



South West Orthopaedic Conference 2026

Saturday 7th February 2026

The RILD, Barrack Road, Exeter, EX2 5DW, England

Programme

0825 – 0845	Registration
0845 – 0900	Welcome and Sponsors Talk
0900 – 0940	Women in Orthopaedics
0950 – 1030	How to Get Into CST

1030 – 1050

Break

1100 – 1140	Sports, Trauma and Private Practice
1150 – 1230	Paediatric Orthopaedics

1230 – 1330

Lunch

1330 – 1400	Oral Presentations
1400 – 1700	Workshops
1700 – 1730	Consolidations and Awards