

# GRAF ULTRASOUND COURSE FOR THE DIAGNOSIS AND MANAGEMENT OF DYSPLASIA OF THE INFANT HIP: DAY 2

**26<sup>th</sup> June 2024 (Wednesday)**

College of Physicians and Surgeons of Cardiff, Frazer Building, Cardiff Bay, Cardiff

## Reporting Information

**KINDLY READ THIS IN FULL SINCE IT CONTAINS IMPORTANT INFORMATION.**

**PLEASE NOTE THAT YOU WILL RECEIVE THE REPORTING INFORMATION FOR DAY 1 OF THE COURSE (HELD VIA ZOOM) IN A SEPARATE EMAIL.**

Dear Colleague,

Thank you for choosing to attend the Graf Ultrasound Course for the Diagnosis and Management of Dysplasia of the Infant Hip. The practical component of the course will take place on Wednesday 26<sup>th</sup> June 2024 in Cardiff. We look forward to welcoming you.

This email is to bring to your kind attention important information about the course.

### **I. GENERAL INFORMATION**

**DATE: 26<sup>th</sup> June 2024 (Wednesday)**

#### **TIMINGS:**

Start of Registration: 0845 hours

Start of Course: 0900 hours

End of Course: 1700 hours

#### **VENUE:**

The address of the venue is:

**College of Physicians and Surgeons of Cardiff  
Frazer Building  
126 Bute Street  
Cardiff Bay  
Cardiff  
CF10 5LE**

#### **Where to Report:**

When you arrive at Frazer Building, please enter the foyer through the main door. A member of our team will direct you to the appropriate room.

## II. DIRECTIONS

### Driving

#### *From the East*

- Exit the M4 at Junction 29 onto the A48(M). Continue for 2.5 miles.
- Continue onto Eastern Avenue/A48 for 2.4 miles.
- Take the exit A4232 towards Cardiff (E)/Docks.
- When you reach the roundabout, take the first exit onto Southern Way/A4161/A4232. Continue for 0.4 miles.
- Take the A4161 ramp to the City Centre and continue for 0.2 miles.
- When you reach the roundabout, take the second exit onto A4161.
- Continue for 0.8 miles.
- Turn left onto Beresford Road and continue for 0.2 miles.
- Continue onto Moorland Road for 0.4 miles.
- Continue onto Courtenay Road for 0.1 miles.
- Continue onto Walker Road for 0.2 miles.
- Continue onto E Tyndall Street.
- Go through two roundabouts (0.8 miles).
- Continue onto Herbert Street for 0.1 miles.
- Turn left onto Bute Street and continue for approximately 0.5 miles.
- The venue will be on your right.

#### *From the West*

- Exit the M4 at Junction 33.
- Take the exit towards Cardiff West.
- When you reach the roundabout, take the third exit onto the A4232.
- Continue for 9.1 miles.
- Take the exit towards Techniquest/Museum and continue for 0.1 miles.
- When you reach the roundabout, take the first exit onto Stuart Street.
- Continue for 0.2 miles.
- Continue onto New George Street for 0.1 miles.
- Continue onto Bute Street for 0.1 miles.
- The venue will be on your left.

### Parking

Car parking near the venue is limited (and quite expensive). If it is at all possible, we would suggest that you avoid driving to the venue. If you do need to bring your car, the following car parks are available:

The Red Dragon Centre. Please follow this link for further information:

<https://thereddragoncentre.co.uk/parking/>

Havannah Street (next to St David's Spa Hotel). Please follow this link for further information:

<https://www.cardiffbay.co.uk/listings/havannah-street-car-park/>

Cardiff Q-Park. Please follow this link for further information:

<https://www.q-park.co.uk/en-gb/cities/cardiff/cardiff-bay/>

### *By Train*

The closest station to the venue is **Cardiff Bay Railway Station**. You will need to change trains at Cardiff Central.

- On arriving at Cardiff Central, take the train to Cardiff Queen Street (trains run from Cardiff Central to Cardiff Queen Street every five minutes). The journey time is approximately three minutes.
- On arriving at Cardiff Queen Street, take the train to Cardiff Bay (trains run from Cardiff Queen Street to Cardiff Bay every 12 minutes). The journey time is approximately four minutes.
- When you arrive at Cardiff Bay Train Station, exit to the right (sign-posted Mermaid Quay and Mount Stuart Square).
- Turn left onto Bute Street and walk towards the first set of traffic lights.
- Cross the road. You will see Frazer Building in front of you (there is a clock at the top of the building).

Alternatively, you can take a taxi from Cardiff Central Train Station to the venue. This will take approximately 7 minutes.

Visual directions to the venue can be found by following this link:

<https://doctorsacademy.org/CourseNW/CMMSRCA/cardiff-Train.pdf>

### **III. ACCOMMODATION**

If you are struggling to find reasonably priced accommodation, our team can provide you with accommodation in a self-contained house (provided that rooms are available) which you will share with other delegates attending the course. The house is located close to the City Centre and is approx. 12 minutes by car or taxi from the venue in which the course will be held. The room rate is £56 per person per night (continental breakfast and other amenities are included). For further details, please contact us at [courses@doctorsacademy.org.uk](mailto:courses@doctorsacademy.org.uk), and a member of our team will be able to advise you.

### **IV. LUNCH**

Lunch will be provided, and vegetarian and non-vegetarian options will be available.

### **V. DRESS CODE**

The dress code for this course is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies, and flip-flops.

### **VI. OTHER INFORMATION**

Please ensure that you bring a copy of the email (either as a print-out or to view on your phone/tablet) you have received from us regarding your confirmation of place (with your name and your course registration number). Please note that you will not be allowed to attend the course without this information.

**Please ring +44 (0) 29 2061 6765 or +44 (0) 75 3426 0131 if you need any help on the day of the course with regards to directions to the venue.**

Please do not hesitate to contact us at [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have any queries in the interim.

Thank you once again for your interest in attending this course, and we look forward to meeting you.

With very best wishes,

Course Organisers  
Infant Hip Ultrasound (Graf) Courses  
Doctors Academy Group  
[www.doctorsacademy.org](http://www.doctorsacademy.org)