

## Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE



Feedback - January 2023

## Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE

This five-day preparatory course provided the attendee with a thorough understanding of the topics on which to focus and the areas to prepare for the MRCS OSCE. The course was delivered through a robust method of small group teaching, individual OSCEs and interactive discussions, all of which aimed to guide the attendee to prepare for each component of the exam (all stations were covered during the five days). This course was suitable for those who had recently started their revision but were not fully prepared for the exam. It was structured for those sitting the exam four to six weeks later or those who wished to gain an understanding of the revision topics and techniques for the MRCS OSCE that they intend to sit in 3 to 4 months' time.

Day 1 and Day 2 focussed on the knowledge component of the exam, with emphasis placed on anatomy and pathology but also consideration of related microbiology and applied surgical sciences (physiology). Day 3 was divided into a morning session that covered clinical and procedural skills and an afternoon session that covered additional applied surgical sciences and critical care stations. Day 4 consisted of small group teaching using anatomical dissections, relevant pathological specimens, and osteology. A mock OSCE took place during the afternoon. Day 5 consisted of clinical examination stations in the morning and communication skills stations in the afternoon.

The programme and the teaching sessions reflected any changes introduced to the exam due to the COVID-19 pandemic.

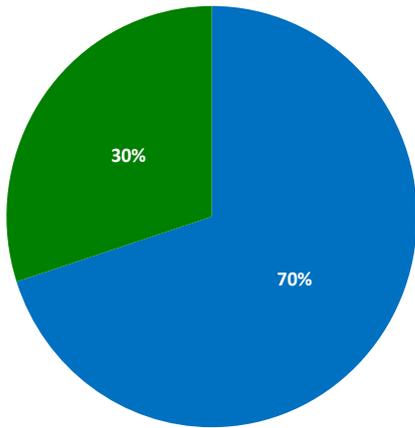
### Course Information

<b>Venue:</b>	<b>College of Physicians and Surgeons of Cardiff, Cardiff Bay, Cardiff; School of Biosciences, Cardiff University</b>
<b>Dates:</b>	<b>25<sup>th</sup> - 29<sup>th</sup> January 2023</b>
<b>Attendance:</b>	<b>35 Delegates</b>
<b>Aimed at:</b>	<b>Candidates Preparing for the MRCS OSCE Examination</b>
<b>Course Fee:</b>	<b>£875.00</b>



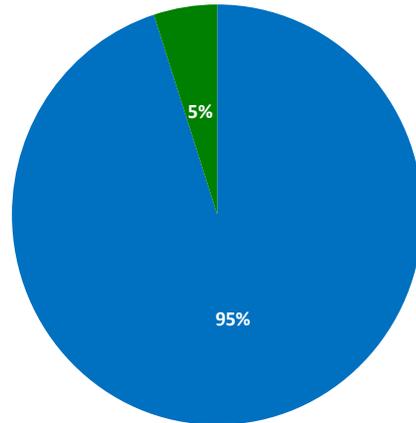
# Overall Feedback

How was the clarity of the sessions?



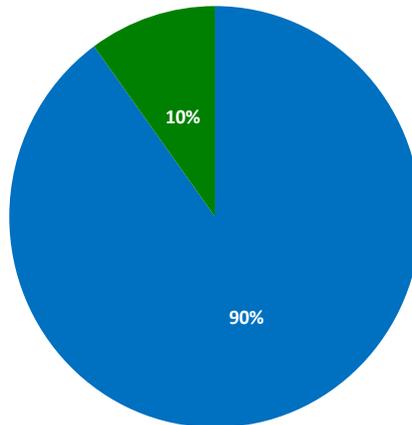
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

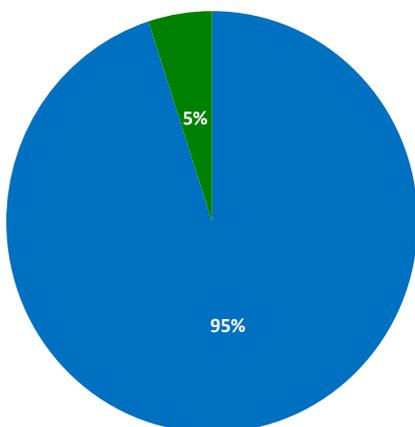
How do you rate the relevance of the course to your studies?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

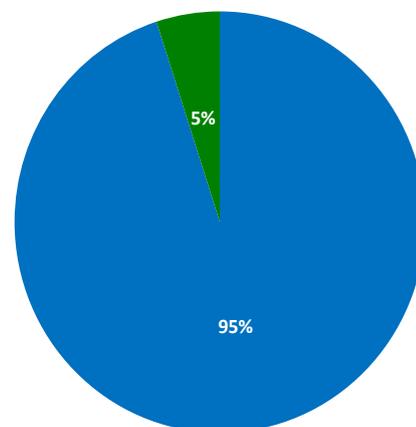
## Wednesday 25<sup>th</sup> and Thursday 26<sup>th</sup> January 2023

Skull Base, Head and Face



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

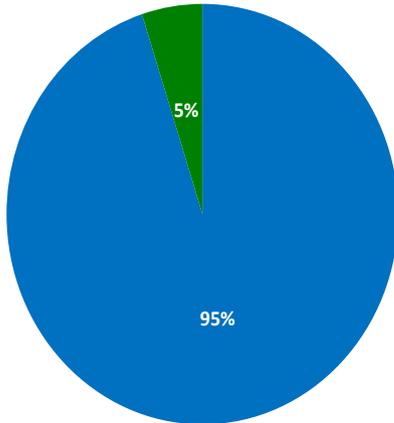
Neck, Neck Swellings, Larynx



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

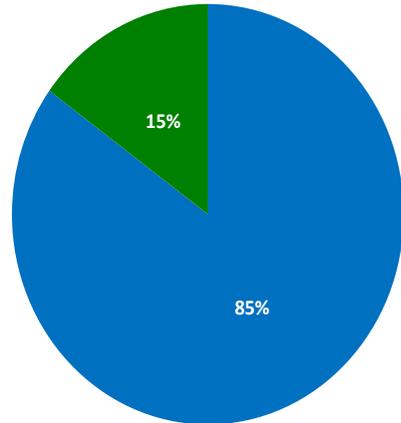
# Overall Feedback

Thorax, Mediastinum and Oesophagus



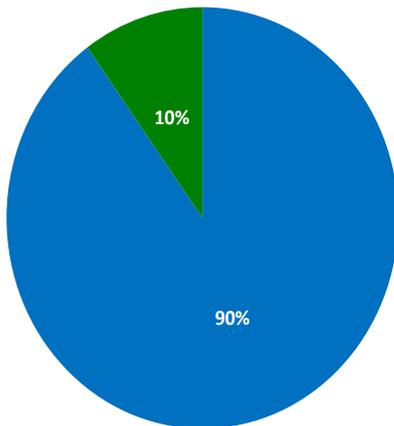
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Heart and Lung



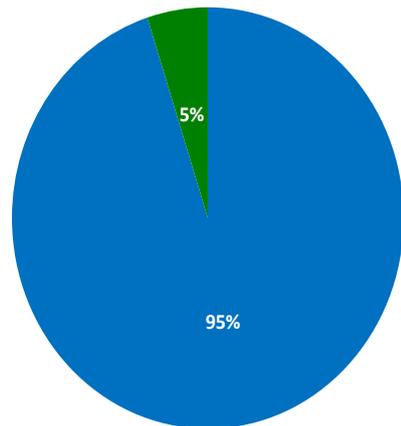
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Brachial Plexus and Upper Limb



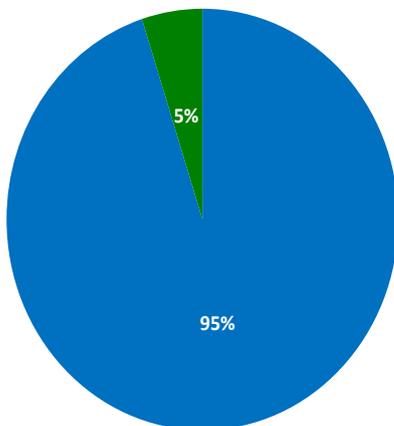
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Upper Limb Nerve Injuries



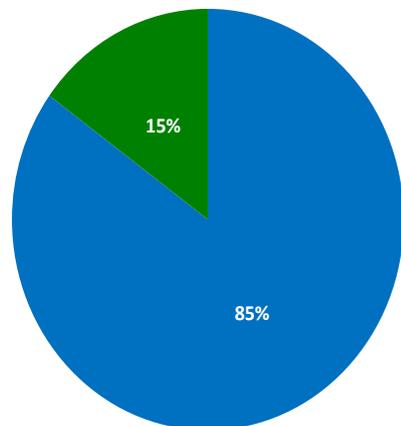
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Abdomen



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

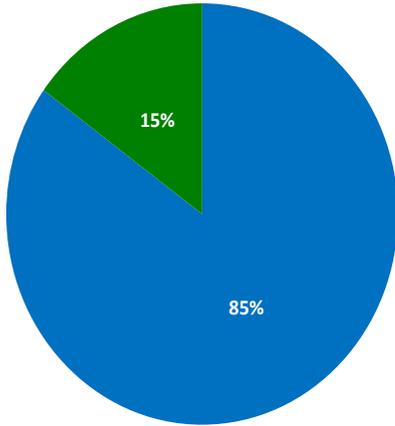
Abdominal Organs (Solid and Hollow)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

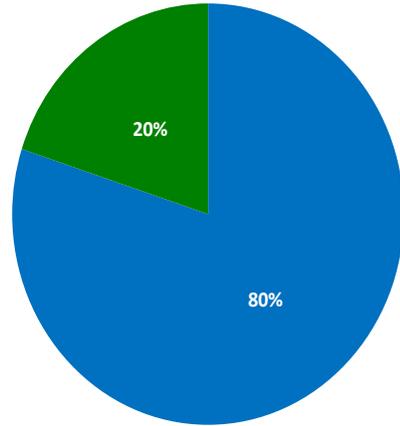
# Overall Feedback

Pelvis and Perineum



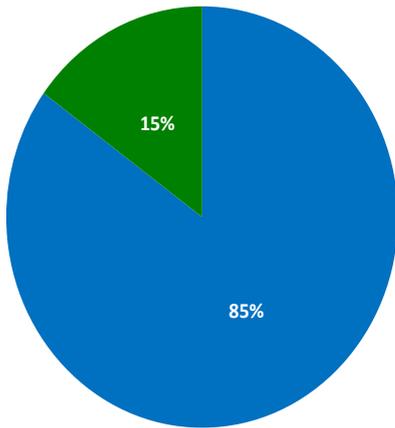
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Spinal Cord and Spinal Cord Syndromes



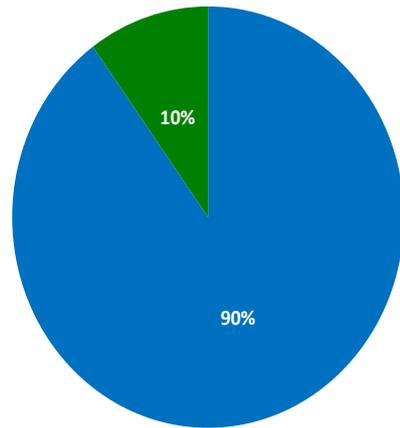
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lumbosacral Plexus



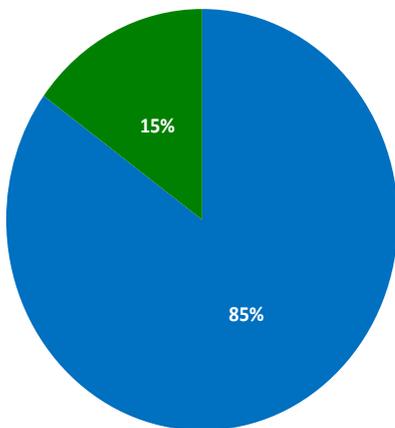
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lower Limb



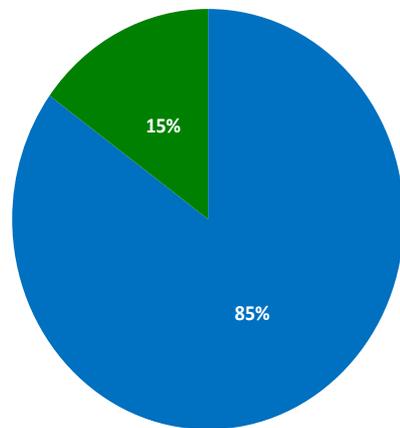
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lower Limb Nerve Injuries



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

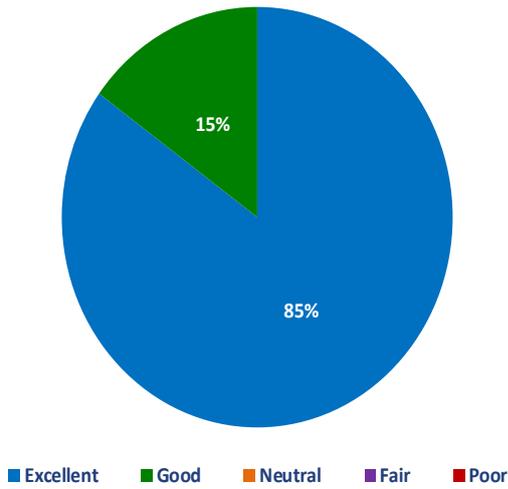
Pathology – Malignant Melanoma



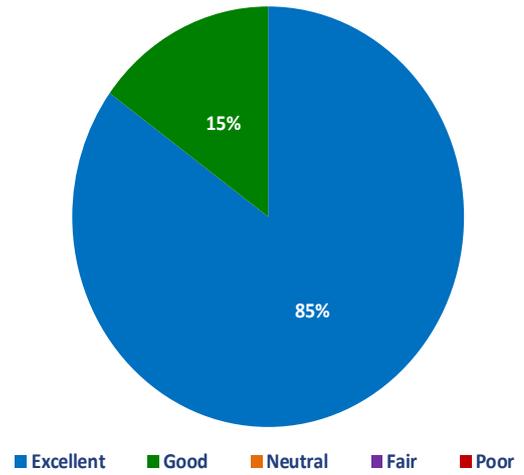
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Feedback

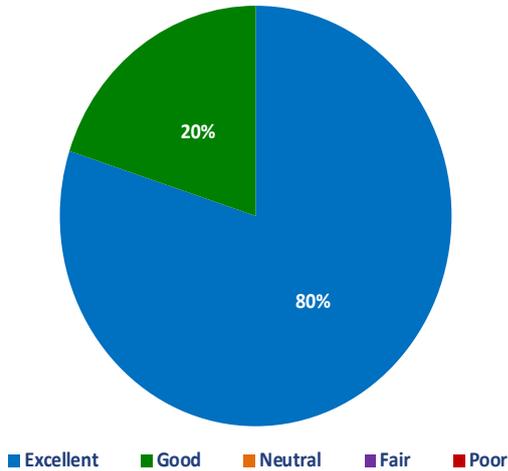
Pathology – Non-Melanoma Skin Cancers



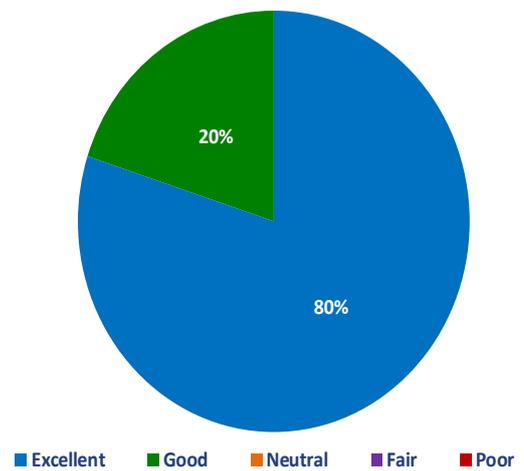
Pathology – Thyroid Pathologies and Cancers



Pathology – Carcinoid Tumour and Syndrome

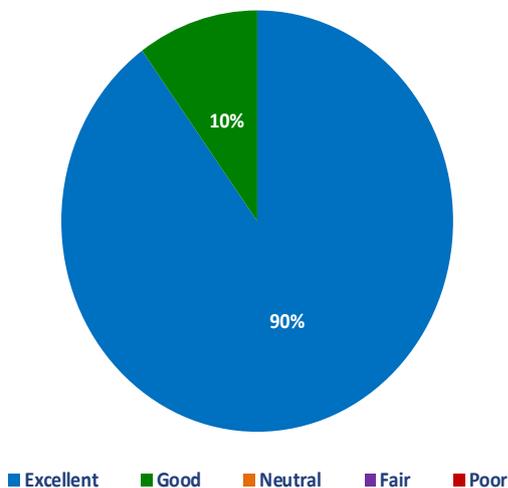


Pathology – Adrenal Conditions and Pheochromocytoma

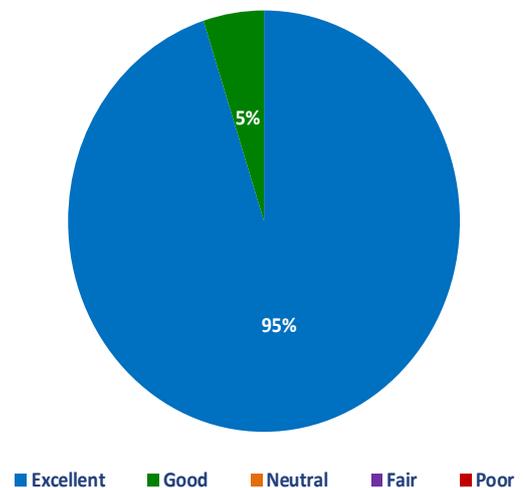


## Friday 27<sup>th</sup> January 2023

Excision of a Lesion

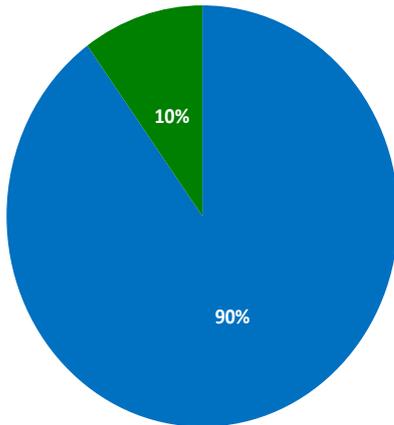


Suturing



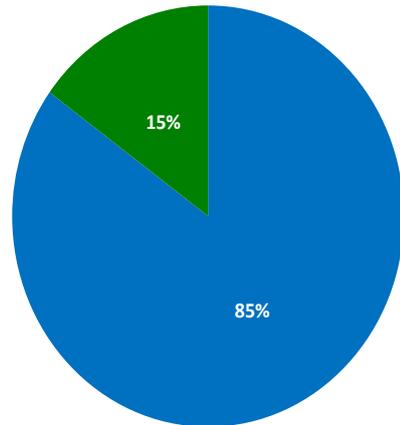
# Overall Feedback

Sutures and Suture Materials



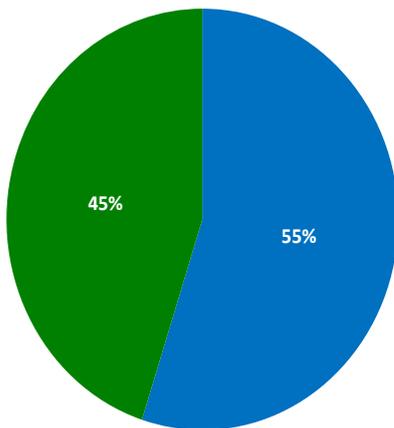
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Chest Drain Insertion



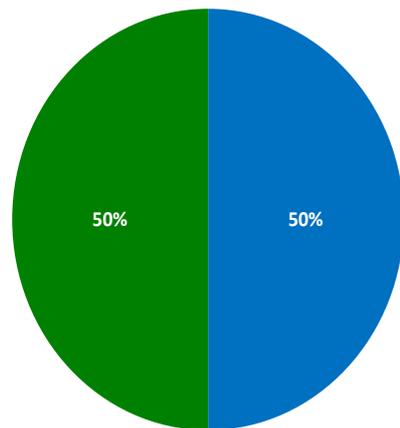
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

ABG



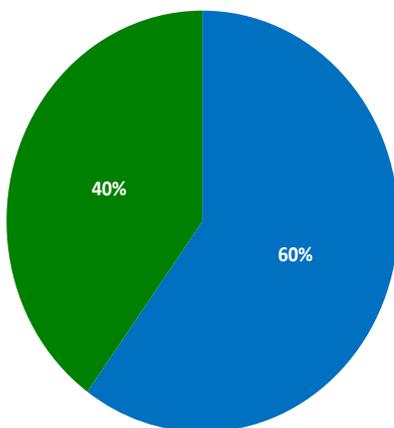
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lumbar Puncture



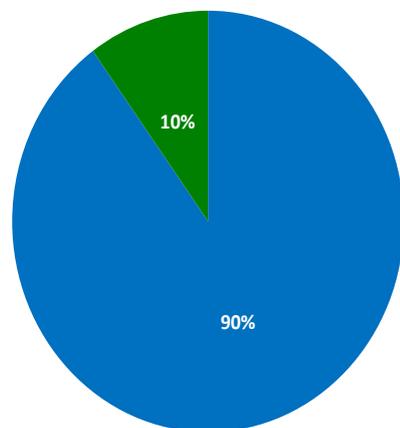
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Knot Tying



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

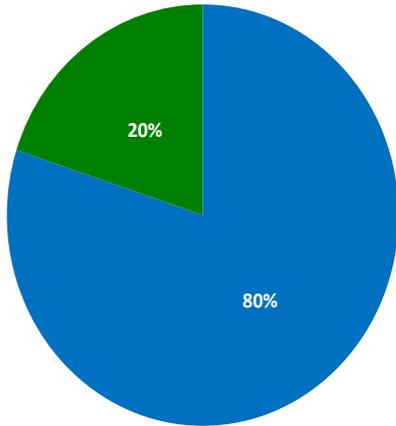
Wound Debridement



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

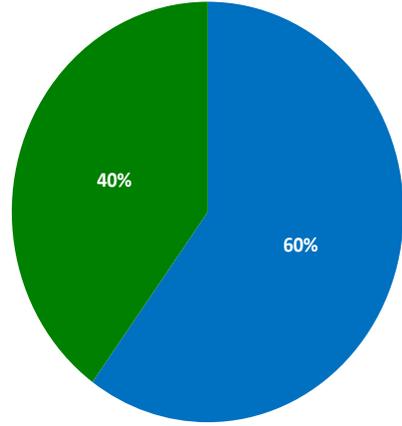
# Overall Feedback

Drainage of an Abscess



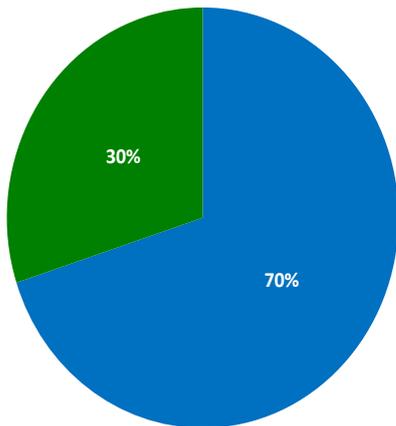
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Theatre List Prioritisation



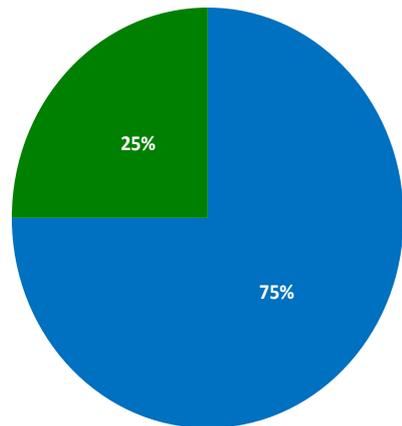
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Hypothermia Physiology



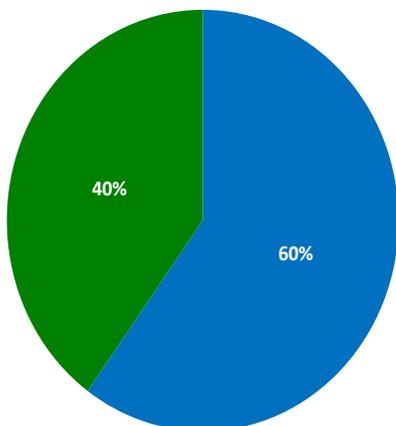
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Respiratory Physiology



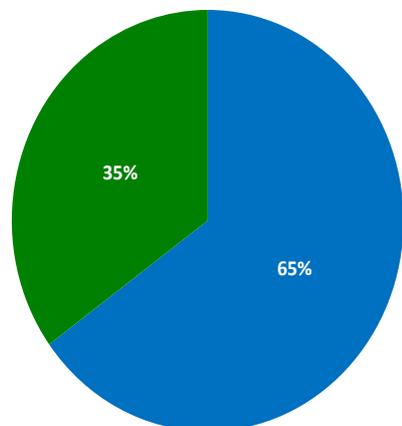
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Cardiac and GI Physiology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

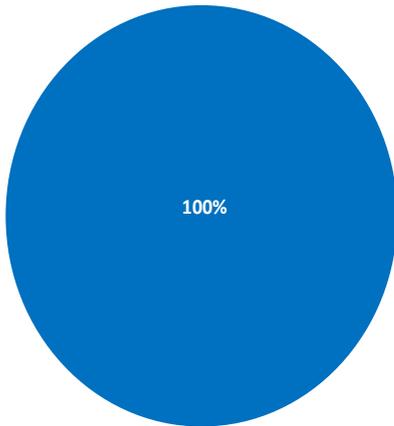
Neurophysiology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

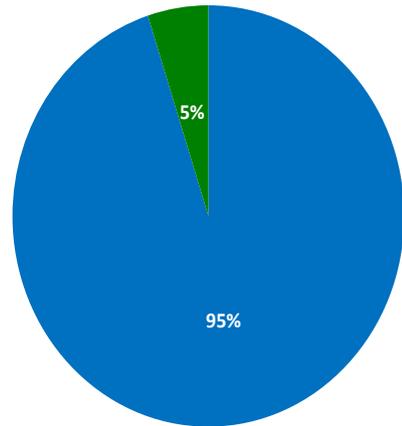
# Overall Feedback

Burns Physiology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

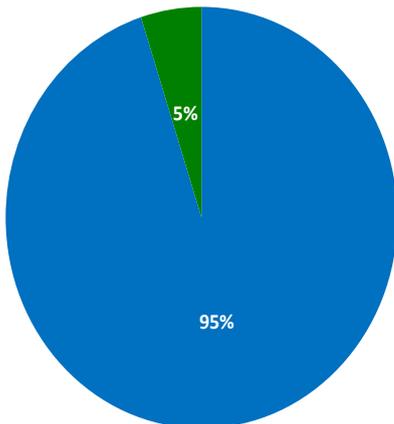
Wound Healing and Reconstruction (Grafts and Flaps)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

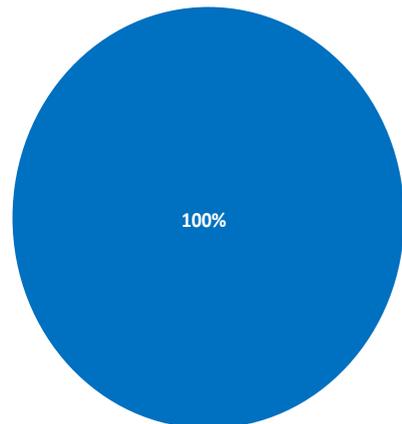
## Saturday 28<sup>th</sup> January 2023

Dissection Room - Skull Base



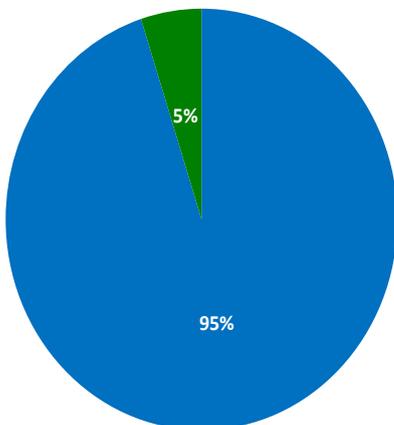
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Face and Neck



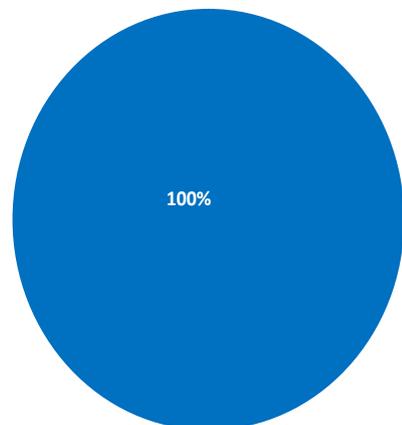
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Spine, Vertebrae and Brain



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

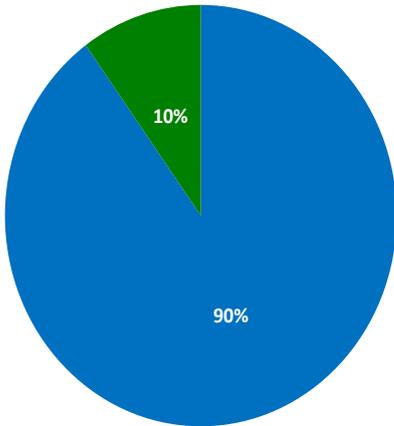
Dissection Room - Abdomen and Pelvis



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

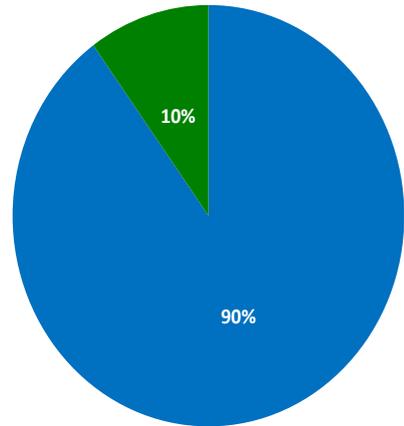
# Overall Feedback

Dissection Room - Solid Organs of the Abdomen



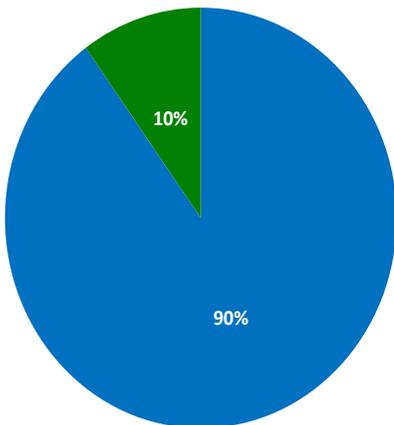
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Upper Limb with Osteology



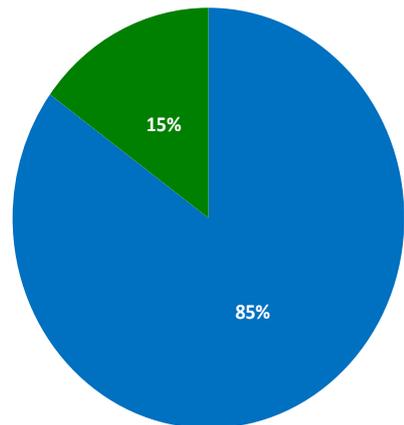
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Lower Limb with Osteology



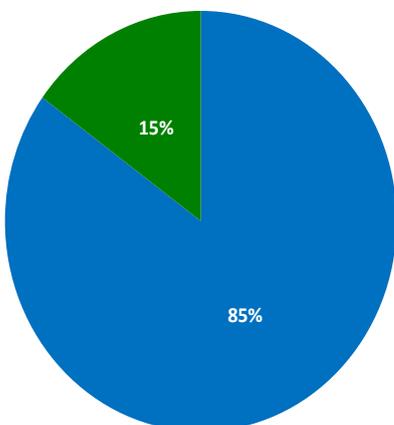
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Dysphagia, Barrett’s and Oesophageal Cancer



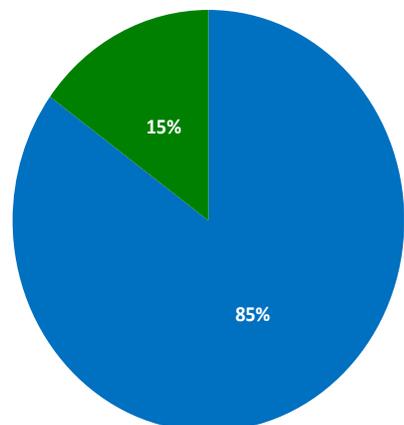
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Inflammatory Bowel Diseases



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

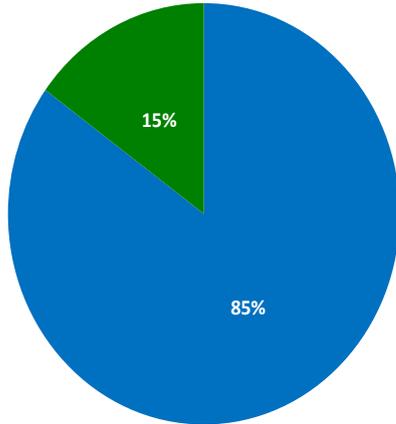
Pathology – Polyps, Colorectal Cancers and Colectomies



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

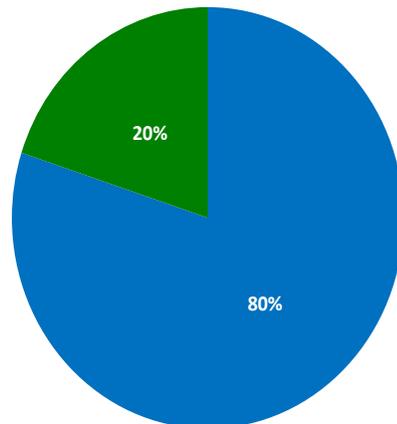
# Overall Feedback

Pathology – Inguinoscrotal Swellings and Testicular Cancers



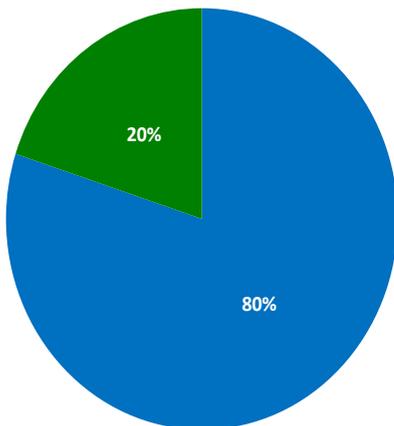
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Prostate Pathologies and Cancer



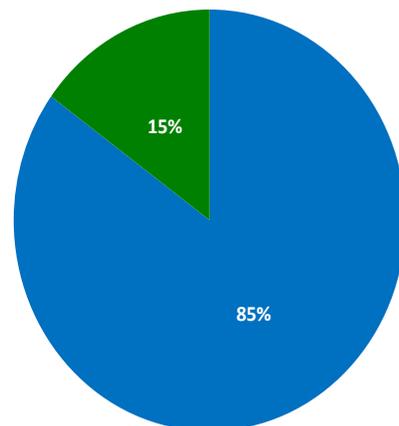
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Salivary Gland Swelling and Tumours



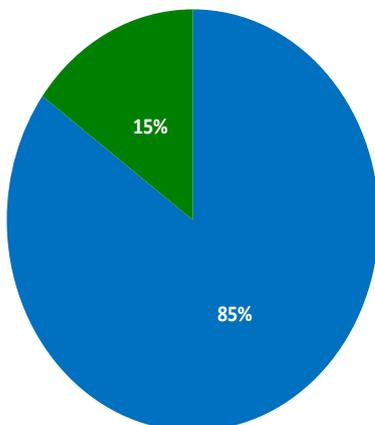
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Breast Pathologies and Cancers



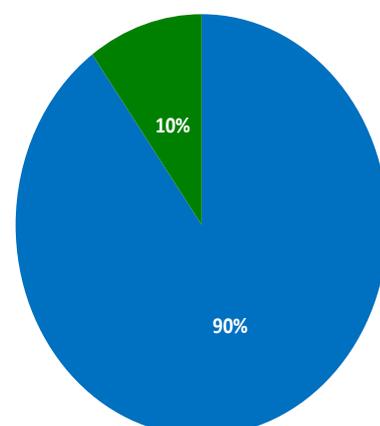
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Lung Cancer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology - Back Pain, Metastasis and Bone Tumours

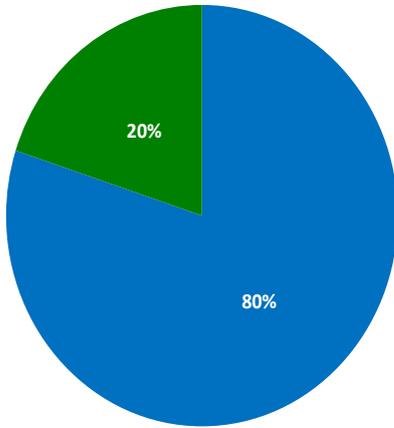


■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Feedback

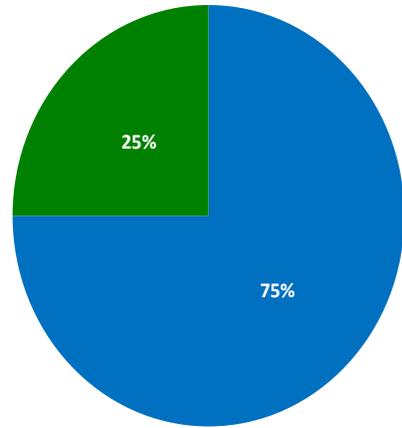
Sunday 29<sup>th</sup> January 2023

Examination of the Cranial Nerves



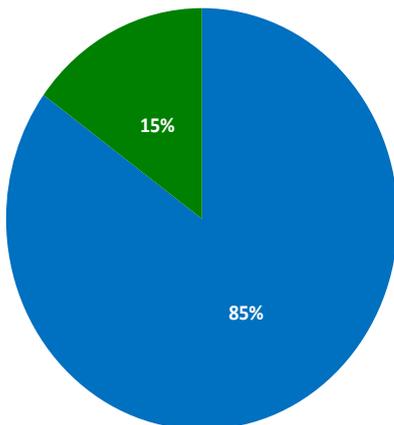
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Abdomen



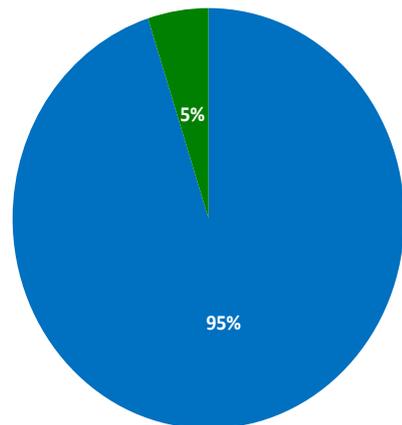
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Hip and Knee



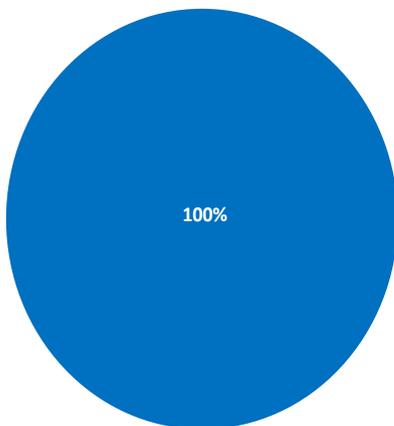
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Shoulder and Back



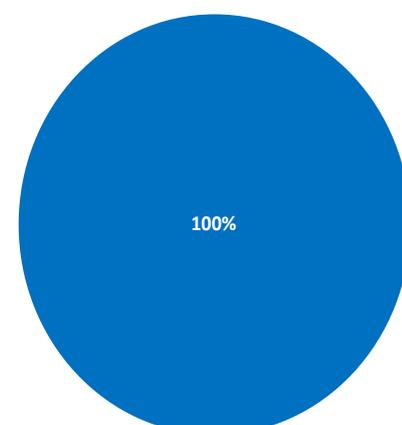
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of Neck, Thyroid and Submandibular Gland



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

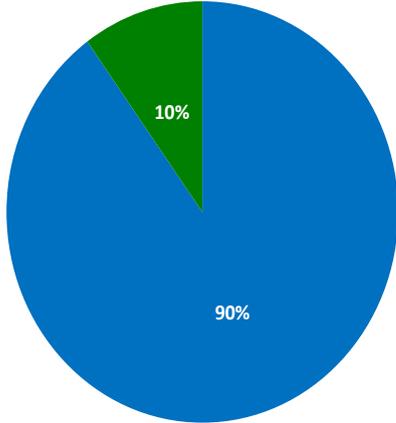
Examination of the Varicose Veins and Arterial System



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

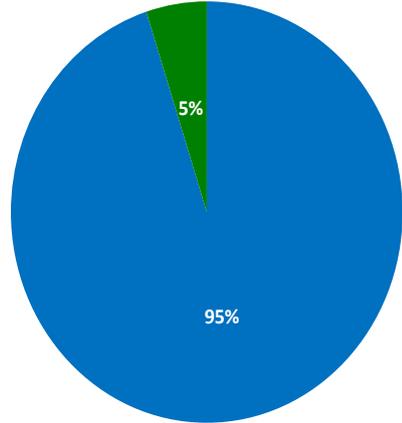
# Overall Feedback

Communication Skills - History Taking for a Breast Lump



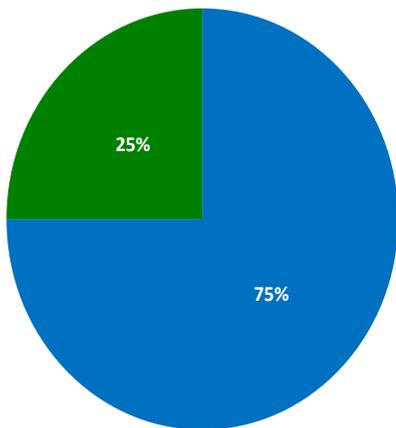
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Information Giving for Breast Cancer



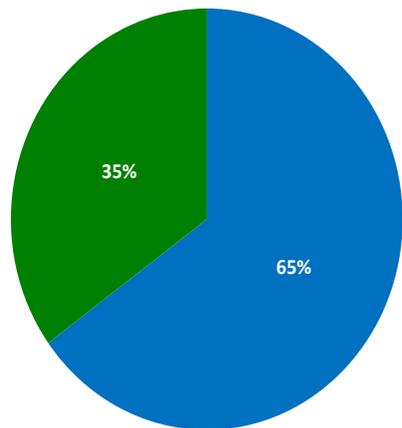
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Colorectal Cancer



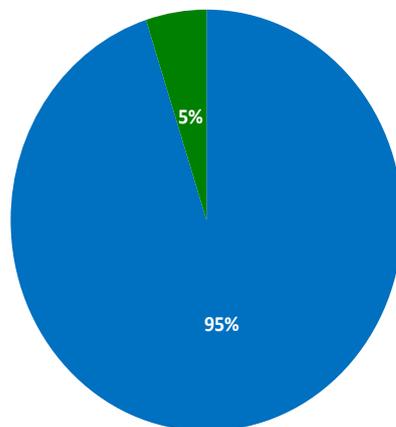
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Self Discharge



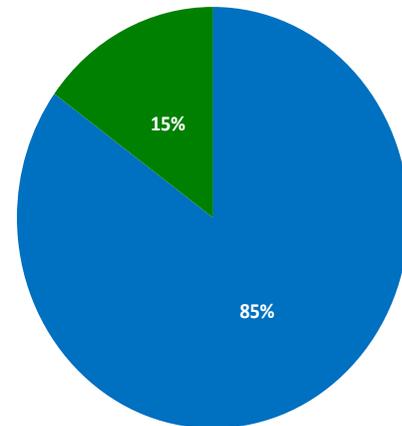
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Cancelled Operation (Thyroidectomy)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

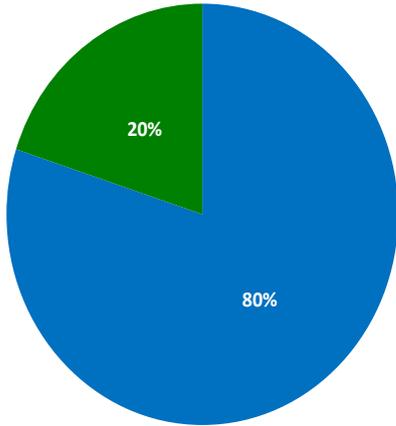
Communication Skills - Back Pain (Metastatic Cancer)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

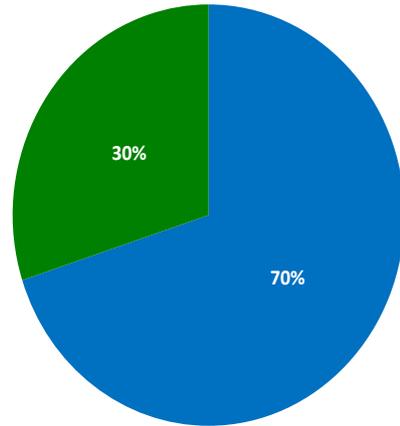
# Overall Feedback

Communication Skills - Acoustic Neuroma



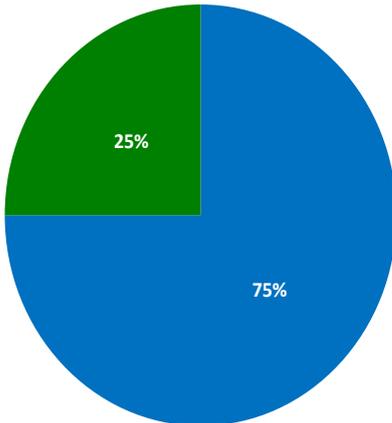
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Consent for Arthroscopy



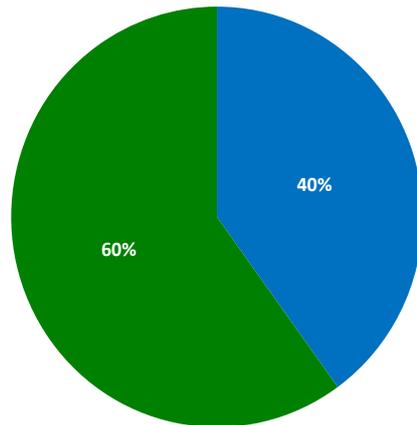
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Assessment of Patient's Capacity



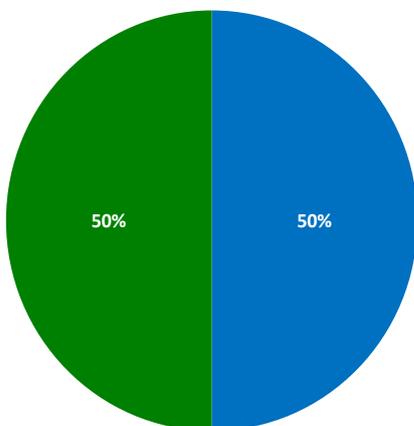
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



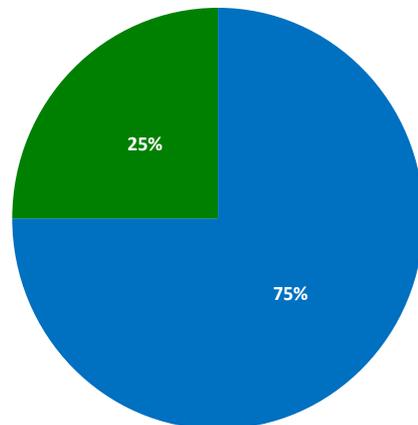
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

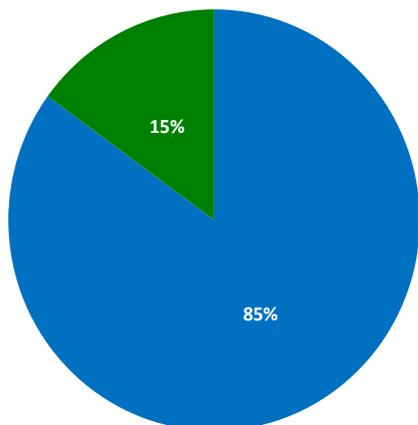
How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

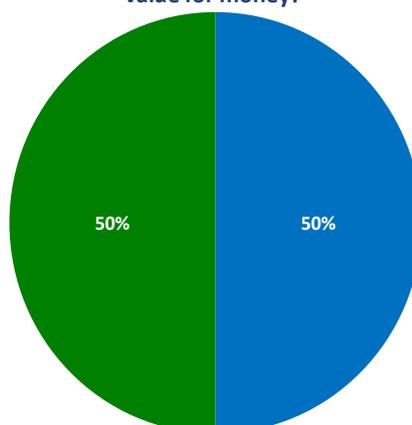
## Overall Feedback

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Very useful, strongly recommended!

**GP**  
*Oxford University Hospitals NHS Foundation Trust, UK*

Very good, I found it really useful.

**MD**  
*Queen Elizabeth Hospital, Birmingham, UK*

The course was excellent.

**SS**  
*Government Kilpauk Medical College, Chennai, India*

Fantastic course learning the theory then moving to the anatomy lab worked particularly well.

**GM**  
*Blackpool Victoria Hospital, Blackpool, UK*

I really enjoyed it. The knowledge and skills from this course will be really invaluable not only for the exam but also for the future. The course was organised in a manner that helped me understand underlying concepts. Thank you.

**CG**  
*University Hospital Southampton NHS Foundation Trust, UK*

Very comprehensive, very useful thank you.

**EJ**  
*Aintree University Hospital, Liverpool, UK*

Very good.

**AM**  
*Warrington and Halton NHS foundation trust, UK*

Will highly recommend this course! I found it really helpful for revision and practice especially on Saturday and Sunday; it covers a great amount of breadth and depth of the exam with personal experiences from tutors. The tutors were keen to teach, approachable and created a safe space for learning. Well timed breaks with sweets/ refreshments throughout the course. Great location, venue and selection of food and fruits for all dietary requirements.

**TT**  
*Lancaster*

Amazing course, so pleased I came!

**SW**  
*Southmead Hospital, Bristol, UK*

Great learning experience.

**OO**  
*Obafemi Awolowo University Teaching Hospital Complex, Osun State, Nigeria*



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

# [www.doctorsacademy.org](http://www.doctorsacademy.org)