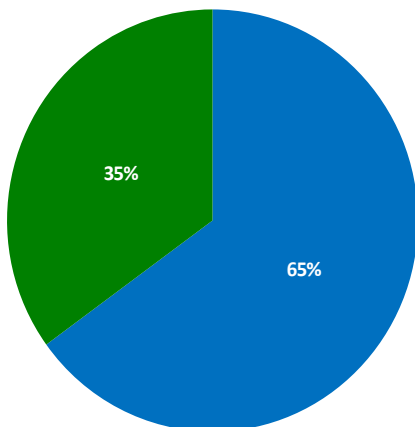
Theatre List Prioritisation



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

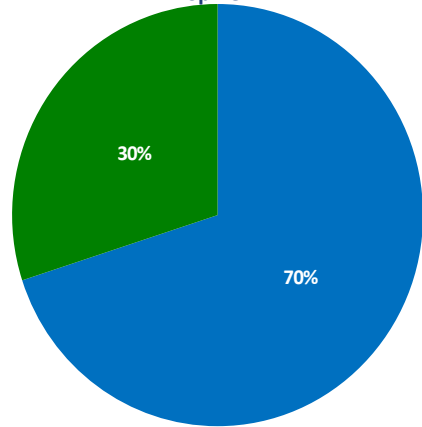
Saturday 13th January 2023

Dissection Room -Face and Neck



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

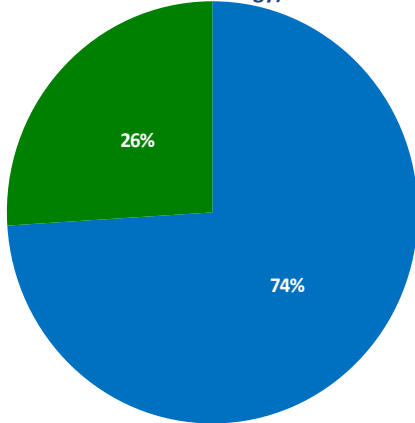
Dissection Room - Brain, Vertebrae and Spine



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

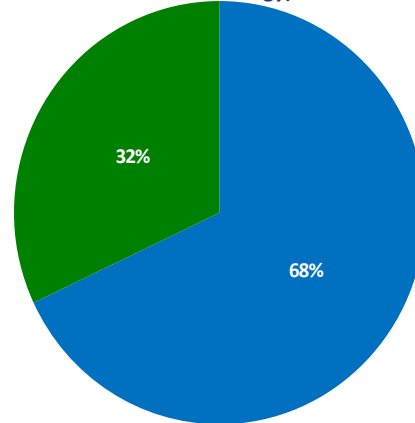
Overall Feedback

Dissection Room - Upper Limb (soft tissue and osteology)



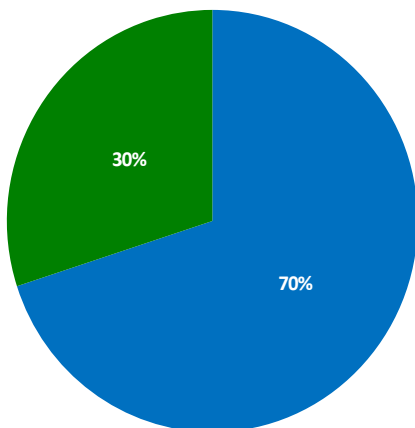
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Lower Limb (Soft Tissue and Osteology)



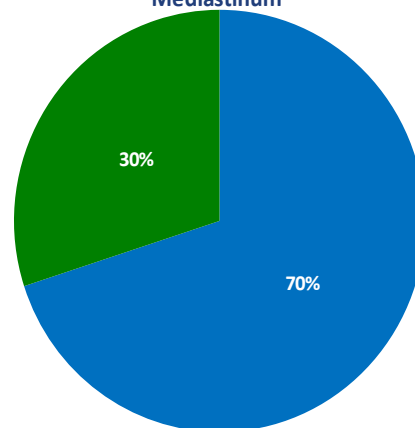
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Skull Base and Foramina



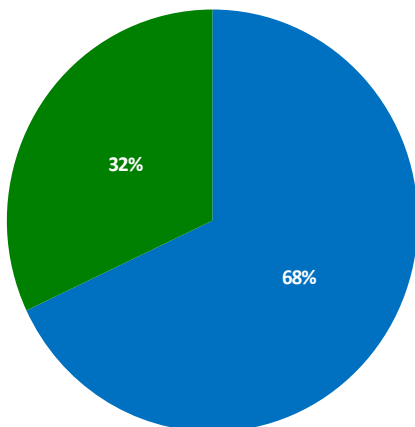
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Heart, Lungs and Mediastinum



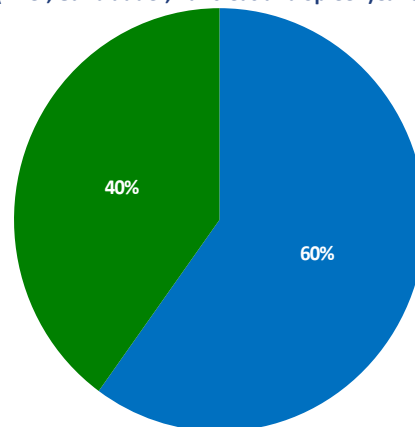
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Anterior Abdominal Wall, Inguinal Canal and External Genitalia



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

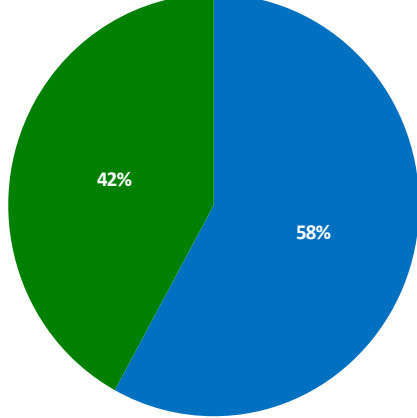
Dissection Room - Solid Organs of the Abdomen (Liver, Gallbladder, Pancreas and Spleen)Cancer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

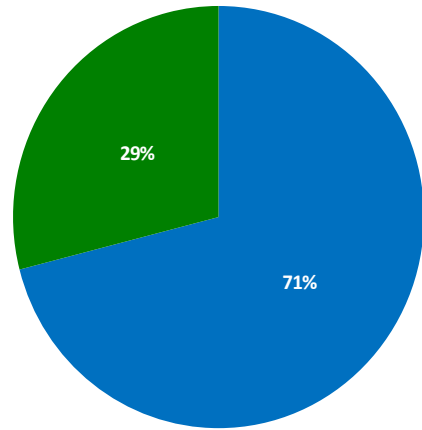
Overall Feedback

Pathology – Dysphagia, Barrett's and Oesophageal Cancer



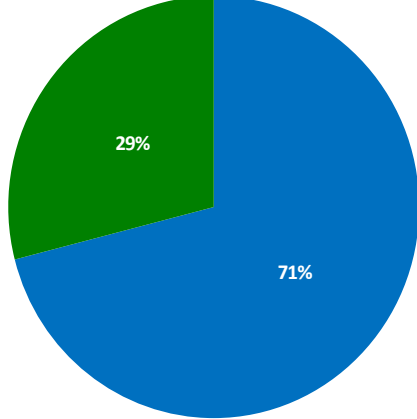
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Inflammatory Bowel Diseases



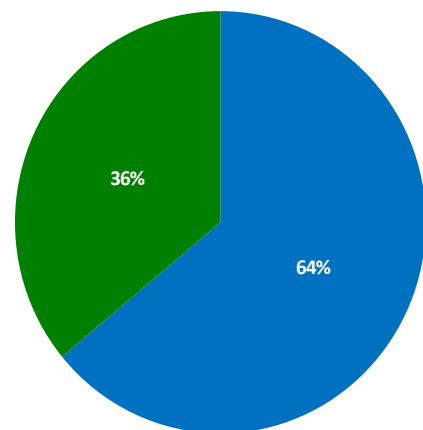
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Polyps, Colorectal Cancers and Colectomies



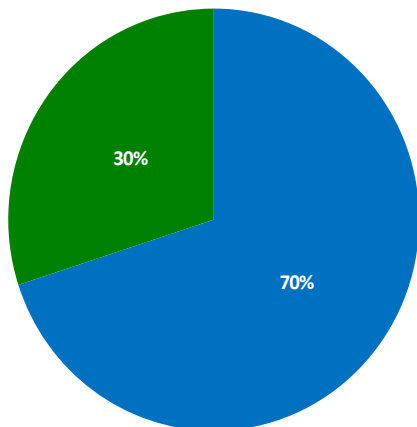
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Inguinoscrotal Swellings and Testicular Cancers



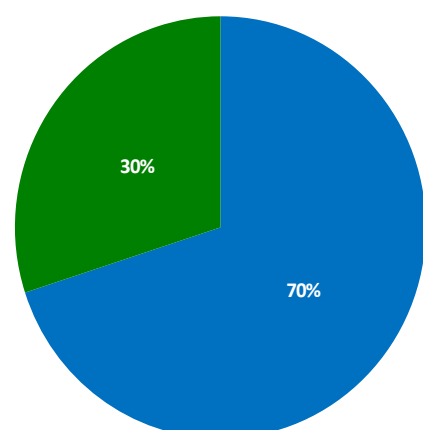
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Prostate Pathologies and Cancer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

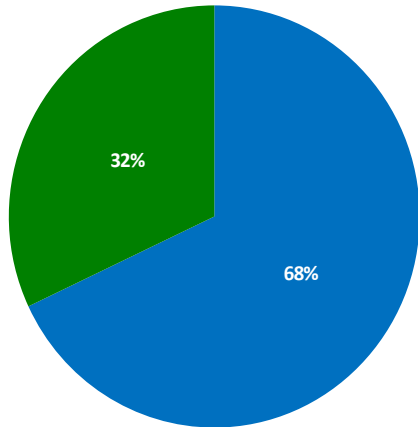
Pathology – Salivary Gland Swelling and Tumours



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

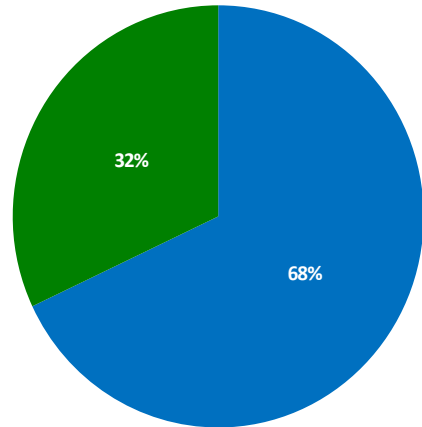
Overall Feedback

Pathology – Breast Pathologies and Cancers



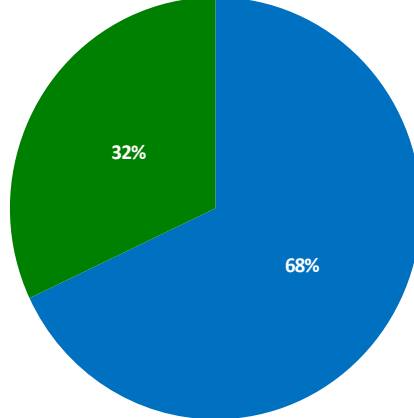
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Lung Cancer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

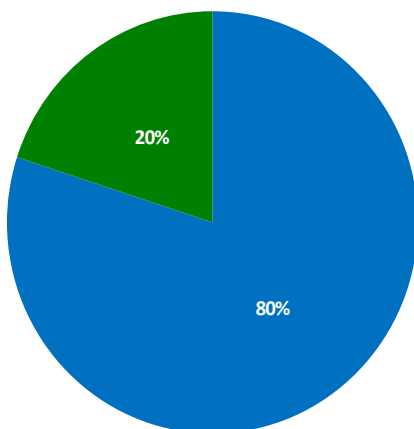
Pathology - Bone Cancers and Metastasis to the Spine



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

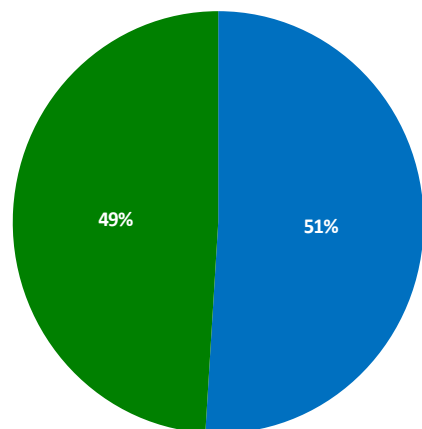
Sunday 14th January 2024

Examination of the Cranial Nerves



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

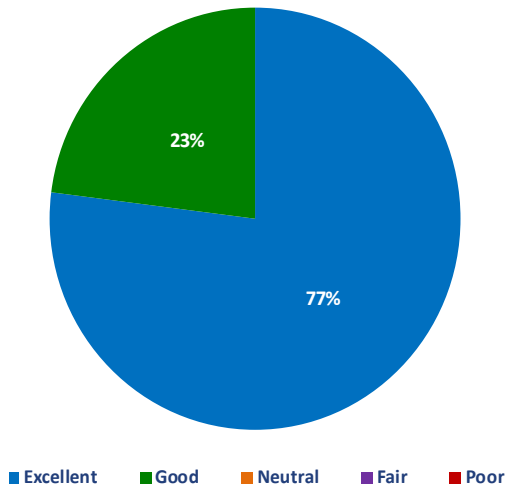
Examination of the Abdomen



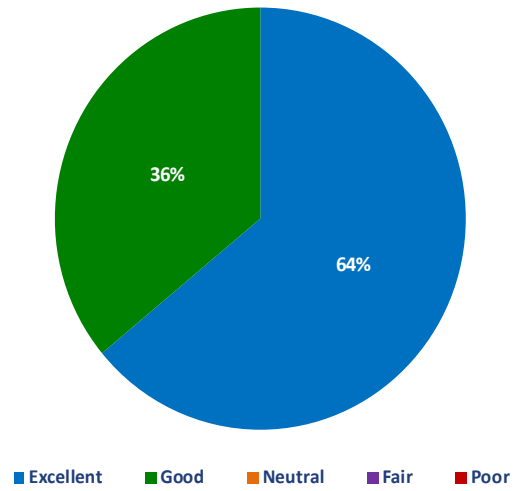
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Overall Feedback

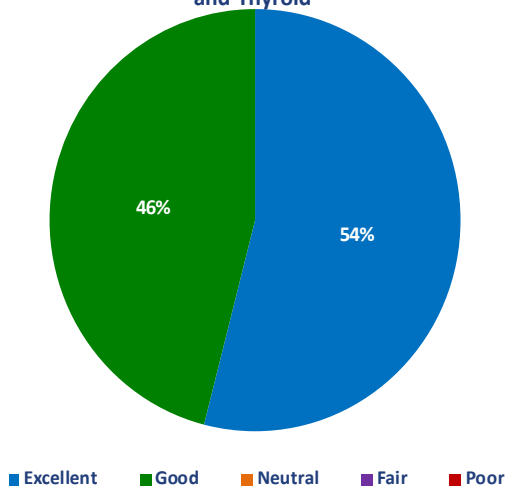
Examination of the Hip and Knee



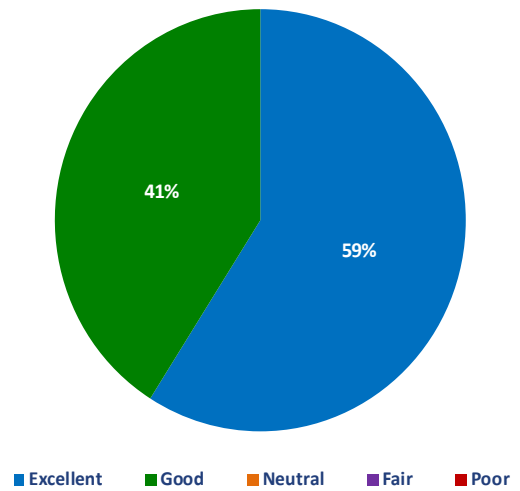
Examination of the Shoulder and Back



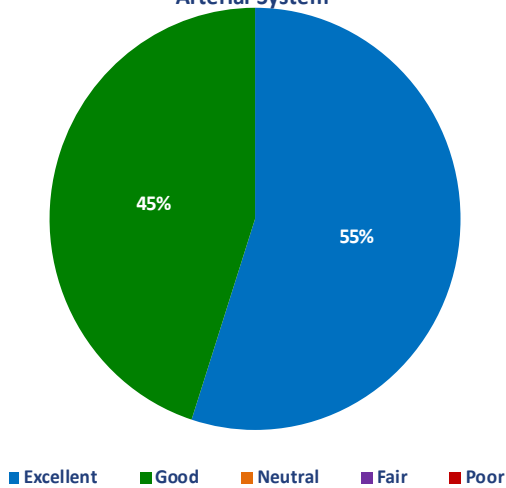
Examination of the Neck, Salivary Glands and Thyroid



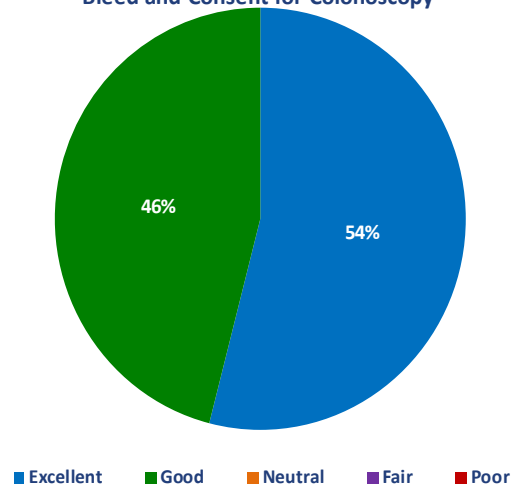
Examination of the Cardiorespiratory System



Examination of the Varicose Veins and Arterial System

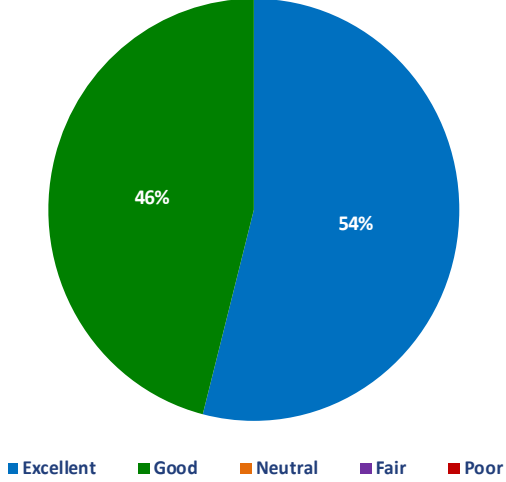


Communication Skills - History Taking for PR Bleed and Consent for Colonoscopy

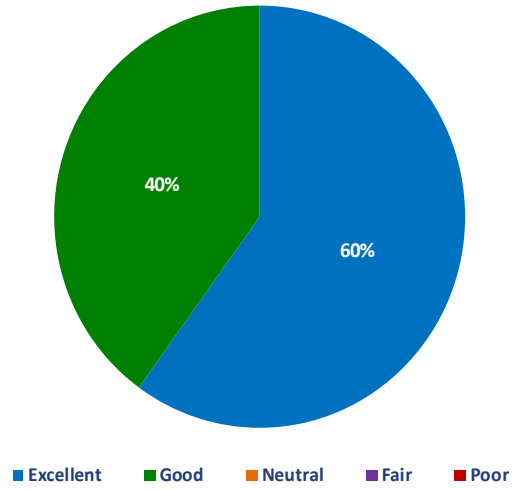


Overall Feedback

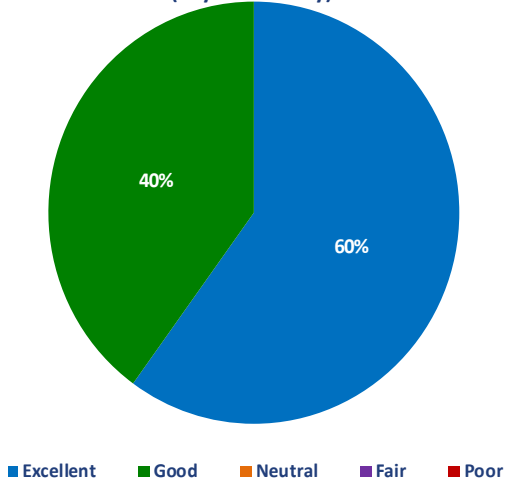
Communication Skills - Information Giving for Colorectal Cancer



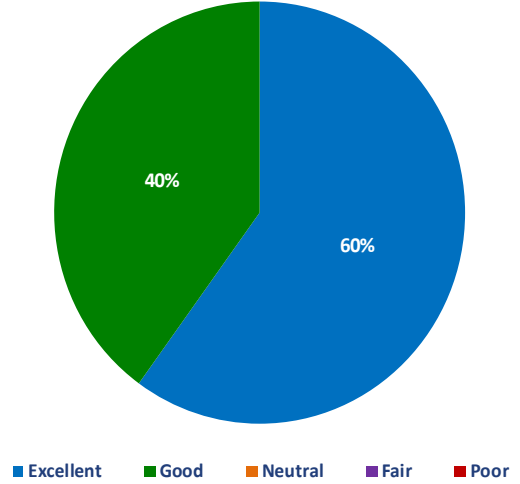
Communication Skills - Self Discharge



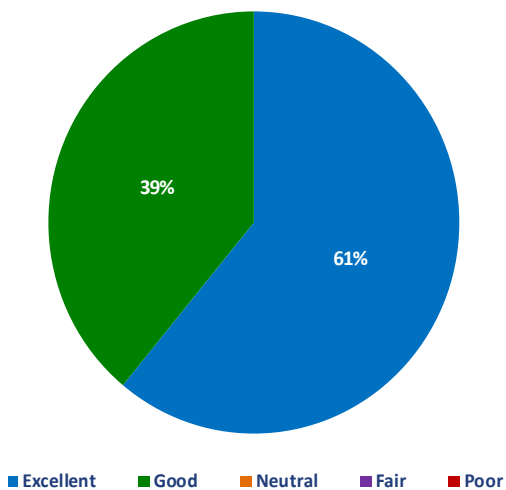
Communication Skills - Cancelled Operation (Thyroidectomy)



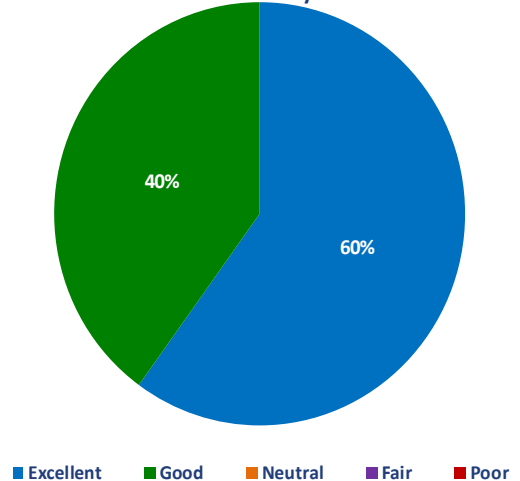
Communication Skills - Information Giving for Acoustic Neuroma



Communication Skills - Back Pain

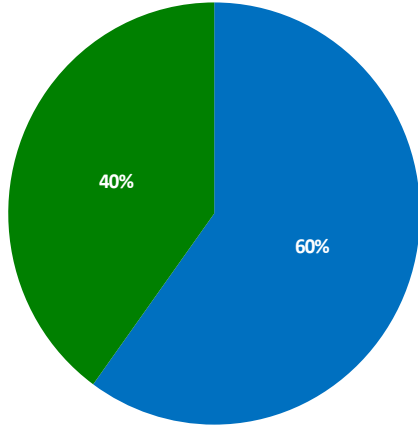


Communication Skills - Consent for Fasciotomy



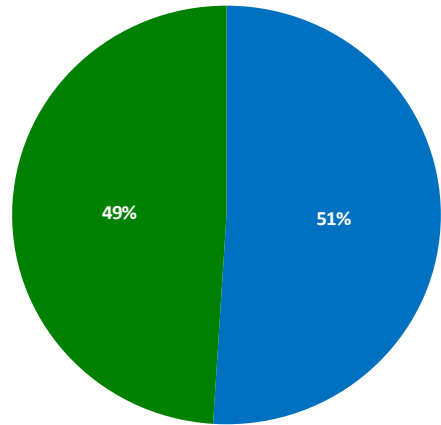
Overall Feedback

Communication Skills - Delayed Diagnosis for Melanoma



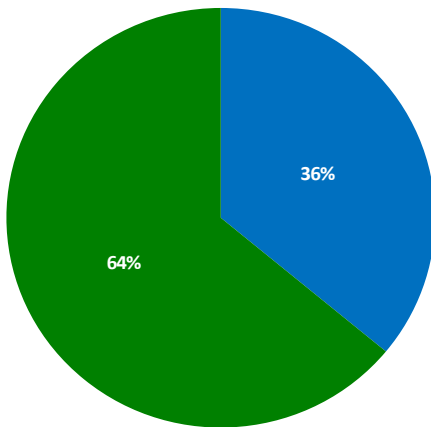
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



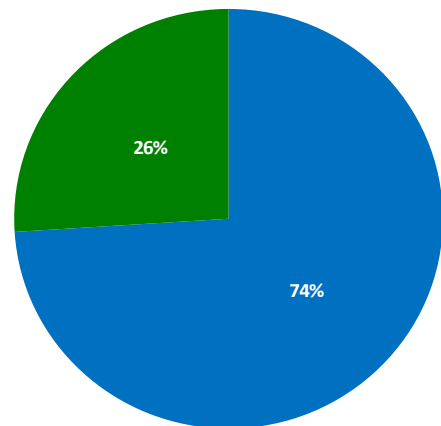
■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

How were the refreshments and lunch?



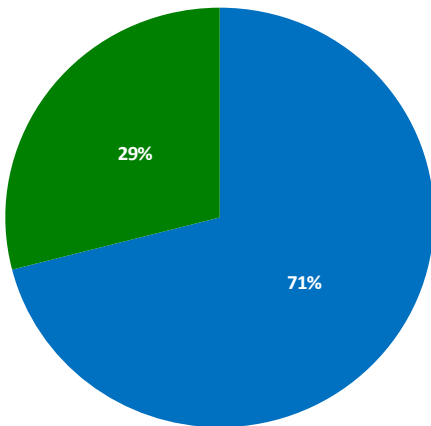
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



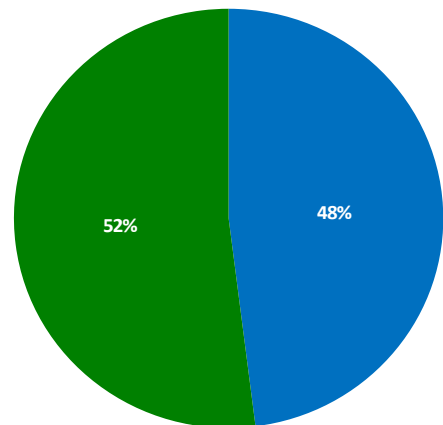
■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Very helpful, intense course covering a range of materials.

AD

James Cook University Hospital, Middlesbrough, UK

A good preparation for MRCS part B.

SM

Medway NHS Trust, UK

Very organised, thorough and focused teaching.

NM

Salford Royal NHS Foundation Trust Hope Hospital, UK

Great value course, ambitious scope was achieved, would recommend as a great place to start revision.

BO

University College London Hospitals NHS Foundation Trust, UK

Incredible course.

OO

University College London Hospitals NHS Foundation Trust, UK

Really comprehensive, good emphasis of what is important, good structure to the entire course.

SS

Royal Oldham Hospital, Oldham, UK

Very relevant to my studies, a compressed and very effective course . Be prepared for long hours and at times mental fatigue but you will walk away feeling much more aware in what to expect at the exam and how to further structure your revision. Would highly recommend taking this course with at least 4 weeks to go as it helped me identify my gaps and unknowns.

KW

Queen's Hospital, Romford, UK

Intensive, informative and practical exposure of MRCS B.

HH

Wrexham Maelor Hospital, Wrexham, UK

Lots of very skilled teachers and facilitators, I had a very good time thank you.

DC

Royal Free Hospital NHS, UK

Individual Comments

Very well organised and useful course for MRCS Part B revision.

FQ

Stoke Mandeville Hospital, Aylesbury, UK

Excellent course.

ZA

Norfolk and Norwich University Hospital, Norwich, UK

It was an excellent course and I would highly recommend to anyone sitting the MRCS Part B.

SS

University College London Hospitals NHS Foundation Trust, UK

This course was excellent, all the tutors and facilities were outstanding. It was well organised and run to time well. I am glad I signed up to the course, and wish it could continue for a few more days!

HJ

Royal Glamorgan Hospital, Llantrisant, UK

Very relevant for the upcoming exam and has provided most of the knowledge I will need. I can now focus solely on the workbook for the knowledge component.

MD

Coventry and Warwickshire Hospitals, UK

Very intense but great.

AP

Royal Lancaster Infirmary, Lancaster, UK

Fantastic course. Excellent depth and breadth of content covered in a variety of engaging formats. There was no time-wasting: all sessions were focused on providing the best examination preparation.

JR

Royal Hampshire County Hospital, Winchester, UK

Very relevant, Useful as a guide for revision for my exam.

SV

Chesterfield Royal Hospital NHS, UK

Great presentation of course and a great confidence booster, will recommend to anyone that is on MRCS prep.

JK

Nottingham University Hospitals NHS Trust, UK



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Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



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- International Academic and Research Conference
- World University Anatomy Challenge

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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

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- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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