





# The Christie - Doctors Academy FRCS (Gen Surg) Section 2 Course: Theory, Vivas and Clinical Examination

The highly popular Christie-Doctors Academy FRCS (Gen Surg) Section 2 Course was conducted as a hybrid course divided into two components, as outlined below. Delegates were able to choose to attend the full course (which was recommended) or only the face-to-face component of the course.

There were six evenings of interactive discussions held via Zoom before the face-to-face component. These took place on Thursday 6<sup>th</sup> July, Monday 10<sup>th</sup> July, Tuesday 11<sup>th</sup> July, Thursday 13<sup>th</sup> July, Tuesday 18<sup>th</sup> July and Wednesday 19<sup>th</sup> July 2023. These sessions covered the following core topics in the FRCS syllabus (JCIE): Breast Surgery, Benign Upper GI Surgery, Malignant Upper GI Surgery, Benign Lower GI Surgery, Malignant Lower GI Surgery, HPB Surgery, Endocrine Surgery, Transplant Surgery, Trauma, Critical Care, and Statistics.

The face-to-face component of the course was held on Saturday 15th and Sunday 16th July 2023 at The Christie Hospital in Manchester. On Saturday 15th July, focused on vivas in General Surgery, in the delegate's selected subspeciality, academic surgery (reading a paper/basic science/statistics), and trauma and critical care. On Sunday 16th July contained patient-focused clinical examination on real patients, as well as discussion on radiology and pathology. There were no lectures during the face-to-face component of the course, and the entire weekend will be dedicated to vivas, discussions, and clinical examination of patients.

The highlights of this course included a high tutor-to-delegate ratio, coverage of all essential and high-yield theory, updates on current advances in all sub-specialities, vivas in all areas as in the exam, and clinical examination of patients.

#### Course Information

Venue: Christie Hospital, Manchester

Dates: 6<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 13<sup>th</sup>, 18<sup>th</sup> and 19<sup>th</sup>

July 2023; Online Sessions 15th and 16th July 2023; Christie Hospital, Manchester

Attendance: 22 Delegates

Aimed at: ST5 or above/SpR Year 3 or

above in General Surgery

Course Fee: £580.00



# **Programme**

## 6<sup>th</sup> - 19<sup>th</sup> July 2023

## Thursday 6th July 2023

1815-1830	Welcome and Introduction	Mr Wild			
1830-2000	Upper GI Surgery (Malignant)	Mr Chaparala			
2000-2030	2000-2030 Break				
2030-2200	Colorectal Surgery (Benign)	Mr Rajaganesh			
Monday 10 <sup>th</sup> July 2023					
1830-2005	Upper GI Surgery (Benign)	Mr Menon			
2005-2020	Break				
2020-2200	Breast Surgery	Ms Jafferbhoy			
	Tuesday 11 <sup>th</sup> July 2023				
1830-2005	HPB Surgery (I)	Mr Deshpande			
2005-2020	Break				
2020-2200	HPB Surgery (II)	Mr Deshpande			
	Thursday 13 <sup>th</sup> July 2023				
1830-2005	Colorectal Surgery (Malignant) Mr Sutton				
	Colorodial Cargory (Manghant) Wir Catton				
2005-2020	Break				
<b>2005-2020</b> 2020-2130					
	Break				
	Break  Critical Care for Surgeons Dr Al-Kadhimi				
2020-2130	Break  Critical Care for Surgeons Dr Al-Kadhimi  Tuesday 18 <sup>th</sup> July 2023				
2020-2130	Break  Critical Care for Surgeons Dr Al-Kadhimi  Tuesday 18 <sup>th</sup> July 2023  Transplant Surgery Mr Singh				
2020-2130 1815-1930 <b>1930-1940</b>	Break  Critical Care for Surgeons Dr Al-Kadhimi  Tuesday 18 <sup>th</sup> July 2023  Transplant Surgery Mr Singh  Break				

# **Programme**

## Wednesday 19<sup>th</sup> July 2023

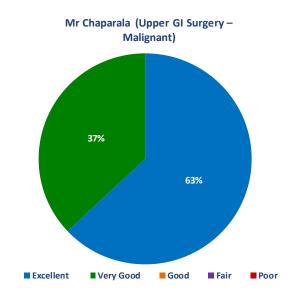
1830-2005	Endocrine	Surgery	Mr Houghton
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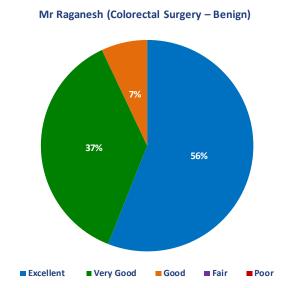
2005-2015	Break			
2015-2115	Statistics for Surgeons Mr Deshpande			
2115-2130	Break			
2130-2155	Tips for Candidates Mr El-Tweri			
2155-2200	Close of Course Mr Wild			
15 <sup>th</sup> July 2023 (Face-to-Face Component)				
0840 - 0850	Arrival and Registration			
0850 - 0900	Introduction to the Day and Housekeeping			
0900 - 0920	Format for the Weekend and Allocation of Delegates to Stations			
0920 - 1050	General Viva [60 minute viva + 30 minute feedback]			
1050 - 1110	Break			
1115 - 1245	Trauma and Critical Care Viva [60 minute viva + 30 minute feedback]			
1245 - 1330	Lunch			
1340 - 1520	Subspeciality Viva [60 minutes viva + 30 minute feedback]			
1520 - 1540	Break			
1545 - 1715	Academic Viva (30 minutes to read paper; 30 minutes viva; 30 minutes discussion)			
1715 - 1730	Summary and Close			
1830 - 2030	Course Dinner			

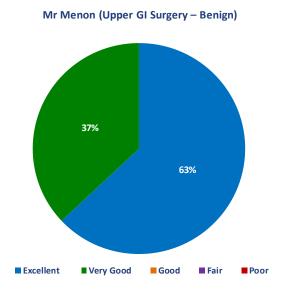
# **Programme**

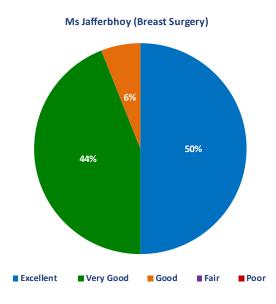
## 16th July 2023 (Face-to-Face Component)

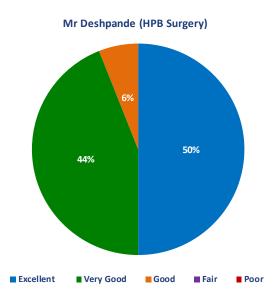
0840 - 0850	Registration	
0850 - 0900	Allocation of Delegates to Stations	
0900 - 1020	Mock Viva	
1020 - 1040		Break
1040 - 1200	Mock Viva	
1200 - 1245		Lunch
1250 - 1430	Clinicals (with Patients and Images)	
1430 - 1450		Break
1450 - 1630	Clinicals (with Patients and Images)	
1635 - 1650	Summary and Tips for Exam Success	
1650 - 1700		

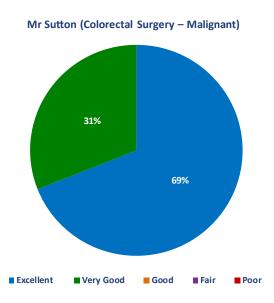


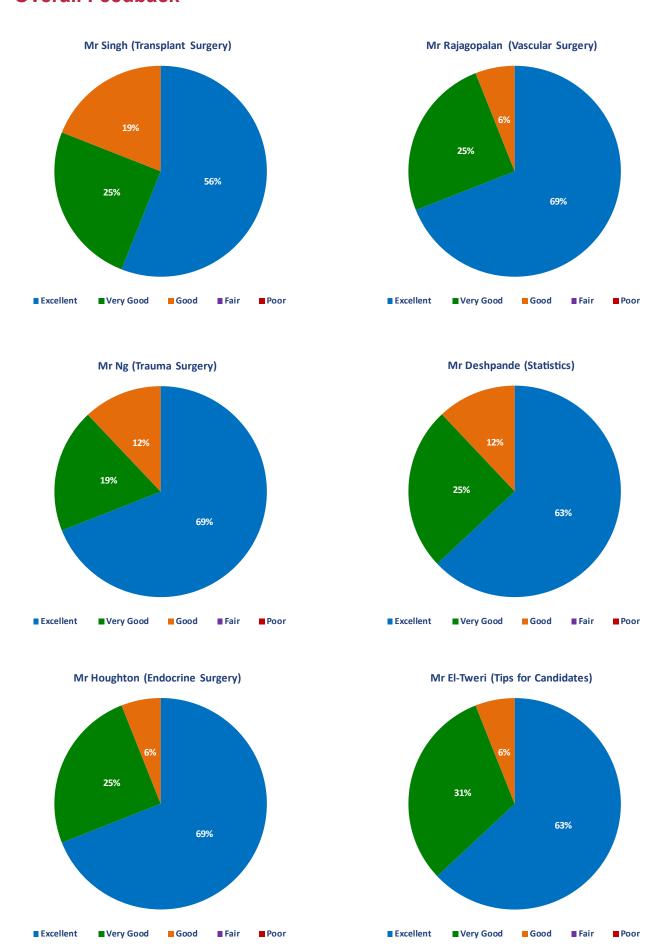




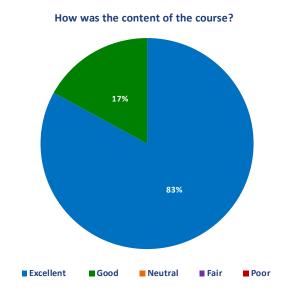


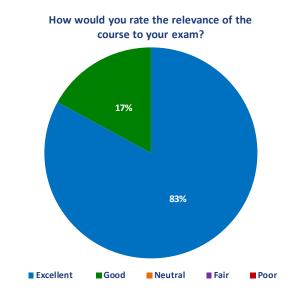


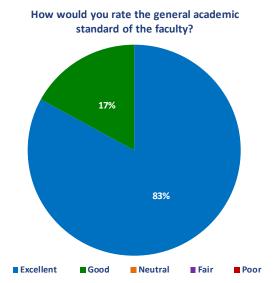


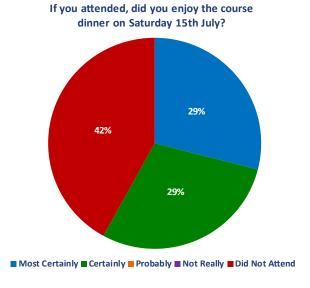


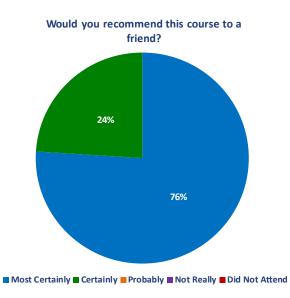


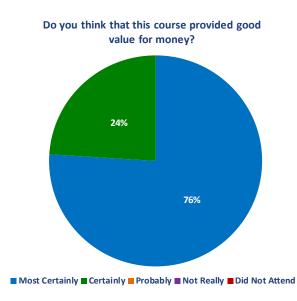












### **Individual Comments**

I obtained the very valuable experience of real-life exam in terms of face-to-face mock viva. The organisation is excellent. It will definitely help candidates to pass exams.

TF

John Radcliffe Hospital, Oxford, United Kingdom

Very useful course for the exam, value for money and friendly environment. Lots of interactive sessions.

KS

Warrington and Halton NHS Foundation Trust, United Kingdom

Excellent.

JW

St James's University Hospital, Leeds, UK

Nice organisation and informative.

KK

Steve Biko Academic Hospital, Pretoria, UK

Amazing, one of the best courses I attended.

**TS** 

Medway NHS Trust, UK

The course is of the highest academic standards delivered in the most friendly but professional way. Highly recommended.

MM

Royal Bolton Hospital, Bolton, UK

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MM

Royal Bolton Hospital, Bolton, UK



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

#### Courses (a selection):

#### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



#### Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

#### **Publications**



#### publications.doctorsacademy.org

#### **World Journal of Medical Education & Research**

Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

wjmer.co.uk

#### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

- DOHNS Exams

- MRCS Exams

www.doctorexams.co.uk

www.doctorsacademy.org