



# Enhanced Recovery After Surgery (ERAS)

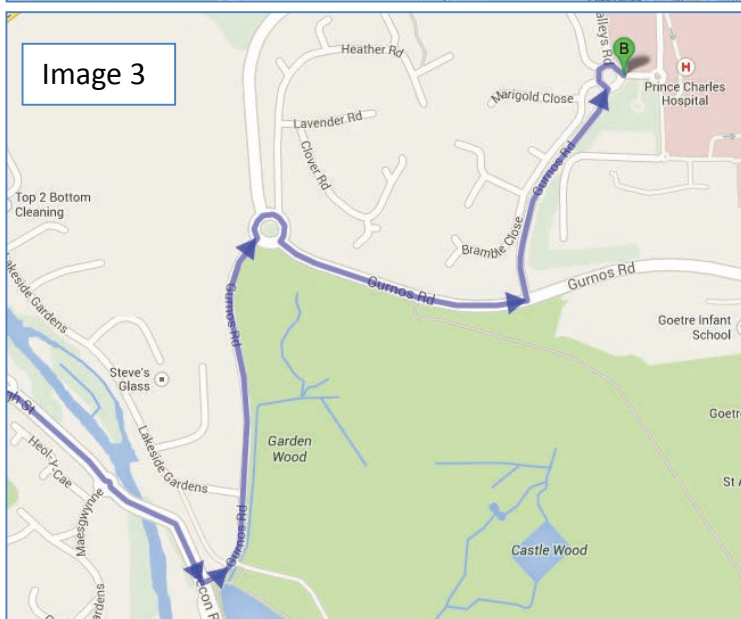
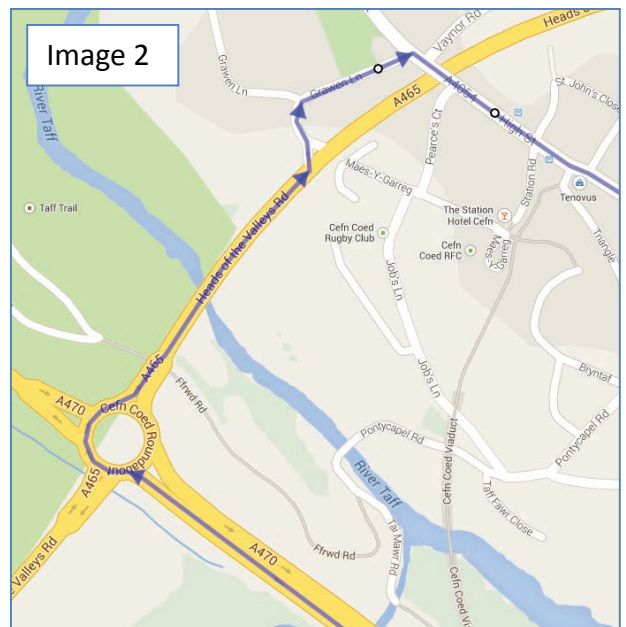
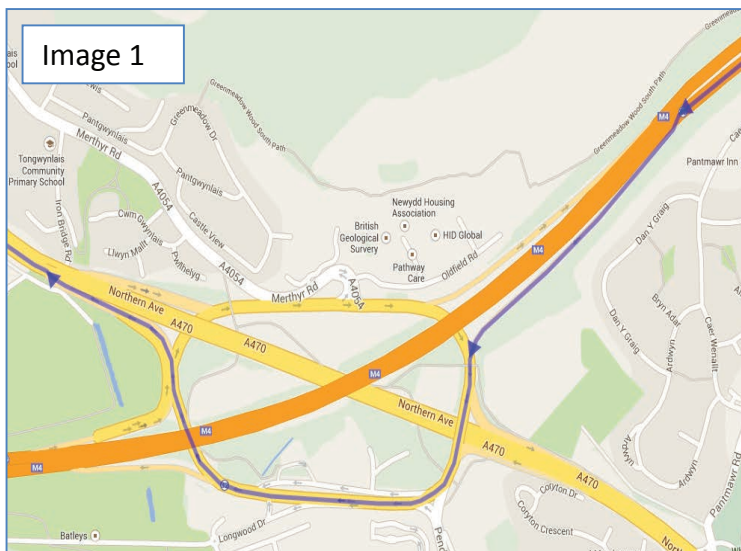
Education Centre, Prince Charles Hospital, Merthyr Tydfil



## Directions to Venue

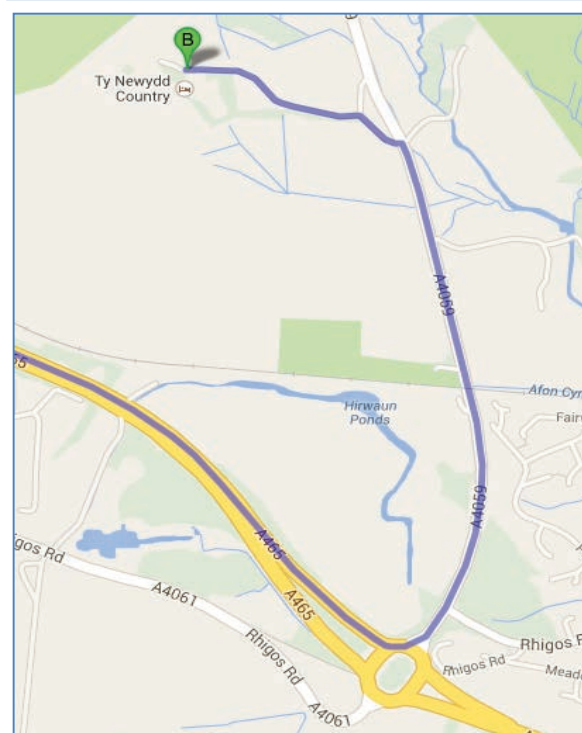
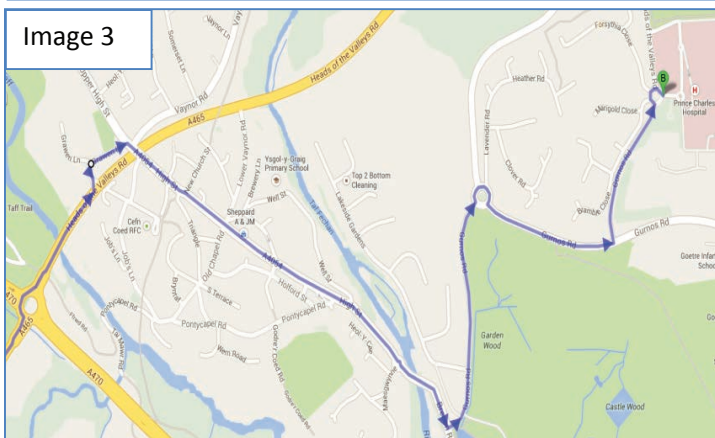
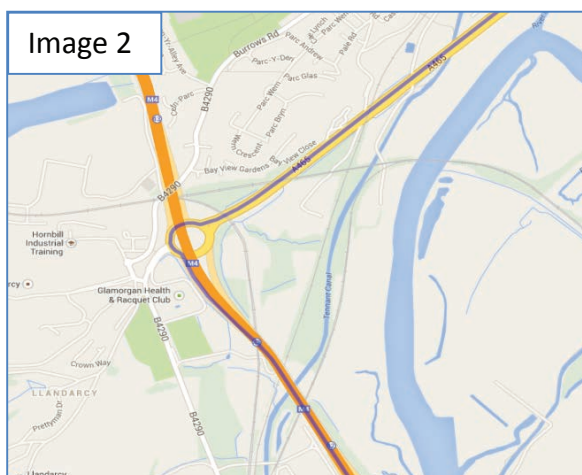
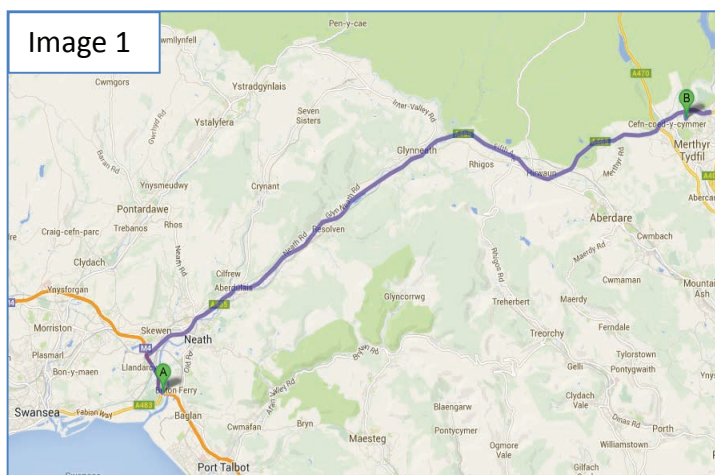
## Directions from the Severn Bridge, M4 to Prince Charles Hospital, CF47 9DT

- o Cross Bridge
- o Take Junction 32 after 23 miles (Image 1)
- o Take the ramp exit on to A470 towards Merthyr Tydfil
- o Continue straight through 4 roundabouts for 20 miles
- o At the 5th roundabout take the 3rd exit on to the Heads of the Valley/A465 road (Image 2)
- o After going over the bridge, take the 1st exit left (Image 2)
- o At the junction turn right and travel for 0.5 miles going straight through a 1 small roundabout (Image 2)
- o Go over bridge and take 1st left up a hill (Image 3)
- o At roundabout on top of hill take 3rd (Image 3)
- o Take 1st left turn on top of hill (Image 3)
- o At roundabout take 3rd exit in to the grounds of Prince Charles Hospital



## Directions from the Swansea to Prince Charles Hospital

- o Head northwest on M4 (Image 2)
- o Take Junction 43 (Image 2)
- o Take 3rd exit at roundabout on to the A465 heading to Merthyr Tydfil (Image 2)
- o Continue straight through 5 roundabouts
- o Following the 5th Roundabout, after going over the bridge, take the 1st exit left (Image 3)
- o At the junction, turn right and travel for 0.5 miles going straight through 1 small roundabout (Image 3)
- o Go over bridge and take 1st left up a hill (Image 3)
- o At roundabout on top of hill take 3rd (Image 3)
- o Take 1st left turn on top of hill (Image 3)
- o At roundabout take the 3rd exit in to the grounds of Prince Charles Hospital (Image 3)





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