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## Shaping the Future of Paediatrics: A Day Discussing Paediatric Career Pathways



Feedback - February 2020

## Shaping the Future of Paediatrics: A Day Discussing Paediatric Career Pathways

The Brighton and Sussex Medical School (BSMS) Paediatric Society was pleased to announce the 9<sup>th</sup> Annual National Student Paediatric Conference on the 29<sup>th</sup> February 2020 at the University of Brighton. This year's theme was 'Shaping the Future of Paediatrics: A Day Discussing Paediatric Career Pathways'.

Delegates were provided with a day of talks, small-group discussions and case-based discussions run by leading experts in the field of Paediatrics.

The conference provided delegates with a complimentary breakfast, lunch, tea and coffee throughout the day, as well as the opportunity to enter the BSMS poster competition.

The day finished with a black-tie ball at Jury's Inn Waterfront Hotel where delegates received a three-course meal. Guests had the opportunity to enter a raffle to win prizes, with all proceeds of the raffle going to the Rockinghorse, Hadyn's Wish and Whoopsadaisy charities.

The Annual National Paediatric Conference is one of BSMS's most anticipated annual events, bringing together students and healthcare professionals from across the country.

### Course Information

<b>Date:</b>	<b>29<sup>th</sup> February 2020</b>
<b>Venue:</b>	<b>Checkland Building, University of Brighton, Village Way, Falmer, Brighton</b>
<b>Attendance:</b>	<b>168 Delegates</b>
<b>Aimed at:</b>	<b>Students and Healthcare Professionals interested in the field of Paediatrics.</b>
<b>Conference Fee:</b>	<b>Conference Only - £17.00 (MedSoc Members); Conference Only - £19.00 (Non-MedSoc Members); Conference and Ball - £32.00 (MedSoc Members); Conference and Ball - £34.00 (Non-MedSoc Members)</b>



## Programme

0830 – 0900 Registration, Poster Set-Up and Breakfast

0900 – 0915 Welcome Address from President

0915 – 0930 Introduction – Professor Mukhopadhyay

0930 – 1015 It's a Child Get Me Out of Here: Improving Confidence in Assessing and Managing Children – Dr Pool

**1015 – 1030**

**Tea and Coffee Break**

1030 – 1100 A Guide to Paediatric Career Pathways – Dr Howsam

1100 – 1145 Neonatal Surgery – Miss Van Der Avoirt

**1145 – 1245**

**Lunch and Poster Competition**

1245 – 1325 FGM – Dr Kaur

1325 – 1345 Q&A Panel with Speakers

1345 – 1350 Information on Small-Group and Case-Based Discussions

1350 – 1425 Small-Group and Case-Based Discussions 1:

- Paediatric Laparoscopic Surgery – Miss Van Der Avoirt and Miss Robotin
- Paediatrics OSCE Revision and Interesting Cases – Dr Jeyasingh
- Use of DIY Hybrid Closed Loop in an Adolescent with Type 1 Diabetes, as a Parent-Led Initiative – Dr Kanumakala
- Eating Disorders in Adolescence – Miss Bhutto
- Endocrinology in Paediatrics – Dr Ismail
- Let's Talk About Sex...Education – Ms Buckland
- Paediatric Palliative Care - Living Well, Dying Well – Dr Anderson
- A Snapshot of Paediatric Research – Dr Anton
- Paediatrics and Mental Health Services: Do the Two Teams Ever Work Together? – Dr McEwan
- Simulation in Paediatrics – Dr Pawley

**1425 – 1445**

**Tea and Coffee Break**

1445 – 1520 Small-Group and Case-Based Discussions 2:

- Paediatric Laparoscopic Surgery – Miss Van Der Avoirt and Miss Robotin
- Paediatrics OSCE Revision and Interesting Cases – Dr Jeyasingh
- Use of DIY Hybrid Closed Loop in an Adolescent with Type 1 Diabetes, as a Parent-Led Initiative – Dr Kanumakala
- Eating Disorders in Adolescence – Miss Bhutto

## Programme

- Endocrinology in Paediatrics – Dr Ismail
- Let's Talk About Sex...Education – Ms Buckland
- Paediatric Palliative Care - Living Well, Dying Well – Dr Anderson
- A Snapshot of Paediatric Research – Dr Anton
- Paediatrics and Mental Health Services: Do the Two Teams Ever Work Together? – Dr McEwan
- Simulation in Paediatrics – Dr Pawley

1520 – 1525 Small-Group and Case-Based Discussions Changeover

1530 – 1605 Small-Group and Case-Based Discussions 3:

- Paediatric Laparoscopic Surgery – Miss Van Der Avoirt and Miss Robotin
- Paediatrics OSCE Revision and Interesting Cases – Dr Jeyasingh
- Use of DIY Hybrid Closed Loop in an Adolescent with Type 1 Diabetes, as a Parent-Led Initiative – Dr Kanumakala
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- Paediatrics and Mental Health Services: Do the Two Teams Ever Work Together? – Dr McEwan
- Simulation in Paediatrics – Dr Pawley

1605 – 1615 Closing Words from President and Poster Prizes

# Faculty

## Speakers

### **Miss Robotin**

Clinical Fellow in Paediatric Surgery  
Royal Alexandra Children's Hospital, Brighton

### **Dr Anna-Karenia Anderson**

Consultant in Paediatric Palliative Medicine  
The Royal Marsden NHS Foundation Trust and Shooting Star CHASE Children's Hospice

### **Miss Anouk Van Der Avoirt**

Consultant in Paediatric and Neonatal Surgery  
Royal Alexandra Children's Hospital, Brighton

### **Dr Craig McEwan**

Child and Adolescent Psychiatry Registrar  
CAMHS, John Grenville House, Chichester

### **Dr Dunia Ismail**

Consultant in Paediatrics  
Royal Alexandra Children's Hospital, Brighton

### **Ms Ghislain Buckland**

3<sup>rd</sup> Year Medical Student and Vice-President of Brighton Sexpression  
Brighton and Sussex Medical School, Brighton

### **Dr Frankie Howsam**

Consultant in Paediatrics and Named Doctor for Child Protection  
Royal Alexandra Children's Hospital, Brighton

### **Dr Hannah Pool**

Registrar in Paediatrics  
Royal Alexandra Children's Hospital, Brighton

### **Dr Oana Anton**

Clinical Research Fellow  
Royal Alexandra Children's Hospital, Brighton

### **Dr Pardeep Kaur**

General Practitioner with a Special Interest in Female Genital Mutilation  
Lecturer at Brighton and Sussex Medical School and King's College London

### **Miss Pashmina Bhutto**

4<sup>th</sup> Year Medical Student  
Brighton and Sussex Medical School, Brighton

### **Dr Shankar Kanumakala**

Consultant in Paediatrics  
Royal Alexandra Children's Hospital, Brighton

### **Dr Sharmila Jeyasingh**

Consultant Paediatrician at Royal Alexandra Children's Hospital, Brighton  
Lecturer at Brighton and Sussex Medical School, Brighton

### **Professor Somnath Mukhopadhyay**

Chair in Paediatrics  
Royal Alexandra Children's Hospital, Brighton

### **Dr Susie Pawley**

Consultant Paediatrician  
Children's Emergency Department, Royal Alexandra Children's Hospital, Brighton

# Faculty

## Organisers

**Miss Farazi Virk**  
President

**Mr Bradley Stewart**  
Vice President

**Miss Alicia Paessler**  
Events Coordinator

**Mr Tom Copeland**  
Treasurer

**Miss Polly Scott**  
Webmaster

**Mr Mohamed Yusuf**  
Secretary

**Miss Layla Beckett**  
Teddy Bear Hospital Representative

**Miss Robyn Creedon**  
Intercalation Representative

**Miss Katie Bal**  
1<sup>st</sup> Year Representative

**Mr Philipp Tobias**  
2<sup>nd</sup> Year Representative

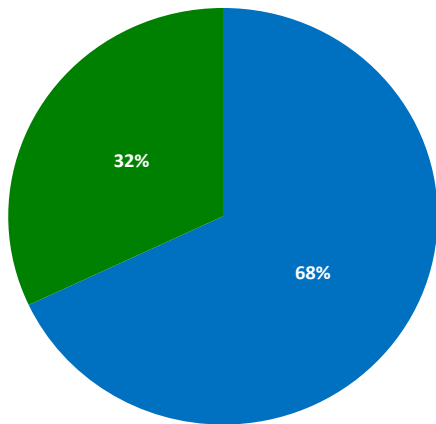
**Miss Amina Bahri**  
3<sup>rd</sup> Year Representative

**Mr Alex Taylor**  
4<sup>th</sup> Year Representative

**Miss Izzy Templeton**  
Committee Advisor

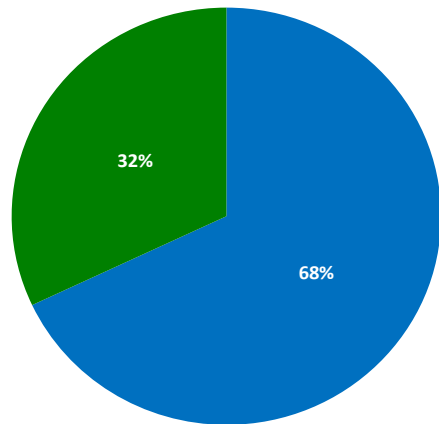
# Overall Feedback

How was the content of the conference?



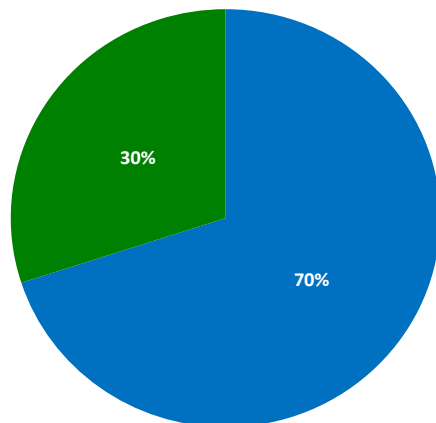
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



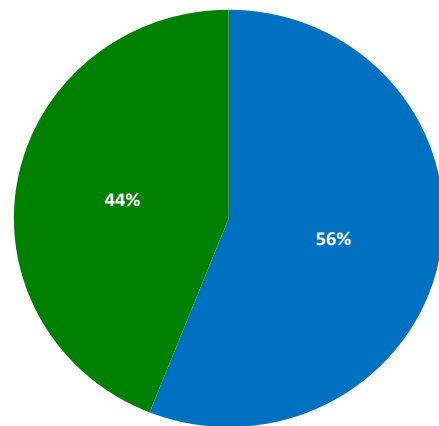
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It's a Child Get Me Out of Here: Improving Confidence in Assessing and Managing Children – Dr Pool



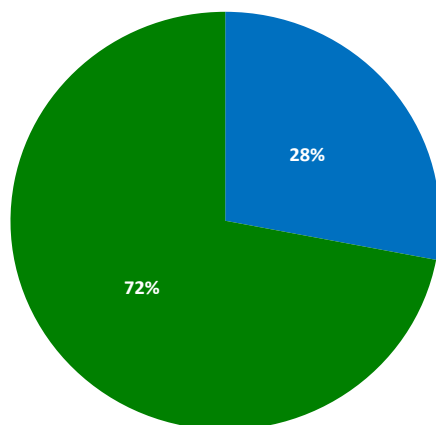
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A Guide to Paediatric Career Pathways – Dr Howsam



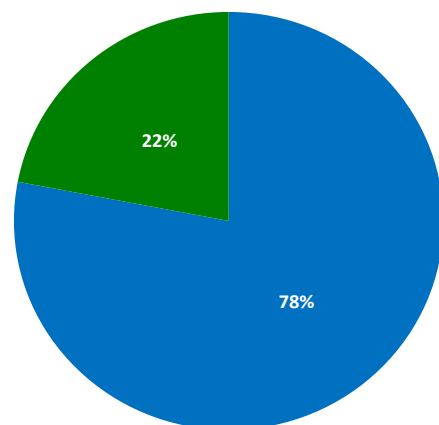
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Neonatal Surgery – Miss Van Der Avoirt



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

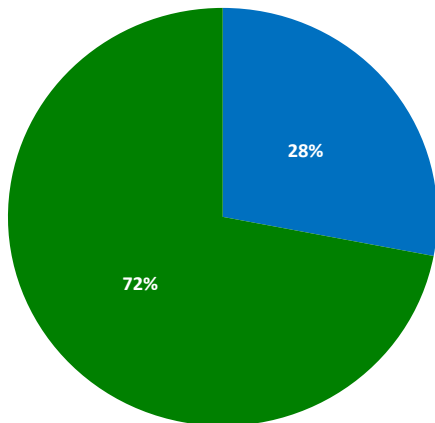
FGM – Dr Kaur



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

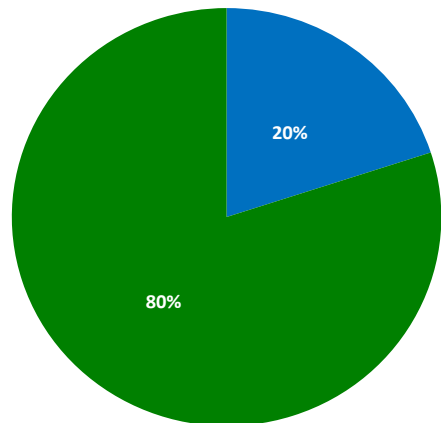
# Overall Feedback

Q&A Panel with Speakers



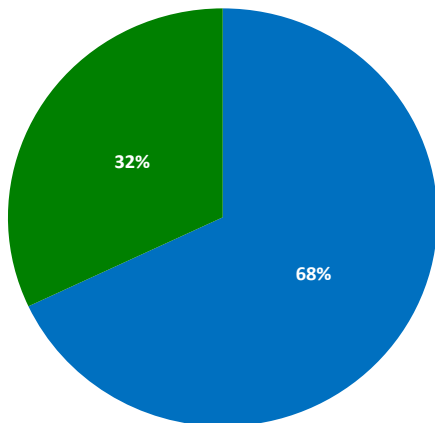
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A Snapshot of Paediatric Research - Dr Anton



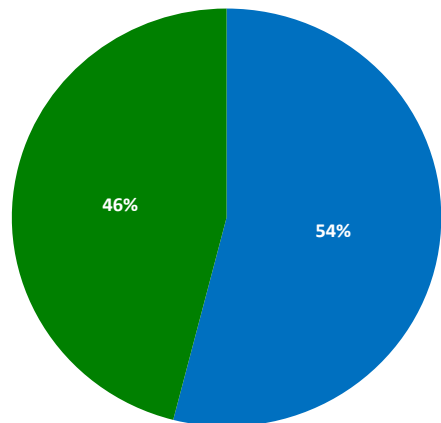
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Eating Disorders in Adolescence - Miss Bhutto



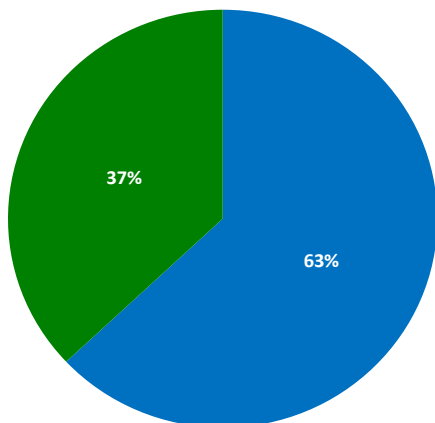
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Endocrinology in Paediatrics - Dr Ismail



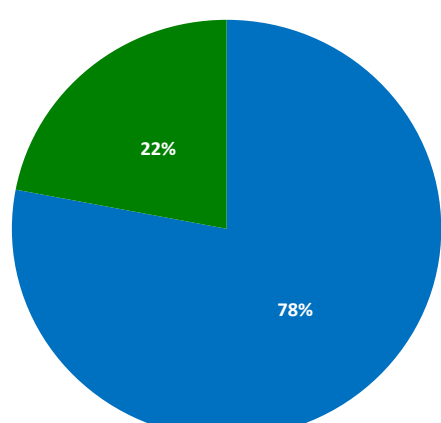
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Lets Talk About Sex...Education - Ms Buckland



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Paediatric Laparoscopic Surgery - Miss Van Der Avoirt and Miss Robotin

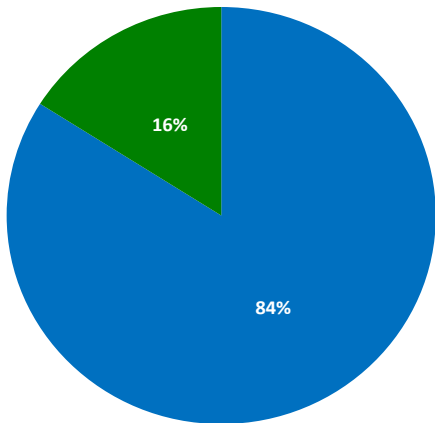


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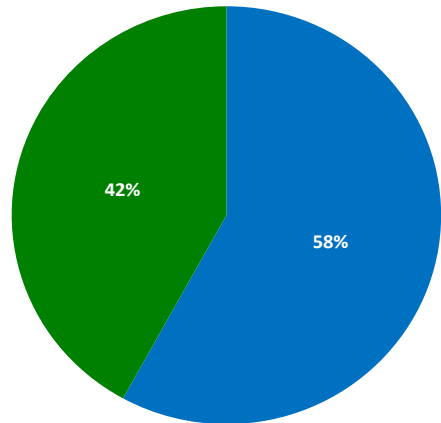
# Overall Feedback

Paediatric Palliative Care - Living Well, Dying Well - Dr Anderson



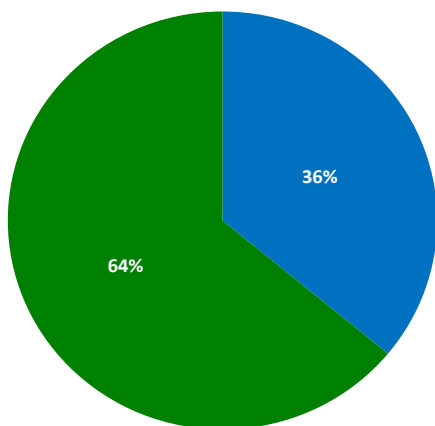
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Paediatrics OSCE Revision and Interesting Cases - Dr Jeyasingh



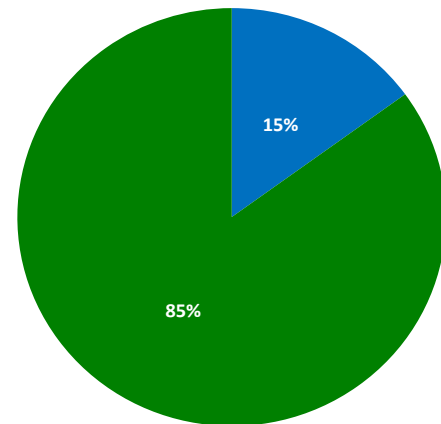
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Simulation in Paediatrics - Dr Pawley



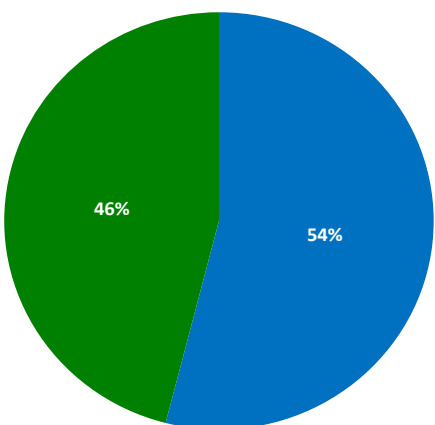
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Use of DIY Hybrid Closed Loop in an Adolescent with Type 1 Diabetes, as a Parent-Led Initiative - Dr Kanumakala



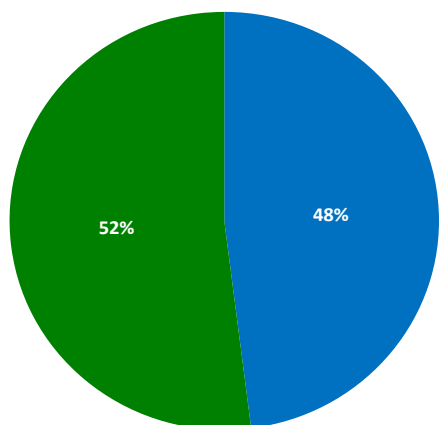
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

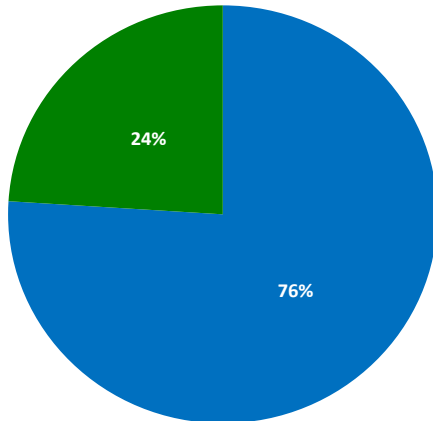
How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

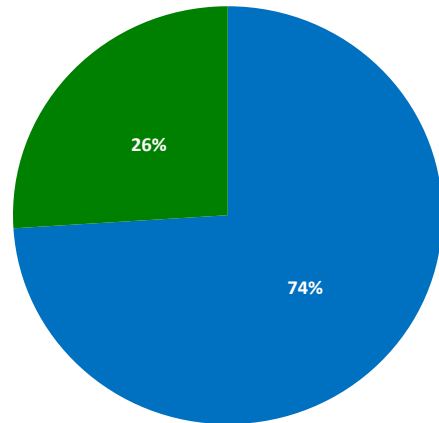
## Overall Feedback

How was the general friendliness of the faculty and organisers?



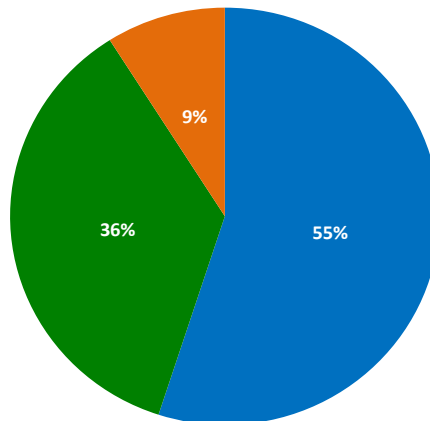
■ Very friendly ■ Friendly ■ Neutral  
■ Not very friendly ■ Can't comment

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

It was amazingly organised. This was the best conference that I have attended.

**FV**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

It was very good.

**KS**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

It was extremely well organised and the teaching and presentations both were great. In regard to relevance, it was not relevant yet as we are not doing Paediatrics in year 2, but it was nevertheless very interesting and helpful.

**PT**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

It was very good.

**RM**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

Overall, it gave a good impression and was very relevant to my studies.

**CA**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

It was really well organised; I had a great day!

**FH**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

It was very well organised, especially as it was such a large conference.

**HE**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

The conference seemed very organised, friendly and approachable.

**IO**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

This was a good conference.

**AC**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

Everything ran very smoothly, and the small group sessions were a really nice opportunity to find out more about a good variety of subjects. I really liked the use of technology (Menti) to ask questions anonymously both in the Q&A session and in the small group sessions (on eating disorders).

**WA**

***University of Sussex, Brighton, United Kingdom***

## Individual Comments

Overall, the conference was very well organised, the speakers were well rehearsed in their fields and provided me with a brilliant insight into the life of Paediatrics. The activities were a great way to delve further into specific topics that people found interesting and it provided a more face to face experience. The clinical cases on hypoglycaemia were quite relevant to my studies as a biomedical science student.

**AM**

***University of Sussex, Brighton, United Kingdom***

I really enjoyed the conference; I liked that there were a wide range of presentations and discussions ranging from clinical skills to career pathways. As a first year, I haven't done any work on Paediatric medicine yet, so I found that the conference was a great way to learn more about it.

**WN**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

It was somewhat relevant for second years, but it was more relevant for future years.

**HA**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

It was worthwhile and interesting. It offered a wide variety of topics and has informed me on how to focus my studies and extracurriculars to reach a position that is favourable for entry into a Paediatrics position.

**TP**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

Everything ran smoothly and I got bundles of information, so it was great.

**LA**

***BrightMed***

All speakers were excellent and each one was clear when teaching expansive points that I could take and think about later on.

**DN**

***BrightMed***

I believe the overall event was executed in a professional manner with excellent organisation, teaching, presentation, and relevance.

**SP**

I found it informative and I understood the difference between my country and UK medical training.

**NB**

***Vilnius University, Vilnius, Lithuania***

This conference is still one of the best conferences I have attended, and it is one that I would recommend to anyone studying medicine.

**OH**

***Brighton and Sussex Medical School, Brighton, United Kingdom***

## Individual Comments

It was good.

**LB**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

It was great.

**LM**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

It was very professional.

**SC**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

It was very organised, professional and most importantly beneficial.

**MR**

*BrightMed*

I think that it prepared me for my rotations in 4<sup>th</sup> year.

**EF**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

It was good.

**OT**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

It gave a very good overall impression. I thought that it was well organised. As a first year student, it was my first proper insight into an overall speciality.

**ES**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

The conference was well organised, good value for money and the lectures were interesting (especially the lecture on FGM).

**JE**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

It was really excellent; I have no complaints.

**EL**

*Brighton and Sussex Medical School, Brighton, United Kingdom*



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

# [www.doctorsacademy.org](http://www.doctorsacademy.org)