

SIAS 6th National Conference: Growing Advances in Medical Academia

14th March 2020

Wessex Heartbeat Education Centre, F Level, North Wing, Southampton General Hospital, Southampton

REPORTING INFORMATION

KINDLY READ THE MAIL IN FULL SINCE IT CONTAINS IMPORTANT INFORMATION.

Dear Delegate,

Re: SIAS 6th National Conference – 14th March 2020

Thank you for choosing to attend this conference. May we take this opportunity to kindly welcome you to the conference.

This mail is to inform you of the directions to the venue, the programme and the format for the day.

I. GENERAL AND REPORTING INFORMATION

Date/time:

14th March (Saturday), 0900-1700

Venue:

Wessex Heartbeat Education Centre
F Level, North Wing
Southampton General Hospital
Tremona Road
SO16 6YD

Where to Report:

Please report to the reception area of the Heartbeat Education Centre. The event will begin at 0930 and registration will begin at 0900. Delegates will be able to receive information booklets and badges at that time and those who are presenting at the event will be able to set up their posters.

II. TRAVEL INFORMATION

Southampton General Hospital (SGH) has public transport links, this link explains them well:
<https://www.uhs.nhs.uk/Ourhospitals/SGH/Getting-here-and-parking/PublicTransporttoSGH.aspx>

If you are travelling by train and bus please allow an additional 20-25 minutes to walk from the train station to SGH.

If you are driving, please use the address above in a satnav/smartphone to find the hospital and follow the parking instructions in the next section.

III. CAR PARKING

For those driving there are two options parking on site and parking on the local roads.

On-site parking

<https://www.uhs.nhs.uk/Media/SUHTInternet/HowToFindUs/Patient-and-visitor-parking-map-2018.pdf>

This map details parking on site. As shown there are two main patient/visitor car parks, blue and orange, with the location of the entrances shown on the map. Upon entering both car parks, you will be issued with a ticket and will need to complete [payment before leaving

Off-site parking

At weekends free and unlimited parking (upto 8am on Monday) is available on roads surrounding SGH. For ease of getting to the North Wing, we would recommend the following roads:

Jessamine Road
Laundry Road
Hollybrook close
Dale Road
Dale Valley Road
Norham Avenue

These are all within 5-10 minute walk from the North Wing. Note that with Dale Road, Dale Valley Road and Norham Avenue, you will have to negotiate the hill on Dale Road when walking.

IV. FINDING THE HEARTBEAT EDUCATION CENTRE

Whichever form of transport used we recommend entering SGH by the North Wing Entrance. At the North Wing Entrance, walk about 10-15 metres down, where stairs and lift are on the left. Proceed to F Level, North Wing, where the Education Centre is. The stairs and lifts are the only public access to F Level, North Wing.

The North Wing Entrance is next to the Emergency Department (out of picture, left of image):

1. North Wing Entrance Door circled in red.



Below is a map showing the location of the North Wing Entrance, circled in black:

2: North Wing Entrance circled in black. Orange car park is labelled as 'main car park', Blue car park is unlabelled but is at the bottom of the site. Access to North Wing Entrance from the mini double-roundabout on Tremona Road or via the one-way road from Orange car park.



- If you are in Blue Car Park (no easy thoroughfare through Emergency Department), we recommend walking back onto Tremona Road, walk to the double mini-roundabout, on the second roundabout, turn left, and follow this road to the North Wing Entrance.
- For those using off-site parking, we recommend entering the site via the double mini-roundabout on Tremona Road.
- If you enter the hospital via the main entrance, walk down past M&S on the right and the clothes shop on the left. Turn left at the M&S Café. Walk down this corridor until arriving at the lift lobby. Directly after/next to the lift lobby is a corridor on the left with 'North Wing' labelled above. Follow this corridor as it curves then straightens out towards the end. Before reaching the exit, there are stairs and a lift on the right. Use this to get to F Level and to the Wessex Heartbeat Education Centre.
- If using a taxi, ask the driver to take you to the North Wing Entrance.
- If using a bus please use the stop closest to the Tremona Road double mini-roundabout.

V. PROGRAMME AND CONTENTS

The final programme will be very much in line with the one that has been placed online. This will be given to you on the day. Kindly follow this link to view the programme online:

<http://doctorsacademy.org/CourseNW/SIAS/pdf/CP20.pdf>

There is always the possibility of a lecture or demonstration over-running and thus some flexibility may be necessary within the programme. However, due to the wide range of topics that will be covered during the course, we will adhere to a strict time-schedule. We will endeavour to observe the session times (i.e., morning and afternoon) and hence all breaks, and start and finish times will be followed as per the programme.

Your workshop rotation will be allocated to you on the day.

VI. DRESS CODE

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops.

VII. BREAKS FOR REFRESHMENTS AND LUNCH

There will be a 1 hour 20 minute lunch break. During the refreshment breaks, you will be provided with tea, coffee and biscuits. Vegetarian, non-vegetarian and halal food will be available.

VIII. DIETARY REQUIREMENTS/ALLERGIES

Kindly inform us as soon as possible if you have any specific dietary requirements (e.g., vegetarian, vegan, kosher, halal) or allergies (e.g., nuts, gluten, dairy), if you haven't already advised upon registration.

IX. £10 REIMBURSEMENT

The society will organise £10 deposit refunds on the day. Please ensure you sign in upon arrival to help the team act efficiently and quickly.

Please do not hesitate to contact the organising team at southamptoninspire@gmail.com if you have any further queries in the interim.

We look forward to meeting you at the conference.

With very best wishes,

SIAS Conference Organising Committee
Doctors Academy