



# Cardiff Trauma Update Meeting

**26<sup>th</sup> March 2026**

Cardiff Marriott Hotel, Mill Lane, Cardiff

## Programme

0745-0845	Coffee and Registration
0845-0900	Welcome and Introduction
0900-1000	Post-Take Trauma Meeting
1000-1015	Fracture Neck of Femur in Young Adults
1015-1040	Fracture Related Infection

### **1040-1100 Refreshment Break; Depuy Synthes Promotional Area**

1100-1115	Pathological Fractures and Bony Mets
1115-1130	Early Management of Pelvic and Hip Socket Injuries
1130-1145	Extensor Mechanism Injuries
1145-1200	Move to Breakout Rooms
1200-1300	Breakout Session (1)

### **1300-1350 Lunch; Depuy Synthes Presentation in Main Room**

1350-1400	Move to Breakout Rooms
1400-1500	Breakout Session (2)

1500-1510	Reconvene in Main Room
1510-1525	Difficult Ankle Fractures
1525-1540	Weight Bearing After Ankle Fractures – AIM to FAME
1540-1555	Difficult Tibial Nailing: Ward
1555-1610	How To Manage Overseas Return

**1610-1620**

**Refreshment Break**

1620-1635	NAFF and Orphan Injuries
1635-1650	Bone Health for Orthopods
1650-1715	Is My Fixation Good Enough?
1715-1730	Trauma Simulations
1730-1800	Case Presentation
1800	Closing Comments and End of Meeting