

DOCTORS ACADEMY



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COLLEGE OF PHYSICIANS AND
SURGEONS OF CARDIFF



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Principles of Managing Hand Fractures and Fracture Fixation Course



Feedback - July 2024

Principles of Managing Hand Fractures and Fracture Fixation Course

This hybrid course discussed the principles of managing hand fractures and the fixation of fractures. The theoretical component of the course was delivered via Zoom on Thursday 11th July 2024 (1800-2100 hours), and the practical component took place at the College of Physicians and Surgeons of Cardiff, Cardiff Bay on Wednesday 17th July 2024 (0830-1800 hours).

Delegates participated in small group practical workshops on metacarpal plating, metacarpal lag screw fixation, proximal phalanx plating, proximal phalanx lag screw fixation, and interfragmentary screw fixation. Delegates also had the opportunity to create their own fractures on the sawbones and try various fixation methods.

Course Information

Venue:	Theoretical Component Held via Zoom (11th July 2024) Practical Component Held at College of Physicians and Surgeons of Cardiff, Cardiff Bay (17th July 2024)
Date:	11th and 17th July 2024
Attendance:	10 Delegates
Aimed at:	Core Surgical Trainees (CT1 and CT2) Specialty Trainees in Orthopaedic Surgery (ST3) Specialty Trainees in Plastic Surgery (ST3) Trust Doctors Clinical Fellows Non-Training Registrars in Plastic Surgery, Orthopaedic Surgery and Hand Surgery
Course Fee :	£250.00



Programme

Theory Session - 11th July 2024 (1800-2100 hours)

Virtual Session Over Zoom

1800 - 1805 Introduction

1805 - 1905 Principles of Fracture Fixation

1905 – 1915 Comfort Break

1915 - 2025 Type of Hand Fractures and Approaches in the Management of Hand Fractures

2030 Questions and End of Theory Session

Practical Session - 17th July 2024 (0830-1800 hours)

Doctors Academy Institute and College of Physicians and Surgeons of Cardiff, Cardiff Bay

0845 - 0900 Introduction to Practical Sessions

0900 - 0930 Using the Fracture Fixation Kit

0930 - 1030 Metacarpal Plate Fixation

1030 – 1050 Break for Refreshments

1050 - 1200 Metacarpal Lag Screw Fixation

1200 - 1300 Proximal Phalanx Plate Fixation

1300 - 1340 Lunch

1340 - 1500 Proximal Phalanx Lag Screw Fixation

1500 - 1545 Creating Own Fractures and Fixation

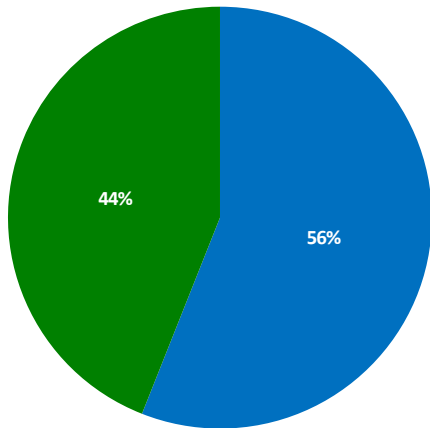
1545 - 1600 Break for Refreshments

1600 - 1715 Case Discussions on Complex Hand Fractures and Fracture Dislocations

1715 – 1800 Questions, Summary and End of Course

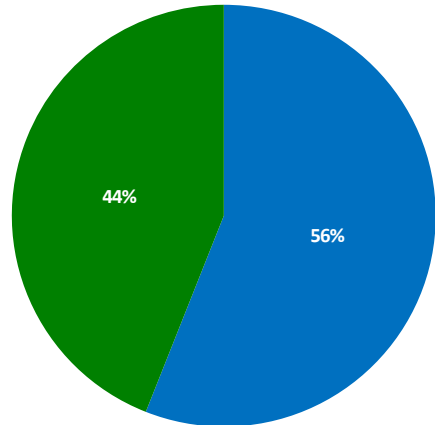
Overall Feedback

How was the content of the course?



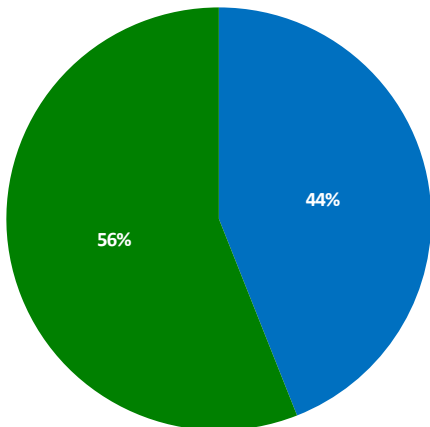
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



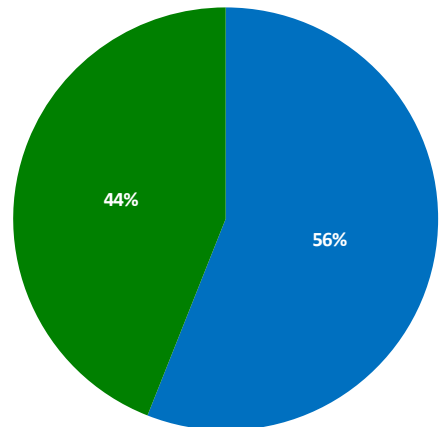
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the information provided?



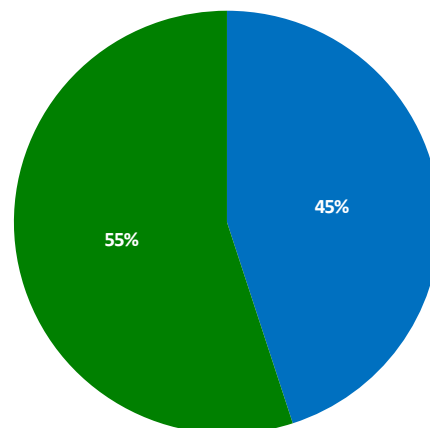
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your objectives?



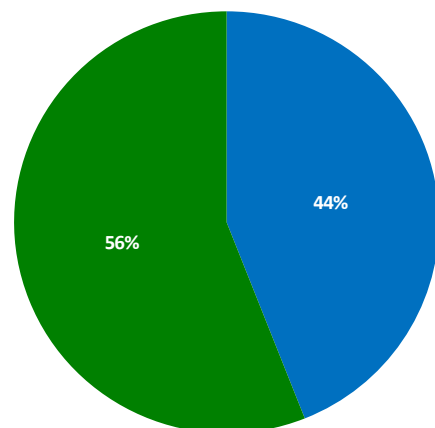
■ Most certainly ■ Certainly ■ Probably ■ A little ■ Not at all

Theory Session (via Zoom)



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

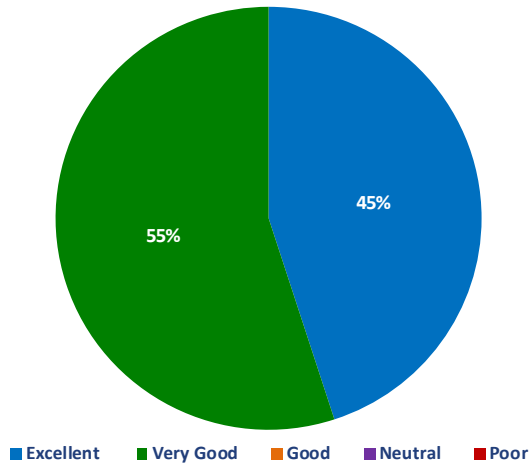
Practical Session – Metacarpal Plate Fixation



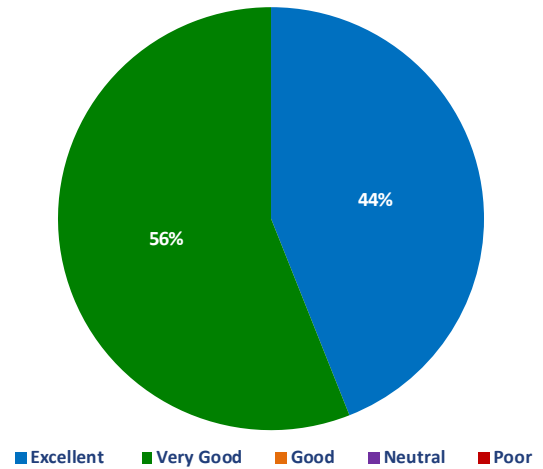
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Overall Feedback

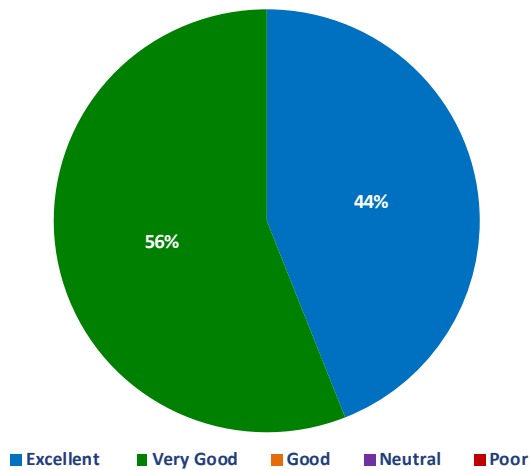
Practical Session – Metacarpal Lag Screw Fixation



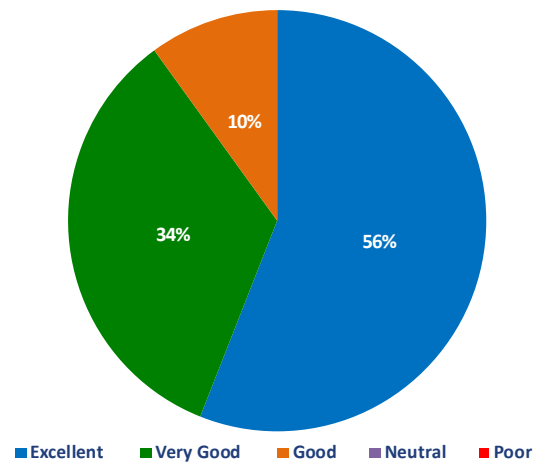
Practical Session – Proximal Phalanx Plate Fixation



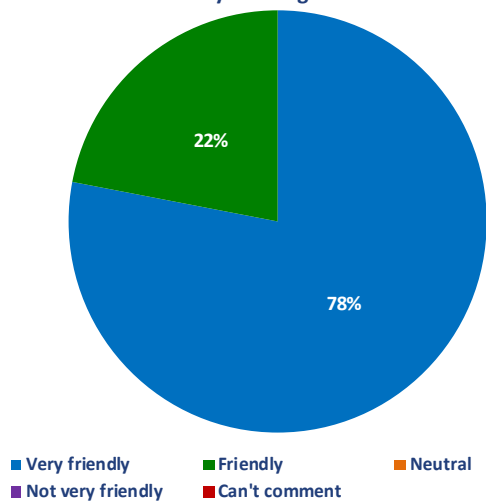
Practical Session – Proximal Phalanx Lag Screw Fixation



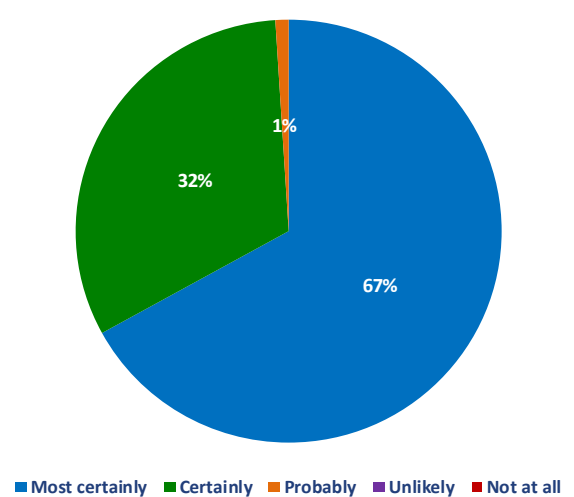
How would you rate the appropriateness of the Zoom platform for the theoretical component of this course?



How was the general friendliness of the faculty and organisers?

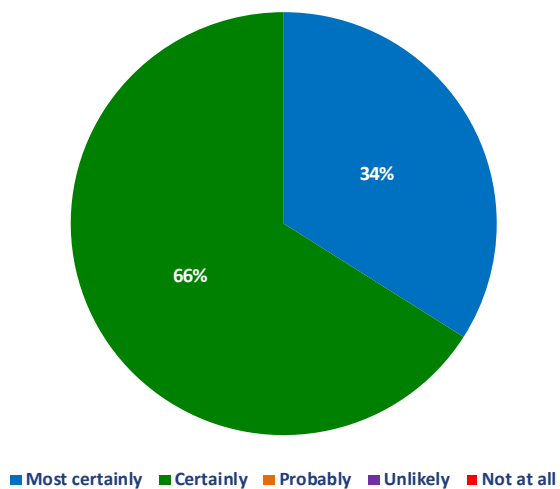


Would you recommend this course to a friend?



Overall Feedback

Do you think that this course provided good value for money?



Individual Comments

Extremely useful for hand trauma.

PE

Evelina London Children's Hospital, London, UK

It was well organised and covered the very basics in a short span of time.

RR

Queen Elizabeth Hospital, Birmingham, UK

Excellent course I would recommend for plastics/T&O trainees.

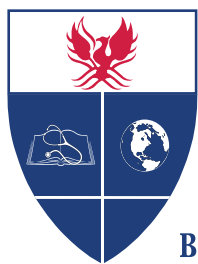
SY

University Hospital Birmingham NHS, UK

Excellent course.

PE

Evelina London Children's Hospital, London, UK



DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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