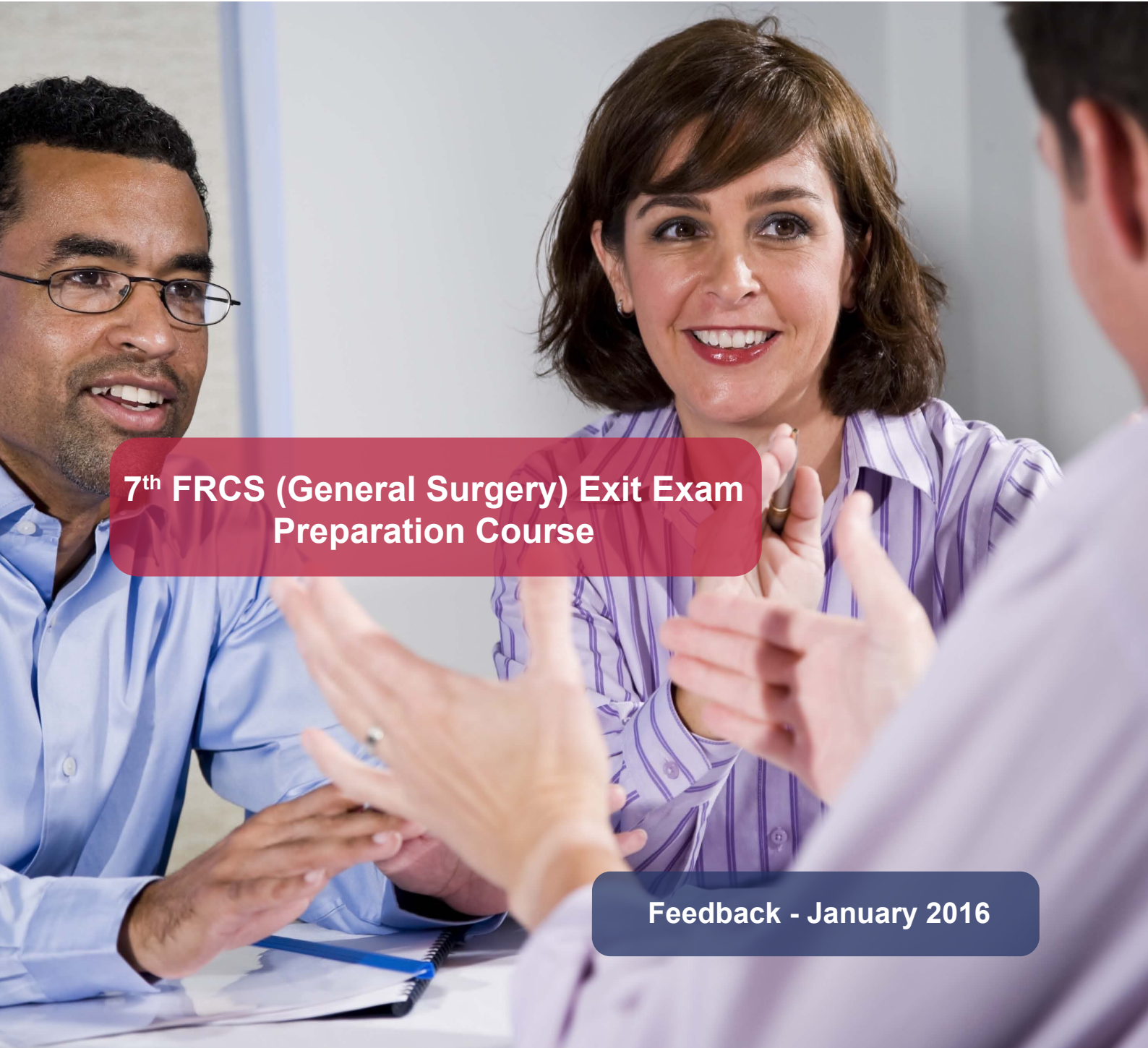




The Christie  
School of Oncology



**7<sup>th</sup> FRCS (General Surgery) Exit Exam  
Preparation Course**

**Feedback - January 2016**

## 7<sup>th</sup> FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course is designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. Delivered by an experienced group of senior consultants, the course used a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidate with a focused revision of pertinent topics.

We are pleased to inform you that the 4th Christie FRCS Exit Revision Course in General Surgery was a great success and provided a positive experience for candidates, patients, teaching faculty and the organisers. Through the three days all sub-specialities in General Surgery were covered. In addition to providing key knowledge the unique feature of this course, our one-to-one vivas like in the exam, really put delegate on the spot and tested their knowledge and skills to prepare them for the exam.

We would like to thank all those that taught on the course from Manchester and beyond to provide delegates with inestimable tips and suggestions. A particular mention must go to our esteemed tutor Mr Pradip Datta that conducted most of the interactive teaching. This course follows in the footsteps of his highly acclaimed Caithness FRCS course in Wick, Scotland, that he conducted for over 20 years.

All candidates felt the course was a resounding success with very useful information and tips provided. This is demonstrated by the feedback presented in this document and the continued success of the course.



### Course Information

**Course date:** 8<sup>th</sup> - 10<sup>th</sup> January 2016

**Venue:** Christie Hospital  
Manchester, UK

**Attendance:** 20 Delegates

**Aimed at:**

- Consultants
- Speciality Trainees
- Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

**Strongly advised for trainees that have completed Section 1 (SBA & EMI Component) of the exam, or are thinking of doing it soon.**

**Course fee:** £650.00

### Objectives of Course:

- Upon completion a delegate should be confident in their preparation for the oral and clinical parts of Section 2 of the exam.
- A delegate should be able to present and discuss clinical cases as in an exam situation.
- A delegate should of learned correct exam technique to further their preparation.

### Endorsed by:



THE ROYAL COLLEGE  
OF SURGEONS OF  
EDINBURGH

The college awards 18 CPD points for attendance at this course.

# Course Programme

## Day 1

<b>0815 - 0845</b>	Registration and Coffee	
<b>0845 - 0900</b>	Welcome and Introduction	Mr C R Selvasekar, Convenor
<b>0900 - 0915</b>	Examination techniques - (10 commandments)	Mr Pradip K Datta
<b>0915 - 1045</b>	Upper gastrointestinal tract	Mr Pradip K Datta

**1045 - 1115** **Coffee break**

<b>1115 - 1245</b>	Pancreas & Spleen	Mr Pradip K Datta
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**1245 - 1330** **Lunch**

<b>1330 - 1530</b>	Thyroid & Endocrines	Mr Pradip K Datta
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**1530 - 1600** **Tea break**

<b>1600 - 1800</b>	Hepatobiliary system	Mr Rahul Deshpande
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**Close of Day 1**

## Course Programme

### Day 2

<b>0800 - 0900</b>	Trauma and Emergency Surgery	Mr Pradip K Datta
<b>0900 - 1000</b>	Scenario based Critical care	Mr Pradip K Datta
<b>1000 - 1115</b>	Breast	Mr Pradip K Datta

**1100 - 1130** **Coffee break**

<b>1130 - 1300</b>	Vascular surgery	Mr Pradip K Datta
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**1300 - 1345** **Lunch**

<b>1345 - 1500</b>	Head and Neck & Skin lesions	Mr Pradip K Datta
<b>1500 - 1600</b>	Anus and anal canal	Mr Omer Aziz

**1600 - 1615** **Coffee break**

<b>1615 - 1800</b>	Colorectal Surgery	Mr C R Selvasekar
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### Close of Day 2

Course Dinner at Sai Spice, Mauldeth Rd W, Chorlton, Manchester M21 7SP

# Course Programme

## Day 3

0800 - 0915	Critical Care for Surgeons	Ms Vidya Kasipandian
0915 - 0930	Format of the FRCS Section 2 – Tips on how to succeed	Professor Sarah O’Dwyer

**0930 - 0945** **Coffee break**

0945 - 1100	Academic viva (All faculty)
1100 - 1245	Clinical Viva practice (All faculty)

**1250 - 1330** **Lunch**

1330 - 1730	Clinical case presentation (Long and short cases) and discussion Endocrine	Louis Vitone
	Transplant surgery, AV fistula, CAPD Colorectal/PTS	Mr Tunde Campbell Mr Omer Aziz, Mr James Arthur, Mr Ali Kazem, Mr Nick Stylianides, Mr Nasir Iqbal, Mr Ismail Mallick, Mr Ihab Jaradat, Mr Aditya Manke, Mr Vas Kontostolis
	Upper GI/Hepatobiliary	Mr Rahul Deshpande, Ms Vasha Kaur, Mr Paul Goldsmith, Mr Ravi Date
	Breast	Ms Nabila Nasir, Ms Soni Soumian, Mr Mohammed Absar
	Hernia	Mr Ihab Jaradat, Mr Nasir Iqbal
	Vascular	Mr Sriram Rajagopalan
	Critical care	Ms Vidya Kasipandian

## Faculty

**Mr Chelliah Selvasekar, MD, FRCS**

Course Convener  
Consultant Colorectal Surgeon  
The Christie Hospital, Manchester Hospital, Manchester

**Mr Pradip Datta, MBE, MS, FRCSEd**

Chair of Faculty and Principal Course Tutor  
Honorary Consultant Surgeon  
Caithness General Hospital, Wick, Scotland

**Mr Tunde Campbell, MBBS, FWACS, FRCSEd (Gen Surg)**

Consultant Transplant Surgeon  
Central Manchester University Hospitals

**Dr Vidya Kasipandian, FRCA FFICM**

Consultant in Critical Care and Anaesthesia  
The Christie Hospital, Manchester

**Miss Sarah O'Dwyer, MD, FRCS**

Consultant Colorectal Surgeon  
The Christie Hospital, Manchester

**Mr Omer Aziz, PhD, FRCS**

Laparoscopic and Colorectal Surgeon  
The Christie NHS Foundation Trust, Manchester

**Mr Louis Vitone, FRCS (Eng)**

SpR Surgery  
Countess of Chester

**Mr Ali Kazem, FRCS(Gen Surg)**

Speciality Doctor  
Leighton Hospital

**Mr Nick Stylianides, FRCS (Gen Surg)**

Speciality Registrar in Surgery  
The Christie Hospital, Manchester

**Mr Nasir Iqbal, MBBS, Dip MIS (France), FRCS (General Surgery)**

Consultant in General and Colorectal Surgery  
Wrightington, Wigan & Leigh

## Faculty

**Mr Ismail Mallick, MBBS, MRCS, FRCS (Gen Surg)**

Senior Registrar in Surgery

Yorkshire Deanery

**Mr Rahul Deshpande, MD, FRCS**

Consultant Hepatobiliary and Pancreatic Surgeon

North Manchester General Hospital

**Ms Vasha Kaur, MB ChB (Hons), MRCS, FRCS (Gen Surg)**

Senior Registrar in Surgery

London Deanery

**Mrs Nabila Nasir, MS, FRCS, FRCS (Gen)**

Consultant Breast Surgeon

North Manchester General Hospital

**Mr Nasir Iqbal, MBBS, Dip MIS (France), FRCS (General Surgery)**

Consultant in General and Colorectal Surgery

Wrightington, Wigan & Leigh

**Mr Sriram Rajagopalan, MD, FRCS**

Consultant in Vascular Surgery

University Hospital North Staffordshire & Leighton Hospital

**Mr Ihab Jaradat**

**Mr Aditya Manke**

**Mr Vas Kontostolis**

**Mr James Arthur**

**Mr Paul Goldsmith**

**Mr Ravi Date**

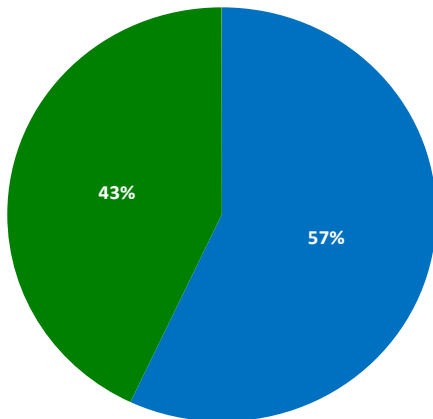
**Ms Soni Soumian**

**Mr Mohammed Absar**

**Mr Ihab Jaradat**

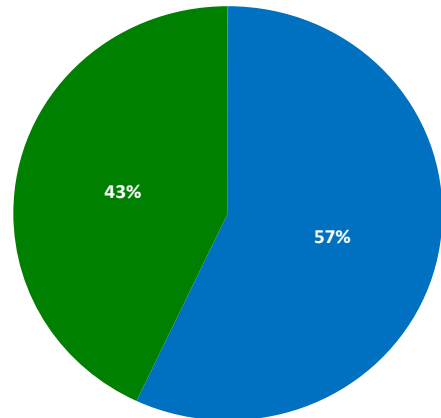
# Overall Teaching Feedback

How was the content of the course?



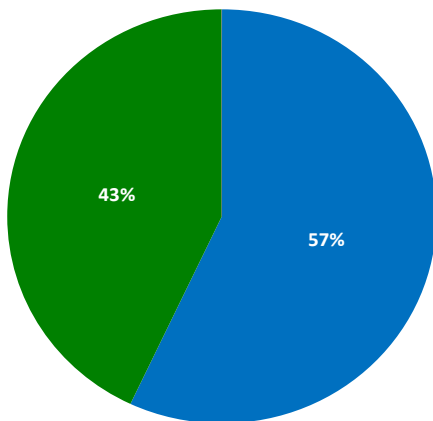
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of presentations?



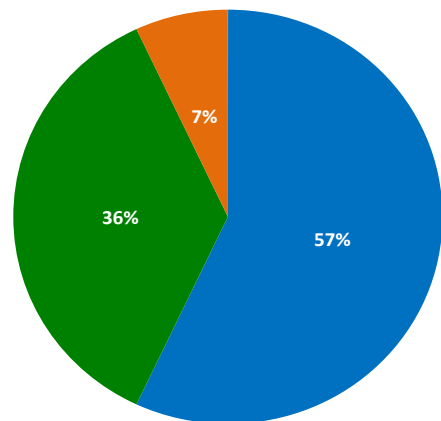
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How do you rate the relevance of the course to your exam



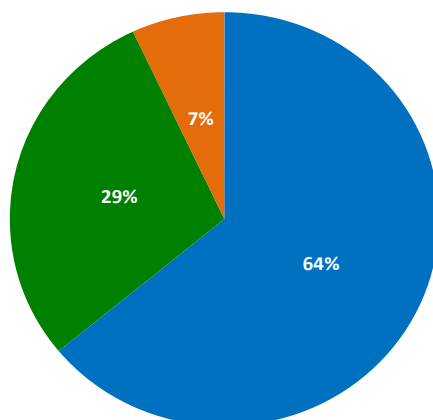
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the lectures?



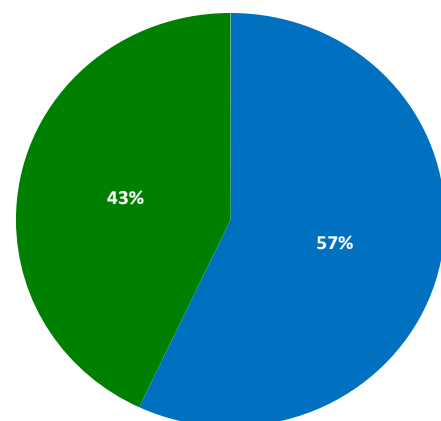
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination Techniques - 10 Commandments



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Upper Gastrointestinal Tract (Mr Datta)

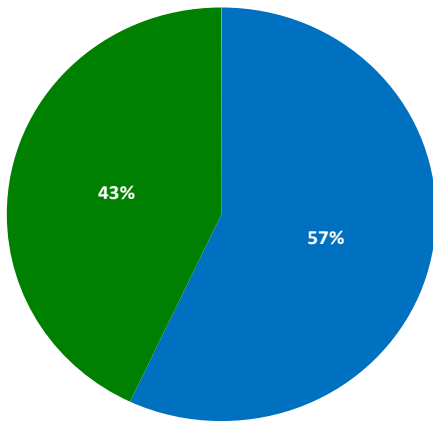


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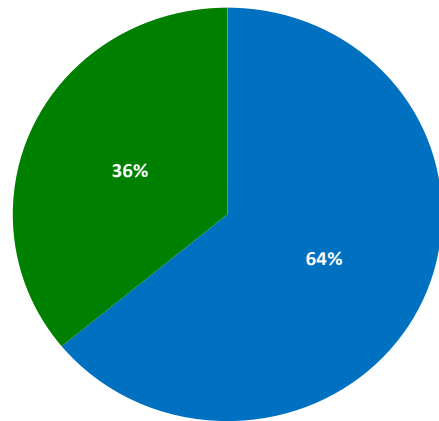
# Overall Teaching Feedback

Pancreas & Spleen (Mr Datta)



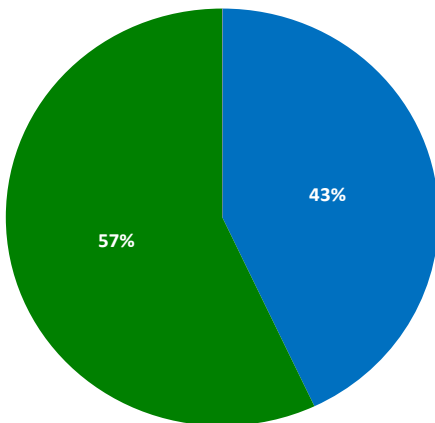
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Colon & Rectum (Mr Selvasekar)



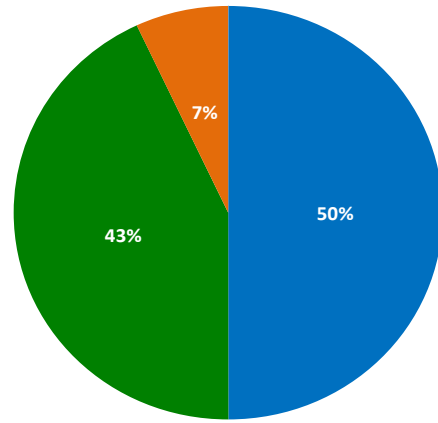
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Thyroid & Endocrines (Mr Datta)



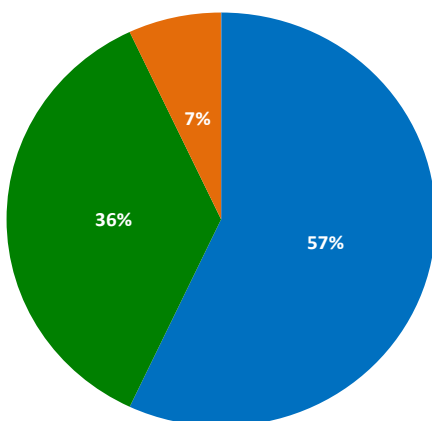
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Trauma & Emergency Surgery (Mr Datta)



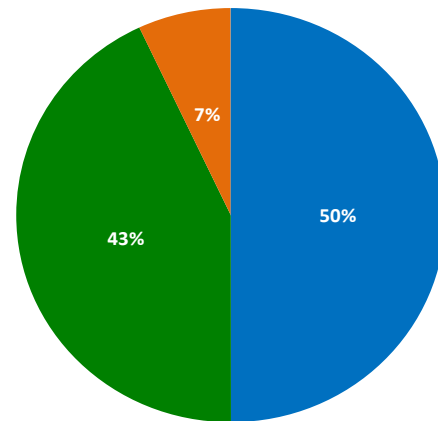
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Critical Care – Surgical Cases (Mr Datta)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

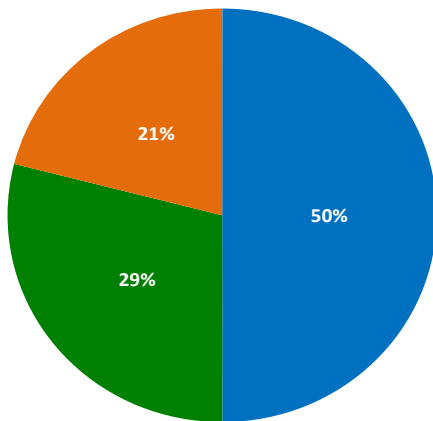
Breast (Mr Datta)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

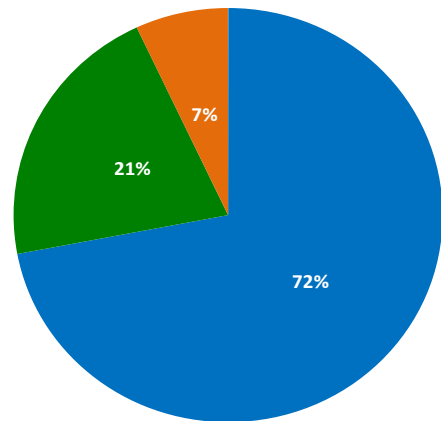
# Overall Teaching Feedback

Vascular Surgery (Mr Datta)



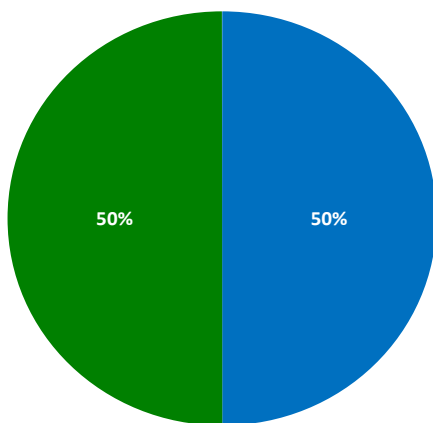
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Anus & Anal Canal (Mr Selvasekar)



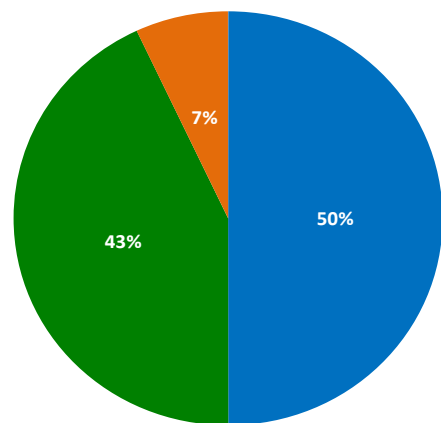
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Head & Neck (Mr Datta)



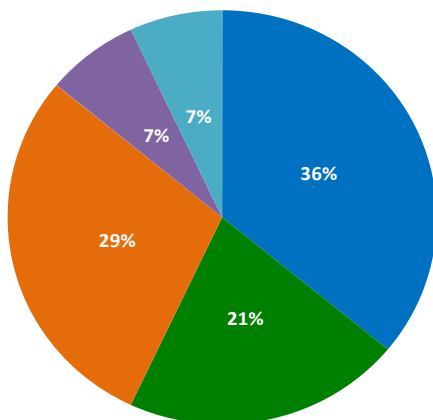
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Skin Conditions (Mr Datta)



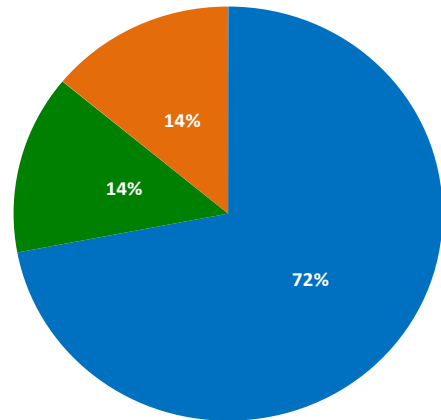
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Hepatobiliary (Mr Deshpande)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

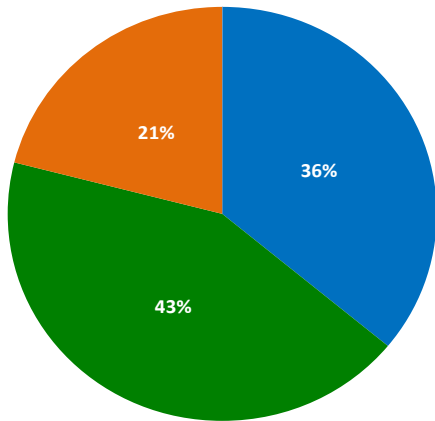
Critical Care for Surgeons (Ms Kasipandian)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

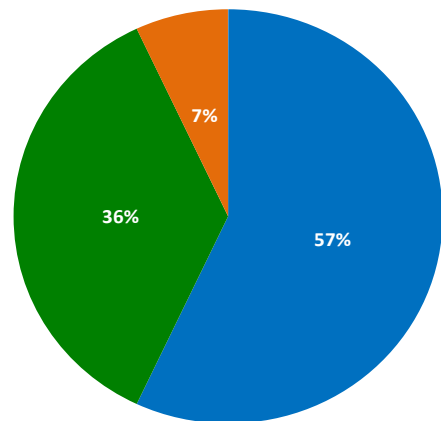
# Overall Teaching Feedback

Trauma Surgery (Mr Deshpande)



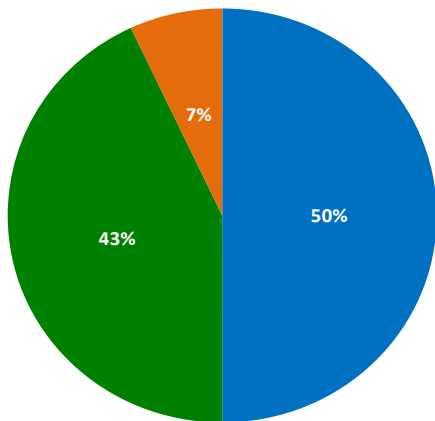
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Tips on FRCS Section 2 Exam



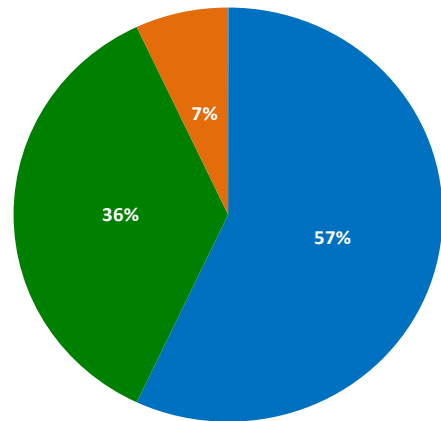
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Academic Viva



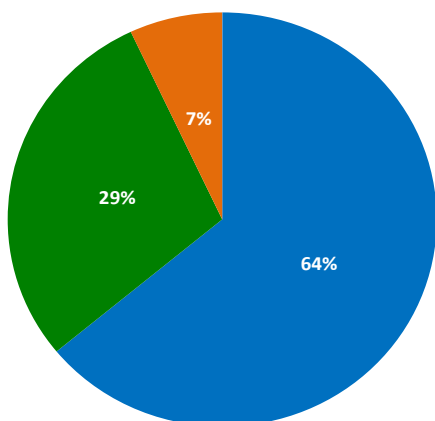
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Viva (Speciality)



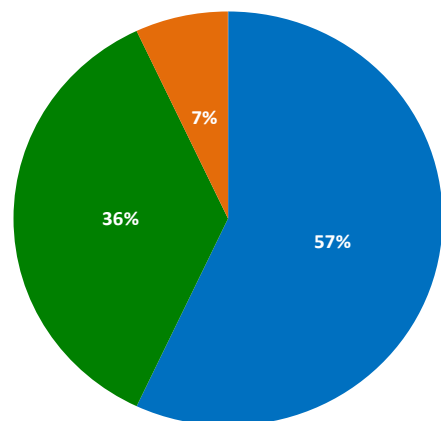
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Viva (General)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

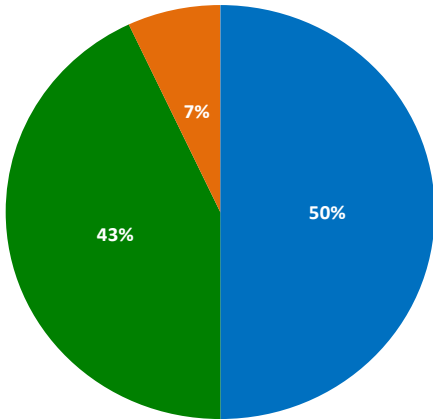
Clinical Viva (Emergency/Critical Care)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

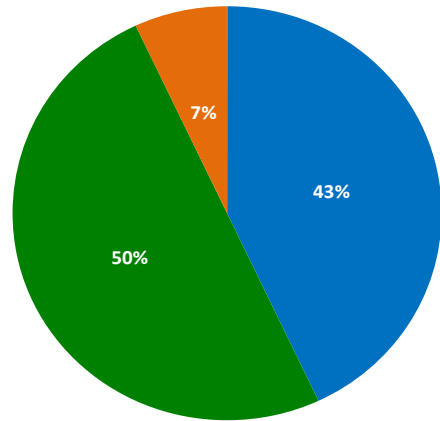
# Overall Teaching Feedback

Clinical Cases – Vascular Surgery



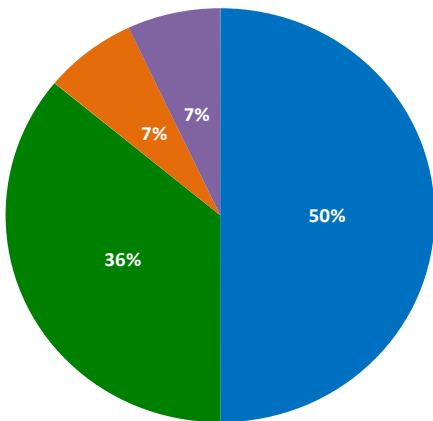
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Cases – Colorectal Surgery



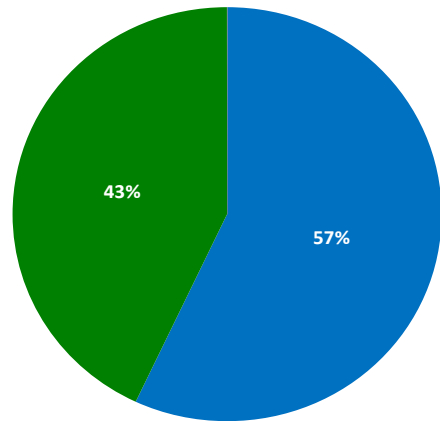
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Cases – Upper GI Surgery



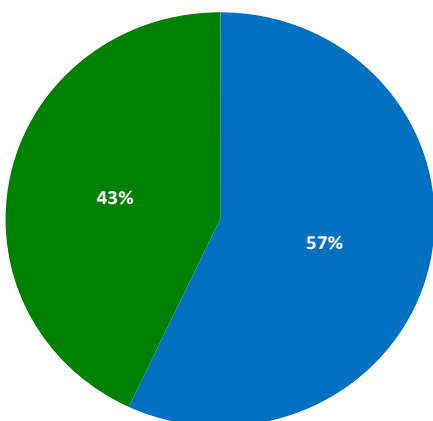
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Cases – Breast/Endocrine



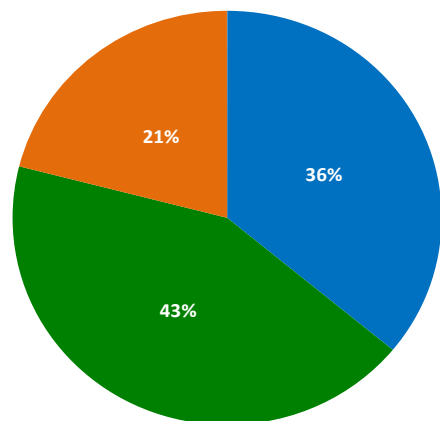
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Cases – General



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

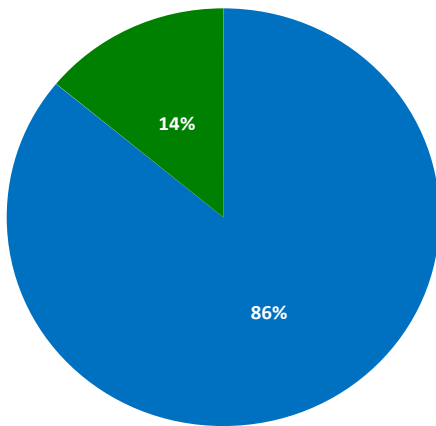
Clinical Cases – Transplant



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

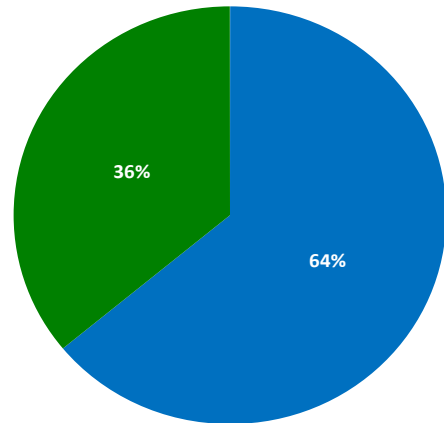
# Overall Teaching Feedback

How was the general friendliness of the faculty and organisers?



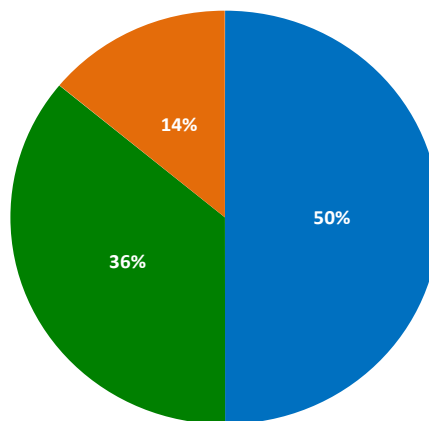
■ Very friendly ■ Friendly ■ Neutral  
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

It was certainly helpful to guide further study.

**DT**  
*Royal Victoria Hospital, Belfast, United Kingdom*

Very relevant. Good teaching style from most lecturers especially Mr Datta.

**JG**  
*Warrington Hospital, Warrington, United Kingdom*

It was an excellent course for the whole viva and tremendous effort went into it.

**MM**  
*Kingston Hospital, Kingston upon Thames, United Kingdom*

Very good.

**SS**  
*University Hospital Lewisham, London, United Kingdom*

The course was excellent and provided good value for money. I will definitely recommend it to my friends.

**AK**  
*William Harvey Hospital, Ashford, United Kingdom*

I found the course useful and relevant to exam preparation. Excellent course.

**JS**  
*St Mary's Hospital, London, United Kingdom*

The contents of the course were good and relevant. The presentations were clear. Will be recommending it to others preparing for the exam.

**DB**  
*St George's Hospital, London, United Kingdom*

Excellent course and faculty. Good quality presentations. Relevant for exam preparation!

**SL**  
*Leicester General Hospital, Leicester, United Kingdom*

High standard of faculty. Relevant for exam preparation. Content of the course was excellent.

**FN**  
*St. James' Hospital, Dublin, Ireland*

## Individual Comments

Good course.

**SK**

*Leicester General Hospital, Leicester, United Kingdom*

Was very well conducted considering the limited duration of three days.

**MA**

*Cork University Hospital, Corcaigh, Ireland*

Fantastic course. Very helpful. Gave me a framework to answer viva questions.

**GG**

*Warrington Hospital, Warrington, United Kingdom*



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is an UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016*
- **International Academic and Research Conference**  
*Manchester, 6<sup>th</sup> August 2016*
- **World University Anatomy Challenge**  
*Manchester, 5<sup>th</sup> August 2016*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



Peer-reviewed academic journal  
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- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

# [www.doctorsacademy.org](http://www.doctorsacademy.org)