



2023 National Conference - Orthopaedic Medicine

Feedback - March 2023

2023 National Conference - Orthopaedic Medicine

The University of St Andrews Surgical Society was proud to announce the annual conference.

This year, the conference was based on orthopaedic medicine. The event included talks by four speakers, all of whom were orthopaedic surgeons excelling in their field. With a mix of differing sub-specialities, talks varied from topics involving paediatric orthopaedic surgery to research on challenges for women in orthopaedics. In addition four workshops took place led by surgeons who demonstrated various techniques used in orthopaedic surgery.

Course Information

Venue:	University of St Andrews School of Medicine, N Haugh, St Andrews
Date:	18th March 2023
Attendance:	66 Delegates
Aimed at:	Pre-clinical/clinical medical students
Conference Fee:	£15.00



Programme

0900 - 0930 Registration

0930 - 0945 Welcome Remarks

0945 - 1030 Talk by Dr Lukasz Luboinski

1030 - 1115 Talk by Dr Maryam Ahmed

1115 - 1200

Refreshments

1200 - 1245 Talk by Dr Emily Baird

1245 - 0130 Talk by Prof Leela Biant

0130 - 0215

Lunch

0215 - 0545 Workshops

WORKSHOPS PROGRAMME

0900 - 0215 Talks & Lunch

Bell Pepper Arthroscopy

Advanced Suturing

0345 - 0355 Workshop Reset

Operative Fixation

CV Building for Surgery

0545 - 0600 Closing Remarks

Speakers:

Dr Lukasz Luboinski, MD, Carolina Medical Centre

Miss Maryam Ahmed, MBBS, MRCS

Miss Emily Baird, (Tr & Orth), FFST RCSEd

Professor Leela Biant BSc (Hons), MBBS, AFRCSEd, FRCSEd (Tr&Orth), MSres, MFSTEd

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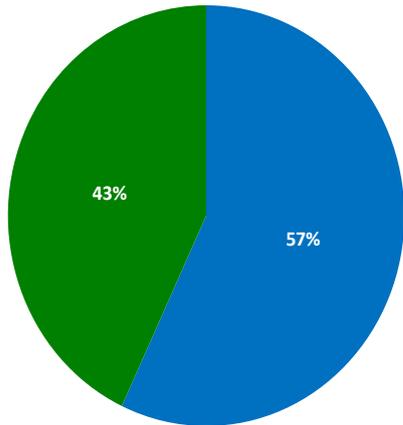
Ms Sarah Mackel
Intersociety Rep

Ms Heidi Josefsson
Conference Co-Chair

Ms Natasha Ranjit
Conference Co-Chair

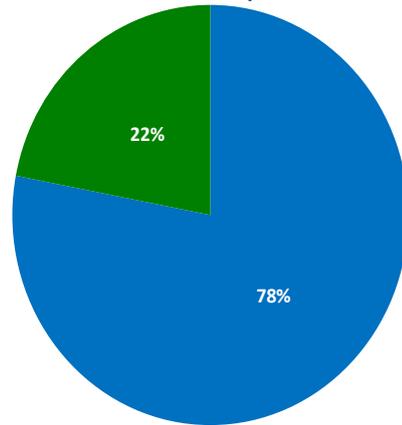
Overall Feedback

How was the content of the conference?



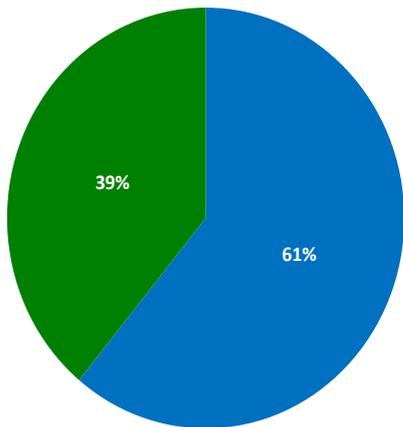
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



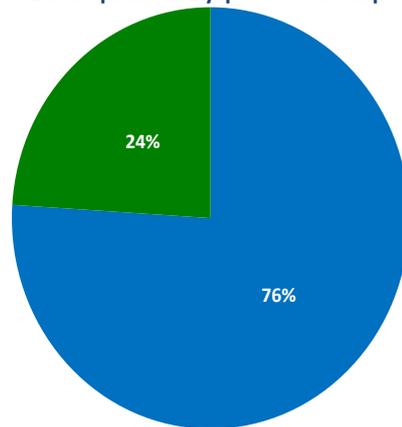
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dr. Lukasz Luboinski- Sports Medicine



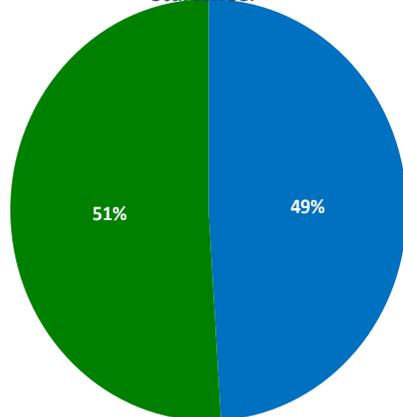
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Miss Emily Baird- Paediatric Orthopaedics: Developmental Dysplasia of the Hip



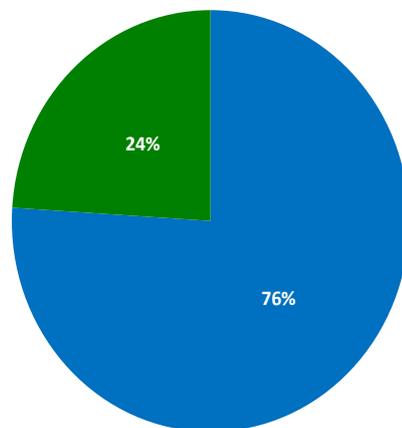
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Prof Leela Biant- Medical Student to Professor: What I Wish I Knew At the StartSheer



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

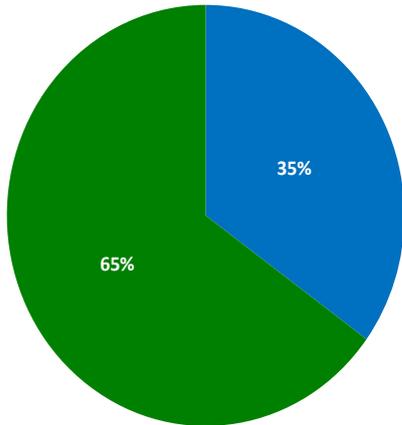
Workshop - Bell Pepper Arthroscopy



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

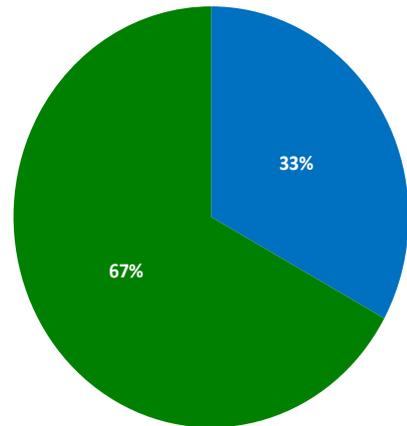
Overall Feedback

Workshop - Advanced Suturing



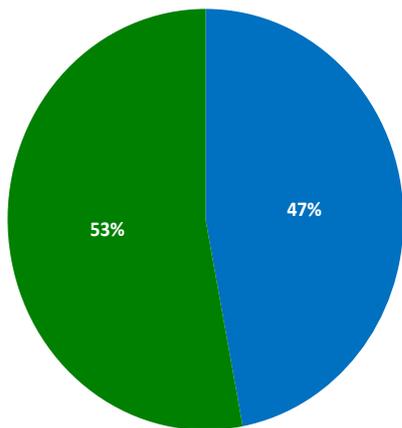
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop - Workshop Reset



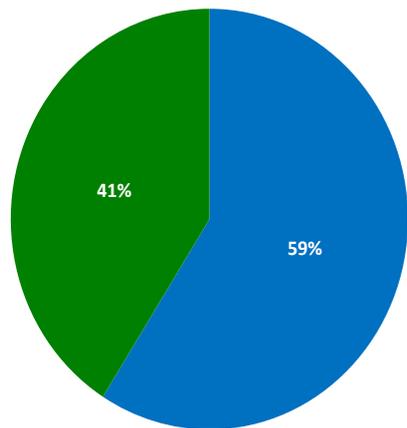
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop - Operative Fixation



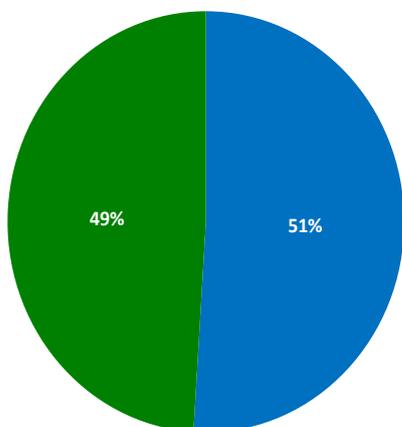
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop - CV Building for Surgery



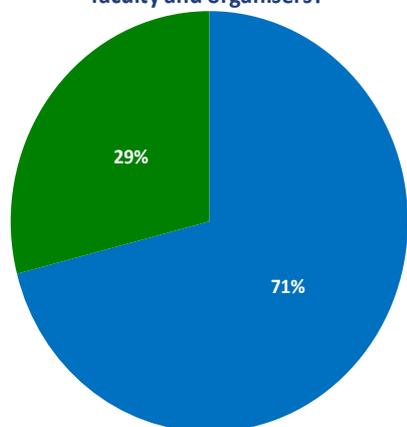
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

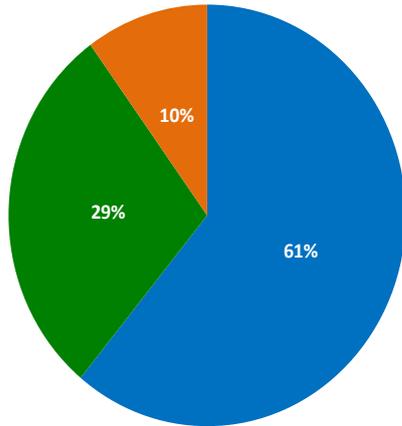
How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

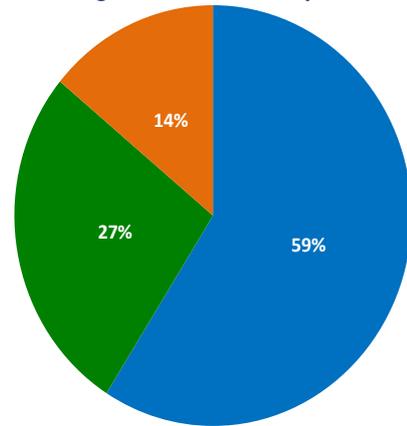
Overall Feedback

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

The conference felt very well organised, all of the stations ran smoothly and the topics discussed by the presenters were very interesting. I particularly enjoyed the bell pepper arthroplasty and CV building sections.

BA

University of St. Andrews School of Medicine, St. Andrews, UK

Great environment filled with approachable team, with plentiful exposure of educational and insightful workshops.

HK

University of St Andrews, St Andrews, UK

Very good, very helpful for a preview into the world of orthopaedics.

EC

University of St. Andrews School of Medicine, St. Andrews, UK

Very good opportunity to learn more about Orthopaedic surgery, which is not really in the St Andrews medicine curriculum!

JV

University of St Andrews, St Andrews, UK

Not very relevant to my studies at the moment, but interesting still. Some presentations felt rushed and had no structure, some were very interesting.

LM

University of St Andrews, St Andrews, UK

Had surgery previously so took an interest and would like another workshop to divide lectures in the morning.

MM

University of St Andrews, St Andrews, UK

Good.

LG

University of St Andrews, St Andrews, UK

Very enjoyable day.

AL

University of St. Andrews School of Medicine, St. Andrews, UK

Very well organised with highly engaging and enthusiastic speakers.

AD

University of St Andrews, St Andrews, UK

Individual Comments

Organisation was good, the organisers were extremely helpful! The individual sessions were perfect to understand different aspects of orthopedics! As someone who likes hands on practice, I loved the workshops, especially the bell pepper arthroscopy was amazing since we had an opportunity to use instruments!

MK

University of St. Andrews School of Medicine, St. Andrews, UK

Very good and all the presentations were fantastic. Very relevant to those wishing to study orthopaedics.

EB

University of St. Andrews School of Medicine, St. Andrews, UK

Overall excellent experience - the bell pepper arthroscopy was particularly good. Very relevant to my studies considering we are studying the MS system at present.

TO

University of St. Andrews School of Medicine, St. Andrews, UK

We currently have a poster presentation due for class, and the conference gave me all the information required for the poster, as we were focusing on knee arthroplasty, which was a large part of the conference. It also helped me revise aspects of the lower limb we learned about.

HW

University of St. Andrews School of Medicine, St. Andrews, UK

It was perfect. I have learned a lot about orthopaedics and have enjoyed the experience. I have taken away a lot from the conference.

JT

University of St Andrews, St Andrews, UK

Extremely interesting topics, thoroughly enjoyed. I did not have a full day ticket but would have enjoyed the afternoon workshops.

AS

University of St Andrews, St Andrews, UK

Individual Comments

Very good, what was taught very much applied to my current module. When it comes to organisation it was also done very well, with a good structure to the day. The level of teaching was very high and one could tell that the presenters are certainly at the top of their fields.

LS

University of St. Andrews School of Medicine, St. Andrews, UK

The conference was well organised and I learned a lot about orthopaedics and paediatric surgery which I might not have learned in regular academic teaching. The content supplemented my learning, as it had high relevance to the musculoskeletal content in MD2002.

KK

University of St. Andrews School of Medicine, St. Andrews, UK

I really enjoyed the talks, especially paediatrics which I am considering on specialising in! The workshop on Bell Pepper Arthroscopy was particularly exciting to do as I have never done such thing before. Overall, the conference was really engaging, interactive and very informative!

RG

University of St. Andrews School of Medicine, St. Andrews, UK



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- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
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- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
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Publications



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