



## The Christie - Doctors Academy FRCS (Gen Surg) Section 2 Course: Theory, Vivas and Clinical Examination



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The highly popular Christie-Doctors Academy FRCS (Gen Surg) Section 2 Course was conducted as a hybrid course divided into two componets. Delegates could choose to attend the full course (which was recommended) or only the face-to-face component of the course.

There were four evenings of interactive discussions held via Zoom before the face-to-face component. These took place on Monday 13<sup>th</sup> January, Tuesday 14<sup>th</sup> January, Wednesday 15<sup>th</sup> January and Thursday 16<sup>th</sup> January 2025. These sessions covered the following core topics in the FRCS syllabus (JCIE): Breast Surgery, Benign Upper GI Surgery, Malignant Upper GI Surgery, Benign Lower GI Surgery, Malignant Lower GI Surgery, HPB Surgery, Endocrine Surgery, Transplant Surgery, Trauma, Critical Care, and Statistics.

The face-to-face component of the course was held on Saturday 18<sup>th</sup> and Sunday 19<sup>th</sup> January 2025 at The Christie Hospital in Manchester. On Saturday 18<sup>th</sup> January, there were focused vivas in General Surgery, in the delegate's selected subspeciality, academic surgery (reading a paper/basic science/ statistics), and trauma and critical care. On Sunday 19<sup>th</sup> January, there were patient-focused clinical examination on real patients, as well as discussion on radiology and pathology. There were no lectures during the face-to-face component of the course, and the entire weekend was dedicated to vivas, discussions, and clinical examination of patients.

The highlights of this course included a high tutor-to-delegate ratio, coverage of all essential and high-yield theory, updates on current advances in all sub-specialities, vivas in all areas as in the exam, and clinical examination of patients.

Course Information				
Christie Hospital, Manchester				
13 <sup>th</sup> , 14 <sup>th</sup> , 15 <sup>th</sup> and 16 <sup>th</sup> January 2025 (Online Sessions) 18 <sup>th</sup> and 19 <sup>th</sup> January 2025 (Face-to-Face)				
40 Delegates				
ST5 or above/SpR Year 3 or above in General Surgery				
£580.00				



## Programme

### 18th January 2025

0840 - 0850	Arrival and Registration
0850 - 0900	Introduction to the Day and Housekeeping
0900 - 0920	Format for the Weekend and Allocation of Delegates to Stations
0920 - 1050	General Viva [60 minute viva + 30 minute feedback]

1050 - 1110	Break

1115 - 1245 Trauma and Critical Care Viva [60 minute viva + 30 minute feedback]

1245 - 1330	Lunch
1340 - 1520	Subspeciality Viva [60 minutes viva + 30 minute feedback]
1520 - 1540	Break
1545 - 1715	Academic Viva (30 minutes to read paper; 30 minutes viva; 30 minutes discussion)
1715 - 1730	Summary and Close
1830 - 2030	Course Dinner

## Programme

#### 19th January 2025

0840 - 0850 Registration

0850 - 0900 Allocation of Delegates to Stations

0900 - 1020 Mock Viva

1020 - 1040	Break
1040 - 1200	Mock Viva
1200 - 1245	Lunch
1250 - 1430	Clinicals (with Patients and Images)

1430 - 1450	Break	

1450 - 1630 Clinicals (with Patients and Images)

1635 - 1650 Summary and Tips for Exam Success

1650 - 1700 End of Course

## **Overall Feedback**



Upper GI Surgery - Malignant (Mr A. Sud)



Upper GI Surgery - Benign (Mr A. Menon)



Colorectal Surgery - Malignant (Mr P. Sutton)



Colorectal Surgery - Benign (Mr Rajaganeshan)



Breast Surgery (Miss J. Morgan)



## **Overall Feedback**







General Viva



Trauma and Critical Care Viva





Academic Viva



## **Overall Feedback**











Do you think that this course provided good value for money?



If you attended, did you enjoy the course dinner on Saturday evening?



Most Certainly Certainly Probably Not At All Did Not Attend

## **Individual Comments**

Very helpful and great.

FN University Hospital of Wales, Cardiff, UK

Breast session was excellent.

#### AT Bedford Hospital NHS Trust, UK

Faculty were very good and I appreciate their advice especially Mr. Ammar, and Mr. Abdellatif. The colorectal surgeons in general were amazing.

MA Glan Clwyd Hospital, Rhyl, UK

Scottish colorectal consultant was very encouraging and provided good feedback. Breast surgeons were also very thorough and I took a lot from them as its not my speciality.

KE

Royal Liverpool University Hospital, Liverpool, UK

Excellent and supportive.

#### MB

University Hospitals of Leicester NHS Trust, UK

The in person viva sessions provided good feedback and was excellent practice.

#### JN North Bristol NHS, UK

All faculty were fantastic, I particularly benefitted from Ammar Eltweri, Azhar, Pradeep, Mo Abdelatif as their subspecialty is the same as mine. The rest of the faculty were also equally excellent.

SH University Hospitals of Leicester NHS, UK

I found all the faculty members highly engaging and responsive. All topics were delivered in a helpful fashion.

PP Ulster Hospital, Dundonald, UK

Enthusiastic and knowledgeable faculty.

DS Derriford Hospital, Plymouth, UK

Overall friendly and engaging faculty.

NA Leeds Teaching Hospitals NHS Trust, UK



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

#### **Courses (a selection):**

#### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



#### Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

#### **Publications**





#### publications.doctorsacademy.org

#### World Journal of Medical Education & Research



Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

wjmer.co.uk

#### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### **Resources for:**

- General Surgery Exams
- Dental Students

- Medical Students

- Plastic Surgery Exams

- DOHNS Exams

- International Entrance Exams
- MRCS Exams

#### www.doctorexams.co.uk