



**12<sup>th</sup> FRCS (General Surgery)  
Exit Exam Preparation Course**

**Feedback - July 2018**

## 12<sup>th</sup> FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course was designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. Delivered by an experienced group of senior consultants, the course used a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidates with a focused revision of pertinent topics.

We are pleased to inform you that the 12<sup>th</sup> Christie FRCS Exit Revision Course in General Surgery was a resounding success and provided a positive experience for the candidates, patients, teaching faculty and the organisers. All the subspecialties in General Surgery were covered during the three days of the course. In addition to providing key knowledge, this course provided plenty of opportunities for the candidates to practice one-to-one vivas as in the exam. The 8<sup>th</sup> edition of the course saw the introduction of a subspecialty viva in addition to the general, academic and basic science vivas as well as the clinical examination. The reprint version of the 1<sup>st</sup> edition of the book, 'FRCS (Gen Surg): The Road to Success' was also provided to all the delegates to aid their revision.

We would like to sincerely thank all those who taught on the course and provided the delegates with invaluable tips and suggestions.

All candidates felt that they gained good knowledge from the course and found it useful towards their exam preparation. This is reflected in the feedback they provided that is summarised in this document.



### Course Information

**Course date:** 13<sup>th</sup> - 15<sup>th</sup> July 2018

**Venue:** Christie Hospital  
Manchester, UK

**Attendance:** 30 Delegates

**Aimed at:**

- Consultants
- Speciality Trainees
- Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

**Course fee:** £685.00  
(inclusive of the book, 'FRCS (Gen Surg): The Road to Success')

### Objectives of Course:

- Upon completion a delegate should be confident in their preparation for the oral and clinical parts of Section 2 of the exam.
- A delegate should be able to present and discuss clinical cases as in an exam situation.
- A delegate should of learned correct exam technique to further their preparation.

### Endorsed by:



THE ROYAL COLLEGE  
OF SURGEONS OF  
EDINBURGH

The college awards 6 CPD points for attendance in each day of this course. A total of 18 CPD points are awarded for the three days.

# Course Programme

## Day 1

0815 – 0845	Registration
0845 – 0900	Welcome and Introduction Mr Chelliah Selvasekar, Course Convener
0900 – 0930	Format of the FRCS Section 2 Professor Sarah O'Dwyer, Colorectal Surgeon, The Christie
0930 – 1115	Upper GI Surgery (Benign and Malignant) Mr Ramakrishna Chaparala, Upper GI Surgeon, Salford Royal Hospital

**1115 – 1130** **Coffee break**

1130 – 1300	Colorectal including Emergency Surgery Mr Chelliah Selvasekar, Colorectal Surgeon, The Christie
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**1300 – 1345** **Lunch**

1345 – 1445	Liver & Gall Bladder Mr Rahul Deshpande, HPB Surgeon, Manchester Royal Infirmary
1445 – 1600	Vascular Surgery Mr Sriram Rajagopalan, Vascular Surgeon, Stoke-on-Trent

**1600 – 1630** **Coffee break**

1630 – 1800	Pancreas Mr Rahul Deshpande, HPB Surgeon, Manchester Royal Infirmary
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(All Speciality topics to be case based discussions)

**Close of Day 1**

## Course Programme

### Day 2

0800 – 0930	Overview of Basic Statistics and Critiquing a Paper (Discussion) (Mr Deshpande/Mr Selvasekar)
0930 – 0945	Format of Clinical Vivas
0945 – 1115	General Vivas [1hr viva (15min x 4 candidates) + 30 min discussion]

**1115 – 1130**

**Coffee break**

1130 – 1300	Subspeciality Vivas [1hr viva (15min x 4 candidates) + 30min discussion]
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**1300 – 1350**

**Lunch**

1400 – 1530	Emergency and Critical Care Vivas [1hr viva (15min x 4 candidates) + 30 min discussion]
1530 – 1600	Coffee break (Articles will be given to the delegates to critique)
1600 – 1730	Academic and Basic science (15min x 4 candidates) + 30 min discussion]

### Close of Day 2

Course Dinner: 1830 hours. Venue will be informed on the day.

# Course Programme

## Day 3

0800 – 0930	Critical Care for Surgeons Dr Vidya Kasipandian, Consultant Intensivist, The Christie
0930 – 1040	Breast Surgery Mr Soni Subramanian, Consultant Breast Surgeon, Stoke-on-Trent

### 1040 – 1055 Coffee break

1055 – 1140	Endocrine Surgery Miss Alison Waghorn, Consultant Endocrine Surgeon, Royal Liverpool University Hospital
1140 – 1215	Basic Trauma management Mr Rajesh Kochupapy, Consultant Colorectal Surgeon, Plymouth University Hospital

### 1215 – 1300 Lunch

1300 – 1700	(Integrated Patient Unit, The Christie) - Clinical case presentations (Long and short cases) with discussion
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#### Cases:

- Endocrine
- Transplant surgery, AV fistula, CAPD
- Colorectal/PTS
- Upper GI/Hepatobiliary
- Breast
- Hernia
- Vascular
- Critical care

1730	Summary, Feedback and End of Course
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## Faculty

**Mr Abdus Samee, MS, FRCS, MD, FRCSED**

Consultant Bariatric Surgeon  
University Hospital of North Staffordshire

**Mr Ahmad Mirza**

Senior Upper GI Registrar

**Mr Ahmed Waqas, MBBS, MCPS, FCPS, MRCS(Ed), FRCS**

Senior Registrar in General Surgery  
Queen Alexandra Hospital, Portsmouth

**Miss Alison Waghorn**

Consultant Endocrine & Breast Surgeon  
Royal Liverpool University Hospital NHS Trust

**Mr Arif Khan, MBBS, FRCSEd, FRCS(Gen)**

Consultant General and Colorectal Surgeon  
Mid Cheshire Hospital NHS Foundation Trust

**Mr Arun Abraham**

Senior Registrar in Colorectal Surgery  
Salford Royal Hospital, Salford

**Mr Asuri Krishna, FCLS, FACS**

Transplant Fellow  
Manchester University NHS Foundation Trust

**Mr Chelliah Selvasekar, MD, FRCS (Course Convener)**

Consultant Colorectal & Laparoscopic Surgeon  
The Christie Hospital, Manchester

**Mr Ed Parkin, MD FRCS**

Senior Clinical Fellow in Colorectal Surgery  
The Christie Hospital, Manchester

**Mr Edmund Leung, FRCS, FEBS**

Consultant General Surgeon  
Wye Valley NHS Trust

**Mr James Arthur, MB. Ch.B, FRCS**

Consultant Laparoscopic General and Colorectal Surgeon  
Aintree University Hospital NHS Foundation Trust

**Mr Kamal Aryal**

Consultant Colorectal Surgeon  
James Paget University Hospital, Great Yarmouth

**Mr Khizar Khan, MBBS, MRCS, FRCS**

Senior Registrar  
North Tyneside General Hospital, North Shields

**Dr Krishna Venigalla, MBBS, MS, MRCS, FRCR**

Consultant Interventional Radiologist  
Lancashire Teaching Hospitals NHS Trust

## Faculty

**Mr Mamoon Solkar, MS, FRCS(Glas), FRCS(Colorectal)**

Consultant Surgeon

Tameside and Glossop Integrated Care NHS Foundation Trust

**Miss Nabila Nasir, MSc, FRCS(Edin) FRCS**

Consultant Oncoplastic Breast Surgeon

Pennine Acute Trust

**Mr Nasir Iqbal, MBBS, Dip MIS(FRANCE), FRCS (General Surgery)**

Consultant General and Colorectal Surgeon

Wrightington, Wigan and Leigh NHS Foundation Trust

**Mr Naveed Kirmani**

Consultant General Surgeon

Princess Alexandra Hospital NHS Trust, Harlow

**Mr Osama Elhardello**

Consultant Upper GI and General Surgeon

York Teaching Hospital NHS Foundation Trust

**Mr Paul Goldsmith**

Consultant Upper GI Surgeon

Salford Royal Hospital, Salford

**Mr Rahul Deshpande**

Consultant Hepatobiliary and Pancreatic Surgeon

Central Manchester University Hospitals NHS Foundation Trust

**Mr Raj Kumar**

Senior Fellow in Surgery

Lancashire Teaching Hospitals NHS Foundation Trust

**Mr Rajesh Thengungal Kochupapy, MBBS, MS, DNB, FRCS (Ed), FRCS (GEN SURG)**

**EBSQ (Coloproctology), E Dip (surgical research)**

Consultant General, Paediatric and Colorectal Surgeon

University Hospitals Plymouth NHS Trust

**Mr Ram Chaparala**

Consultant Upper GI Surgeon

Salford Royal Hospital, Salford

**Mr Ravindra Date, MD, FRCSEd, FRCS(Gen Surg), MS**

Consultant Upper GI and Bariatric Surgeon

Lancashire Teaching Hospitals NHS Foundation Trust

**Mr Sanjay Panchal**

Consultant Colorectal Surgeon

University Hospitals of Morecambe Bay NHS Foundation Trust

**Mr Santosh Somasundaram**

Consultant Surgeon

## Faculty

**Professor Sarah O'Dwyer, MD, FRCS**

Consultant Colorectal Surgeon  
The Christie Hospital, Manchester

**Mr Soni Soumian, MD FRCS MS (Oncoplastic Surgery)**

Consultant Oncoplastic Breast Surgeon  
University Hospitals of North Midlands

**Mr Srinivas Chintapatla**

Consultant Colorectal Surgeon  
York Teaching Hospital NHS Foundation Trust

**Mr Sriram Rajagopalan, MD, FRCS**

Consultant Vascular Surgeon  
University Hospital North Staffordshire & Leighton Hospital

**Mr Sudhakar Mangam, MS, FRCS, FEBS-C**

Consultant General, Laparoscopic and Colorectal Surgeon  
East Kent Hospitals University NHS Foundation Trust

**Mr Sumohan Chatterjee, MBBS FRCS (CSIG London) FRCS (Gen Surg Intercollegiate)**

Consultant Breast Surgeon  
Manchester University NHS Foundation Trust

**Mr Tunde Campbell, MB;BS (Ib), FWACS, FRCSEd (Gen Surg), PGCert Ed**

Consultant Transplant Surgeon  
Manchester University NHS Foundation Trust

**Mr Vam Jagadeshram, MD FRCS(Eng) MBChB (Hons) BSc (Hons)**

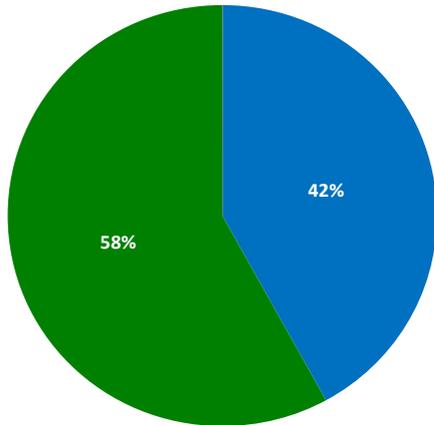
Consultant Oesophagogastric Surgeon  
Royal Stoke University Hospital, Stoke

**Dr Vidya Kasipandian, MBBS, FRCA, EDICM, FFICM**

Consultant Anaesthetist  
The Christie Hospital, Manchester

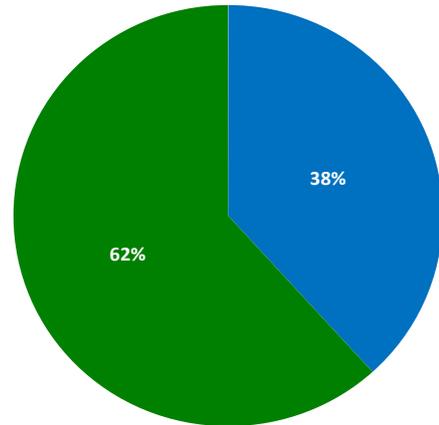
# Overall Teaching Feedback

How was the content of the course?



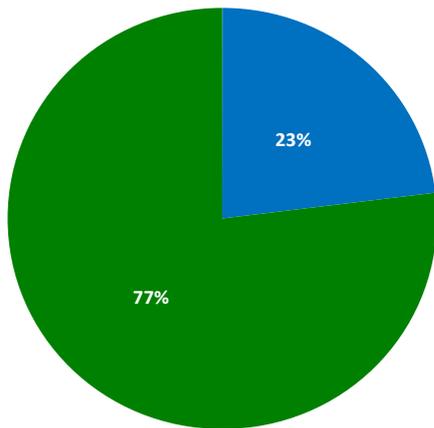
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



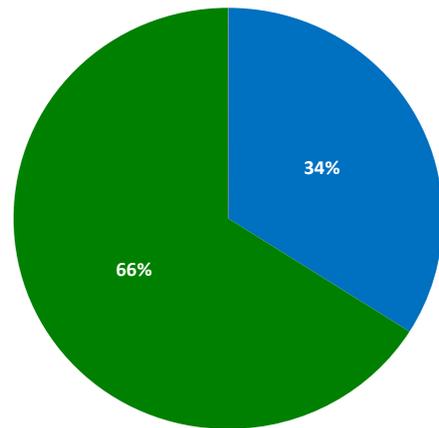
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the presentations?



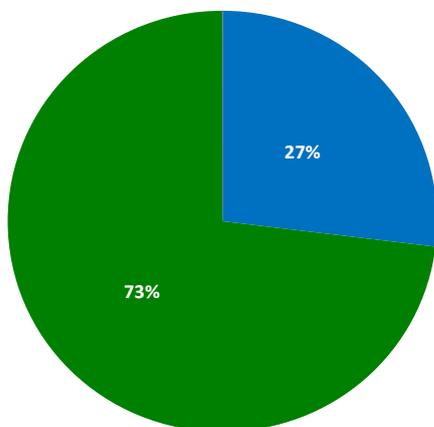
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the relevance of the course to your exam?



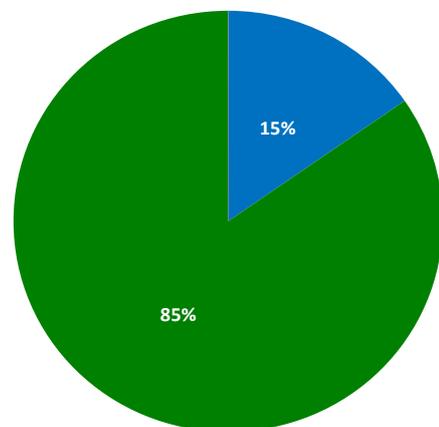
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Information and contents of the book



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

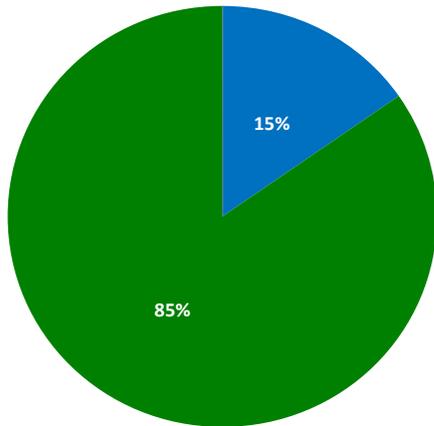
Layout of the book



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

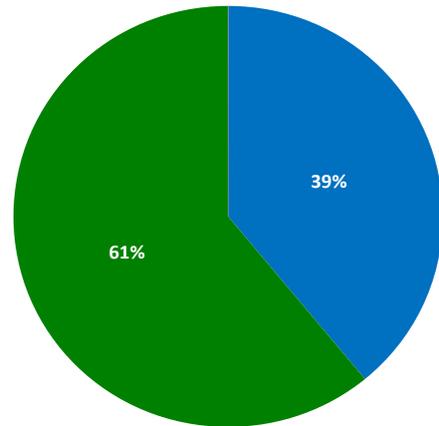
# Overall Teaching Feedback

Usefulness of the book



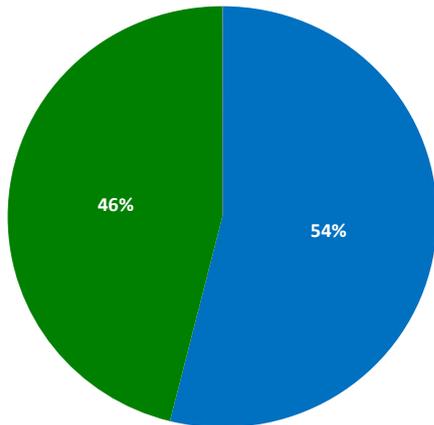
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Format of the FRCS Section 2 - (Prof. Sarah O'Dwyer)



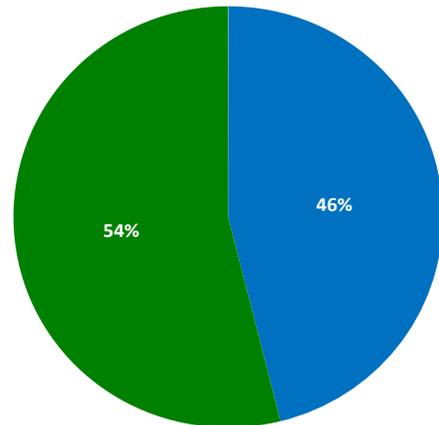
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Upper GI Surgery (Benign and Malignant) - Mr Ramakrishna Chaparala



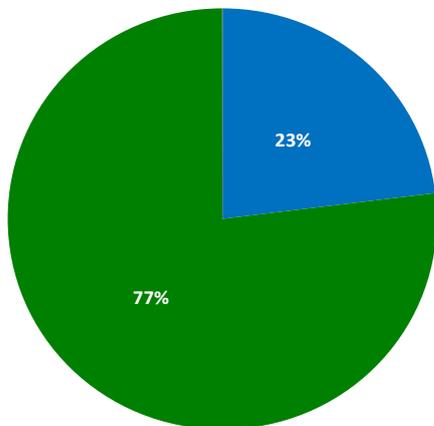
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Colorectal Including Emergency Surgery - Mr Chelliah Selvasekar



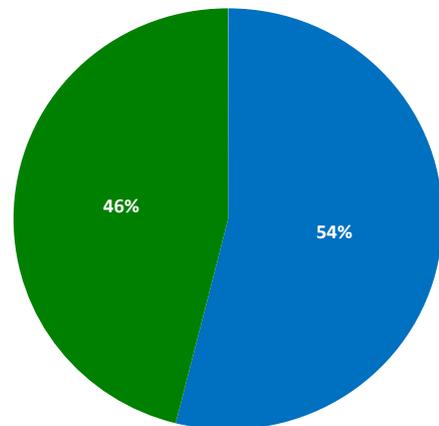
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Benign Conditions of the Liver, Gallbladder and Pancreas - Mr Rahul Deshpande



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

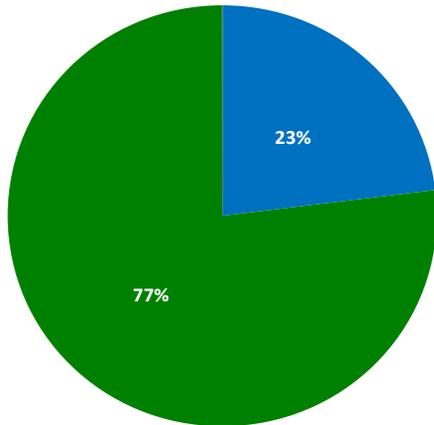
Vascular Surgery - (Mr Sriram Rajagopalan)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

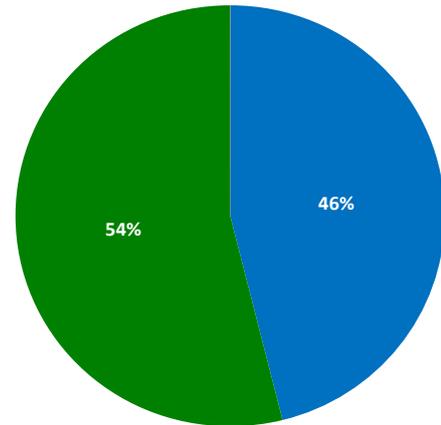
# Overall Teaching Feedback

Malignant Conditions of the Liver and Pancreas - Mr Rahul Deshpande



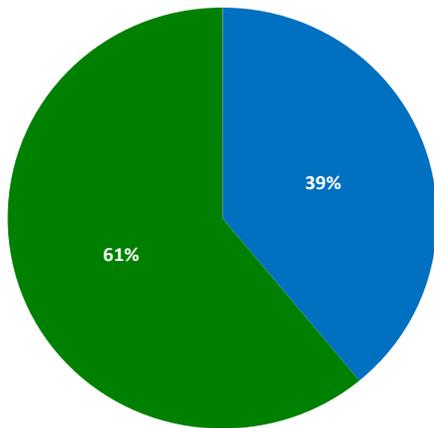
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Critiquing a Paper - Mr Chelliah Selvasekar



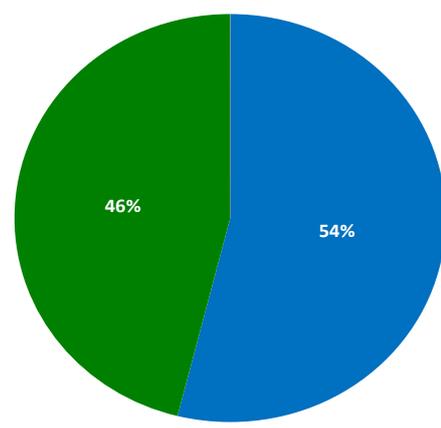
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Overview of Basic Statistics - Mr Rahul Deshpande



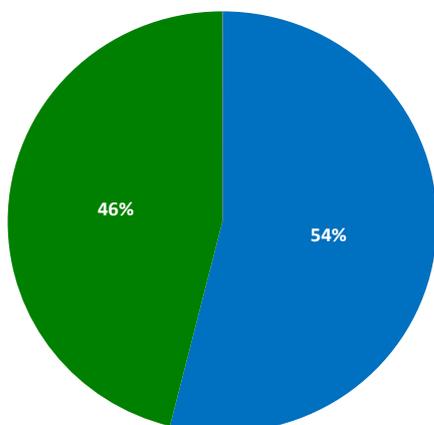
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Vivas



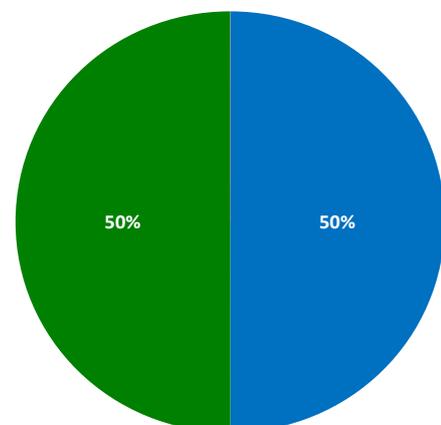
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Subspecialty Vivas



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

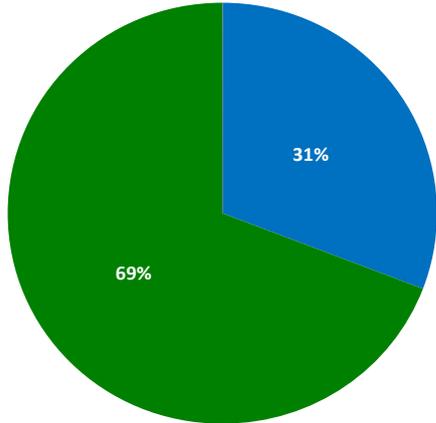
Emergency and Critical Care Vivas



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

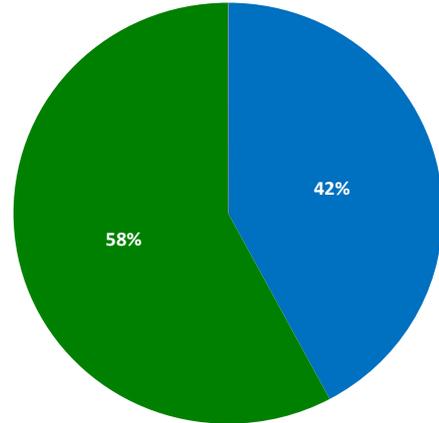
# Overall Teaching Feedback

Academic and Basic Science Vivas



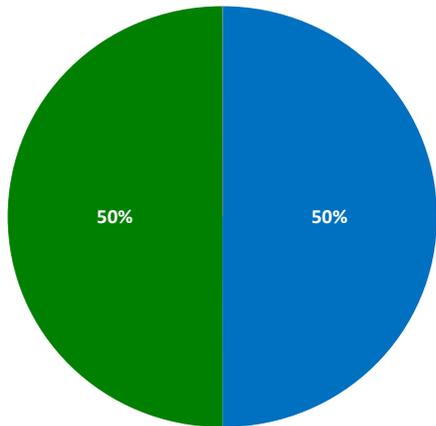
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Critical Care for Surgeons - Dr Vidya Kasipandian



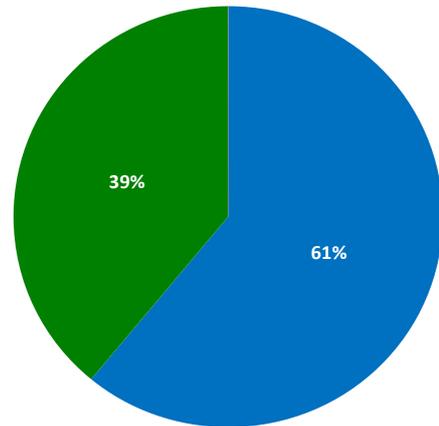
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Breast Surgery - Mr Soni Subramanian



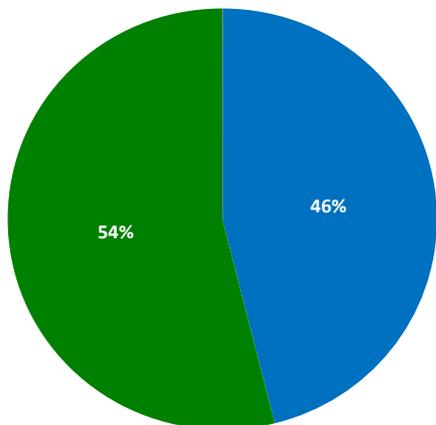
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Endocrine Surgery - Miss Alison Waghorn



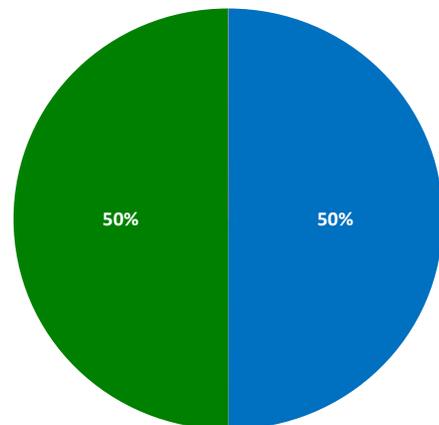
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Basic Trauma Management - Mr Rajesh Kochupapy



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

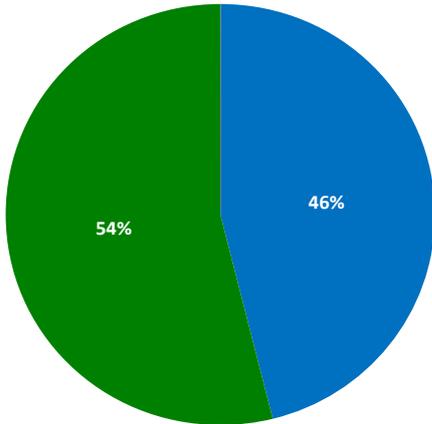
Clinical Case Presentation - Colorectal 1



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

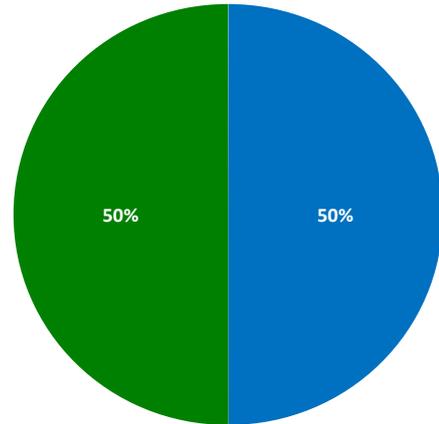
# Overall Teaching Feedback

Clinical Case Presentation - Colorectal 2



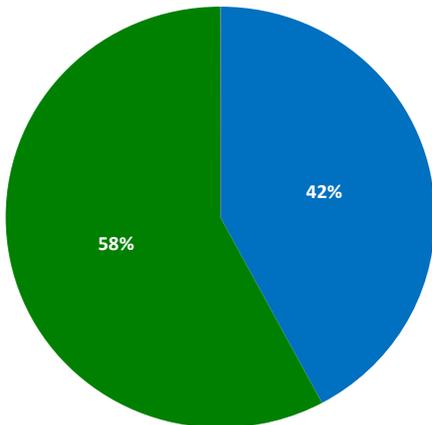
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Case Presentation - Breast



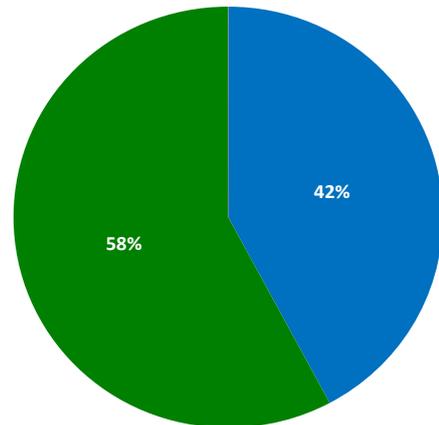
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Case Presentation - Upper Gastrointestinal Surgery



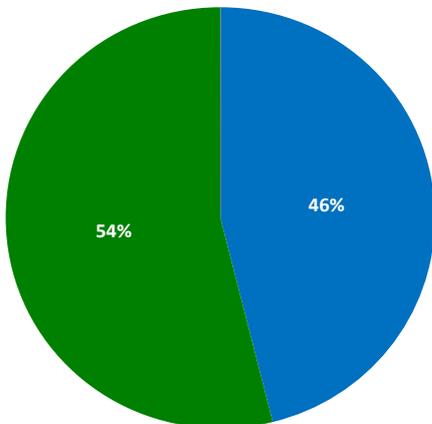
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Case Presentation - Vascular Surgery



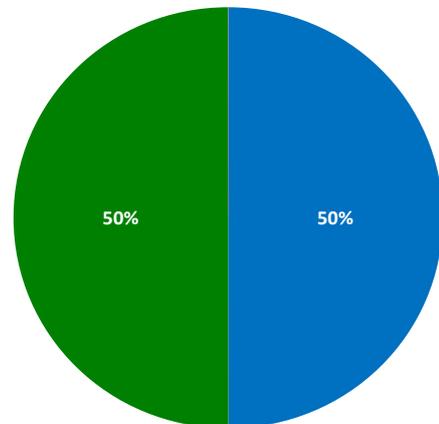
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Case Presentation - Upper Gastrointestinal Surgery/Endocrine/General



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

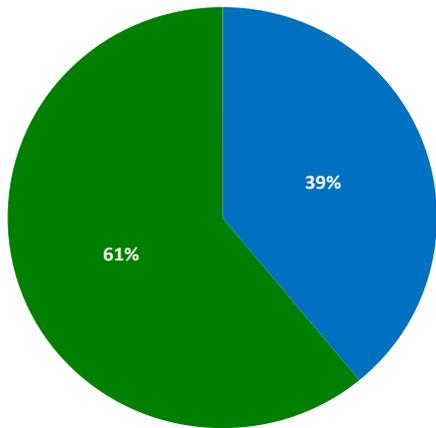
How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

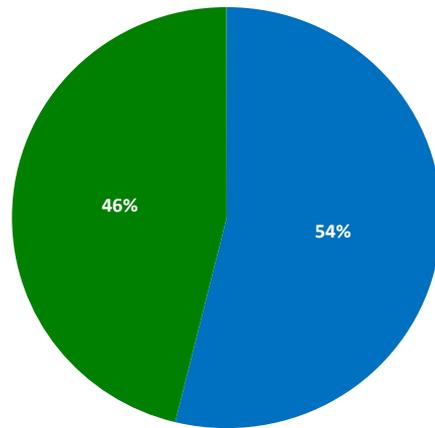
# Overall Teaching Feedback

How were the refreshments and lunch?



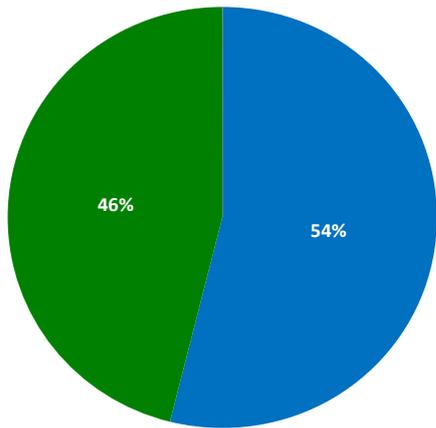
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did you attend the course dinner?



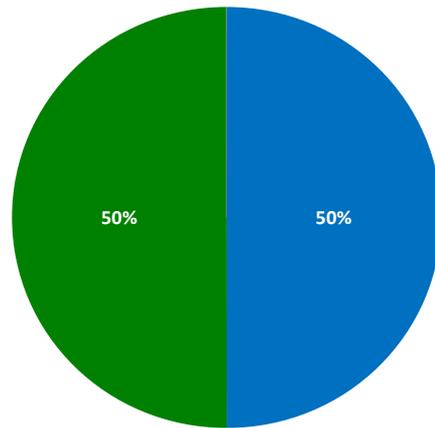
■ Yes ■ No

How was the general friendliness of the faculty and organisers?



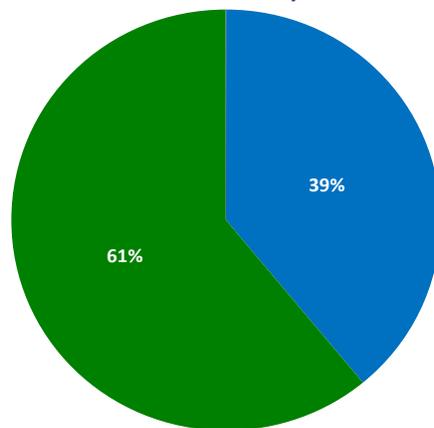
■ Very friendly ■ Friendly ■ Neutral  
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Excellent.

**AL**  
*Whiston Hospital*

Very useful.

**KB**  
*Royal Derby Hospital, Derby*

Excellent course with a lot of viva and clinical practice, this was very useful.

**DG**  
*York Hospital*

Good.

**RB**  
*Arrowe Park Hospital, Wirral*

Excellent.

**MA**  
*Inverclyde Royal Hospital, Greenock*

Overall good course.

**VG**  
*Royal Lancaster Infirmary, Lancaster*

Great course, intense, friendly instructors. Certainly recommend.

**SS**  
*Darlington Memorial Hospital*

Good.

**DS**  
*Naas General Hospital. Naas , Ireland*

Excellent.

**AK**  
*John Hopkins Aramco healthcare JAHA*

Well organised and excellent work.

**MS**  
*Hull Royal Infirmary, Hull*

## Individual Comments

Good course.

**MH**

*Calderdale & Huddersfield NHS Foundation Trust , United Kingdom , Europe*

Thank you to all the organisers and faculty.

**MJ**

*Warrington Hospital, Warrington*

Good.

**PT**

*University Hospital of North Tees*

It is an excellent course for the exam prep. For me, the highlight of this course are the clinical cases.

**RA**

*Salford Royal NHS Foundation Trust Hope Hospital , United Kingdom , Europe*

Excellent.

**JW**

*Royal Glamorgan Hospital, Llantrisant*

I thought the balance between lectures, vivas & clinical cases was about right. It was intense & tiring, but that helped mimic exam pressures, so I can't complain!

**MD**

*Darent Valley Hospital, Dartford*



# DOCTORS ACADEMY

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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 6<sup>th</sup> to 10<sup>th</sup> August 2018*
- **International Academic and Research Conference**  
*Manchester, 11<sup>th</sup> August 2018*
- **World University Anatomy Challenge**  
*Manchester, 9<sup>th</sup> and 10<sup>th</sup> August 2018*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



Peer-reviewed academic journal  
with ISSN.

- No fee to view, read and download articles
- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

# [www.doctorsacademy.org](http://www.doctorsacademy.org)