



# CARDIFF MRCS OSCE COURSE: FIVE-DAY PREPARATORY COURSE FOR MRCS OSCE

25<sup>th</sup> - 29<sup>th</sup> September 2024 (Wednesday – Sunday)

College of Physicians and Surgeons of Cardiff, Cardiff Bay  
and  
School of Biosciences, Cardiff University

**REPORTING INFORMATION**



[www.doctorsacademy.org](http://www.doctorsacademy.org)

**KINDLY READ THIS IN FULL SINCE IT CONTAINS IMPORTANT INFORMATION.**

Dear Candidate,

Thank you for choosing to attend this course. May we take this opportunity to kindly welcome you to the Cardiff MRCS Course and to Cardiff.

This document is to inform you of the directions to the venue and the format of the days.

***Please note that the course will take place at the College of Physicians and Surgeons of Cardiff, Cardiff Bay on Wednesday 25<sup>th</sup>, Thursday 26<sup>th</sup>, Friday 27<sup>th</sup> and Sunday 29<sup>th</sup> September.***

***The course will take place at the School of Biosciences, Cardiff University on Saturday 28<sup>th</sup> September. Detailed information is below.***



## I. GENERAL AND REPORTING INFORMATION

*Timings:*

**25<sup>th</sup> September 2024 (Wednesday) (College of Physicians and Surgeons of Cardiff, Cardiff Bay)**

Registration: **0820 hours**

Start of Course: **0830 hours**

End of Course: **1930 hours**

**26<sup>th</sup> September 2024 (Thursday) (College of Physicians and Surgeons of Cardiff, Cardiff Bay)**

Registration: **0820 hours**

Start of Course: **0830 hours**

End of Course: **1930 hours**

**27<sup>th</sup> September 2024 (Friday) (College of Physicians and Surgeons of Cardiff, Cardiff Bay)**

Registration: **0820 hours**

Start of Course: **0830 hours**

End of Course: **1930 hours**

**28<sup>th</sup> September 2024 (Saturday) (School of Biosciences, Cardiff University)**

Registration: **0820 hours**

Start of Course: **0830 hours**

End of Course: **1915 hours**

**29<sup>th</sup> September 2024 (Sunday) (College of Physicians and Surgeons of Cardiff, Cardiff Bay)**

Registration: **0820 hours**

Start of Course: **0830 hours**

End of Course: **1800 hours**

## II. VENUE: ADDRESS AND DIRECTIONS

**25<sup>th</sup> (Wednesday), 26<sup>th</sup> (Thursday), 27<sup>th</sup> (Friday) and 29<sup>th</sup> (Sunday) September 2024**

**College of Physicians and Surgeons of Cardiff**

**Frazer Building**

**126 Bute Street**

**Cardiff Bay**

**Cardiff**

**CF10 5LE**

*Directions:*

*Driving from the East*

- Exit the M4 at Junction 29 onto the A48(M). Continue for 2.5 miles.
- Continue onto Eastern Avenue/A48 for 2.4 miles.
- Take the exit A4232 towards Cardiff (E)/Docks.
- When you reach the roundabout, take the first exit onto Southern Way/A4161/A4232. Continue for 0.4 miles.
- Take the A4161 ramp to the City Centre and continue for 0.2 miles.
- When you reach the roundabout, take the second exit onto A4161. Continue for 0.8 miles.
- Turn left onto Beresford Road and continue for 0.2 miles.
- Continue onto Moorland Road for 0.4 miles.
- Continue onto Courtenay Road for 0.1 miles.
- Continue onto Walker Road for 0.2 miles.
- Continue onto E Tyndall Street.
- Go through two roundabouts (0.8 miles).
- Continue onto Herbert Street for 0.1 miles.
- Turn left onto Bute Street and continue for approximately 0.5 miles.
- The venue (Frazer Building) will be on your right.

### *Driving from the West*

- Exit the M4 at Junction 33.
- Take the exit towards Cardiff West.
- When you reach the roundabout, take the third exit onto the A4232. Continue for 9.1 miles.
- Take the exit towards Techniquet/Museum and continue for 0.1 miles.
- When you reach the roundabout, take the first exit onto Stuart Street. Continue for 0.2 miles.
- Continue onto New George Street for 0.1 miles.
- Continue onto Bute Street for 0.1 miles.
- The venue (Frazer Building) will be on your left.

### **Parking**

Car parking near the venue is limited (and quite expensive). If it is at all possible, we would suggest that you avoid driving to the venue.

If you do need to bring your car, the following car parks are available:

The Red Dragon Centre. Please follow this link for further information:

<https://thereddragoncentre.co.uk/parking/>

Havannah Street (next to St David's Spa Hotel). Please follow this link for further information:

<https://www.cardiffbay.co.uk/listings/havannah-street-car-park/>

Cardiff Q-Park. Please follow this link for further information:

<https://www.q-park.co.uk/en-gb/cities/cardiff/cardiff-bay/>

### **By Train**

The closest station to the venue is **Cardiff Bay Railway Station**. You will need to change trains at Cardiff Central.

#### *From Cardiff Central Train Station*

- On arriving at Cardiff Central, head to Platform 6. Take the train to Cardiff Queen Street (trains run from Cardiff Central to Cardiff Queen Street every 5 minutes). The journey time is approximately 3 minutes.
- On arriving at Cardiff Queen Street, head to Platform 3. Take the train to Cardiff Bay (trains run from Cardiff Queen Street to Cardiff Bay every 12 minutes). The journey time is approximately 4 minutes.
- When you arrive at Cardiff Bay Train Station, exit to the right (sign-posted Mermaid Quay and Mount Stuart Square).
- Turn left onto Bute Street and walk towards the first set of traffic lights.
- Cross the road. You will see Frazer Building in front of you (there is a clock at the top of the building).

**Alternatively, you can take a taxi from Cardiff Central Train Station to the venue. This will take approximately 7 minutes.**

Visual directions to the venue can be found by following this link:

<https://doctorsacademy.org/CourseNW/CMMSRCA/cardiff-Train.pdf>

**Where to Report:**

When you arrive at Frazer Building, please enter the foyer through the main door. A member of our team will direct you to the appropriate room.

**28<sup>th</sup> September 2024 (Saturday)**

**Cardiff School of Biosciences****Sir Martin Evans Building****Park Place****Cardiff University****CF10 3AX***Directions:*

- For general directions to reach Cardiff University, please click on the link below:

<https://www.cardiff.ac.uk/visit/directions>

- To reach the course venue, please click on this link and look for directions to the 'Sir Martin Evans Building':

<https://www.cardiff.ac.uk/visit/accessibility/cathays-park-campus/sir-martin-evans-building>

- To view the venue on a Google map, please follow this link:

<https://maps.google.co.uk/maps?q=-sir>

[+martin+evans+building+-google+map&ie=UTF-8&ei=0vhuUbnGE8TI4ATR9YHQDw&ved=0CAsQ\\_AUoAg](https://maps.google.co.uk/maps?q=-sir+martin+evans+building+-google+map&ie=UTF-8&ei=0vhuUbnGE8TI4ATR9YHQDw&ved=0CAsQ_AUoAg)

- **More visual directions to the venue can be found by following this link:**

[http://doctorsacademy.org/Course/DOHNS/image\\_slider\\_latest/directiontovenue.html](http://doctorsacademy.org/Course/DOHNS/image_slider_latest/directiontovenue.html)

**Parking:**

Paid parking is available on the road on either side of the Sir Martin Evans building (Colum Road or Museum Avenue). These car parks are maintained by the council and their rates can be found here: <https://www.cardiff.gov.uk/ENG/resident/Parking-roads-and-travel/parking/On-street-parking/Pages/On-street-parking.aspx>.

Please click on 'Outer City Centre zone – long stay and short stay'.



#### **Where to Report:**

When you arrive at the Biomedical Building, also called the Sir Martin Evans Building (where the security centre is based), please follow directions to enter the School of Biosciences. Once you enter the building, kindly report to the foyer. A member of the team will direct you to the appropriate room.

### **III. WHAT TO PREPARE**

The course will be intense and exhausting. **Hence, may we politely request that you read the pre-course material beforehand so that you will gain the maximum benefit from the course.** Prior knowledge will also help you to focus on important pieces of information during the course. Please follow this link to access the pre-course presentations: [http://www.courses.doctorsacademy.org/Number\\_Validation.aspx](http://www.courses.doctorsacademy.org/Number_Validation.aspx)

### **IV. DRESS CODE**

The dress code for this event is professional/semi-formal.

### **V. BREAKS FOR REFRESHMENTS AND LUNCH**

There will be 20-minute refreshment break in the morning and afternoon sessions and a 40-minute lunch break. During the refreshment break, you will be provided with tea, coffee and biscuits. A sandwich lunch will also be provided on all days. Vegetarian and non-vegetarian options will be available. Gluten-free, dairy-free and vegan options can also be sourced; please inform us by email if you have any special dietary requirements so that our team can make appropriate arrangements for you.

#### **What you need to bring with you:**

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your hospital/employer identification badge.

**Please note that mobile phones are strictly not permitted inside the teaching hall, tutorial rooms, skills rooms, and Dissection Room. A safe place in which you can leave your mobile phone during the teaching sessions will be available if you do not have a suitable place to leave it. You will be asked to leave the teaching session if you are found to be using your phone at any point.**

Please do not hesitate to contact us at [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have any queries. Alternatively, you can contact us at +44 (0) 2920 616765.

If you have any issues on the days of the course, do not hesitate to contact us on **+44 (0) 75 3426 0131**.

We look forward to meeting you at the course.

With very best wishes,

Course Faculty  
MRCS Part B Courses  
Doctors Academy  
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