

## Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE



Feedback - September 2022

## Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE

This five-day preparatory course provided the attendee with a thorough understanding of the topics on which to focus and the areas to prepare for the MRCS OSCE. The course was delivered through a robust method of small group teaching, individual OSCEs and interactive discussions, all of which aimed to guide the attendee to prepare for each component of the exam (all stations were covered during the five days). This course was suitable for those who had recently started their revision but were not fully prepared for the exam. It was structured for those sitting the exam four to six weeks later or those who wished to gain an understanding of the revision topics and techniques for the MRCS OSCE that they intend to sit in 3 to 4 months' time.

Day 1 and Day 2 focussed on the knowledge component of the exam, with emphasis placed on anatomy and pathology but also consideration of related microbiology and applied surgical sciences (physiology). Day 3 was divided into a morning session that covered clinical and procedural skills and an afternoon session that covered additional applied surgical sciences and critical care stations. Day 4 consisted of small group teaching using anatomical dissections, relevant pathological specimens, and osteology. A mock OSCE took place during the afternoon. Day 5 consisted of clinical examination stations in the morning and communication skills stations in the afternoon.

The programme and the teaching sessions reflected any changes introduced to the exam due to the COVID-19 pandemic.

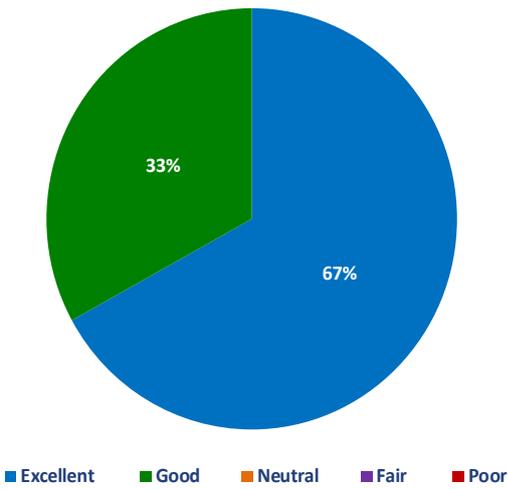
### Course Information

<b>Venue:</b>	<b>College of Physicians and Surgeons of Cardiff, Cardiff Bay, Cardiff; School of Biosciences, Cardiff University</b>
<b>Dates:</b>	<b>21<sup>st</sup> - 25<sup>th</sup> September 2022</b>
<b>Attendance:</b>	<b>36 Delegates</b>
<b>Aimed at:</b>	<b>Candidates Preparing for the MRCS OSCE Examination</b>
<b>Course Fee:</b>	<b>£875.00</b>

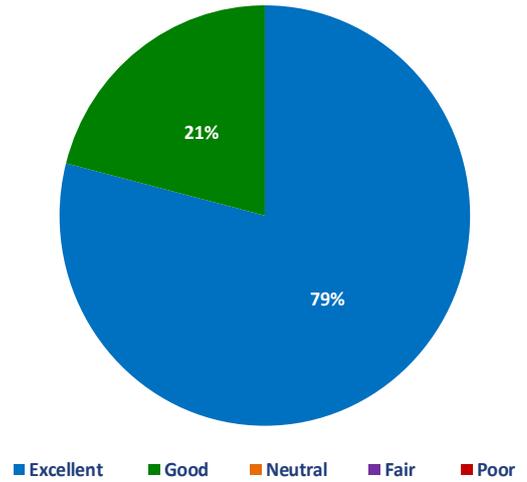


# Overall Feedback

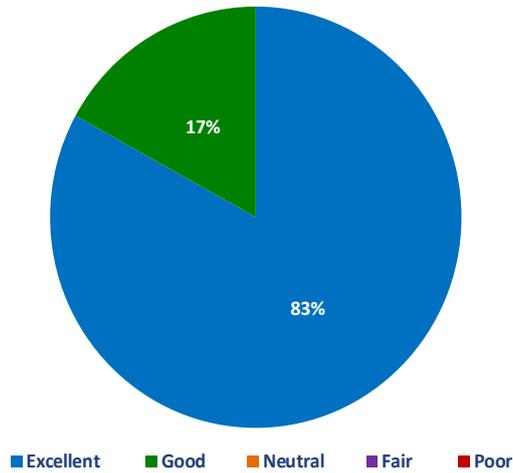
How was the clarity of the sessions?



How would you rate the general academic standard of the tutors?

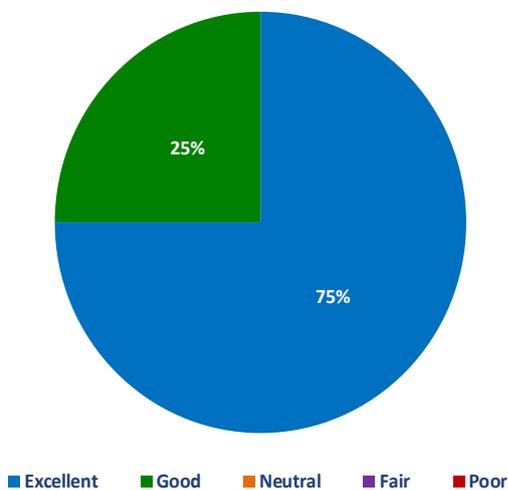


How do you rate the relevance of the course to your studies?

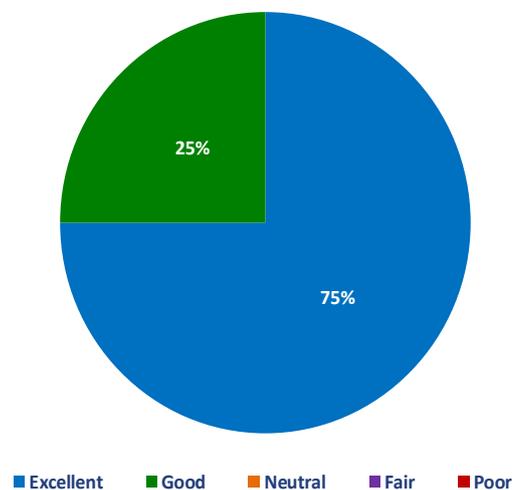


## Wednesday 21<sup>st</sup> and Thursday 22<sup>nd</sup> September 2022

Skull Base, Head and Face

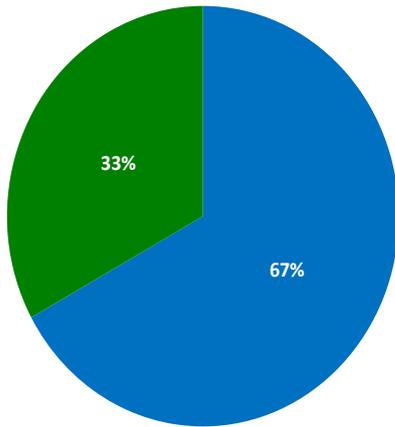


Neck, Neck Swellings, Larynx



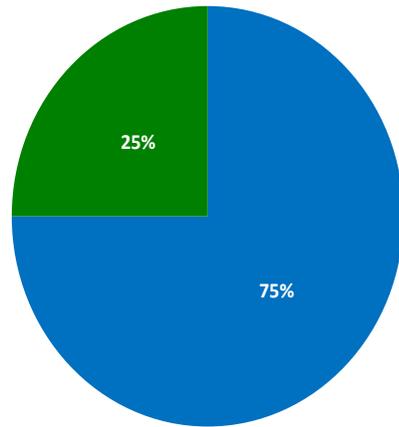
# Overall Feedback

Thorax, Mediastinum and Oesophagus



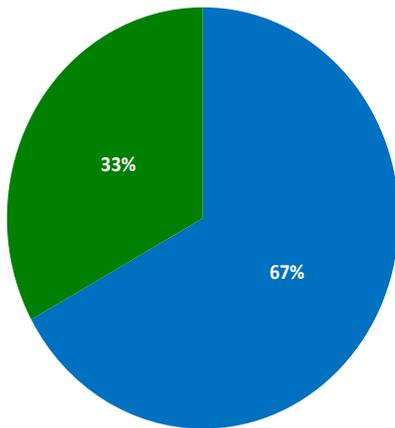
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Heart and Lung



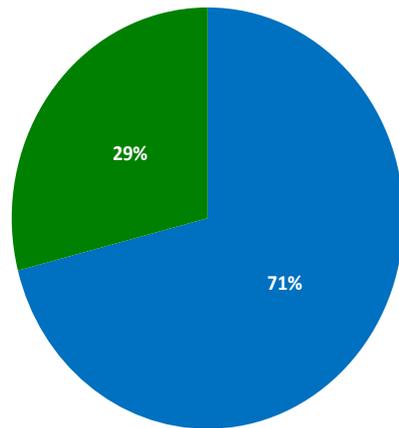
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Brachial Plexus and Upper Limb



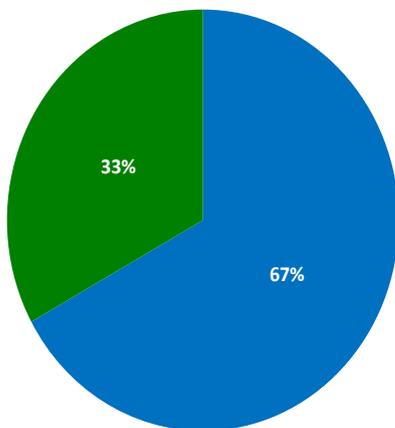
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Upper Limb Nerve Injuries



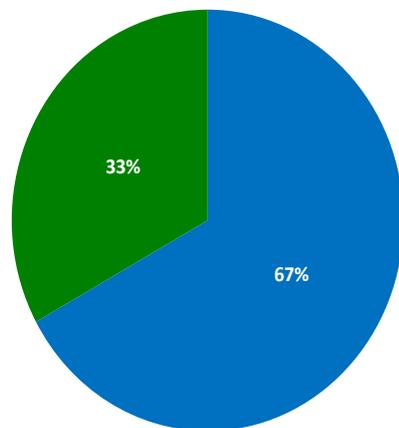
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Abdomen



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

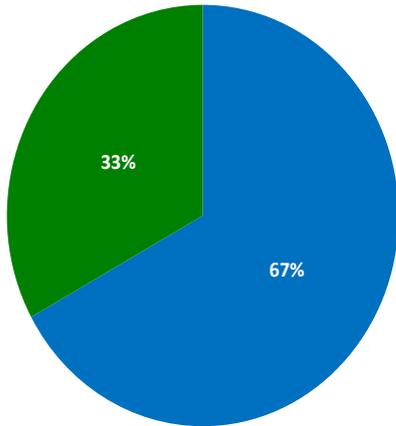
Abdominal Organs (Solid and Hollow)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

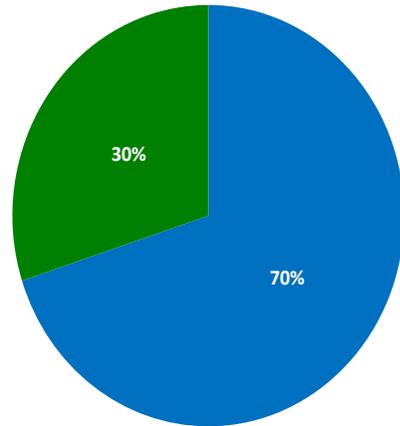
# Overall Feedback

### Pelvis and Perineum



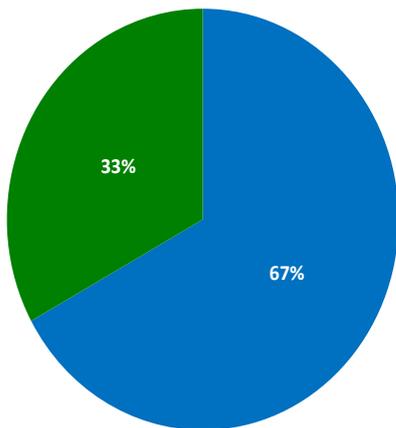
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Spinal Cord and Spinal Cord Syndromes



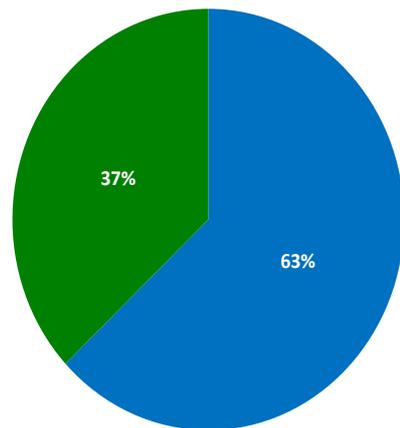
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Lumbosacral Plexus



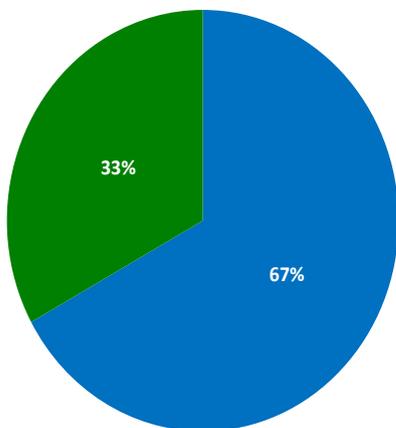
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Lower Limb



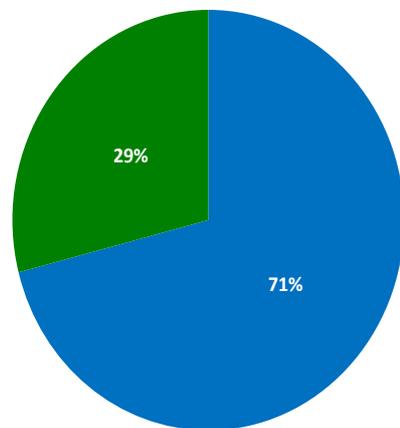
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Lower Limb Nerve Injuries



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

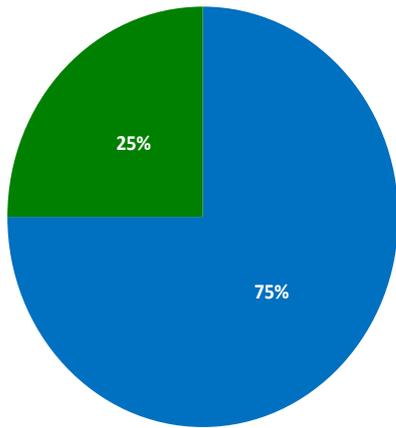
### Pathology – Malignant Melanoma



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

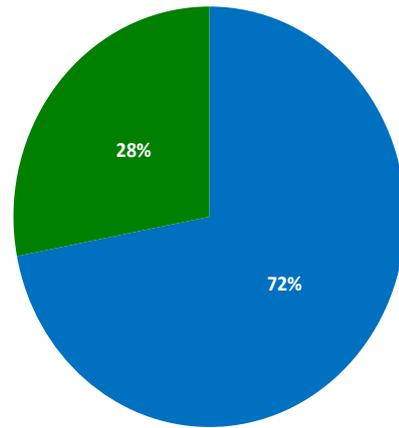
# Overall Feedback

Pathology – Non-Melanoma Skin Cancers



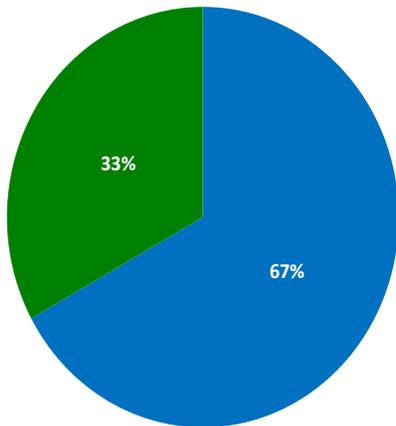
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Thyroid Pathologies and Cancers



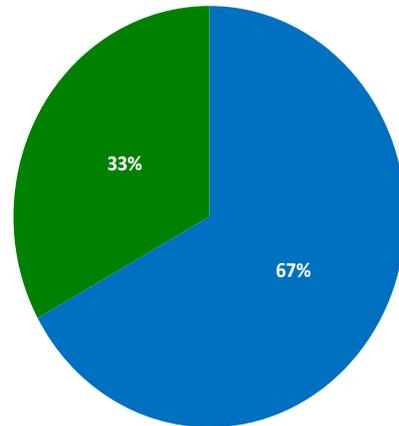
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Carcinoid Tumour and Syndrome



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

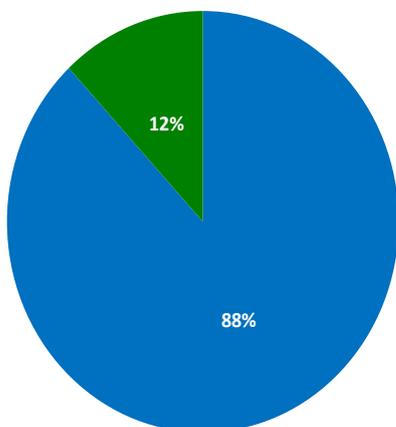
Pathology – Adrenal Conditions and Pheochromocytoma



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

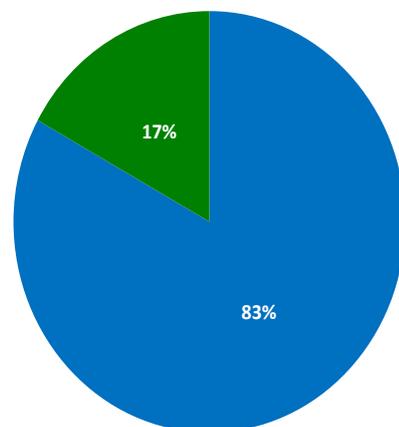
## Friday 23<sup>rd</sup> September 2022

Knot Tying



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

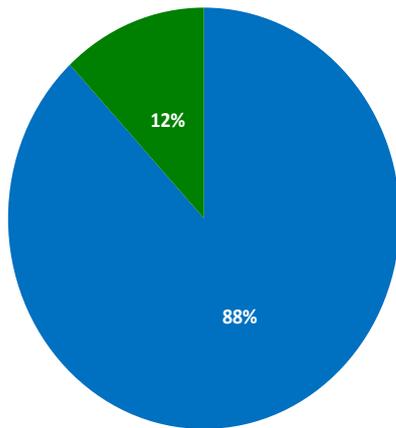
Excision of a Lesion



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

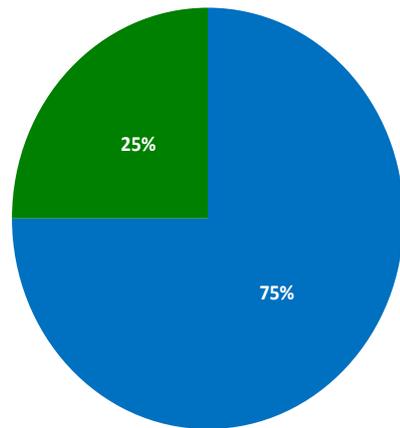
# Overall Feedback

### Suturing



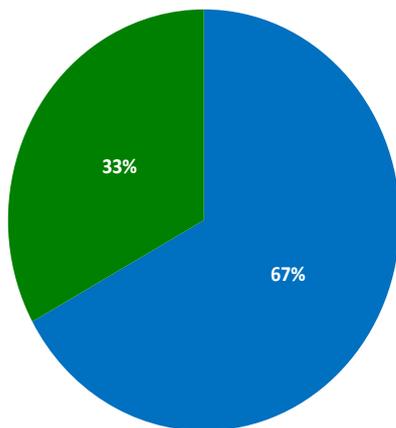
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Sutures and Suture Materials



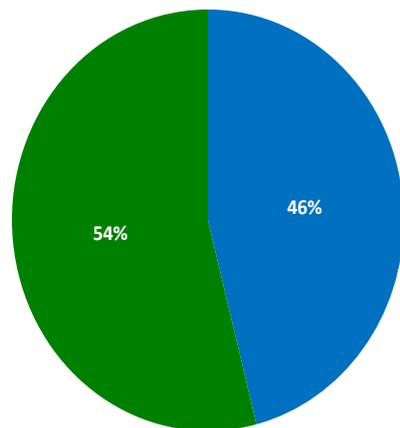
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Chest Drain Insertion



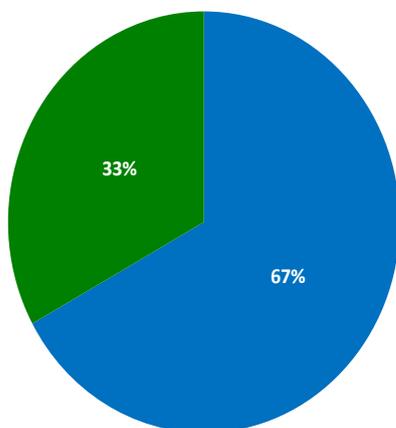
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### FNAC



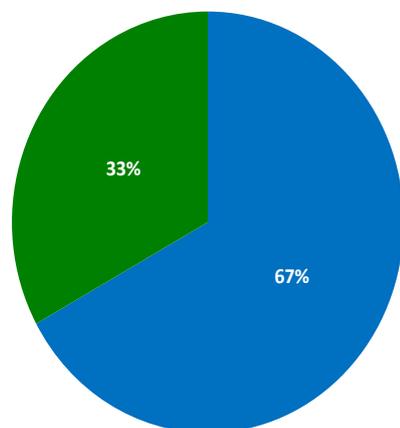
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Wound Debridement



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

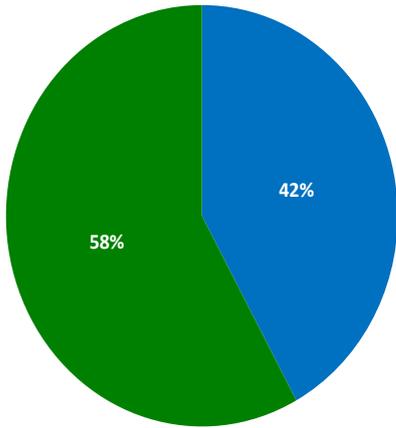
### Drainage of an Abscess



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

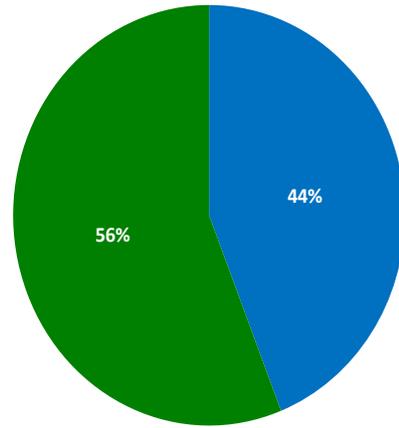
# Overall Feedback

Cannulation



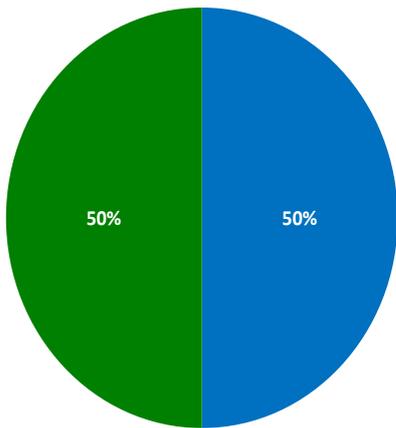
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Theatre List Prioritisation



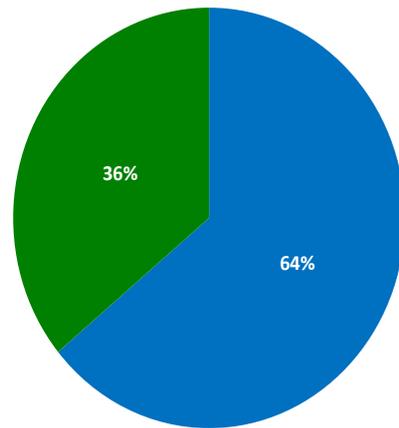
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Sepsis Physiology



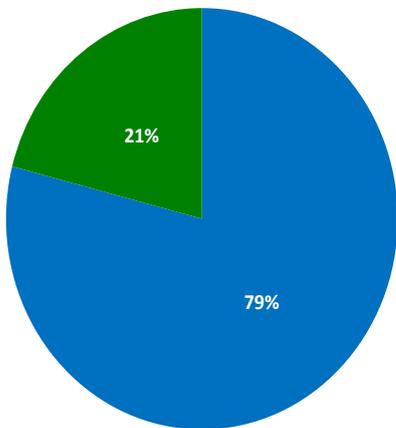
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Nutrition and Cardiology



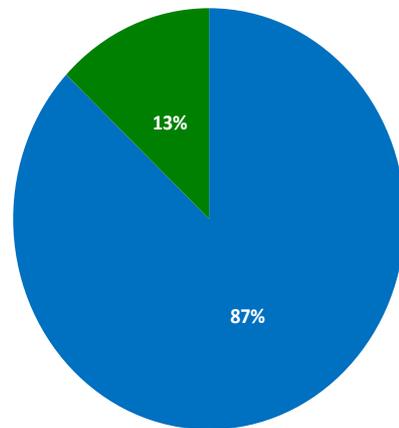
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Hypothermia and Calcium Metabolism



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Respiratory Physiology

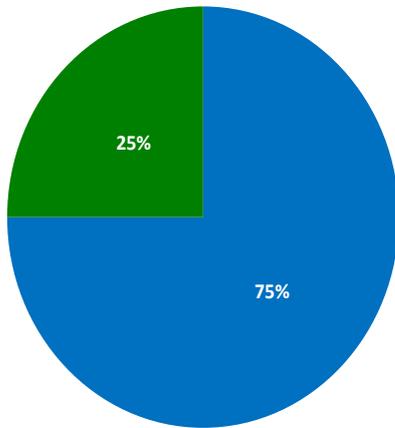


■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Feedback

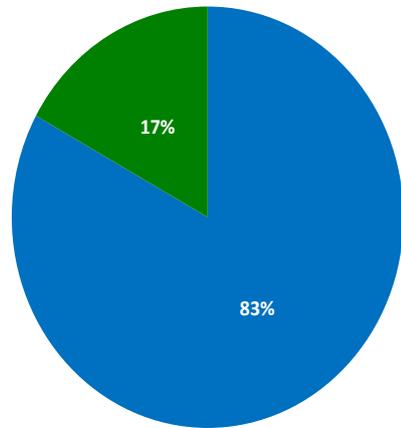
Saturday 24<sup>th</sup> September 2022

Dissection Room - Skull Base



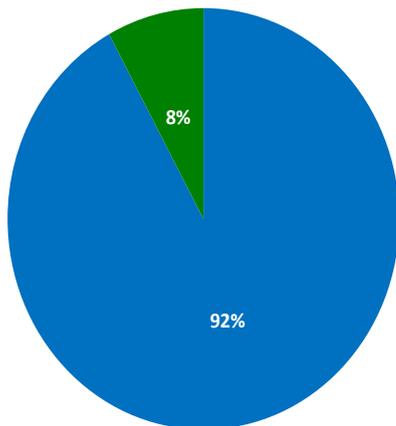
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Face and Neck



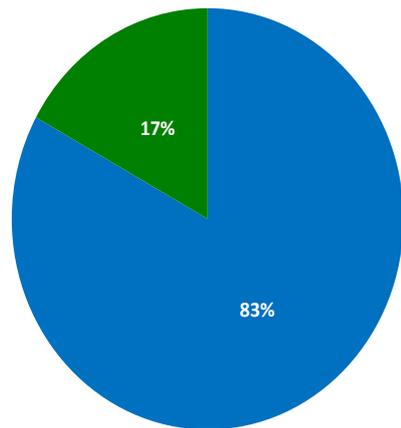
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Lower Limb Osteology, Spine and Vertebrae



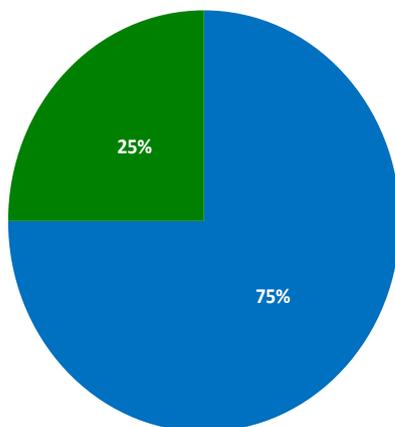
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Abdomen and Pelvis



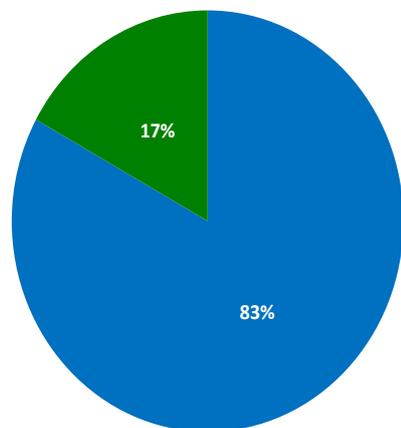
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Heart, Thorax and Mediastinum



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

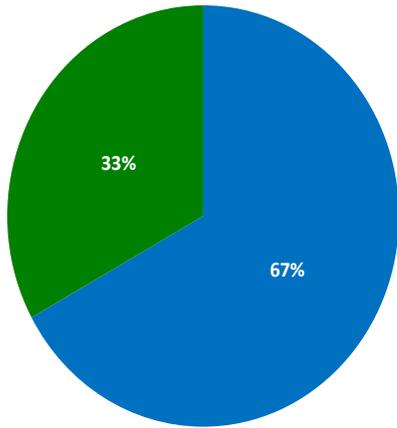
Dissection Room - Upper Limb (soft tissue)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

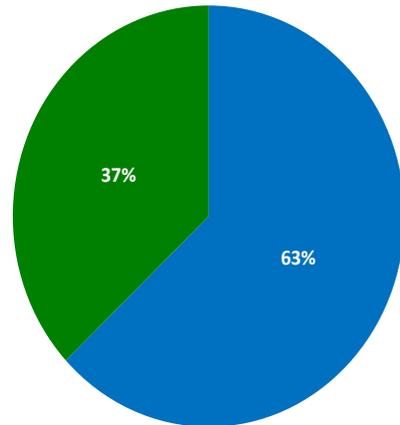
# Overall Feedback

Dissection Room - Lower Limb (soft tissue)



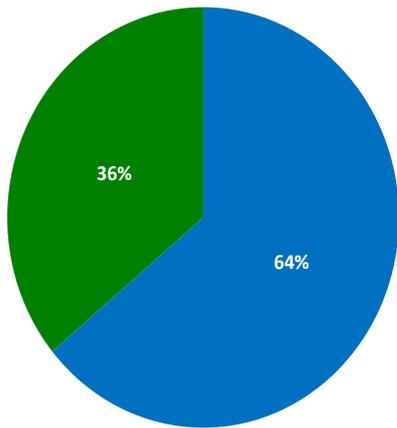
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Dysphagia, Barrett’s and Oesophageal Cancer



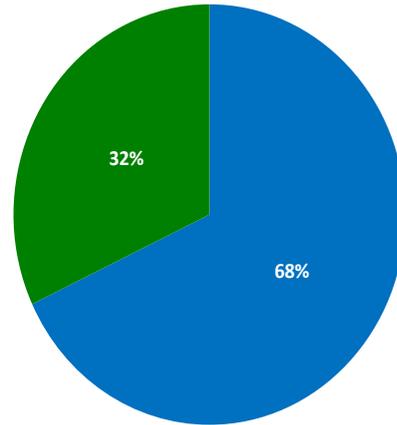
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Inflammatory Bowel Diseases



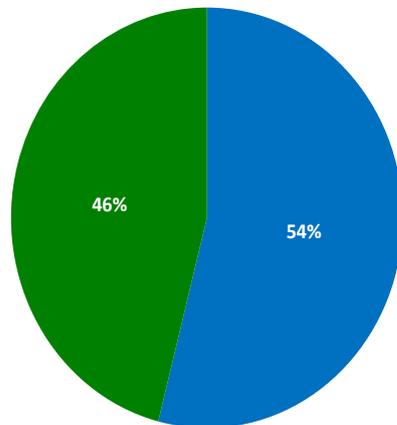
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Polyps, Colorectal Cancers and Colectomies



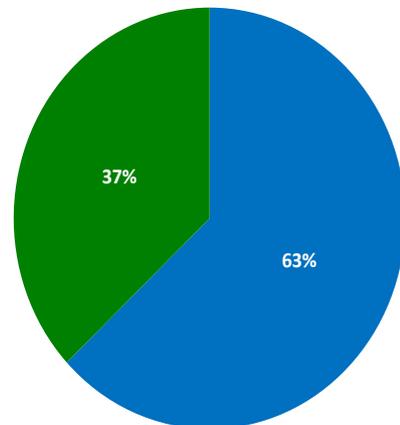
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Inguinoscrotal Swellings and Testicular Cancers



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

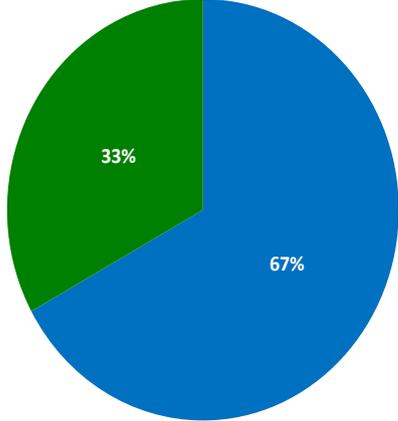
Pathology – Prostate Pathologies and Cancer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

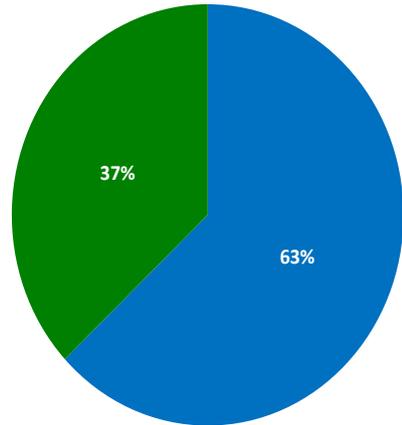
# Overall Feedback

Pathology – Salivary Gland Swelling and Tumours



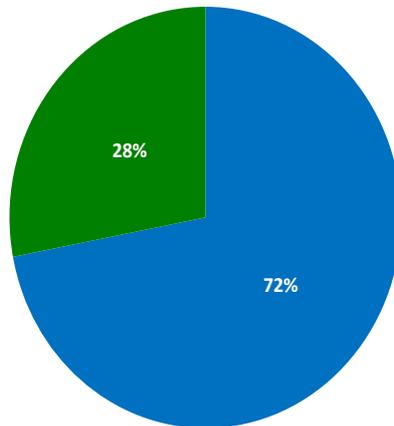
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Breast Pathologies and Cancers



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

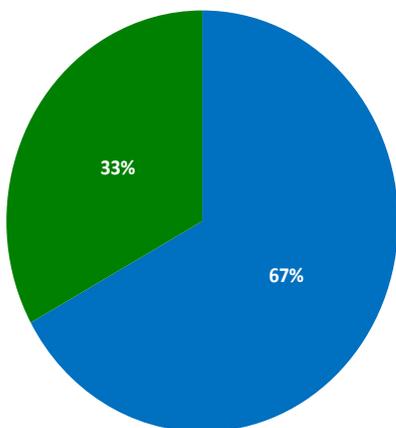
Pathology – Lung Cancer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

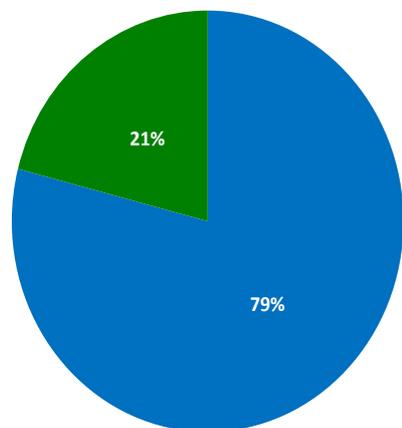
Sunday 25<sup>th</sup> September 2022

Examination of the Cardiorespiratory System



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

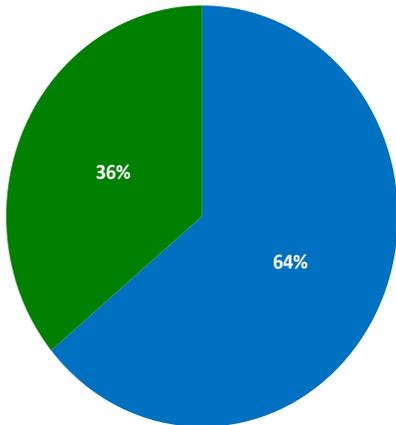
Examination of the Abdomen



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

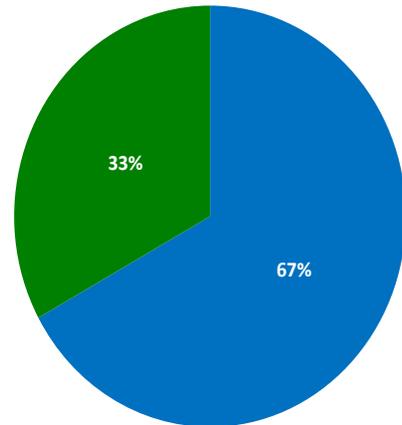
# Overall Feedback

Examination of the Hip and Knee



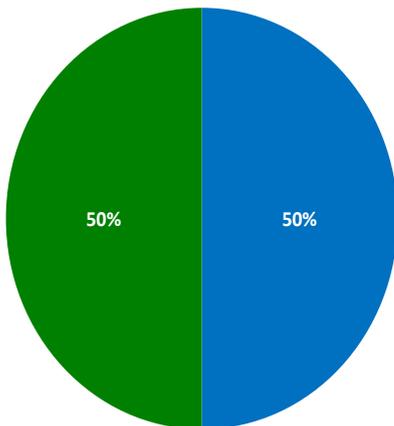
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Shoulder, Back and Hand



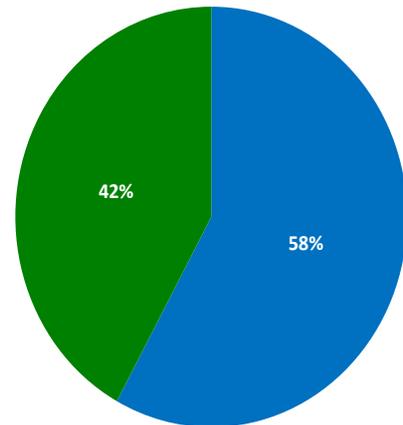
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of Neck, Thyroid and Submandibular Gland



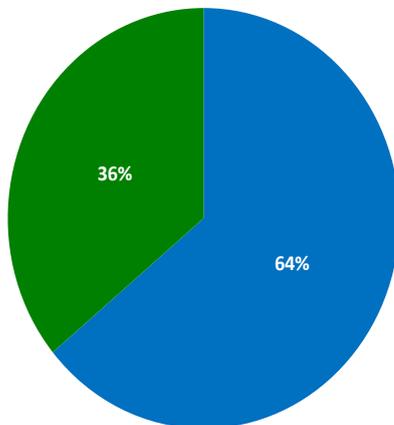
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Varicose Veins and Arterial System



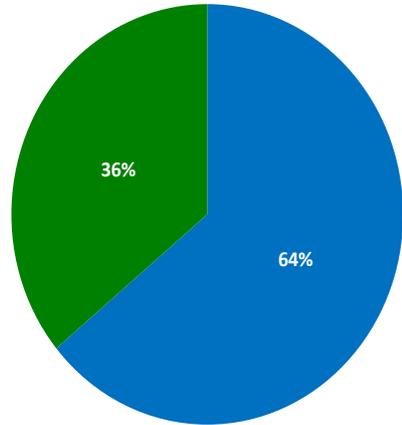
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - History Taking for a Breast Lump



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

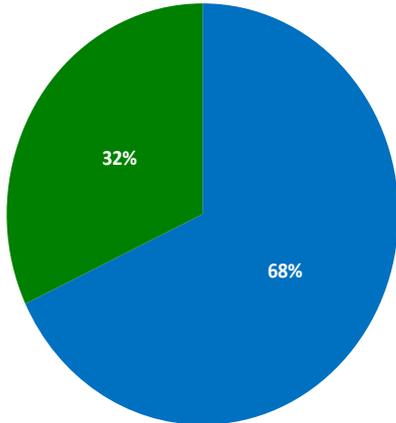
Communication Skills - Information Giving for Breast Cancer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

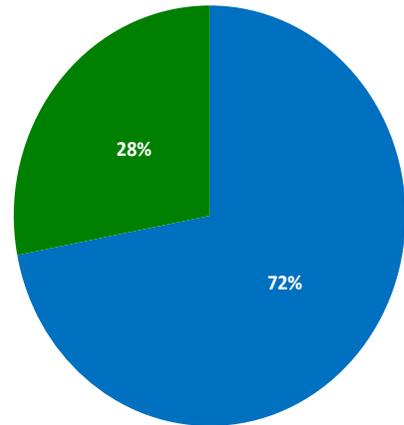
# Overall Feedback

Communication Skills - Consent for Laparoscopic Cholecystectomy



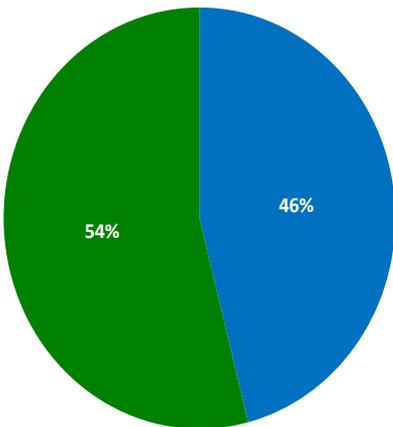
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Colorectal Cancer (History, Investigations and Breaking Bad News)



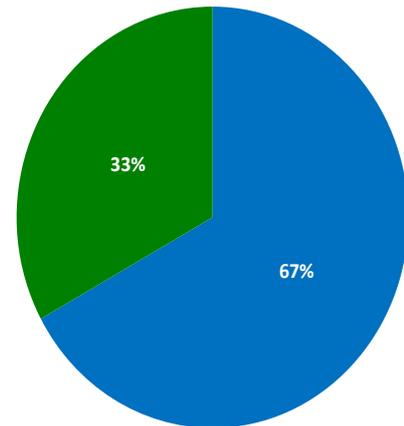
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Self Discharge



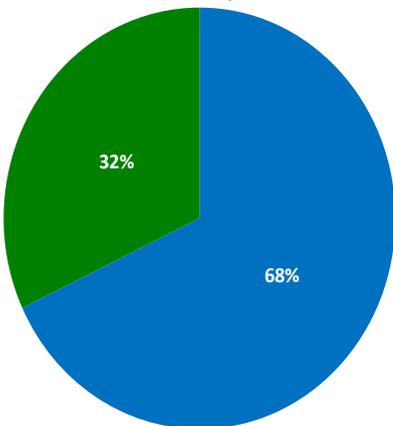
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Cancelled Operation (Thyroidectomy)



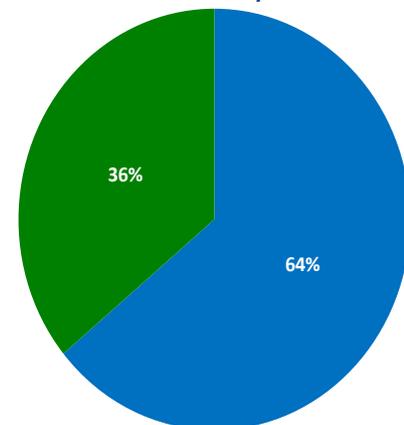
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Back Pain (Metastatic Cancer)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

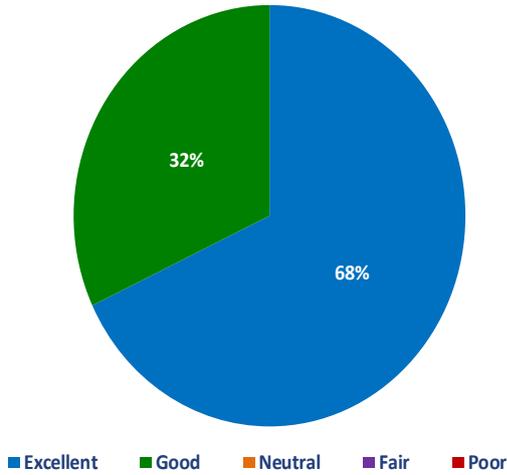
Communication Skills - Consent for Fasciotomy



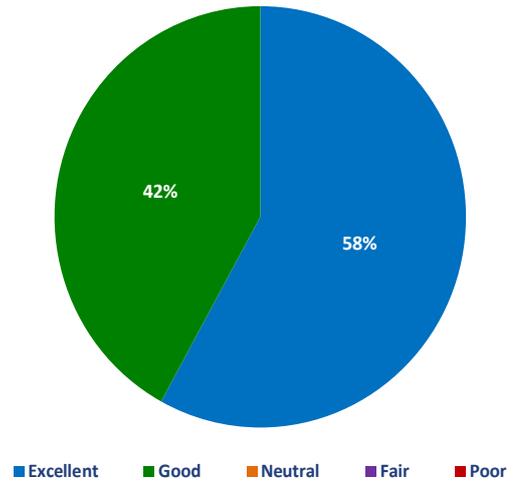
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Feedback

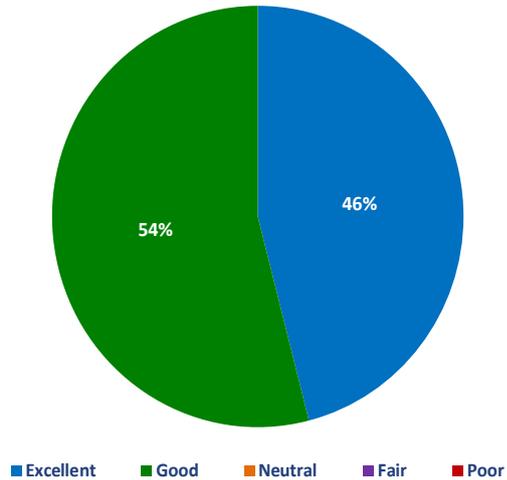
Communication Skills - Assessment of Patient's Capacity



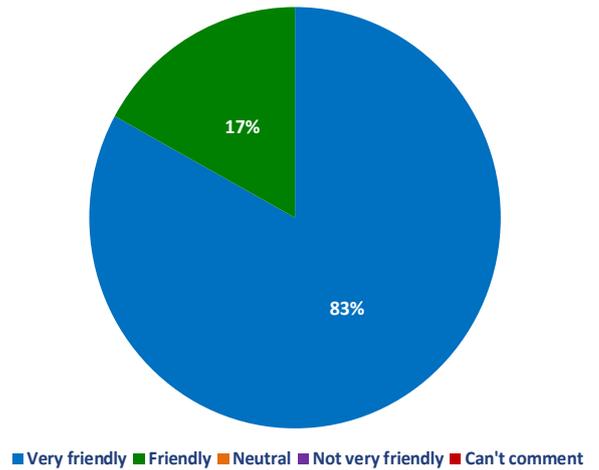
How were the facilities and venue?



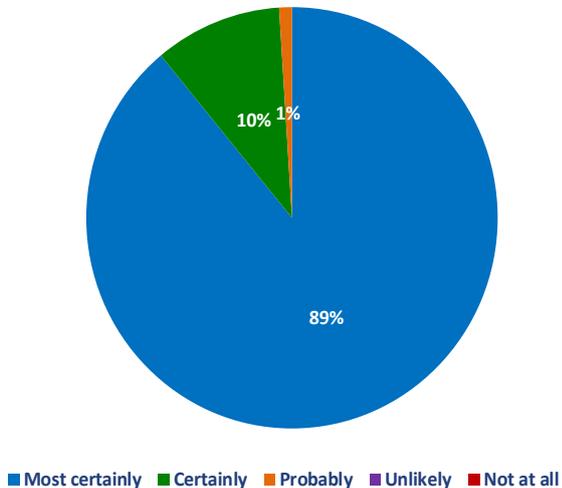
How were the refreshments and lunch?



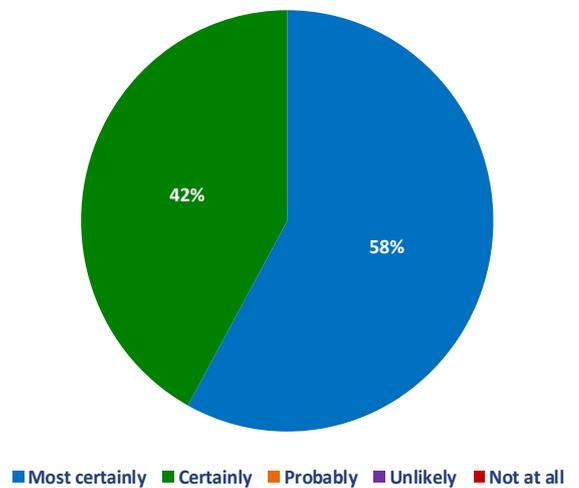
How was the general friendliness of the faculty and organisers?



Would you recommend this course to a friend?



Do you think that this course provided good value for money?



## Individual Comments

Excellent.

**CH**  
*Countess of Chester, Cheshire, UK*

All the material was well organised and structured to meet the demands for the exam and the faculty was so committed. Keep up the excellent work.

**JJ**  
*PNVM Hospital*

Excellent.

**CO**  
*Royal Lancaster Infirmary, London, UK*

Fantastic.

**HL**  
*Scarborough General Hospital, Scarborough, Canada*

Very good. Prof was incredible!

**OR**

Overall it was a fantastic crash course including the pre and post course material.

**SD**  
*GDDI*

Course covers all essential aspects of the exam- heavy on knowledge and anatomy sections which is brilliant and what is needed to score easy points. Comms and critical care and procedures are covered but will need additional self study. Overall I highly recommend this course to anyone sitting the MRCS part B.

**KK**  
*James Paget University Hospital, Norfolk*

Very good.

**NK**  
*Broomfield Hospital, Essex, UK*

Very good.

**SA**  
*Chelsea and Westminster Hospital, London, UK*

## Individual Comments

Extremely useful course.

**MH**

***Queen Elizabeth Hospital, Birmingham, UK***

Can't thank Prof Enoch enough, one of the best teachers I've ever had. I also wanted to thank Florentina, the 2 orthopaedic surgeons (one did back anatomy, other did lower limb in dissection room) for fantastic teaching and good advice. Thank you also to Rebecca for fantastic teaching and making things run smoothly. Wonderful course overall.

**HA**

***Beaumont Hospital, Dublin, Ireland***

Amazingly put together course, full of appropriate material, particularly grateful for the dissection sessions and practicals.

**FJ**

***University College London Hospital, London***

Brilliant course. Making complex knowledge simple.

**CC**

***Royal Cornwall Hospital, Cornwall, UK***

Very well organised and well scheduled. No delays.

**NC**

***Queens Medical Centre, Nottingham, UK***



# DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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