



# Edge of a Knife: HYMS 7<sup>th</sup> National Undergraduate Surgical Conference



Feedback - February 2020

## Edge of a Knife: HYMS 7<sup>th</sup> National Undergraduate Surgical Conference

Hull York Medical School's Joint Surgical Societies were pleased to announce the HYMS 7<sup>th</sup> National Undergraduate Surgical Conference. The event comprised of a variety of workshops which touched upon a number of specialities, from Orthopaedics to Neurosurgery to Cardiothoracic Surgery.

This year, the conference focused on the stresses faced by surgeons in the modern-day NHS. Keynote speakers such as Professor John Dark, Professor Averil Mansefield and Professor Ang Swee Chai delivered engaging lectures on how to cope with and rise above the challenges of today's NHS to become a better surgeon. This year also saw the introduction of new workshops in addition to the diverse range of workshops that were previously available.

The societies hoped that the conference would be an enriching educational experience and an opportunity for delegates to network with one another and to learn from the best in the field.

### Course Information

<b>Date:</b>	<b>1<sup>st</sup> February 2020</b>
<b>Venue:</b>	<b>Ron Cooke Hub, Heslington East, University of York</b>
<b>Attendance:</b>	<b>78 Delegates</b>
<b>Aimed at:</b>	<b>Medical Students</b>
<b>Fee:</b>	<b>£25.00</b>



## Programme

0800 – 0820 Registration

0820 – 0830 Welcome - Honorary President and Conference Lead

0830 – 0915 On the Shoulders of Giants - Professor John Dark

0915 – 0925 Sponsors Talk

0930 – 1030 **Workshop 1:**

- An Introduction to Basic Principles of ATLS
- Basic Suturing Techniques and Knot-Tying
- Building Your CV
- Chest Drain Insertion
- Cranial Neurosurgical Techniques
- Excision of a Cyst
- Lung Tissue Stapling
- Modern Orthopaedic Techniques (On Bone Models)
- Spinal Neurosurgical Techniques (On Spine Models)
- Tendon Repair
- Vascular Suturing

**1030 – 1055**

**Refreshments and Sponsors Exhibition**

1100 – 1145 A Woman Surgeon in a Conflict Zone - Professor Ang Swee Chai

1145 – 1155 Sponsors Talk

1200 – 1300 **Workshop 2:**

- An Introduction to Basic Principles of ATLS
- Basic Suturing Techniques and Knot-Tying
- Building Your CV
- Chest Drain Insertion
- Cranial Neurosurgical Techniques
- Excision of a Cyst

## Programme

- Lung Tissue Stapling
- Modern Orthopaedic Techniques (On Bone Models)
- Spinal Neurosurgical Techniques (On Spine Models)
- Tendon Repair
- Vascular Suturing

**1300 – 1355**

**Lunch and Student Presentations in Atrium**

1400 – 1445 Pleasures of Being a Surgeon - Professor Averil Mansefield

1445 – 1455 Sponsors Talk

1500 – 1600 **Workshop 3:**

- An Introduction to Basic Principles of ATLS
- Basic Suturing Techniques and Knot-Tying
- Building Your CV
- Chest Drain Insertion
- Cranial Neurosurgical Techniques
- Excision of a Cyst
- Lung Tissue Stapling
- Modern Orthopaedic Techniques (On Bone Models)
- Spinal Neurosurgical Techniques (On Spine Models)
- Tendon Repair
- Vascular Suturing

**1600 - 1625**

**Refreshments and Sponsors Exhibition**

1630 – 1715 Panel Q&A Session

1715 – 1730 Award of Prizes and Close

## Faculty

**Mr George Spink, MBBS (Surgical Distinction), AKC BSc (Hons), MRCS, FRCS (Neurosurgery) PGCME, FHEA**

*Lead Faculty and Supervisor*

Consultant Neurosurgeon

Hull and East Yorkshire NHS Trust

**Dr Andrew Pountney, MStJ, MBChB (Hons), MRCP, FRCEM, FIMC, RCSEd**

Medical Governance Lead

Yorkshire Ambulance Services, Wakefield

**Mr Andrew Thompson, MBBS, BMedSci, MD(Res), FRCS(Gen)**

Consultant Vascular Surgeon

York Teaching Hospital, York

**Mr Anthony Mekako, MBBS, MSc, MRCS**

Consultant Vascular Surgeon

Hull and East Yorkshire NHS Trust

**Ms Chie Katsura**

5<sup>th</sup> Year Medical Student

Hull York Medical School, York

**Mr James Haeney, MA, MBBCh, MRCS, FRCS**

Consultant Plastic Surgeon

Hull and East Yorkshire NHS Trust

**Dr John Norman, MBBS**

Foundation Doctor

York Teaching Hospital NHS Foundation Trust

**Professor Mahmoud Loubani, MBBCh, LRCP & SI, BAO, (NUI) RCSI, FRCSI**

Consultant Cardiothoracic Surgeon

Hull and East Yorkshire NHS Trust

**Mr Micheal Gooseman, MRCS (Eng), MFSTEd, PGCME, FHEA**

Cardiothoracic Surgeon

Hull and East Yorkshire NHS Trust

**Mr Robert Corns, BSc (Hons), MBBCh (Hons), FRCS (SN)**

Consultant Neurosurgeon

Leeds General Infirmary, Leeds

**Mr Vasileios Tentzeris, MD, CTh**

Consultant Cardiothoracic Surgeon

Hull and East Yorkshire NHS Trust

# Faculty

## Speakers:

**Professor John Dark, MBBS, FRCS Eng, FRCS Edin, FRCP Lond, FRCP Edin, FETCS**  
Consultant Cardiothoracic Surgeon  
Newcastle upon Tyne Hospitals NHS Foundation Trust

**Professor Ang Swee Chai, MBBS, FRCS (Eng)**  
Consultant Trauma and Orthopaedic Surgeon  
St Bartholomew and Royal London Hospitals, London

**Professor Averil Mansefield CBE, FRCP**  
Consultant Vascular Surgeon  
St Mary's Hospital, London

## Organisers:

**Mr Vigneshwar Raj Veerappan**  
Conference Lead

**Mr Bilal Qaddoura**  
York Surgsoc President

**Ms Olivia Bagley**  
Hull Surgsoc President

**Ms Sarah O Beirne**  
Treasurer

**Mr Jordan Baker**  
Delegate Liaison Officer

**Ms Maeve Higgs**  
Logistics Officer

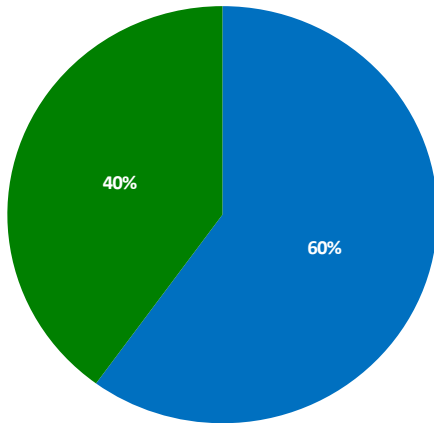
**Mr Alexander Dunn-Sale**  
Speakers Liaison Officer

**Mr Mohammed Abdi**  
York Representative

**Ms Clare Chown**  
Hull Representative

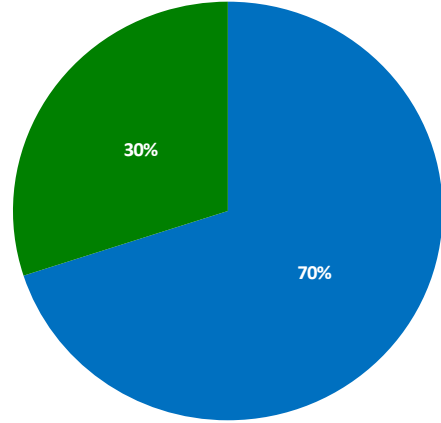
# Overall Teaching Feedback

How was the content of the conference?



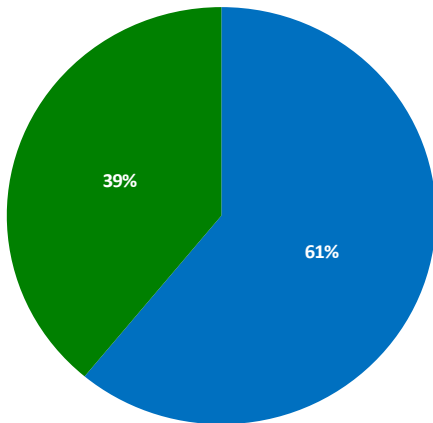
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



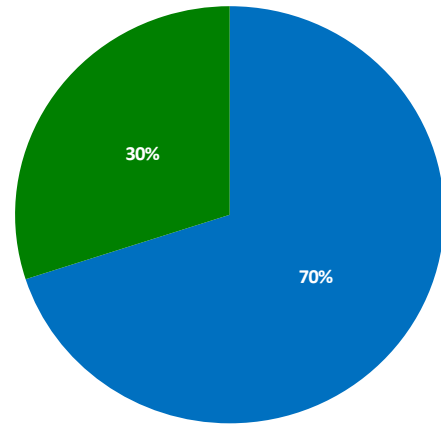
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On the Shoulders of Giants - Professor John Dark



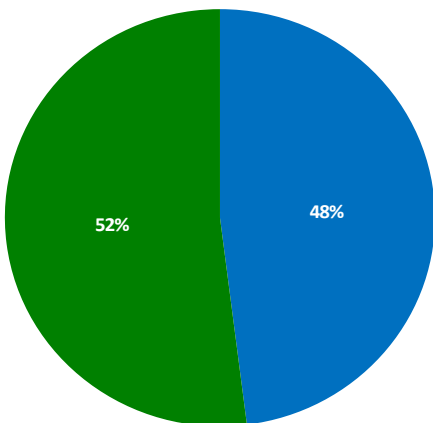
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A Woman Surgeon in a Conflict Zone - Professor Ang Swee Chai



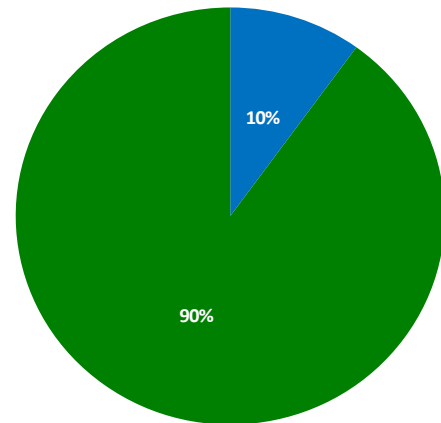
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pleasures of Being a Surgeon - Professor Averil Mansefield



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

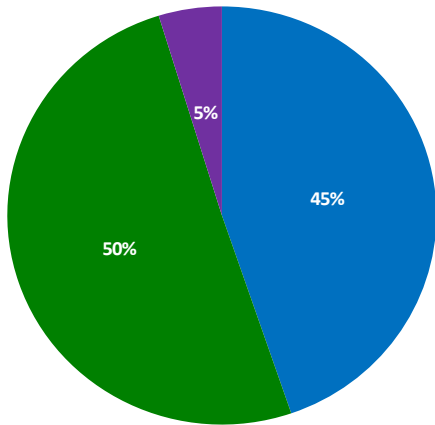
Sponsors Talk



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

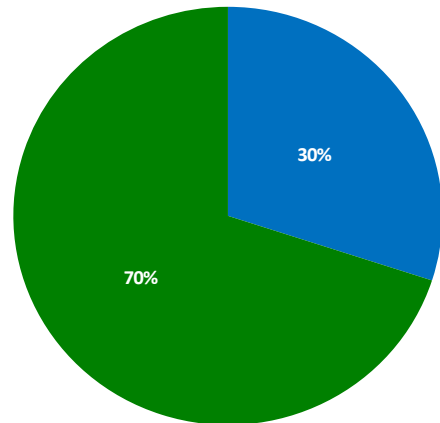
# Overall Teaching Feedback

An Introduction to Basic Principles of ATLS



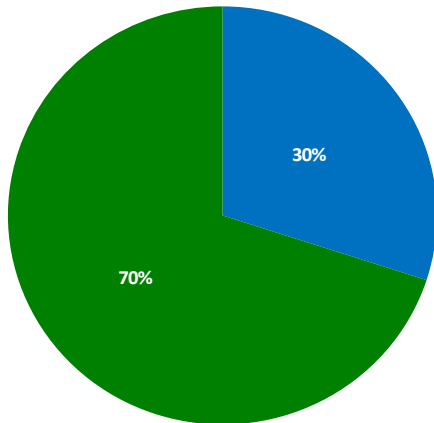
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Basic Suturing Techniques and Knot-Tying



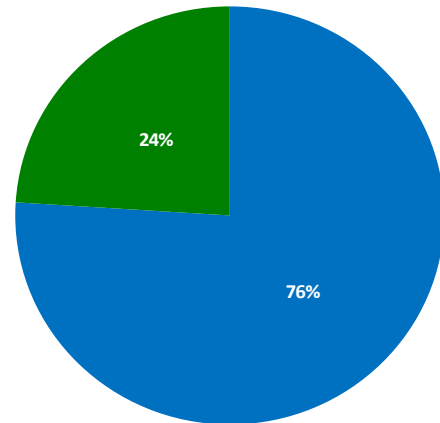
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Building Your CV



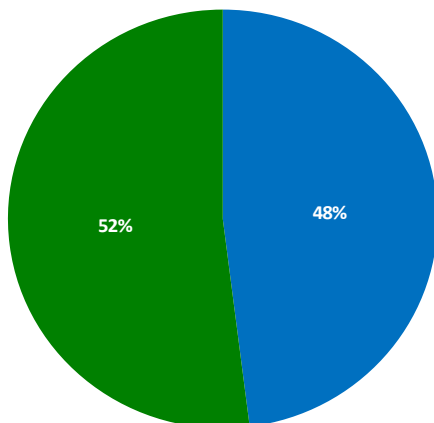
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Chest Drain Insertion



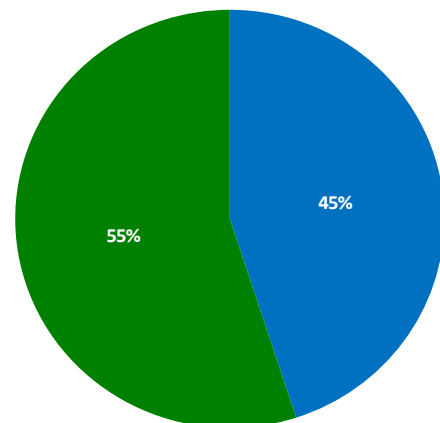
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Cranial Neurosurgical Techniques



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Excision of a Cyst

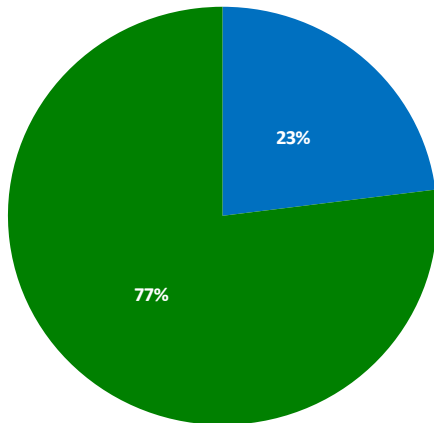


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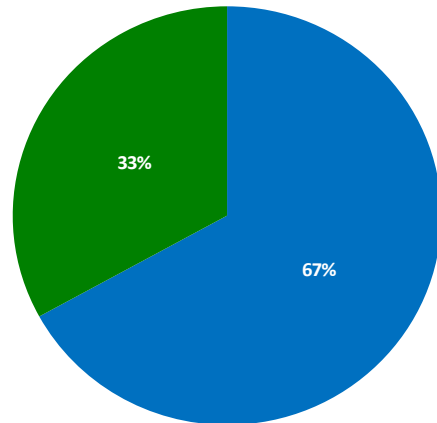
# Overall Teaching Feedback

Lung Tissue Stapling



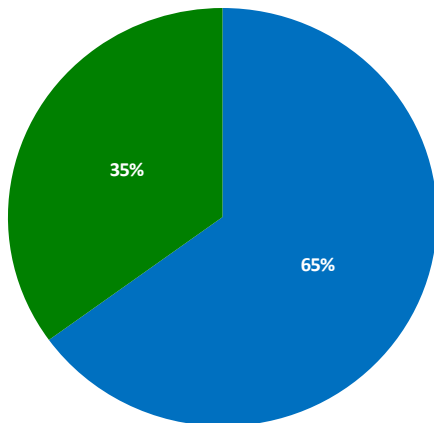
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Modern Orthopaedic Techniques (On Bone Models)



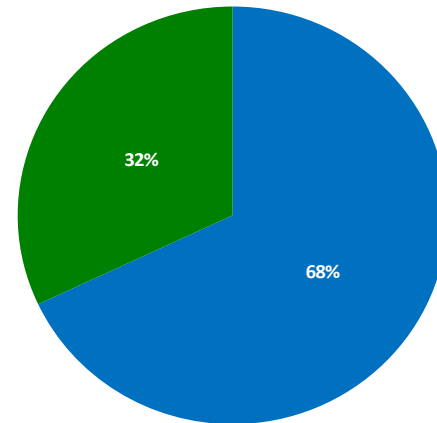
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Tendon Repair



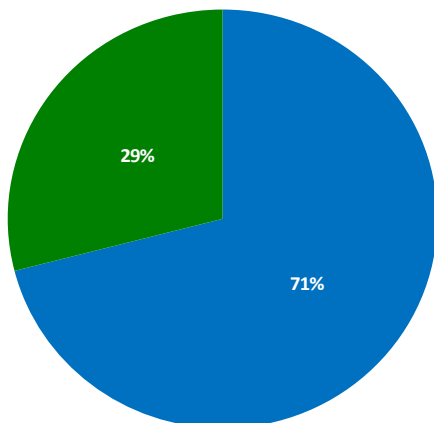
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Vascular Suturing



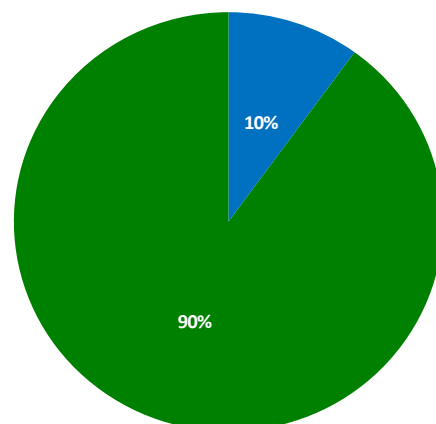
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

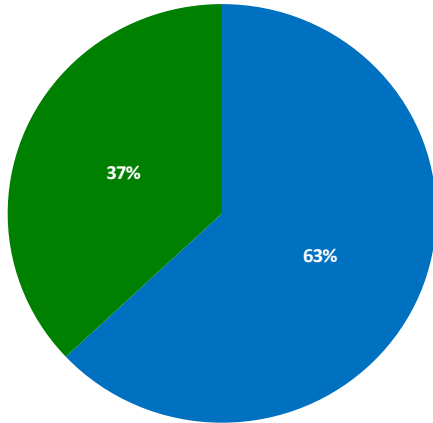
How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

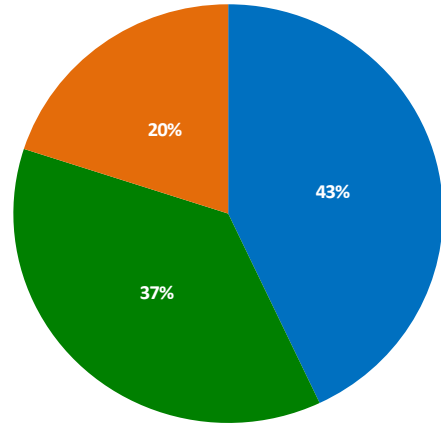
# Overall Teaching Feedback

How was the general friendliness of the faculty and organisers?



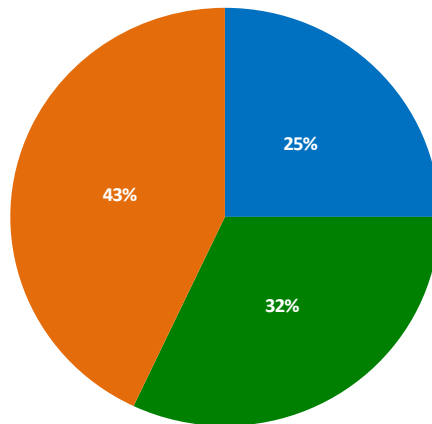
■ Very friendly ■ Friendly ■ Neutral  
■ Not very friendly ■ Can't comment

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Good.

**AH**

*Hull York Medical School, Hull, United Kingdom*

It was well organised and structured with great speakers that gave interesting and engaging talks.

**AP**

*Hull York Medical School, Hull, United Kingdom*

This was an excellent conference.

**AR**

*Hull York Medical School, Hull, United Kingdom*

This was a really insightful day on the surgical discipline. The speakers were memorable, and the workshops were stimulating. I am highly considering attending next year's conference. Thank you!

**JT**

*Hull York Medical School, Hull, United Kingdom*

Profess Ang Swee Chai really stood out to me as an incredible person and doctor. She really opened my mind up to the possibility's surgery holds in terms of helping people on a much broader spectrum.

**OJ**

*Hull York Medical School, York, United Kingdom*

I thought it was a great conference; the lectures were interesting, and I had the chance to try suturing which I had never done before!

**ER**

*Hull York Medical School, Hull, United Kingdom*

Overall, I received a really good impression of the conference, with well taught workshops and absolutely excellent keynote speakers. In future, it would be great to have more time to speak to the surgeons leading the workshops about their own work and how they decided on their specialty.

**LB**

*Hull York Medical School, York, United Kingdom*

It was very interesting; some of the speeches were really long – the workshops were the best part.

**JH**

*Hull York Medical School, Hull, United Kingdom*

Overall, the content was good, and it was good value for money.

**EK**

*Hull York Medical School, Hull, United Kingdom*

## Individual Comments

It was a good day that was worth the money.

**WL**

*Hull York Medical School, Hull, United Kingdom*

It was very well organised and the topics and talks were really interesting.

**RG**

*Hull York Medical School, Hull, United Kingdom*

The conference was very interesting and enjoyable. The speakers and workshop tutors were very knowledgeable and interesting. Overall, it was a great day.

**YB**

*Hull York Medical School, Hull, United Kingdom*

It was very professional.

**JS**

*St Mary's College, United Kingdom*

Maybe there could be more workshops, and fewer talks.

**JT**

*Hull York Medical School, Hull, United Kingdom*

This was a really good conference - I really enjoyed it and will definitely be back next year!

**ML**

*Hull York Medical School, Hull, United Kingdom*

This was a great learning experience.

**SB**

*Hull York Medical School, Hull, United Kingdom*

It was fairly well organised within the time constraints that they had but it did change slightly due to timing. The talks and workshops were all interesting and informative, and it was good to be able to practice, learn and be exposed to some surgical techniques that can be applied later on in my studies.

**WC**

*Hull York Medical School, Hull, United Kingdom*

The talks were really informative, and the workshops were brilliant with helpful and friendly staff on hand if we were struggling.

**AW**

*Hull York Medical School, York, United Kingdom*

## Individual Comments

I am excited to learn more about surgery.

**VC**

*Hull York Medical School, Hull, United Kingdom*

Overall, this was a good conference with a variety of things to participate in.

**RR**

*Hull York Medical School, Hull, United Kingdom*

It was very well organised with very interesting talks.

**EY**

*Swansea University Medical School, Swansea, United Kingdom*

It was very good.

**LB**

*Southmoor Sixth Form, United Kingdom*

It was very informative and interesting.

**OB**

*Hull York Medical School, Hull, United Kingdom*

It was very good overall.

**MJ**

*Hull York Medical School, Hull, United Kingdom*

It provided a great insight into a career as a surgeon.

**KN**

*Hull York Medical School, York, United Kingdom*

It was a good conference and an enjoyable experience.

**MH**

*Hull York Medical School, York, United Kingdom*

The workshops were really interesting, and the talks were inspiring.

**MS**

*Hull York Medical School, Hull, United Kingdom*

I really enjoyed the conference overall; it was a really great experience.

**ZS**

*Hull York Medical School, Hull, United Kingdom*



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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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# [www.doctorsacademy.org](http://www.doctorsacademy.org)