

# Intercollegiate Basic Surgical Skills Course

**21<sup>st</sup> and 22<sup>nd</sup> October 2023**

Doctors Academy Centre, Frazer Building, 126 Bute Street, Cardiff Bay, Cardiff

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## Programme

### Day 1

0830 Registration

0840 Introduction

Gowning and Gloving

Handling Instruments

Knot Tying (1): Reef Knot; Instrument Tie

**1100**

**Refreshment Break**

Knot Tying (2): Surgeons Knot; Tying at Depth

Suturing (Needle Manipulation and Driving; Interrupted; Sub-Cuticular; Vertical Mattress)

**1300**

**Lunch**

Skin Lesions and LA Techniques

Fine Tissue Handling (1): Tendon Repair

**1515**

**Refreshment Break**

Wound Management: Abscess Drainage; Debriding a Traumatic Wound

Diathermy

1730 Question and Answer Session

1745 End of Day 1

## Day 2

0830 Skills Consolidation/OSAT  
Abdominal Incision and Closure

**1100**

### **Refreshment Break**

Haemostasis: Ligation in Continuity; Pedicle Ligation; Transfixion  
End-to-End Bowel Anastomosis (Interrupted; Instrument-Tied Knots)

**1315**

### **Lunch**

Fine Tissue Handling (2): Vascular Patch Exercise

**1500**

### **Refreshment Break**

Introduction to Minimal Access Surgery  
Minimal Access Exercises: Visualisation Tasks; Various Scope Angles; Use of Coaxial  
Instruments; Manipulation of Non-Coaxial Instruments

1730 Question and Answer Session

1740 End of Course