

CARDIFF MRCS OSCE PREPARATION COURSES

23rd – 25th April 2021 (Friday – Sunday)
College of Physicians and Surgeons of Cardiff, Cardiff Bay

1. Cardiff MRCS Course: Surgical Anatomy, Pathology and Critical Care Physiology for MRCS OSCE – 23rd April 2021 (Friday); College of Physicians and Surgeons of Cardiff, Cardiff Bay
2. Cardiff MRCS Course: Intensive Preparatory Course for MRCS OSCE (Procedural Skills, Clinical Examination and Communication Skills) – 24th and 25th April 2021 (Saturday and Sunday); College of Physicians and Surgeons of Cardiff, Cardiff Bay

KINDLY READ THIS IN FULL SINCE IT CONTAINS IMPORTANT INFORMATION.

PLEASE NOTE THAT THESE COURSES WILL TAKE PLACE AT THE COLLEGE OF PHYSICIANS AND SURGEONS OF CARDIFF IN CARDIFF BAY. PLEASE SEE BELOW FOR FURTHER DETAILS.

Dear Candidate,

Thank you for choosing to attend the above course(s). May we take this opportunity to kindly welcome you to the course and to Cardiff.

This mail is to inform you of the directions to the venue and the format of the days.

Please note that you should attend only the course(s) for which you have registered and in which you have a confirmed place.

I. GENERAL AND REPORTING INFORMATION

Dates:

23rd April 2021 (Friday) – Cardiff MRCS Course: Surgical Anatomy, Pathology and Critical Care Physiology for MRCS OSCE

24th and 25th April 2021 (Saturday and Sunday) – Cardiff MRCS Course: Intensive Preparatory Course for MRCS OSCE (Procedural Skills, Clinical Examination and Communication Skills)

Timings:

23rd April 2021 (Friday)

Registration: **0820 hours**

Start of Course: **0830 hours**

End of Course: **1900 hours**

24th April 2021 (Saturday)
Registration: **0830 hours**
Start of Course: **0840 hours**
End of Course: **1900 hours**

25th April 2021 (Sunday)
Start of Course: **0830 hours**
End of Course: **1830 hours**

Venue:

College of Physicians and Surgeons of Cardiff
Frazer Building
126 Bute Street
Cardiff Bay
Cardiff
CF10 5LE

Where to Report:

When you arrive at Frazer Building, please enter the foyer through the main door. A member of our team will direct you to the appropriate room.

II. ADDRESS, DIRECTIONS AND PARKING

Address:

College of Physicians and Surgeons of Cardiff
Frazer Building
126 Bute Street
Cardiff Bay
Cardiff
CF10 5LE

Directions:

Driving from the East

- Exit the M4 at Junction 29 onto the A48(M). Continue for 2.5 miles.
- Continue onto Eastern Avenue/A48 for 2.4 miles.
- Take the exit A4232 towards Cardiff (E)/Docks.
- When you reach the roundabout, take the first exit onto Southern Way/A4161/A4232. Continue for 0.4 miles.
- Take the A4161 ramp to the City Centre and continue for 0.2 miles.
- When you reach the roundabout, take the second exit onto A4161. Continue for 0.8 miles.
- Turn left onto Beresford Road and continue for 0.2 miles.
- Continue onto Moorland Road for 0.4 miles.
- Continue onto Courtenay Road for 0.1 miles.
- Continue onto Walker Road for 0.2 miles.
- Continue onto E Tyndall Street.
- Go through two roundabouts (0.8 miles).
- Continue onto Herbert Street for 0.1 miles.
- Turn left onto Bute Street and continue for approximately 0.5 miles.
- The venue (Frazer Building) will be on your right.

Driving from the West

- Exit the M4 at Junction 33.
- Take the exit towards Cardiff West.
- When you reach the roundabout, take the third exit onto the A4232. Continue for 9.1 miles.
- Take the exit towards Techniquest/Museum and continue for 0.1 miles.
- When you reach the roundabout, take the first exit onto Stuart Street. Continue for 0.2 miles.
- Continue onto New George Street for 0.1 miles.
- Continue onto Bute Street for 0.1 miles.
- The venue (Frazer Building) will be on your left.

Parking

Car parking near the venue is limited (and quite expensive). If it is at all possible, we would suggest that you avoid driving to the venue.

If you do need to bring your car, the following car parks are available:

The Red Dragon Centre. Please follow this link for further information:

<https://thereddragoncentre.co.uk/parking/>

Havannah Street (next to St David's Spa Hotel). Please follow this link for further information:

<https://www.cardiffbay.co.uk/listings/havannah-street-car-park/>

Cardiff Q-Park. Please follow this link for further information:

<https://www.q-park.co.uk/en-gb/cities/cardiff/cardiff-bay/>

By Train

The closest station to the venue is **Cardiff Bay Railway Station**. You will need to change trains at Cardiff Central.

From Cardiff Central Train Station

- On arriving at Cardiff Central, head to Platform 6. Take the train to Cardiff Queen Street (trains run from Cardiff Central to Cardiff Queen Street every 5 minutes). The journey time is approximately 3 minutes.
- On arriving at Cardiff Queen Street, head to Platform 3. Take the train to Cardiff Bay (trains run from Cardiff Queen Street to Cardiff Bay every 12 minutes). The journey time is approximately 4 minutes.
- When you arrive at Cardiff Bay Train Station, exit to the right (sign-posted Mermaid Quay and Mount Stuart Square).
- Turn left onto Bute Street and walk towards the first set of traffic lights.
- Cross the road. You will see Frazer Building in front of you (there is a clock at the top of the building).

Alternatively, you can take a taxi from Cardiff Central Train Station to the venue. This will take approximately 7 minutes.

Visual directions to the venue can be found by following this link:

<https://doctorsacademy.org/CourseNW/CMMSRCA/cardiff-Train.pdf>

III. CONTENTS

23rd April 2021 (Friday) – Cardiff MRCS Course: Surgical Anatomy, Pathology and Critical Care Physiology for MRCS OSCE

This intensive one-day course covers the 'knowledge component' that makes up 120 marks (6 stations) in the restructured MRCS OSCE for the May 2021 sitting (13 stations in total). It will cover the commonly tested and high-yield topics in anatomy, pathology, microbiology, and applied basic sciences and critical care physiology. This course will provide a solid revision of knowledge and a sound transition from the MRCS Part A to the MRCS OSCE in May 2021.

24th and 25th April 2021 (Saturday and Sunday) – Cardiff MRCS Course: Intensive Preparatory Course for MRCS OSCE (Procedural Skills, Clinical Examination and Communication Skills)

This two-day intensive course provides a summary revision of the core areas in the skills component of the exam (procedural skills; clinical examination skills; and communication skills) that makes up 140 marks (7 stations) in the restructured MRCS OSCE for the May 2021 sitting (13 stations in total).

IV. WHAT TO PREPARE

The course will be intense and exhausting. **Hence, may we politely request that you read the pre-course material beforehand so that you will gain the maximum benefit from the course.** Prior knowledge will also help you to focus on important pieces of information during the course. Please follow this link to access the pre-course presentations:

http://www.courses.doctorsacademy.org/Number_Validation.aspx

V. DRESS CODE

The dress code for this event is professional/semi-formal.

VI. BREAKS FOR REFRESHMENTS AND LUNCH

There will be 20-minute refreshment break in the morning and afternoon sessions, and a 40-minute lunch break. During the refreshment break, you will be provided with tea, coffee and biscuits. A sandwich lunch will also be provided on both days. Vegetarian and non-vegetarian options will be available.

Special Dietary Requirements

The food provided for delegates attending this course will be sourced externally. Therefore, we are unfortunately unable to guarantee that special food requests can be catered to. On all days of the course, a selection of vegetarian and non-vegetarian options will be available. However, the provision of specific food requests might be limited. If you wish to discuss this with a member of our team before you attend the course, please do not hesitate to contact us at courses@doctorsacademy.org.uk. Alternatively, you can call us on +44 (0) 2920 616765.

What you need to bring with you:

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your hospital/employer identification badge.

Please do not hesitate to contact us at info@doctorsacademy.org.uk if you have any queries. Alternatively, you can contact us at +44 (0) 2920 616765.

If you have any issues on the day of the course, do not hesitate to contact us on **+44 (0) 75 3426 0131**.

We look forward to meeting you at the course.

With very best wishes,

Course Faculty
MRCS Part B Courses
Doctors Academy
www.doctorsacademy.org