



Cardiff Trauma Update Meeting



Feedback - March 2026

Cardiff Trauma Update Meeting

The Cardiff Trauma Update Meeting was a one-day intensive meeting designed for Consultants and Senior Trainees actively engaged in Orthopaedic Trauma across the UK NHS. Featuring keynote lectures from national opinion leaders, interactive discussions, and focused breakout sessions, the event offered an in-depth review of the latest updates, guidelines, and evidence shaping current trauma practice. The programme encompassed a wide range of clinically relevant topics, from complex upper and lower limb fractures to periprosthetic, pelvic, and geriatric trauma management. Delivered by leading consultant surgeons and educators, the meeting promoted multidisciplinary discussion and practical insights applicable to everyday trauma care. Delegates gained an evidence-based understanding of evolving implant technologies, trauma systems, and pathways, alongside GIRFT and NHFD perspectives. This meeting also provided an excellent opportunity to update clinical knowledge, refine operative strategies, and network with peers and experts in the field of orthopaedic trauma.

Course Information

| | |
|--------------------|---|
| Date: | 26th March 2026 |
| Venue: | Cardiff Marriott Hotel, Mill Lane, Cardiff |
| Attendance: | 73 Delegates |
| Aimed at: | Medical Students |
| Fee: | £120.00 |

Topics Included:

- Post-Take Trauma Meeting
- Fracture Related Infection
- Injuries to Extensor Mechanism of Knee
- Difficult Tibial Nailing
- Management of Metastatic Fractures
- Update on Prevention and Management of Osteoporosis
- Pelvic Fractures in Frail and the Elderly
- Non-Ambulatory Fragility Fractures



Programme

- 0745-0845 Coffee and Registration
- 0845-0900 Welcome and Introduction
- 0900-1000 Post-Take Trauma Meeting
- 1000-1015 Fracture Neck of Femur in Young Adults
- 1015-1040 Fracture Related Infection

1040-1100 Refreshment Break; Depuy Synthes Promotional Area

- 1100-1115 Pathological Fractures and Bony Mets
- 1115-1130 Early Management of Pelvic and Hip Socket Injuries
- 1130-1145 Extensor Mechanism Injuries
- 1145-1200 Move to Breakout Rooms
- 1200-1300 Breakout Session (1)

1300-1350 Lunch; Depuy Synthes Presentation in Main Room

- 1350-1400 Move to Breakout Rooms
- 1400-1500 Breakout Session (2)

Programme

| | |
|-----------|--|
| 1500-1510 | Reconvene in Main Room |
| 1510-1525 | Difficult Ankle Fractures |
| 1525-1540 | Weight Bearing After Ankle Fractures – AIM to FAME |
| 1540-1555 | Difficult Tibial Nailing: Ward |
| 1555-1610 | How To Manage Overseas Return |

1610-1620

Refreshment Break

| | |
|-----------|-------------------------------------|
| 1620-1635 | NAFF and Orphan Injuries |
| 1635-1650 | Bone Health for Orthopods |
| 1650-1715 | Is My Fixation Good Enough? |
| 1715-1730 | Trauma Simulations |
| 1730-1800 | Case Presentation |
| 1800 | Closing Comments and End of Meeting |

Faculty

Chair

Mr Khitish Mohanty

MBBS, D.Orth, DNB (Orth), MSc, FRCS/FRCS (Tr & Orth)
Consultant Trauma & Orthopaedic Surgeon, Cardiff and Vale University Health Board (University Hospital of Wales and University Hospital Llandough)

Co-Chair

Mr Mike Kelly

MB ChB; FRCS (Tr & Orth)
Consultant Trauma & Orthopaedic Surgeon, North Bristol NHS Trust (Avon Orthopaedic Centre, Southmead Hospital, Bristol)

Speakers

Ms Jayne Ward

MBBS, FRCS (Tr & Orth)
Consultant Orthopaedic Trauma Surgeon, University Hospitals Coventry & Warwickshire NHS Trust (UHCW)

Ms Caroline Hing

MBBS; BSc (Hons); MSc; MD; FRCS; FRCS (Tr & Orth)
Consultant Trauma & Orthopaedic Surgeon, St George's Hospital, London; Professor of Orthopaedics, St George's University of London

Mr Xavier Griffin

BA (Hons, Cambridge), BM BCh (Oxford), PhD (Medicine), FRCS (Tr & Orth)
Professor of Bone & Joint Health, Queen Mary University of London; Consultant Orthopaedic Trauma Surgeon, Barts Health NHS Trust (The Royal London Hospital)

Mr Andrew Gray

MB ChB; FRCS (Tr & Orth)
Consultant Orthopaedic and Trauma Surgeon, James Cook University Hospital (Middlesbrough)

Ms Harriet Hughes

MB BCh (Wales); FRCPath
Consultant in Medical Microbiology & Infectious Diseases, Public Health Wales and Cardiff & Vale University Health Board (University Hospital of Wales)

Mr Andrew Riddick

MBBCh; FRCS (Tr & Orth)
Consultant Trauma & Orthopaedic Surgeon, North Bristol NHS Trust (Avon Orthopaedic Centre, Southmead Hospital)

Mr Mez Acharya

MBChB; FRCS (Tr & Orth)
Consultant Orthopaedic Trauma Surgeon, East Midlands Major Trauma Centre, Queen's Medical Centre, Nottingham

Mr Ather Siddiqui

MBBS; FRCS (Tr & Orth)
Consultant Orthopaedic Surgeon, Nuffield Orthopaedic Centre, Oxford University Hospitals NHS Foundation Trust

Faculty

Mr Peter Bates

MBBS; FRCS (Tr & Orth)

Consultant Orthopaedic Trauma Surgeon, Head of Orthopaedic Trauma, The Royal London Hospital, Barts Health NHS Trust; Honorary Senior Lecturer, QMUL

Professor Ian Pallister

MD, FRCS, FRCS (Tr & Orth)

Professor of Trauma & Orthopaedics

Swansea University; Cardiff & Vale and Swansea Bay University Health Boards

Mr Bob Handley

MD, FRCS

Past President of British Orthopaedic Association

Orthopaedic Trauma Society and GIRFT Orthopaedic Trauma lead

John Radcliffe Hospital, Oxford

Dr Inderpal Singh

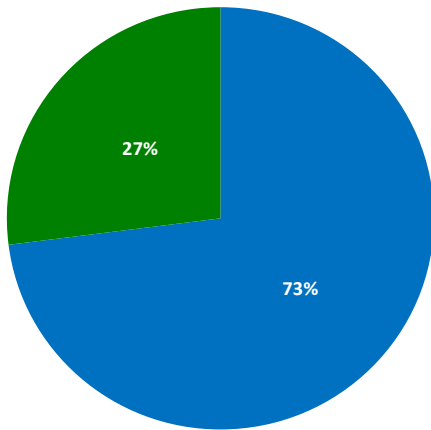
MBBS; MD (Medicine), MSc, MRCP (Geriatric Medicine); FRCP

Consultant Geriatrician (General Medicine and Geriatrics)

Aneurin Bevan University Health Board, Wales

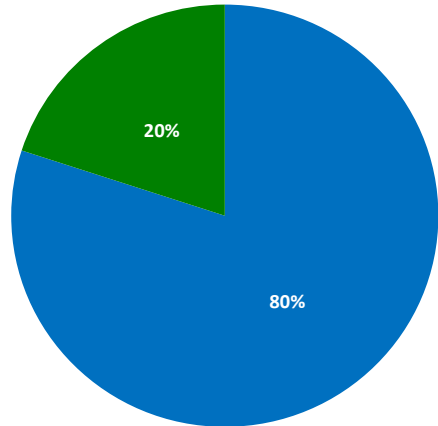
Overall Feedback

How was the content of the event?



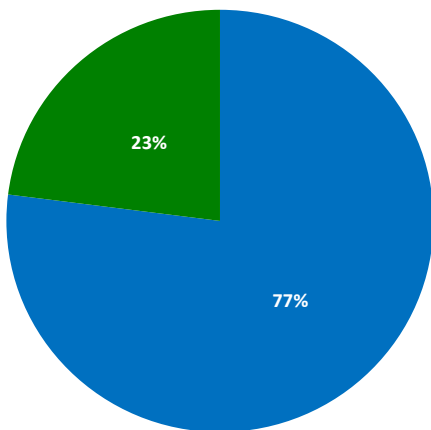
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



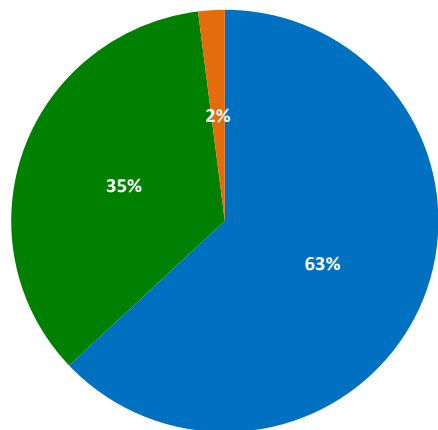
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the presentations?



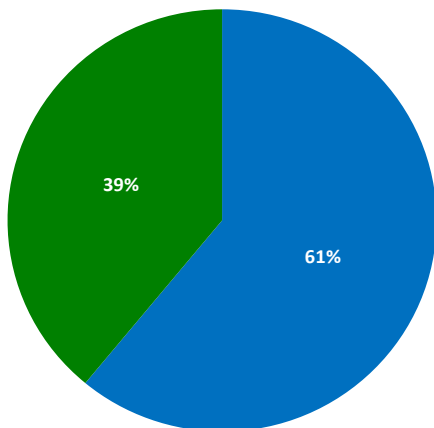
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the event meet your learning objectives?



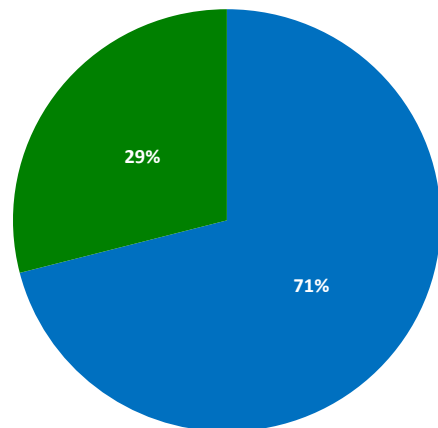
■ Most certainly ■ Certainly ■ Just about ■ Limited ■ Not at all

Post-Take Trauma Meeting



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

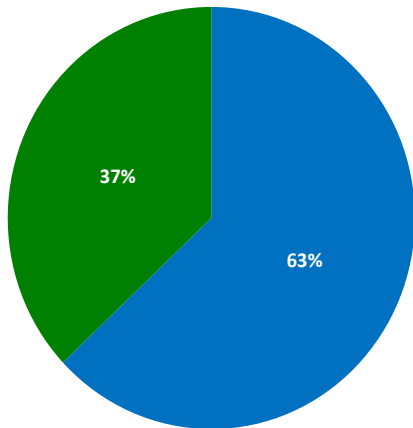
Fracture Neck of Femur in Young Adults



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

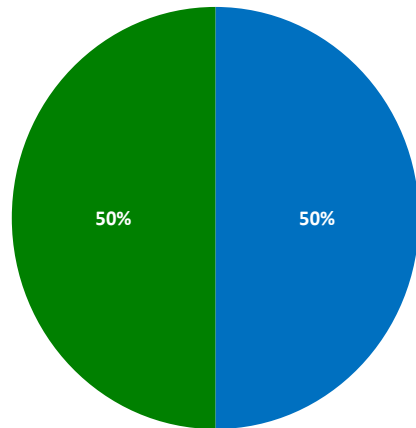
Overall Feedback

Fracture Related Infection



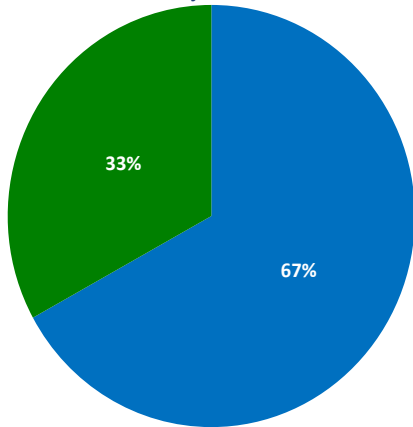
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathological Fractures and Bony Mets



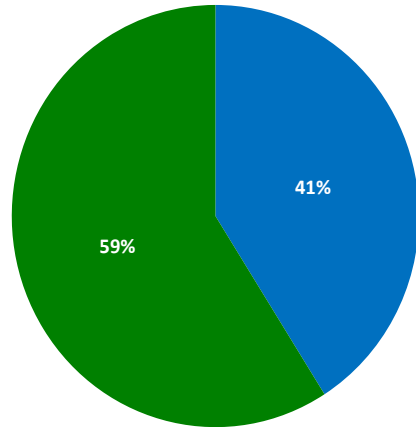
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Early Management of Pelvic and Hip Socket Injuries



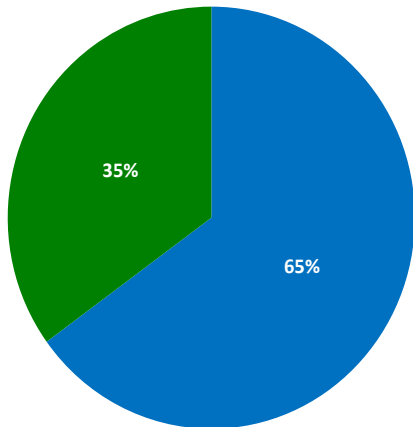
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Extensor Mechanism Injuries



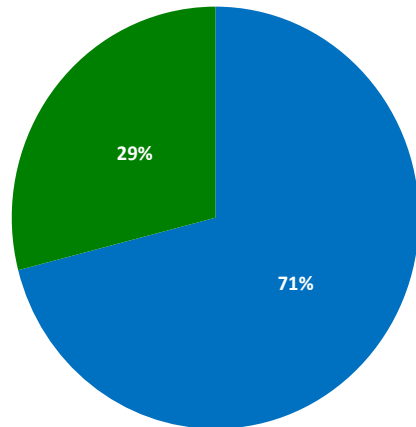
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Breakout Session (1)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

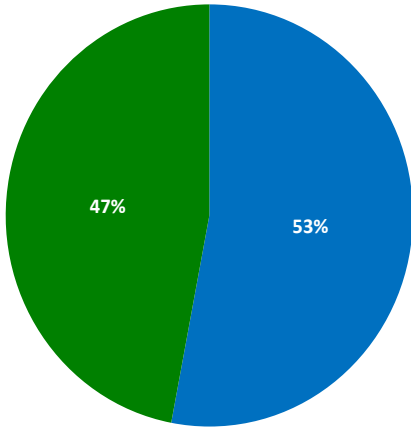
Breakout Session (2)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

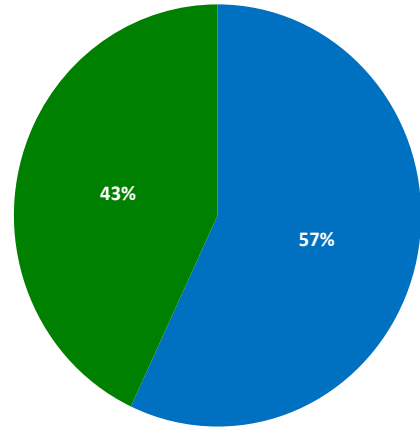
Overall Feedback

Difficult Ankle Fractures



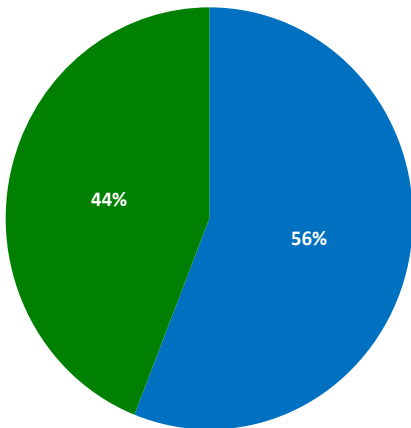
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Weight Bearing After Ankle Fractures – AIM to FAME



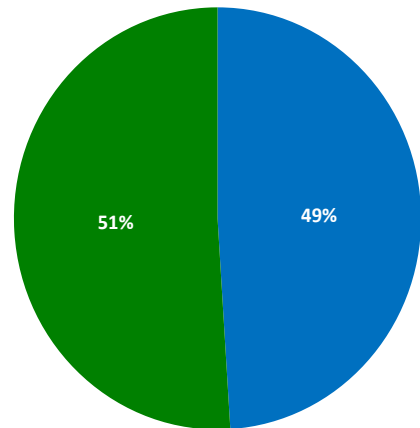
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Difficult Tibial Nailing: Ward



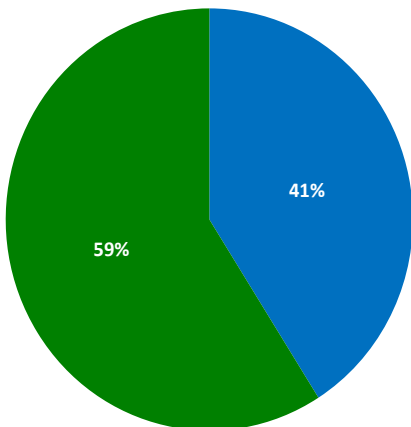
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How To Manage Overseas Return



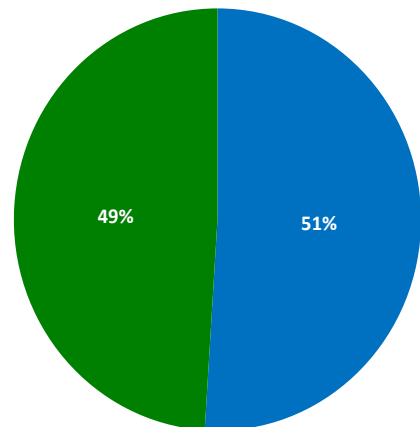
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

NAFF and Orphan Injuries



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

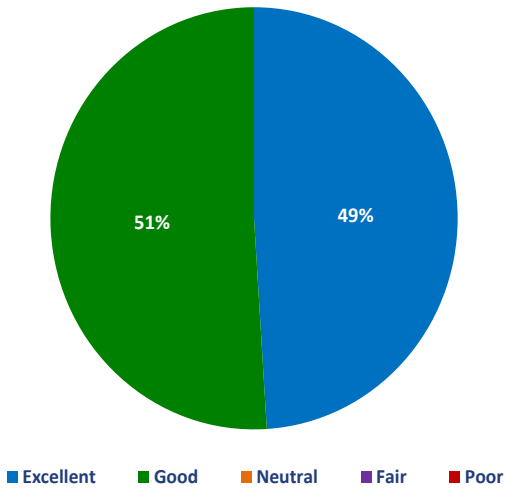
Bone Health for Orthopods



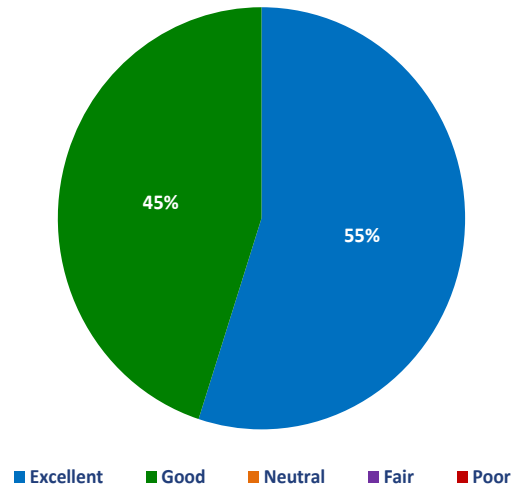
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Overall Feedback

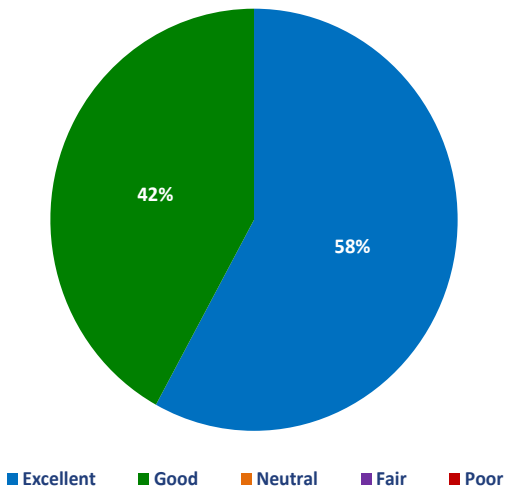
Is My Fixation Good Enough?



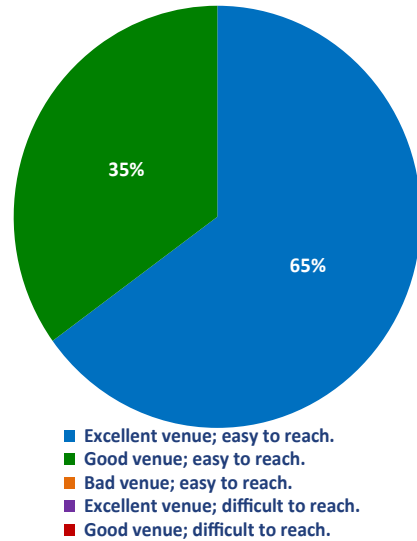
Trauma Simulations



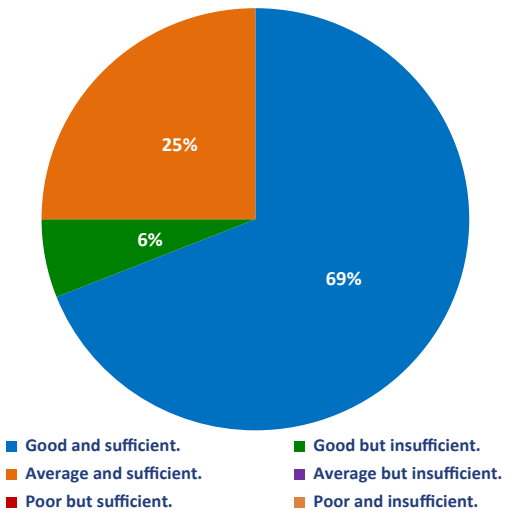
Case Presentation



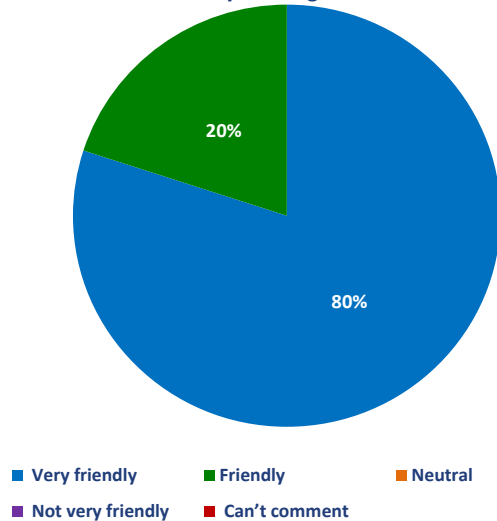
What was your impression of the venue for the event?



How were the refreshments and lunch?

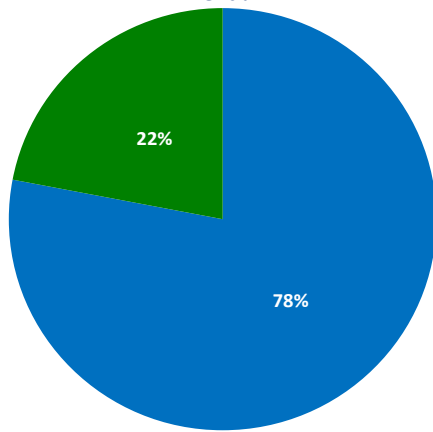


How was the general friendliness of the faculty and organisers?



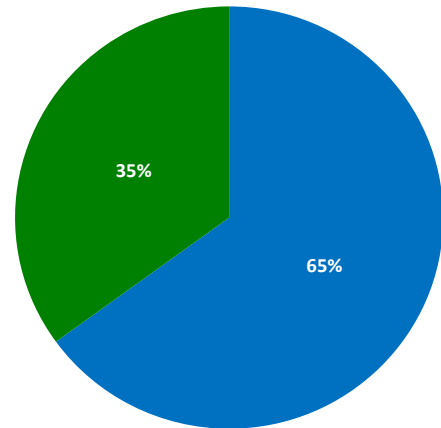
Overall Feedback

Would you recommend this event to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Very well organised and very relevant to my career.

Good meeting. Will attend again.

Excellent discussion and knowledge flow in most of the sessions.

The breakout sessions are fab, work really well. Great faculty, will definitely attend again

Great Trauma refresher.

Good new topics for discussion and excellent updates in the knowledge.

Very good trauma reminder.

The course was well run, similar structure to the previous ones held. Good to be in groups of similar abilities for breakout sessions.

Found the course highly informative, and well suited to the stage of my career. Would love to attend in future as well.

Well organised and intriguing meeting.

Well organised academic meeting.

Nice cases to discuss, important that faculty had excellent grasp of relevant evidence and provided reasons for there approaches. Very useful for early consultant!

Well organised with a clear structure and focused, clinically relevant presentations. The content was highly applicable to daily trauma practice, combining technical principles with decision-making and current evidence. Particularly valuable for a senior trainee progressing towards independent practice.

Very relevant and useful for any orthopedic trauma surgeon.

Really good day of learning.

Well organised with a clear structure and focused, clinically relevant presentations. The content was highly applicable to daily trauma practice, combining technical principles with decision-making and current evidence. Particularly valuable for a senior trainee progressing towards independent practice.

Enjoyed the whole session, as well as interaction with faculty members during breaks.

This was a fantastic event. Well organised, great presentations and relevant to the general on call T&O Surgeon.



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