

# Cardiff DOHNS Course: Intensive Revision for DOHNS OSCE/MRCS(ENT)

### 19<sup>th</sup> October 2019 School of Biosciences, Cardiff University

## THIS MAIL CONTAINS IMPORTANT INFORMATION. PLEASE TAKE A FEW MINUTES TO READ IT IN ITS ENTIRITY.

Dear Candidate,

Thank you for choosing to attend this course. May we take this opportunity to welcome you to the course and to Cardiff.

This mail is to inform you of the directions to the venue, the reporting procedures, and the format for the day.

If you are also attending the Focused Communication Skills for DOHNS OSCE/MRCS(ENT) Course on either Friday 18<sup>th</sup> October or Sunday 20<sup>th</sup> October, kindly refer to the end of this reporting information for further details regarding the venue.

Please note that the Focused Communication Skills for DOHNS OSCE/MRCS(ENT) Course will take place in the Doctors Academy Centre in Cardiff and not at Cardiff University.

If you are interested in attending this course, kindly follow this link to register: https://doctorsacademy.org.uk/coursenw/fcsd/

#### I. GENERAL AND REPORTING

#### Date:

19th October 2019 (Saturday)

#### **Registration:**

Registration will take place at 0800 hours. Kindly wait in the foyer of the building and a member of the team will show you to the appropriate room.

#### **Start of Course:**

The course will start promptly at 0810 hours.

#### **End of Course:**

The course will finish at 1900 hours.

#### Venue

School of Biosciences, Sir Martin Evans Building, Cardiff University

#### Where to Report:

When you arrive at the Biomedical Building, also called the Sir Martin Evans Building (where the security centre is based), please follow directions to enter the School of Biosciences. Once you enter the building, please report to the foyer. A member of the team will show you to the appropriate room.

#### II. ADDRESS, DIRECTIONS AND PARKING

#### Address:

Cardiff School of Biosciences Sir Martin Evans Building Park Place Cardiff University CF10 3AX Wales United Kingdom

#### **Directions:**

- For general directions to reach Cardiff University, please click on the link below: https://www.cardiff.ac.uk/visit/directions
- To reach the course venue, please click on this link and look for directions to the 'Sir Martin Evans Building': https://www.cardiff.ac.uk/visit/accessibility/cathays-park-campus/sir-martin-evans-building
- To view the venue on a Google map, please follow this link: https://maps.google.co.uk/maps?q=sir+martin+evans+building+-aoogle+map&ie=UTF-8&ei=0vhuUbnGE8TI4ATR9YHQDw&ved=0CAsQ AUoAq

#### More visual directions to the venue can be found by following this link:

http://doctorsacademy.org/Course/DOHNS/image\_slider\_latest/directiontovenue.html

#### Parking:

Free parking is available in the car park outside the Main Building of the University.

Sat Nav Postcode: CF10 3AT

Please follow this link to view the Main Building of the University:

https://www.google.co.uk/maps/preview#!data-

=!1m4!1m3!1d2112!2d-3.1786544!3d51.4877441!4m35!3m16!1m0!1m5!1sMain+Bldg%2C+Park+Pl%2C+Cardiff+University%2C+Cardiff+CF10+3AT!2s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!3m2!3d51.4875389!4d-3.1793292!3m8!1m3!1d2112!2d-3.1786544!3d51.4877441!3m2!1i1270!2i653!4f13.1!5m15!2m14!1m13!1s0x486e1cbc8230aa57%3A0x54af9e2e65a7caa1!2sMain+Building!3m8!1m3!1d2112!2d-3.1786544!3d51.4877441!3m2!1i1270!2i653!4f13.1!5e6!7b1!7m1!3b1&fid=0

#### **III. COURSE FORMAT AND CONTENTS**

There is always the possibility of a lecture or demonstration over-running and some flexibility in the programme may be required. However, due to the wide range of topics that will be covered during the course, we will adhere to a strict time-schedule. Thus, we will endeavour to comply with the session times (i.e. morning and afternoon), and all refreshment breaks, start times and finish times will be followed as per the programme. The lectures and group demonstrations will be a mix of didactic and interactive sessions, depending on the topic.

As a one-day revision course, the course is aimed at consolidating your already acquired knowledge and focusing on key aspects which will aid you to pass the exam, rather than overwhelm you with extensive information.

#### **Course Programme:**

Kindly follow this link to view the programme for the day: https://doctorsacademy.org.uk/CourseNW/DOHNS/PGMO19.pdf

#### IV. DRESS CODE

The dress code for this course is professional/semi-formal/smart-casual. Kindly refrain from wearing shorts of any kind, hoodies, and flip-flops.

#### V. BREAKS FOR REFRESHMENTS AND LUNCH

There will be 20-minute refreshment break in the morning and afternoon, and a 45-minute lunch break. During the refreshment breaks, you will be provided with coffee/tea and biscuits/cakes. Both vegetarian and non-vegetarian food will be available.

#### Some guidance on:

#### Accommodation:

If you have not already booked your accommodation, you may consider the options below. The venue is a 6-8-minute walk from the city centre. Cardiff Bay is quite far from the venue and we would hence suggest that you do not book accommodation in Cardiff Bay (unless you wish to stay there due to other reasons). We recommend a few accommodations near to the University and city centre:

#### Travelodge in Cardiff City Centre:

http://www.travelodge.co.uk/hotels/81/Cardiff-Central-hotel

#### Travelodge in Whitchurch, Cardiff:

http://www.travelodge.co.uk/hotels/450/Cardiff-Whitchurch-hotel

Both the hotels are quite close to the venue. However, the one in city centre can be busy during the evenings and you may become disturbed. Thus, the Travelodge in Whitchurch might be quieter. Taking a taxi from Whitchurch to the University will cost approximately £7-£8.

#### Holiday Inn:

http://www.holidayinn.com/hotels/us/en/cardiff/cdfcy/hoteldetail

#### Mercure:

http://www.mercure.com/gb/hotel-6622-mercure-cardiff-holland-house-hotel-and-spa/index.shtml

We look forward to meeting you at the course. Please do not hesitate to contact us at courses@doctorsacademy.org.uk if you have any queries in the interim.

Please ring +44 (0) 29 2061 6765 or +44 (0) 75 3426 0131 if you need any help on the day of the course with regards to directions to the venue.

With very best wishes,

Course Faculty
ENT/Head and Neck Courses
Doctors Academy

## THE INFORMATION BELOW IS ONLY FOR DELEGATES ATTENDING THE FOCUSED COMMUNICATION SKILLS COURSE:

If you are interested in attending this session, kindly follow this link to register: https://doctorsacademy.org.uk/coursenw/fcsd/

If you are also attending the Focused Communication Skills for DOHNS OSCE/MRCS(ENT) Course on either Friday 18<sup>th</sup> October or Sunday 20<sup>th</sup> October, kindly note that the course will be held at the following venue (approximately 5-10 minutes by taxi from Cardiff University):

Doctors Academy Centre 189, Whitchurch Road Cardiff CF14 3JR

Kindly refer to the confirmation mail you received upon registration in order to check the time and date of the course you have selected. It is essential that you attend the correct date and session since the course is delivered at a high tutor-to-delegate ratio.

Kindly follow one of the below links to view the programme for your session:

Friday 18<sup>th</sup> October: https://doctorsacademy.org.uk/coursenw/fcsd/PGO19.pdf Sunday 20<sup>th</sup> October (morning): https://doctorsacademy.org.uk/coursenw/fcsd/PG2O19.pdf

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