

Cardiff Trauma Update Meeting

26th March 2026

Cardiff Marriott Hotel, Mill Lane, Cardiff

Faculty and Speakers:

Chair:

Mr Khitish Mohanty

MBBS, D.Orth, DNB (Orth), MSc, FRCS/FRCS (Tr & Orth)

Consultant Trauma & Orthopaedic Surgeon, Cardiff and Vale University Health Board (University Hospital of Wales and University Hospital Llandough)

Mr Mohanty is a senior orthopaedic consultant in Cardiff with over two decades of experience in complex trauma, pelvic and acetabular fracture surgery, hip socket reconstruction and sacroiliac joint surgery. He performs high-volume hip and knee arthroplasty and treats post-traumatic reconstruction problems. He trained in Wales and Oswestry, and completed a trauma fellowship in Calgary, Canada focusing on complex fracture management. He has held leadership roles including Training Programme Director for the all-Wales higher surgical programme in Trauma and Orthopaedics and Clinical Director for Orthopaedic Trauma. He is also involved in teaching as an honorary lecturer with Cardiff University.

Co-Chair

Mr Mike Kelly

MB ChB; FRCS (Tr & Orth)

Consultant Trauma & Orthopaedic Surgeon, North Bristol NHS Trust (Avon Orthopaedic Centre, Southmead Hospital, Bristol)

Mr Kelly's NHS practice focuses on major trauma and reconstruction of the hip and knee, including complex arthroplasty and fracture care. He has a particular interest in fracture biology and bone healing, and contributes to orthopaedic care alongside plastic surgery colleagues. He was appointed as a consultant at North Bristol NHS Trust in 2009 and is active in major trauma service delivery. His research interests include outcomes in fracture fixation and hip/pelvic reconstruction, and he has co-authored work comparing techniques for calcaneal fracture fixation. He is also involved in training and supervision of registrars and fellows in Bristol's major trauma centre.

Mr Bob Handley

MBChB, FRCS, FRCS (Tr & Orth)

Consultant Orthopaedic Trauma Surgeon, John Radcliffe Hospital, Oxford University Hospitals NHS Foundation Trust; Honorary Senior Lecturer, University of Oxford

Mr Handley has been a consultant in the Oxford Trauma Service since 1994 and is widely described as one of the most experienced orthopaedic trauma surgeons in the UK, with particular expertise in non-union and complex fracture reconstruction. He completed fellowship training in Orthopaedic Trauma at Harborview Medical Center in Seattle, a major Level 1 trauma centre. He is a past President of the British Orthopaedic Association, the Orthopaedic Trauma Society and AO UK, and serves as National Clinical Lead for Orthopaedic Trauma in the GIRFT programme for England. He has examined for the Intercollegiate FRCS (Orth) and has been central in shaping national trauma pathways. His academic role includes teaching and research in trauma systems and fracture management.

Ms Jayne Ward**MBBS, FRCS (Tr & Orth)****Consultant Orthopaedic Trauma Surgeon, University Hospitals Coventry & Warwickshire NHS Trust (UHCW)**

Ms Ward is a major trauma and limb reconstruction surgeon with a particular interest in open fractures and complex soft-tissue–bone injury. She plays an active role in national and international orthoplastic/orthotrauma education, including AO faculty and Orthopaedic Trauma Society leadership. She teaches at Warwick Medical School and contributes to training of future trauma surgeons. Her clinical work focuses on limb salvage and the management of severely injured patients in a busy trauma centre. She also supports national guideline development in open fracture care.

Ms Caroline Hing**MBBS; BSc (Hons); MSc; MD; FRCS; FRCS (Tr & Orth)****Consultant Trauma & Orthopaedic Surgeon, St George's Hospital, London; Professor of Orthopaedics, St George's University of London**

Professor Hing is Consultant Orthopaedic Surgeon at St George's Hospital and Professor of Orthopaedics at St George's, University of London, specialising in knee surgery and patellofemoral instability. She completed fellowships in trauma at The Alfred Hospital, Melbourne, and knee surgery at Guy's & St Thomas' Hospitals, London. She leads a dedicated patellofemoral service offering trochleoplasty, MPFL reconstruction and complex revision procedures. As Co-Editor-in-Chief of The Knee journal and a prolific researcher with over 150 publications, she drives evidence-based advances in knee surgery. Professor Hing also contributes to national guideline development and postgraduate surgical education.

Mr Xavier Griffin**BA (Hons, Cambridge), BM BCh (Oxford), PhD (Medicine), FRCS (Tr & Orth)****Professor of Bone & Joint Health, Queen Mary University of London; Consultant Orthopaedic Trauma Surgeon, Barts Health NHS Trust (The Royal London Hospital)**

Professor Griffin leads the Bone and Joint Health Programme at Queen Mary University of London and is Consultant Trauma Surgeon at Barts Health NHS Trust. His work integrates clinical service delivery with NIHR-funded research into the cost-effectiveness and outcomes of musculoskeletal trauma care. He has undertaken advanced fellowships in trauma systems and health-services research, developing an evidence-based framework for orthopaedic trauma improvement. He directs an integrated clinical-academic trauma unit, mentoring surgeons in translational and outcomes research. Professor Griffin's vision is to bridge patient care, data science and policy to transform trauma management in the UK.

Mr Andrew Gray**MB ChB; FRCS (Tr & Orth)****Consultant Orthopaedic and Trauma Surgeon, James Cook University Hospital (Middlesbrough)**

Mr Gray practises at the James Cook University Hospital within the North East Major Trauma Network, specialising in complex knee, pelvic and acetabular trauma. After Scottish training, he undertook a prestigious trauma fellowship in Calgary, Canada, gaining expertise in high-energy fracture management. His elective work focuses on primary and revision knee arthroplasty, cartilage surgery and ligament reconstruction. He plays a key role in major trauma delivery across the Tees Valley, leading multidisciplinary care for multiply injured patients. Mr Gray is also active in education, supporting registrar training and regional trauma audit programmes.

Ms Harriet Hughes**MB BCh (Wales); FRCPath****Consultant in Medical Microbiology & Infectious Diseases, Public Health Wales and Cardiff & Vale University Health Board (University Hospital of Wales)**

Dr Harriet Hughes leads the Orthopaedic–Microbiology liaison service for bone and joint infection across Cardiff and Vale. She is the UK Clinical Lead for the Anaerobe Reference Unit, overseeing national anaerobic infection services. She also chairs the RCPATH microbiology training committee and co-chairs the Joint Royal Colleges' CCT board for infection training. Her interests include prosthetic joint and fracture-related infections, biofilm, and antimicrobial strategies. She is a national educator in orthopaedic infection management.

Mr Andrew Riddick**MBBCh; FRCS (Tr & Orth)****Consultant Trauma & Orthopaedic Surgeon, North Bristol NHS Trust (Avon Orthopaedic Centre, Southmead Hospital)**

Mr Riddick is a consultant at the Avon Orthopaedic Centre, Southmead Hospital, Bristol, with a dual focus on major limb trauma and foot and ankle surgery. He contributes to the major trauma and orthoplastic service, treating open fractures, complex soft-tissue injuries and peri-articular reconstructions. His clinical interests extend to limb salvage and the biomechanics of post-traumatic deformity correction. He is involved in training registrars and fellows within one of the UK's busiest trauma networks. Mr Riddick's research work includes evaluating fixation outcomes and reconstructive strategies for lower-limb trauma.

Mr Mez Acharya**MBChB; FRCS (Tr & Orth)****Consultant Orthopaedic Trauma Surgeon, East Midlands Major Trauma Centre, Queen's Medical Centre, Nottingham**

Mr Acharya works at the East Midlands Major Trauma Centre, leading pelvic and acetabular trauma surgery and complex lower-limb reconstruction. He completed advanced fellowships in Bristol (pelvic and acetabular trauma) and Perth, Western Australia (complex hip and knee arthroplasty and revision). His specialist interests include peri-prosthetic fracture management, pelvic fracture fixation and hip/knee reconstruction following major trauma. He supervises the fellowship programme in trauma surgery at Nottingham and teaches nationally on advanced trauma and reconstruction courses. Mr Acharya also pursues research on improving surgical outcomes in pelvic and acetabular trauma.

Mr Ather Siddiqui**MBBS; FRCS (Tr & Orth)****Consultant Orthopaedic Surgeon, Nuffield Orthopaedic Centre, Oxford University Hospitals NHS Foundation Trust**

Mr Siddiqui combines clinical expertise in spinal surgery, orthopaedic oncology and complex limb reconstruction for pelvic sarcoma with leadership of multidisciplinary surgical teams at the Nuffield Orthopaedic Centre. His fellowship training included advanced spine and tumour surgery at leading UK centres, enabling him to perform high-complexity reconstructions after resection of pelvic and spinal malignancies. His practice bridges tumour resection, revision arthroplasty and functional limb preservation. He is active in teaching advanced surgical trainees and international fellows in musculoskeletal tumour and spinal techniques. Mr Siddiqui also participates in translational research on bone tumour management and reconstructive outcomes.

Mr Peter Bates**MBBS; FRCS (Tr & Orth)****Consultant Orthopaedic Trauma Surgeon, Head of Orthopaedic Trauma, The Royal London Hospital, Barts Health NHS Trust; Honorary Senior Lecturer, QMUL**

Mr Bates is Clinical Lead for Orthopaedics at The Royal London Hospital, one of the UK's busiest major trauma centres, where he specialises in pelvic and acetabular fractures and polytrauma management. He has completed advanced trauma fellowships in Christchurch (New Zealand), Nottingham (UK) and Dallas (USA), focusing on high-energy fracture care and reconstruction. His day-to-day practice includes complex limb and pelvic reconstruction, coordination of multidisciplinary trauma management and postgraduate education. He leads teaching on the MSc in Orthopaedic Trauma Sciences at Queen Mary University of London, training surgeons worldwide in modern trauma principles. Mr Bates also contributes to national trauma guideline development and serves as an expert in medico-legal trauma work.