

The Royal College of Surgeons of Edinburgh Future Surgeons: Key Skills

8th November 2020

Apollo Buckingham Health Science Campus, Crewe

Programme

0830	Registration
0840	Introduction and Essential Principles of Surgery
0900	Gowning and Gloving
0930	Handling Instruments
1000	Knot-Tying (1) <ul style="list-style-type: none">• Reef Knot• Instrument Tie

1045 - 1105

Refreshment Break

1110	Knot-Tying (2) <ul style="list-style-type: none">• Surgeon's Knot• Tying at Depth
1150	Excision of a lesion and simple suturing: <ul style="list-style-type: none">• Mounting a scalpel• Needle handling and positioning• Needle manipulation• Excision of a lesion• Simple interrupted sutures• Vertical mattress sutures• Horizontal mattress sutures• Removal of sutures

1300 - 1335

Lunch Break

1340	Further suturing techniques: <ul style="list-style-type: none">• Continuous suturing• Subcuticular suturing
1410	<ul style="list-style-type: none">• Local anaesthesia technique• Excision of a cyst• Drainage of an abscess• Wound debridement
1515	Diathermy - Theory and Demonstration
1545	Laparoscopy Skills <ul style="list-style-type: none">• Hand-Eye Co-Ordination• Polo Mints Exercise• Sugar Cubes Exercise
1645	Question and Answer Session
1700	Feedback and Close