



Venue : School of Biosciences, Park Place, Cardiff University



FEEDBACK

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This intensive one-day course provides a focused revision for the DOHNS Clinical/OSCE exam. It is aimed at both Surgical and General Practice trainees with a specialist interest in ENT. The content includes clinical topics that regularly feature in the exam. This encompasses gross and microscopic anatomy of key areas, identification of common ENT pathology including video and radiological analysis, interpretation of specialist investigations and familiarization with surgical and emergency equipment. There is a strong emphasis on the clinical application of this knowledge and the practical skills required for the exam. Candidates will also have the opportunity to perfect their examination skills and improve their communication skills, with focused history taking and consenting.

The course concludes with a mock OSCE examination, providing the opportunity for individuals to put into practice the skills they have acquired in front of real examiners under real exam conditions.

Course fee: £185. The fee includes a comprehensive 120-page revision guide, refreshments, lunch and certificate.

The following topics are covered in the revision guide:

Essential anatomy and clinical pathology of ENT conditions, examination of relevant systems such as the thyroid and cranial nerves, evaluation of hearing and balance, pertinent imaging (X-ray, CT, MRI, USS), history taking, breaking bad news, consent, information giving, operation note, discharge summary, important procedures and a succinct instrument gallery.

Course Programme

| 0800 - 0810 | Welcome Introduction to the format of the course |
|-------------|---|
| 0810 - 0815 | Session A: Small group demonstration • Cranial nerves and skull base • Larynx, Neck and Thyroid gland |
| 0935 - 1055 | Session B: Small group demonstration Ear Nose, Paranasal sinuses + Oral Cavity Topographical and surface anatomy will also be demonstrated. Appropriate radiographs and other imaging as well as pathological slides will be used as aids. |
| 1015 – 1110 | Coffee + Refreshments |
| 1110 - 1310 | Session C: Communication skills • History taking & Breaking bad news • Information giving & Consent Session consists formal teaching followed by an open workshop involving scenarios accompanied by facilitators and formal feedback |
| 1300 – 1345 | Lunch break |
| 1300 – 1345 | (During lunch break): Equipment familiarisation Lecture: 'How to pass the OSCE first time' |
| 1340 - 1440 | Session D: Small group demonstration • Ear examination • Nose examination Oral cavity/ oropharyngeal examination |
| 1440 - 1540 | Neck examination Session E: Small group demonstration • Flexible Nasendoscopy & Video Interpretation • Discharge summaries, operation notes Session involves demonstration of technique followed by open workshop with facilitators |
| 1540 - 1610 | Session F: Group lecture • Hearing and balance analysis |
| 1625 - 1645 | Coffee + Refreshments |
| 1635 - 1750 | VIVA AND OSCE There will be a total of 15 Viva and OSCE stations*, some manned and some unmanned (as in the exam), and they will run in conjunction. Every candidate will go through all the stations. Each viva and OSCE station will be for seven minutes. |
| 1750 | Summary and general feedback |
| 1800 | End of Course! |

Course Faculty

COURSE ORGANISERS AND CONVENORS:

Mr. Benjamin Stew, MB BCh, MRCS, DOHNS Speciality Registrar in Otolaryngology University Hospital of Wales, Cardiff

Mr. Toby Moorhouse, MB BCh, BSc, MRCS, DOHNS Specialist Registrar Otolaryngology All Wales Training Programme

TEACHING FACULTY:

Mr. Richard Mills, BA Camb, MB BChir Camb, FRCS

Examiner – Royal College of Surgeons of England Honorary Clinical Anatomist, University of Cardiff Formerly, Consultant Head & Neck/ENT Surgeon University Hospital of Wales, Cardiff

Mrs. Hilary Tasker, BDS

Dental Surgeon and Honorary Clinical Anatomist University of Cardiff

Mr. Sandeep Berry, MRCS, DOHNS, FRCS (ORL-HNS) Consultant ENT Surgeon Royal Glamorgan Hospital

Mr. Mouli Doddi, MBBCh, MRCS, DOHNS Specialist Registrar in Otolaryngology All Wales Training Programme

Mr. Jonathan Clark, MRCS, DOHNS, FRCS (ORL-HNS) Specialist Registrar Otolaryngology

All Wales Training Programme

Mr. Amir Farboud, MRCS, DOHNS

Specialist Registrar Otolaryngology All Wales Training Programme

Mrs. Swati Kumar, MRCS, DOHNS

Associate Specialist in Otolaryngology Royal Gwent Hospital, Newport

Mrs. Hannah Fox, MRCS, DOHNS

Specialist Registrar Otolaryngology All Wales Training Programme

Miss. Sarah Healy, MRCS, DOHNS

Specialist Registrar Otolaryngology All Wales Training Programme

Ms. Katarzyna Konieczny, MRCS, DOHNS LAT Registrar in Otolaryngology East Surrey Hospital



Feedback





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Certainly



29th September 2012, School of Biosciences, Cardiff University















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Course Comments 4th February, 28th April 2012; 30th September, 28th April, 28th January 2011

"I passed the recent DOHNS exam and the course helped me a lot. I would say that the patient stations this time is around 60-70% similar to the course. Consent giving and breaking bad news stations are quite similar. I highly recommend the course to future candidates taking the DOHNS exam."

Dr Cary Chan Matilda International Hospital, Hong Kong

"I did find the course very helpful and complemented my existing knowledge, enabling me to pass the exam. The course itself is a refresher course and is most suited for candidates revising their existing ENT knowledge. I thoroughly enjoyed the course and would recommend it to my fellow ENT colleagues planning to sit for their DOHNS."

Dr Shueh Lim Monklands Hospital, Lanarkshire

"I did pass the DOHNS OSCE. This was the first course I had ever been to. It was definitely helpful, and I am glad I had driven all the way in the morning from Kent to Cardiff and back because it gave me the extra confidence and a bit more understanding of what was involved in this exam. I felt that the staffs were really helpful and kind and although it felt quite intensive for one day, it was worth it."

Dr Damayanthi Kuhanendran Medway Maritime Hospital, Kent

"I have been successful in passing the DOHNS OSCE, thanks to your course. The mock exam was very similar to the real exam, especially the manned stations which are considered to be the most difficult. I would be very interested to teach as a junior faculty in your courses." Many thanks!

Mr Giannis Thrasyvoulou Hippokratio Hospital, Athens, Greece

"Organised, friendly, approachable and knowledgeable faculty. Very good course."

Mr Eugene Omakobia Southmead Hospital, Bristol

"When trying to prepare for my DOHNS examination I found very little information or appropriate books aimed for this examination. This course covered all the main areas for the examination and was by far better than any book available. Great advice and feedback was provided, and I especially enjoyed the small group teaching and the ready availability of the faculty to give any answers or advice. If would be hard to fail this examination if you attend the Cardiff DOHNS course!"

Ms Daniela Bondin Stepping Hill Hospital, Stockport

"Fortunately I passed the DOHNS exam. I found your revision course very useful - particularly with relation to the giving information station and general information about structure of the examination. Thank you for a great course! Highly recommended!"

> Ms Rebecca Exley University Hospitals South Manchester

"The course was very useful especially the Mock Patient Station. Mock station included consent for parotid surgery, Examination of oral, neck and FNE, unilateral hearing loss, examination of ears in a child, Unilateral tonsil history and DD. Thank you very much"

Dr Irfan Khan Whiston Hospital, Merseyside

"I attended the DOHNS OSCE revision course held at Cardiff University in May 2010 and appeared for the exams in October 2010. I'm very pleased to inform you that I was successful and take this opportunity to thank the team at Cardiff for their guidance and support. I can testify that the revision course is very well organized and gave me an insight of what we have to do and what is expected from us in the exam. The course also helped in time management for each station. The faculty was very friendly and all my doubts were cleared."

Dr. Nilgiri Kerketta General Hospital, Port Of Spain, Trinidad And Tobago

"I am happy to inform you that I passed the exam! The course was very helpful and I got a lot of information from the courses. I am very happy to have met the faulty and appreciate their knowledge. Thank you for the course!"

Dr Abeer Othman Dr Sulaiman Al Habib Hospital Riyadh, Saudi Arabia

"Very well organized. Good content and will definitely recommend to colleagues."

Mr. Adonye Benige Whiston Hospital, Prescot similar format. It was very helpful. It covered the major topics. Thank you very much."

Dr Mohammed Imad Al-damlooji "It is very informative and very illustrative of the DOHNS." Dr Ayesha Al Shaiba Sheikh Khalifa Hospital, Saudi Arabia "Excellent- good material, good faculty, well run." Dr Fiona Lyall Frenchay Hospital, Bristol "Superb course!" Dr James Kennedy **Torbay Hospital** "Excellent, Very relevant and useful! I feel much more confident now." Dr Natalie Lewe Aintree University Hospital, Liverpool "Good, that the course is one month before exam. Well organized and good time keeping." **Dr Eugene Wong** Gloucestershire Royal Hospital "Well organized course, highly relevant to exam with excellent value for money. Could be advertised to a greater degree for the benefit of more trainees." Dr Mark Wilkie Royal Liverpool University Hospital "I am pleased to inform you that I passed the exam. The course was very useful and helped me to find similar minded people to revise with in preparation for the exam, thank you." Mr Tobias Moorhouse Royal Glamorgan Hospital "Good course, the level was optimal for the exam." Mr. Shuja Kazmi Royal Gwent Hospital, Newport "Friendly and helpful demonstrators/lecturers. History taking and communication skills stations were good. OSCE felt like real exam. Hope there is future follow-up from faculty until the exam" Dr. Shiraz Qamil Bin Muhammad Abdul Kadar Hospital Sungai Buloh, Malaysia "Very good enjoyable course with good booklet to work on after course!" Mr Krishan Ramdoo Chase Farm Hospital, Enfield "Fantastic – I have done a few MRCS + MRCP revision courses in the past but this was much better." Dr Ciaran Hill Queen's Hospital "Very nice small groups and hence felt easy to ask questions. Good interactive sessions". Ms Kerry-Ann Hanks Gloucestershire Royal Hospital, Gloucester "It was ever so helpful. An excellent idea to have the mock exam. Communication stations were challenging but good practice all the same. The faculties were all excellent and gave constructive feedback. I particularly enjoyed skull base anatomy and neck examination. Thank you."

"A very informative course for DOHNS OSCE exam. There was good opportunity to practice for the real exam since the OSCE was in a very

"Excellent! Definitely helped me prepare for the exam. Communication stations are very useful with helpful feedback. Well done and thank you."

Ms Saba Mattar Southmead Hospital, Bristol

Ms Hannah Blanchford

James Cook University Hospital, Middlesbrough

Course Comments 29th September 2012, School of Biosciences, Cardiff University

"Great effort; very nice course overall. Will give more feedback after the exam."

Dr Muhammad Ance Anwer Liaquat National Hospital, Pakistan

"Very organized. Very good OSCE. Really well-taught course. Well worth the money."

Dr Francesca Neville Derriford Hospital, Plymouth

"Excellent course; well organized; enthusiastic knowledgeable staff; very glad I come. Feel much more prepared for exam now." Dr Rachael Caffrey Altnagelvin Area Hospital, Londonderry

"Overall very good-knowledgeable staff, friendly, good feedback during the sessions and OSCE."

Dr Anna Harrison Crosshouse Hospital, Kilmarnock

"Excellent opportunity to practice. Highlighting key topics for revision was very useful. Good candidate to instructor ratio. Highly recommended."

Dr Stephanie Edwards Singleton Hospital, Swansea

"All excellent teachers. Morning anatomy was fantastic. Good basis to focus revision exam skills + history taking. Very focused and excellent value for money."

Dr Lavan Baskaran Croydon University Hospital, Croydon





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