

From Foundations to Frontiers: A 35-Year International Reunion and CME Summit on Global Clinical Practice, Innovation, and the Future of Healthcare

Friday 16th October – Sunday 18th October, 2026

Clarks Exotica Convention Resort & Spa, Swiss Town, Devanahalli Road Bengaluru, India

FREQUENTLY ASKED QUESTIONS (FAQs)

SECTION 1: WHY THIS REUNION MATTERS

1. Why does this 36 year reunion matter so much?

Because this moment may not come again in quite the same way.

In 1990, we began as young medical students with ambition, uncertainty and long nights of study. Thirty six years later, we stand in very different places. Many of us are clinicians, teachers, academics, leaders, professionals and business leaders across the world. Some have raised families; some have travelled widely; all of us have experienced growth, setbacks, change and achievement.

This reunion is not just about meeting for dinner or taking photographs. It is about recognising how far we have come. It is about seeing the faces that were there in anatomy halls, in wards, in hostels and lecture rooms. It is about friendships that started quietly and have lasted decades.

There is something grounding about coming back to where it began.

2. Why is this stage of life the right time?

Reunions between 35 and 40 years after graduation often feel the most meaningful. By now, careers have matured and life has given us perspective. Most of us are still active, travelling and able to attend comfortably.

Beyond this point, things naturally change. Health concerns, retirement, caring responsibilities and other commitments can make attendance more difficult. Five years from now, the gathering may not look the same. There are no plans for another reunion of this scale in the near future. Realistically, this may be the largest and most complete gathering of our cohort. The timing feels right.

3. Is this mainly a social event?

It is social; but it is not only social.

There will be laughter, conversations and memories. We will remember anatomy dissection rooms, hospital

postings, hostels such as Nandagiri, RNE, Sturrock, Priya and Falnir; giving proxy in classrooms; exams and power cuts; late nights at Bombay Lucky, Hao Hao or Moti Mahal; ice cream at Ideal; UTSAV and residential trips to Kodaikanal and Mahabaleshwar.

Those memories shaped us.

Since 1996, we have scattered across continents. We have built lives in different corners of the world. To bring all of that history back into one room, even for a short while, is not a small thing.

This is not just a gathering. It is a celebration of a shared beginning and a journey that still connects us.

SECTION 2: REGISTRATION AND STRUCTURE

4. Why are registrations and bookings made many months in advance? Why cannot this be done closer to the event?

Large residential events of this scale require long lead times. The venue must be secured well in advance, particularly when the entire resort is being booked exclusively. Convention halls, accommodation blocks, catering guarantees and vendor contracts all require confirmed numbers several months ahead.

Rates are also negotiated based on early commitments. The closer the booking is to the event date, the higher the cost and the lower the flexibility. Catering minimums, staffing requirements, audio visual equipment, excursion logistics and any transportation are all depend on realistic attendance projections.

In addition, many participants are travelling internationally. Early confirmation allows individuals to plan flights, arrange appropriate travel documents, leave, and family commitments sensibly.

In short, advance registration is not a formality. It is essential for securing favourable pricing, protecting financial stability, and ensuring the event runs smoothly and professionally.

5. How does the registration work?

Registration is free until 28 February 2026.

From 1 March 2026, a nominal registration charge of Rs 300 will apply. This supports website hosting, payment processing, accounting reconciliation and administrative coordination.

6. Where can I find the registration and payment links?

Registration link: <https://doctorsacademy.org.uk/coursenw/KMC90/>

Once you enter the registration details, the payment details will be available on the next page. If you have already registered and wish to pay now, please follow the link below.

Direct payment link: <https://courses.doctorsacademy.org.uk/KMC90/Payment.aspx>

7. What is the event fee and what does it include.

The event fee is Rs 17,700. The fee covers the full three day residential academic and social programme, including:

- Exclusive use of the convention facilities
- Auditorium and audio visual systems
- CME event and certification
- Campfire and barbecue
- Cultural programme
- Music and DJ
- Local excursion (Grover Zampa vineyard is being considered) with transport
- Professional photography
- Memento T shirt
- Reflections 2 (Memorabilia booklet)
- Event management and taxes

Participants also have access to the swimming pool, gym, tennis court and landscaped areas.

The event fee does not include accommodation (room bookings). Details regarding accommodation are provided later in this document. Please note that the event fee is fixed until the 31st of March. The rate is likely to increase following this due to added administrative costs.

8. Why is the event structured as a residential package?

The real value of a reunion like this lies in being present throughout. The most meaningful conversations often happen between sessions, over meals, during walks around the resort, or late in the evening when smaller groups gather naturally.

This is designed as an immersive experience rather than a short event. Being together in one place allows continuity. It creates space for deeper conversations and unplanned moments that simply cannot happen if people are arriving and leaving at different times.

There are also practical considerations. When group bookings are made at this scale, a residential package is more cost effective and easier to manage. It ensures smooth coordination of rooms, meals, transport and programme flow.

9. Can someone attend only for dinner or one session?

No. The event is structured as a complete package and cannot be divided into individual components such as a single dinner or session.

Catering guarantees must be submitted in advance with confirmed numbers. Room layouts, transport arrangements and overall scheduling are all calculated based on full participation. Allowing selective attendance would complicate planning and increase costs for everyone.

To maintain fairness, financial stability and smooth execution, the reunion must function as a complete package rather than a pay per session gathering.

10. What if someone wishes to attend the reunion but not stay at the resort?

That is entirely possible.

Those who prefer to stay outside the resort are welcome to attend the reunion. However, they will still need to pay the event registration fee and a non residential package fee.

The non residential package will cover the cost of meals, participation in all reunion activities, and use of the resort facilities during the programme. Details of this package and its cost will be shared in due course.

In summary, you are welcome to stay elsewhere and attend the reunion; however, participation will require payment of the registration fee and the non residential package to ensure fairness and proper planning.

SECTION 3: THE RESORT

11. Why was Clarks Exotica chosen?

It is a 5 star convention resort set across 70 acres, 15 minutes from Bengaluru International Airport. It offers privacy, comfort and a secure environment suitable for both academic sessions and relaxed interaction.

12. What facilities are available?

Participants may use:

- Outdoor swimming pool
- Fitness centre
- Tennis court
- Landscaped gardens
- Dining venues

It allows us to combine learning with relaxation.

13. Why book the entire resort privately?

Exclusive booking ensures privacy, uninterrupted programming and freedom for evening events. It creates a cohesive environment that would not be possible in a shared venue.

SECTION 4: ACCOMMODATION

14. What are the room rates per night?

- Triple occupancy: Rs 6,167 per person (Rs 18,500 per room)
- Double occupancy: Rs 8,250 per person (Rs 16,500 per room)
- Single occupancy: Rs 13,500

By early April, you will be send information on how to book the rooms and complete the payment. The event management team will be in touch with you regarding this. There is nothing you need to do at this stage and you can be rest assured that rooms are available in the resort for everyone you has completed the registration.

15. What does the room rate include?

Breakfast for two days, dinner for two days, refreshments during the day and access to resort facilities. The room rate mentioned above does not include government taxes or GST. The rates mentioned above are the ones that are most likely to be final price since negotiations with the resort are ongoing to provide us with the best possible rates.

16. Can I choose whom to share with?

Yes. You may indicate your preferred roommate. Early registration will help since rooms will be allocated based on time of registration and payment received in order to ensure fairness to early registrants. However, if your preferred room choice is available at a later date, it will indeed be allocated to you.

17. Can I book the rooms directly through their website or through an online portal?

It is not possible to do direct booking as part of the reunion package. Refreshments throughout the day, lunches and dinners are included in the room booking as part of the package. Refund protection available to the group booking will not apply. Direct rates are often higher when the size of the room, options and taxes are taken into consideration.

SECTION 5: REFUNDS

18. What is the refund structure for the event and registration fee?

- 100 percent refund until 31 March 2026
- 75 percent refund in April 2026
- 50 percent refund in May 2026
- 25 percent refund in June 2026
- No refund after 30 June (unless there are exceptional circumstances; see below).

*Refund of room booking will be as per the resort and standard booking policy. The event management team will provide this information at the time of room booking in April.

19. Why are no refunds provided after 30 June?

By 30 June 2026, venue deposits, catering guarantees and vendor contracts (such as for DJ, entertainment and transportation) are fully locked in. Costs are no longer recoverable. Refunds beyond this point would unfairly shift financial responsibility to others.

20. What qualifies as exceptional circumstances?

After 30 June 2026, refunds will certainly be considered in genuinely exceptional circumstances, such as:

- Serious illness
- Hospital admission
- Bereavement of a close family member
- A major unforeseen family emergency
- A natural disaster such as flooding of residential areas

Requests in these situations will be reviewed individually and with sensitivity.

21. How are refunds processed?

Refunds will be returned directly to the individual bank account from which payment was made.

22. What happens if the organisers or the venue are forced to cancel the event due to unforeseen circumstances?

In the unlikely event that the organisers or the venue have to cancel the event due to circumstances beyond control, such as government restrictions, natural disasters, force majeure events, or venue unavailability, a 100 percent refund of the event fee and registration fee will be issued.

SECTION 6: ORGANISING COMMITTEE

23. Who is organising the event?

The organising team consists entirely of members from our own batch. An 18 member committee is coordinating the event, with smaller sub committees managing specific areas such as academics, accommodation, logistics and communications. Four members oversee finances to ensure proper accountability.

A professional event management team has also been engaged to handle negotiations and general logistics with the resort. This ensures both personal ownership and professional execution.

24. How is accountability maintained?

Financial oversight is shared, documented and transparent. Records will be presented to all the participants after the event.

25. What happens if there is a surplus after the event?

The intention of this reunion is not to generate profit. All funds are collected solely to cover the cost of organising the event.

Once the event concludes, all accounts will be fully settled. This includes venue payments, catering, vendors, taxes and any applicable banking or transaction charges. Only after everything is reconciled will any surplus be calculated.

If the surplus amounts to more than Rs 3,000 per person, it will be returned proportionately to participants.

If the surplus is modest, meaning less than Rs 3,000 per person, it will be retained in the KMC90 account for previously agreed charitable activities in India. This approach avoids disproportionate banking and administrative costs for very small refunds and allows the remaining balance to be used meaningfully.

26. Why are organisers volunteering their time?

The organising team is contributing their time out of goodwill, shared history and a sincere desire to make this milestone meaningful. This cohort represents an important chapter in all our lives, and there is a collective commitment to bringing everyone together in a thoughtful and well organised way.

SECTION 7: CONTINUED MEDICAL EDUCATION (CME)

27. Who is conducting the CME?

The CME is conducted by the Doctors Academy Group. Doctors Academy is an established international medical education organisation with nearly 20 years of experience delivering postgraduate and undergraduate training. It has organised hundreds of academic courses and conferences across the United Kingdom and internationally, and is known for maintaining strong professional and educational standards. Its involvement ensures that the CME component is structured, credible and formally certified.

28. How many CME points will be awarded?

Up to 6 CME points are awarded by the College of Physicians and Surgeons of Cardiff, UK.

29. Why include CME in a reunion?

Because medicine was the foundation that brought us together in the first place. Over the past three decades, each of us has gathered unique experience across different specialties, healthcare systems and countries. The CME component gives structure to that collective wisdom. It adds intellectual depth to the gathering and creates a meaningful space to exchange insights, reflect on how practice has evolved, and consider where the profession is heading.

30. What topics will be covered?

The programme will be intentionally diverse. Alongside selected clinical updates and discussions on areas such as AI in healthcare, leadership and systems perspectives, there will also be personal reflections shaped by decades of practice. Sessions may include general health related themes, ageing related topics, wellbeing, and even broader non-medical perspectives that have influenced our professional journeys. The aim is not to create a narrow academic conference, but a thoughtful and wide ranging exchange that reflects who we have become over 36 years.

31. Will the academic sessions feel formal?

The sessions will be structured and professionally conducted, but they will not feel rigid or intimidating. The atmosphere will be relaxed, collegial and respectful. The tone will be thoughtful without being heavy, allowing space for discussion, reflection and even humour. The intention is to create meaningful conversations rather than a conventional, high pressure academic environment.

32. Can all attendees contribute?

Yes. All speakers will be from within our own group, and everyone is warmly encouraged to be involved. The strength of this programme lies in the diversity of experience within the batch. Contributions are entirely optional, but participation is welcomed, whether through formal presentations, panel discussions, reflections or informal sharing. The aim is collective engagement rather than passive attendance.

SECTION 8: SPOUSES

33. Are spouses welcome?

Yes. Spouses are warmly welcome.

34. Will spouses participate in activities?

Yes. They may participate in meals, social evenings and excursions.

35. How will spouses register?

A separate spouse registration process will be announced, with fees determined once arrangements are finalised.

We sincerely hope that this FAQs answer any queries or questions you might have had. If you have any further questions, please feel free to write a message in the KMC90 WhatsApp group or contact one of the organisers.

With kind regards,

Organisers and Classmates
KMC90 Reunion
Bengaluru, India, 2026