













# Exeter International Undergraduate Surgical Conference 2021

Exeter Surgical Society was proud to host the inaugural Exeter International Surgical Conference for medical students and foundation doctors. The conference was held virtually. Two main stages were made available to host a wide range of talks. Ten different surgical specialties were covered, and delegates were also given the opportunity to experience several seminars. The sessions were delivered by renowned speakers who are leading experts in their fields.

#### **Course Information**

Course Date: 20th February 2021

Venue: Online Event

Attendance: 78 Delegates

Aimed at: Medical students and

**Foundation doctors** 

Conference Fee: £5.00



# **Programme**

	Main Stage 1		Main Stage 2
0930 - 1000	Registration		
1000 - 1015	Welcome		
1015 - 1055	Neurosurgery Mr Alistair Jenkin	Urology/robotics Mr John McGrath	
1055 - 1100	Break		
1100 - 1140	Cardiothoracic Surgery Mr Kamran Baig		Transplant Surgery Prof Steve Wigmore
1140 - 1145	ASIT presentation		
1145 - 1225	Plastics and Reconstructive Surgery Prof Vikram Devaraj		ENT Surgery Prof Nirmal Kumar
1225 - 1315	Lunch and poster pr	esentations	
1315 - 1355	Oral & Maxillofacial Surgery Mr Austen Smith		Paediatric Surgery Miss Kate Cross
1355 - 1400		Break	
1400 - 1440	Trauma & Orthopaedics Mr James Tomlinson		General Surgery Miss Gill Tierney
1440 - 1445		Break	
1445 - 1530	Diversity in Surgery Miss Rantimi Ayodele		Global Surgery Prof Kokila Lakhoo
1530 - 1535	Break		
1535 - 1620	Training abroad/ pathway: US Miss Shilpa Murthy		Women in surgery Miss Scarlett McNally Prof Farah Bhatti
1620 - 1625		Break	
1625 - 1710	Portfolio Building Ms Katie Chan Miss Esther Platt		Training abroad/pathway: UK Mrs Tricia Campbell
1710 - 1730	The Future of Surger Prof Farah Bhatti Miss Scarlett McNally	•	
1730 - 1740	Thank you and award	ds	

# **Faculty**

#### **Speakers**

#### Mr Kamran Baig, MBBS, MRCS, MD, FRCS (C-Th)

Consultant Cardiac Surgeon St.Thomas' Hospital Guy's & St.Thomas' NHS Foundation Trust

#### Miss Gill Tierney, FRCS, DM

Head of School of Surgery HEEM Consultant Surgeon, General and Coloproctology Honorary Assistant Professor University of Nottingham Vice-President Association of Surgeons of Great Britain and Ireland

#### Ms Rantimi Ayodele BSc MBBS, MSc, DLSHTM, MD, FRCSED (Tr&Orth)

Consultant Paediatric Trauma and Orthopaedic Surgeon Maidstone and Tunbridge Wells NHS Trust

#### Mr Austen Smith, MB,BCh (Wales), BDS (Wales), FDSRCSEd, FRCSEd (OMFS)

Consultant Oral & Maxillofacial Surgeon, Sheffield & Barnsley Hospitals Vice President British Association of Oral & Maxillofacial Surgeons Elected member SAC-OMFS Honorary Senior Clinical Lecturer University of Sheffield

#### Mrs Scarlett McNally, BSc MB BChir FRCS(Tr&Orth) MA MBA FAcadMEd

Consultant Orthopaedics Surgeon
East Sussex Healthcare NHS Trust
Council Member, Royal College of Surgeons of England

#### Miss Shilpa S. Murthy MD, MPH

John Goligher Colorectal Fellow St. James University Hospital, Leeds Teaching Hospitals NHS Trust

### Mr John McGrath, BMedSci, BMBS, FRCS

Consultant Urologist and Clinical Director for Acute Surgery Royal Devon & Exeter NHS Trust

#### Mr Alistair Jenkins, MB ChB, MD, FRCS

Consultant Neurosurgeon The Newcastle upon Tyne hospitals NHS Foundation Trust Honorary Clinical Senior Lecturer

### Mr James Tomlinson, MA MB BChir MEd FRCS FFSTEd

Orthopaedics Consultant Spinal Surgeon Sheffield Teaching Hospitals

### Prof Kokila Lakhoo, PhD, FRCS (Edin+Eng), FCS(SA), FCS(PAED), MRCPCH(UK), MBCHB

Oxford University Hospitals Nuffield Department of Surgical Sciences University of Oxford UK

#### Miss Kate Cross BSc Med (Hons), FRACS Paed Surg

Consultant Neonatal and Paediatric Surgeon Speciality Lead for Department of Specialist Neonatal and Paediatric Surgery (SNAPS) Great Ormond Street Hospital for Children NHS Foundation Trust

# **Faculty**

#### **Professor Farah Bhatti OBE**

Council Member, Royal College of Surgeons of England Consultant Cardiac Surgeon

#### Prof Stephen J Wigmore, BScMBBS, FRCSEd, MD, FRCS (Gen Surg), FRCPEd, FRSE

Regius Chair of Clinical Surgery and Head of Department of Surgery University of Edinburgh Honorary Consultant Surgeon

#### Prof B Nirmal Kumar, MBBS, MPhil, FRCS (ORL-HNS), FAcadMEd

President ENT UK
Consultant ENT Surgeon
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust

#### Professor Vikram S Devaraj, MBChB FRCS(Eng) FRCS(Plast) PG Dip ClinEd, SFHEA

Consultant Plastic Reconstructive, Hand & Aesthetic Surgeon Associate Professor & Clinical Lead for Anatomy College of Medicine and Health University of Exeter

#### Mrs Tricia Campbell, BSc MB BS MRCS PgDip MedEd

President British Orthopaedic Trainees' Association (BOTA) Leadership Fellow Health Education England North East (HEE NE)

#### Miss Esther Platt MA(Oxon), MBBS, FRCS, DTM&H

Speciality Registrar in General Surgery Imperial College London

#### **Organising Committee**

#### Miss Alexandra Sebastiao

Conference Lead

# Mr Preston Tsao

Co-president

#### **Mr Eamon Rawlins**

Co -president

#### Mr Ethan Clarke

**Treasurer** 

#### Miss Viktorija Kaminskaite

Conference Secretary

#### Mr Pavel Loginovich

**Graphics Officer** 

#### Miss Rhiannon Eastwood

Advertising and Public Relations Officer

#### Miss Charlie Emsden

Advertising and Public Relations Officer

#### **Miss Niamh Pang**

Advertising and Public Relations Officer

#### Miss Hannah Redpath

Speaker and Workshops Liaison Officer

#### **Mr Sammy Mousfi**

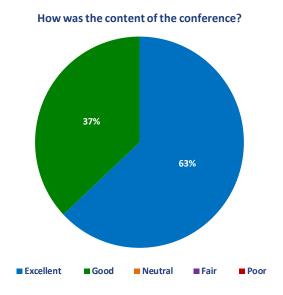
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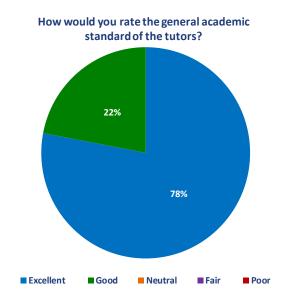
#### Miss Aharabie Jeyabavan

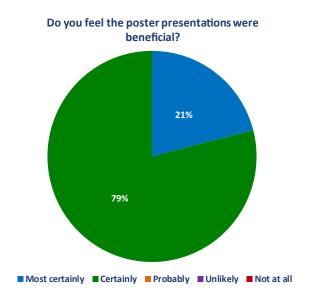
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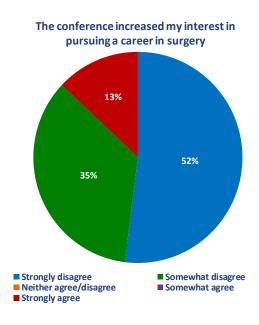
#### Miss Aimée Douglas

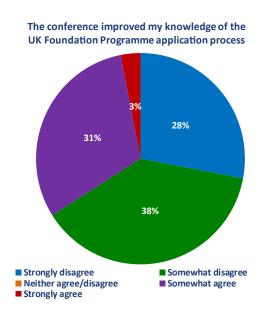
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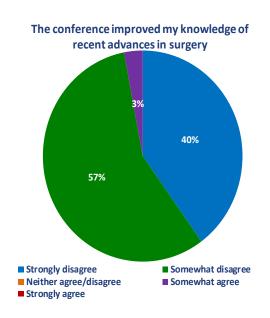


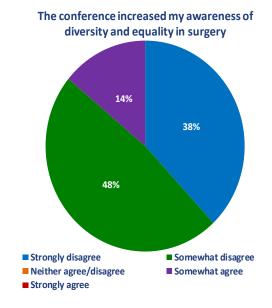


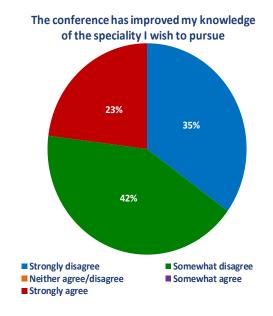


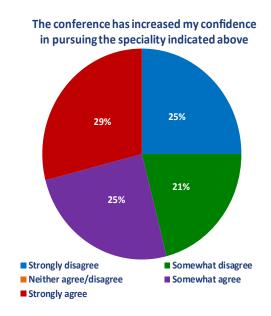


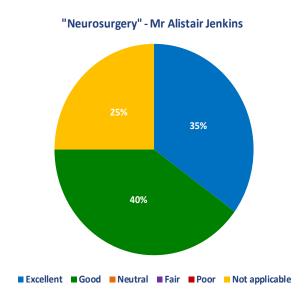


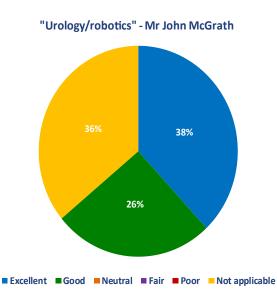


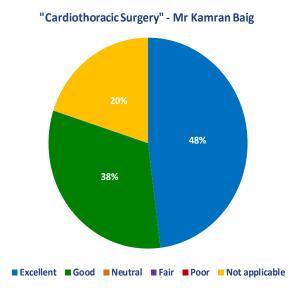


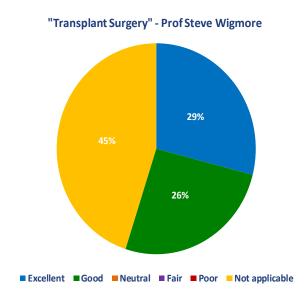


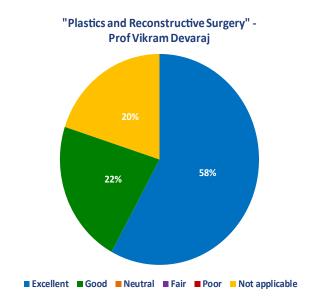


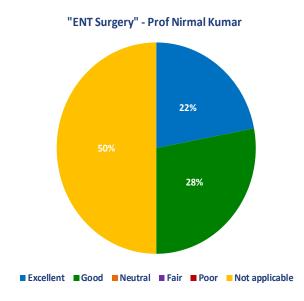


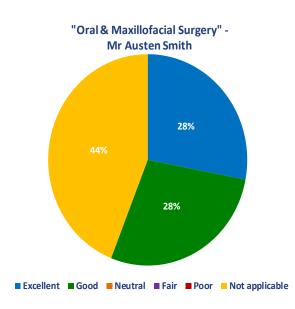


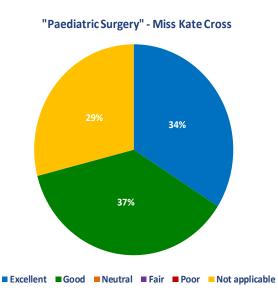


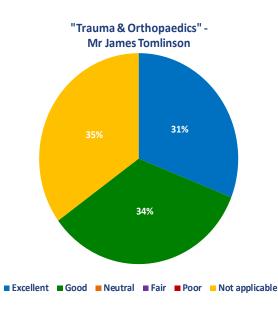


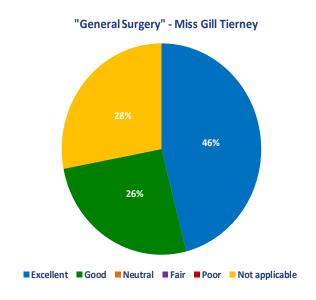


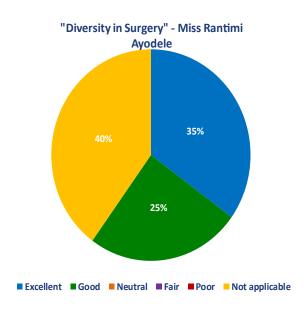


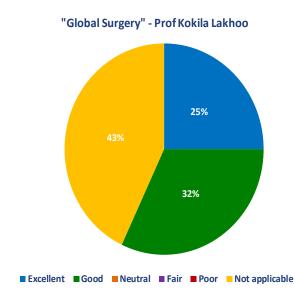


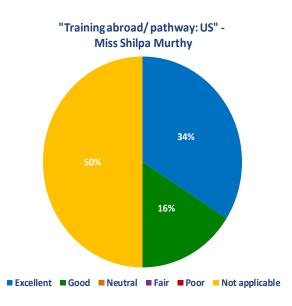


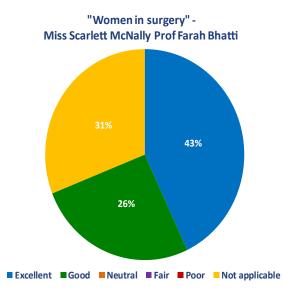


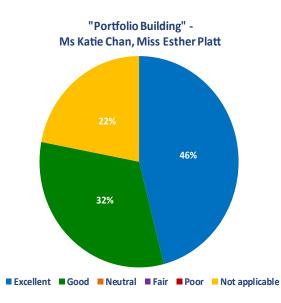


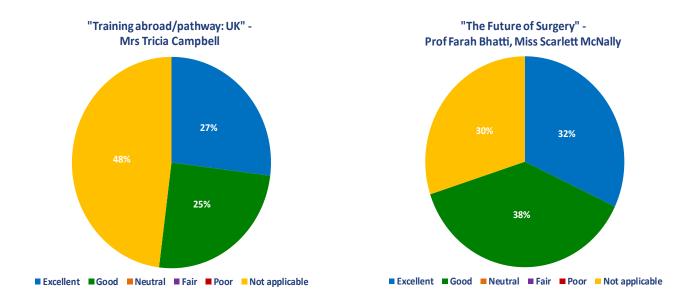


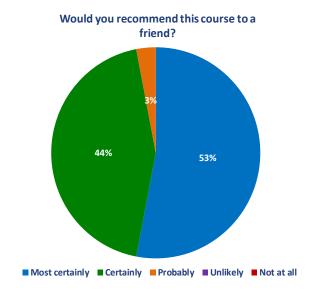












# **Individual Comments**

Very well organized, easy user interface as well.

Very useful and helpful organisation. The teaching materials were informative and interesting.

The conference was organised really well, with lots of options, which was particularly brilliant for an online conference. The speakers were brilliant.

It was amazing. It is my first experience. I am so grateful to Exeter university and doctors academy for providing me this opportunity. Thank you!

The setup of the conference was perfect very easy user-friendly. Well done for the organization.

The conference was well organised and professional. The speakers were very passionate, with a wide range of career representation. Talks were appropriate for my level, but remained aspirational and went beyond curriculum expectations.

Very well organised and projected. I learnt a lot about new techniques and gained a lot of information which was crucial since due to the pandemic classes are getting less and less practical and more focused on self-learning. Thank you.

Very well put together.

I would like to specialise in paediatrics and paediatric orthopaedic surgery is something I consider so this conference was highly beneficial in giving me an insight into my future interest.

The platform used (v meets) worked really well. There was a massive amount of variety in the talks which was fantastic because it represented the variety of different surgical specialties there are. Very well organised and ran smoothly.

The conference was very well organised, the platform was good and the speakers were very knowledgeable.

Very well organized.

The setup of the whole conference was great and easily accessible. Well done!

I think it is the most well-organised virtual conference I attended with and excellent platform used. The speakers were high profile with great expertise and good quality presentations. The conference has directed me on how to start building my portfolio for a surgical career.

Very well organised, the online format was particularly good.

it was useful to have a more detailed insight into the specialities from what we have seen in pre-clinical years. it was also good to hear about the application processes and what would be useful to do beforehand.

### **Individual Comments**

The talks I went to were great and really inspiring! I also like the program you used to make it seem more like an in-person conference.

This was the first time when I attended this type of conference and I really enjoyed it. It showed a small piece of every field of surgery, what you can expect in that speciality and what challenges they face. Also it was very inspiring to read more about one or another thing since I am an international student so you do several thing differently in my country.

It was a very insightful look into the world of surgery.

I really liked all the talks, they were really interesting.

Very professional and a good system.

Very well run. Enjoyed format.

It was a very interesting and informative conference.

Great organisation and teaching.



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

#### Courses (a selection):

#### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



### Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

#### **Publications**



### publications.doctorsacademy.org

#### **World Journal of Medical Education & Research**

Peer-reviewed academic journal with ISSN.

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#### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

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