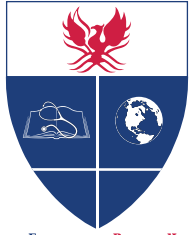


**DOCTORS ACADEMY**



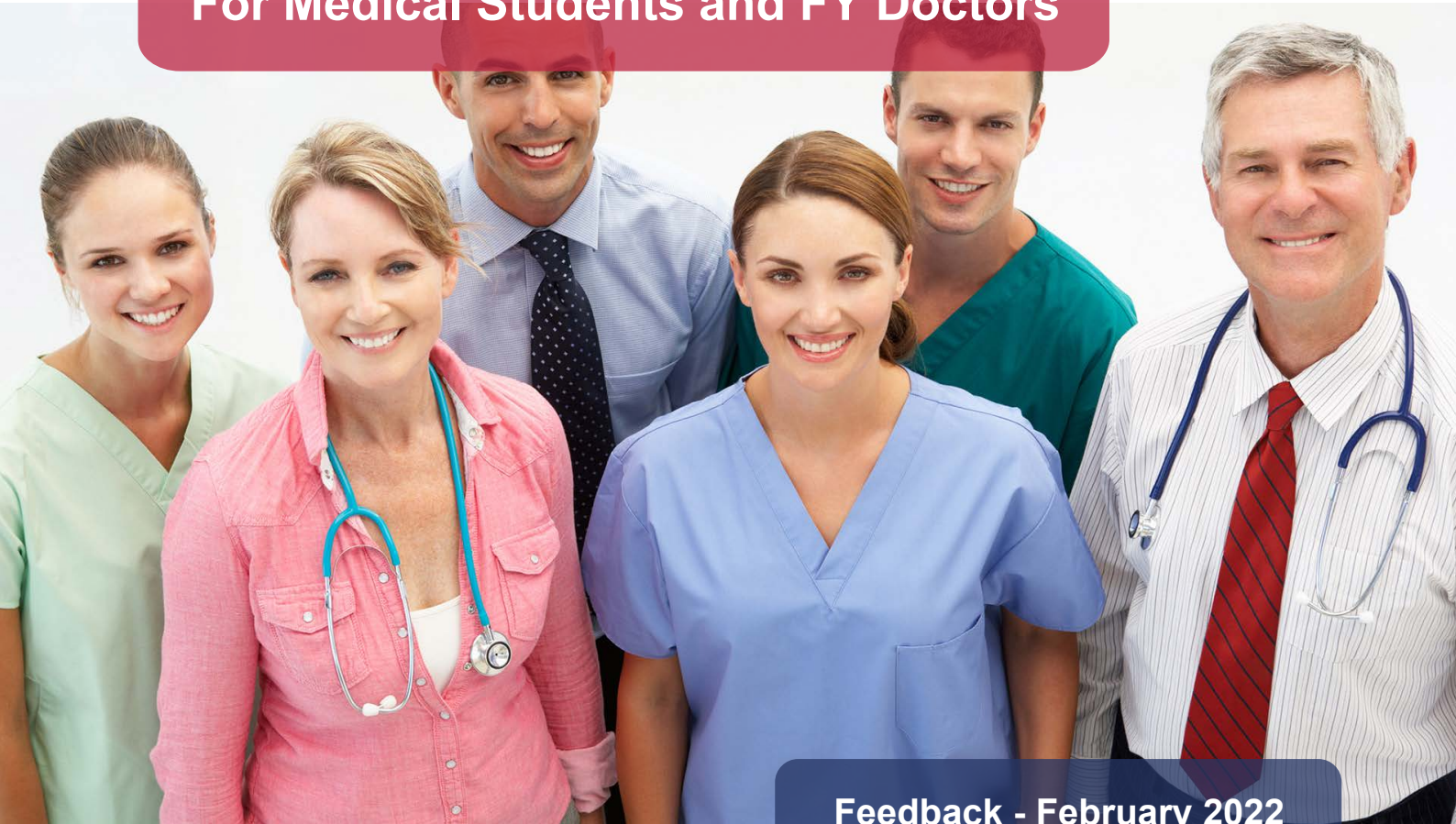
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## Basic Nutrition and the Surgical Patient: For Medical Students and FY Doctors



Feedback - February 2022

## Basic Nutrition and the Surgical Patient: For Medical Students and FY Doctors

This talk discussed the basics and principles of nutrition in the surgical patient. A number of adult patients admitted to hospital are at risk of malnutrition. An understanding of the risks of malnutrition and their effect on morbidity and mortality is important for any junior doctor. This session, therefore, aimed to build the confidence of senior medical students and Foundation Year 1 Doctors to help them to better appreciate the nutritional needs of surgical patients. It provided an overview of nutrition needs, recognition and screening tools, and risks and benefits of supplemental nutrition options in the surgical patient.

### Speaker:

#### **Miss Nadeen Low**

Consultant UGI Surgeon/Nutrition Lead  
Frimley Hospital NHS Foundation Trust

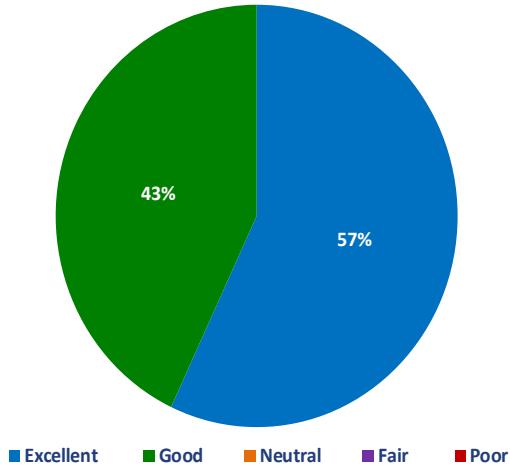
### Course Information

Venue:	Online via Zoom
Date:	21 <sup>st</sup> February 2022
Attendance:	9 Delegates
Aimed at:	Medical Students (clinical years) Foundation Year 1 Doctors
Course Fee :	Free

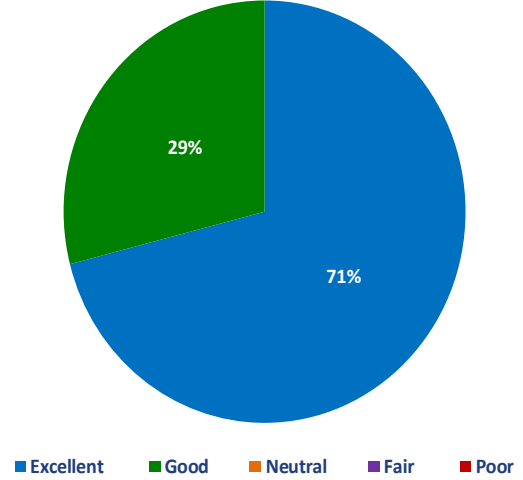


## Overall Feedback

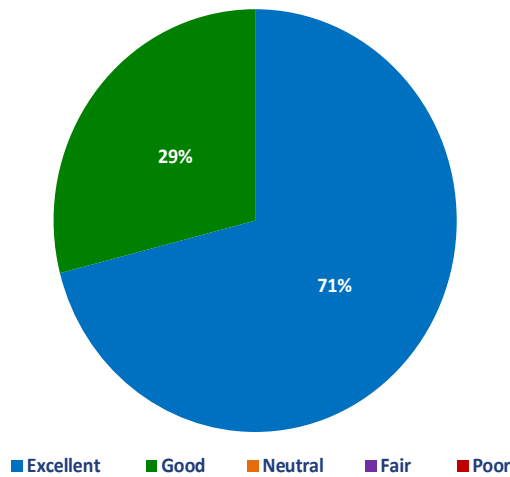
How would you rate the appropriateness of the topic to your career and/or studies?



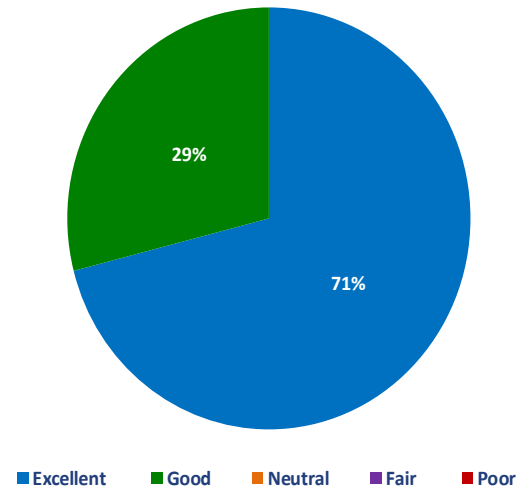
How would you rate the expertise of the speaker?



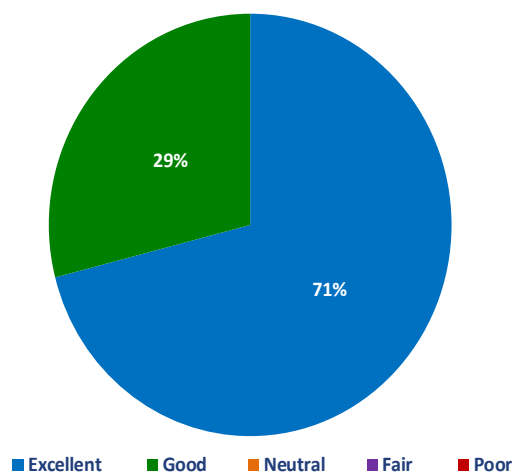
How would you rate the clarity of the information delivered?



How would you rate the content of the talk?



How would you rate the appropriateness of Zoom for the delivery of this talk?



## Individual Comments

Great webinar. Thank you!

**LC**

*Wexham Park hospital, Slough, United Kingdom*

Great session.

**MS**

*University of Oxford, Oxford, United Kingdom*

Great overall talk. The information was very clearly explained and I felt like I took many learning points.

**OH**

*University of Dundee, Dundee, United Kingdom*



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

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