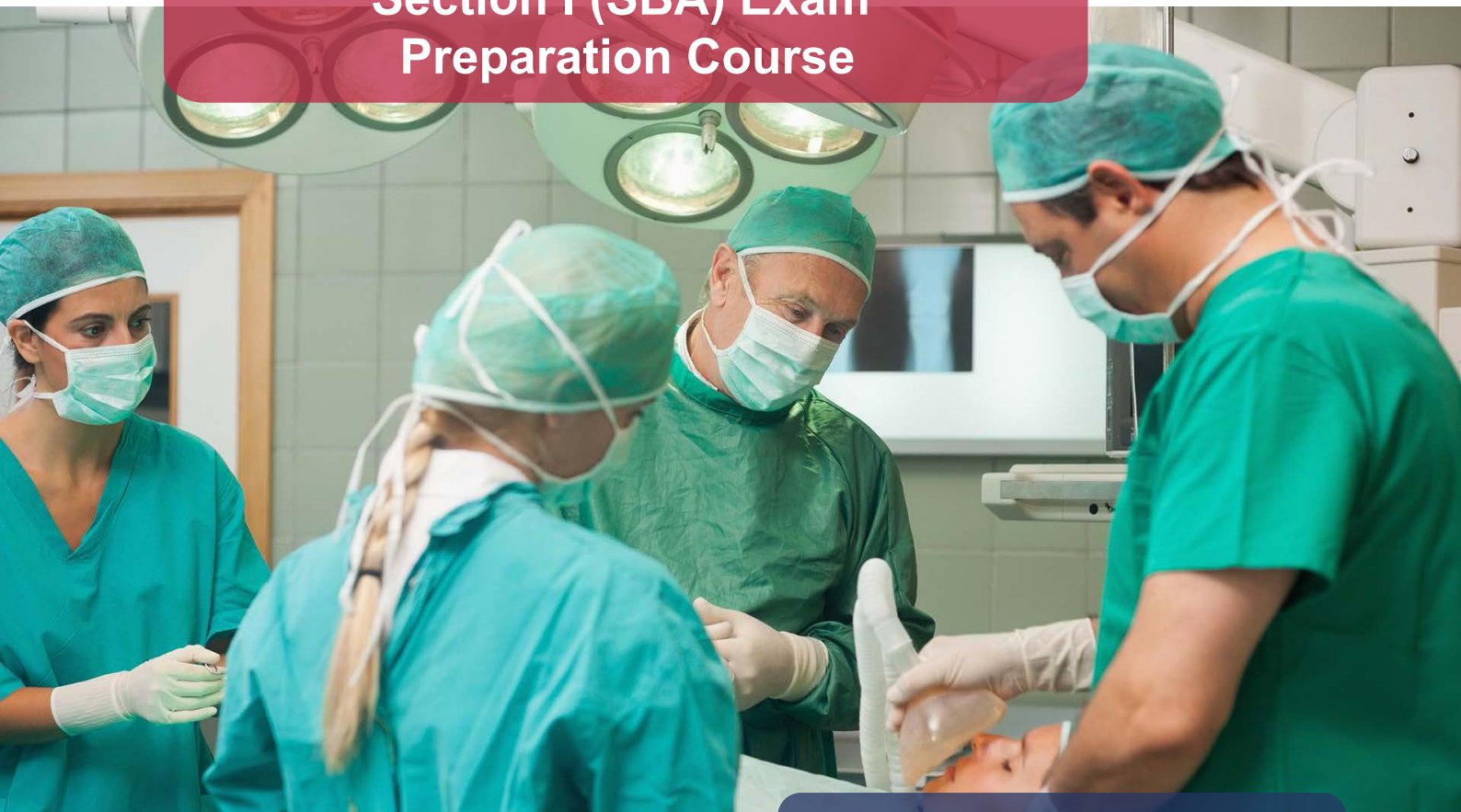


DOCTORS ACADEMY



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**FRCS (General Surgery):
Section I (SBA) Exam
Preparation Course**



Feedback - January 2023

www.doctorsacademy.org

FRCS (General Surgery): Section I (SBA) Exam Preparation Course

This one-day intensive course was aimed at delegates preparing for Section I (SBA) of the Intercollegiate FRCS Examination in General Surgery. The course was delivered by a group of experienced senior consultants who highlighted the key components and discussed high-yield topics from each sub-speciality within the JCST General Surgical curriculum. The course took into consideration the changes introduced to the exam from May 2021. The new exam will consist of 120 SBA questions in paper 1 and 120 SBA questions in paper 2. Each paper will be of 2 hours and 15 minutes in duration.

Learning Style:

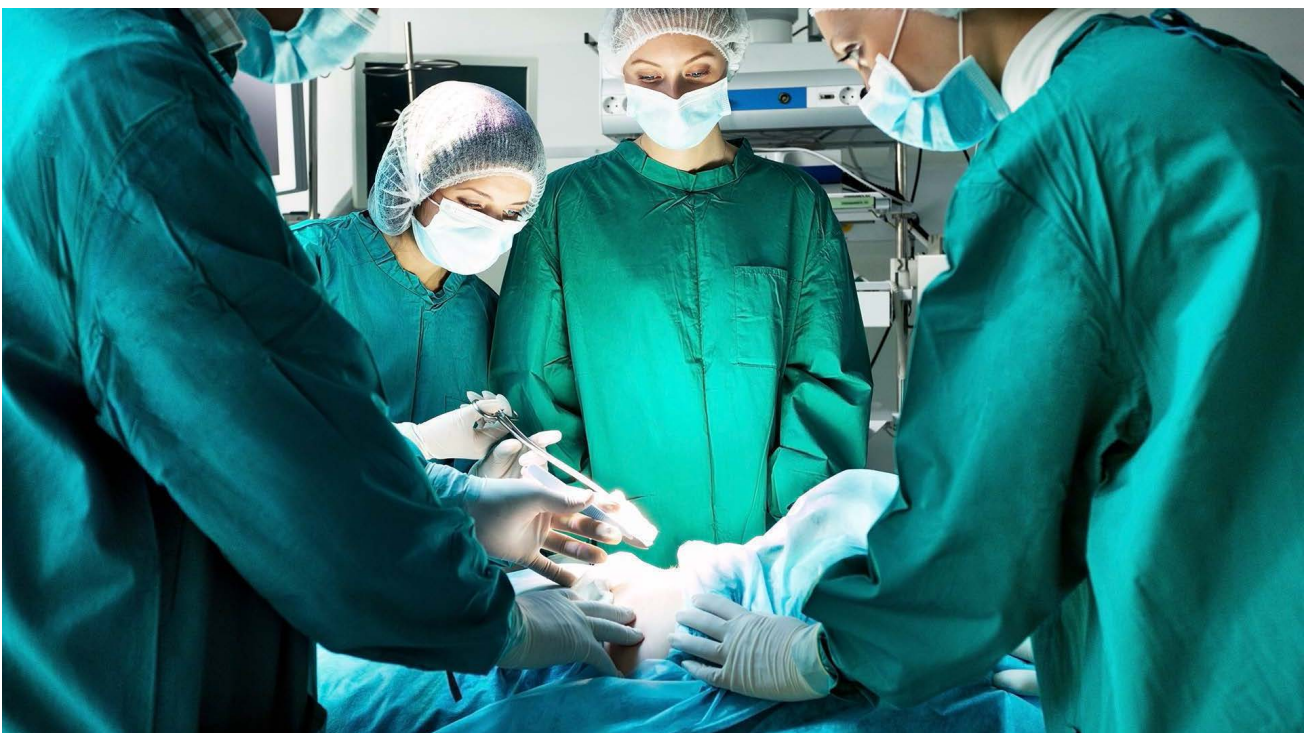
- o Interactive discussions and active delegate participation
- o Focused teaching on high yield topics
- o Updates on current guidelines and advances in all sub-specialities
- o Solving sample SBA questions
- o Discussion on clinical images and pathology specimens
- o Practical tips and exam preparation guidance from senior trainees who have recently passed the FRCS Exam

Course Information

Venue:	Online Course Held Via Zoom
Dates:	20th and 21st January 2023
Attendance:	16 Delegates
Aimed at:	ST5 or above/SpR Year 3 or above in General Surgery. Trainees planning to sit the FRCS Section I Exam within 12 months.
Course Fee:	£185.00

Topics and Subspecialities:

- o Colorectal
- o Upper Gastrointestinal
- o Hepatobiliary
- o Transplant
- o Breast & Endocrine
- o General, Trauma & Emergency Surgery
- o Statistics



Programme

Friday 20th January 2023

1850 - 1900 Introduction

1900 - 2130 **Colorectal Surgery**
Mr Daniel McGrath
Consultant Colorectal Surgeon
Royal Berkshire Hospital, Reading

2130 - 2140 Break

2140 - 2320 **Upper GI Surgery**
Miss Nilanjana Tewari
Consultant Upper GI Surgeon
University Hospitals Coventry and Warwickshire NHS Trust

2320 End of Day 1

Saturday 21st January 2023

0830 - 1000 **Endocrine Surgery**
Miss Aimee DiMarco
Consultant Endocrine Surgeon
Imperial College and NW London NHS Trusts

1000 - 1005 Break

1005 - 1115 **Transplant and Vascular Access**
Mr Ismail Mohamed
Consultant Transplant and Vascular Access Surgeon
Barts Health NHS Trust

1115 - 1130 Break

1130 - 1255 **HPB Surgery**
Mr Ricky Bhogal
Consultant HPB Surgeon
Royal Marsden Hospital, London

1255 - 1345 Lunch

1345 - 1450 **Inflammatory Bowel Disease**
Dr Adam McCulloch
Consultant Gastroenterologist
University Hospital Southampton NHS Foundation Trust

1445 - 1450 Break

1450 - 1545 **Nutrition**
Dr Adam McCulloch
Consultant Gastroenterologist
University Hospital Southampton NHS Foundation Trust

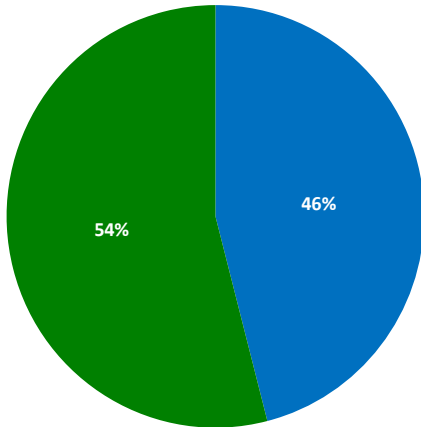
1545 - 1600 Break

1600 - 1800 **Breast Surgery**
Mr Michael Rees
Consultant Oncoplastic Breast Surgeon
Grange University Hospital, Cwmbran

1800 - 1815 Summary and Close

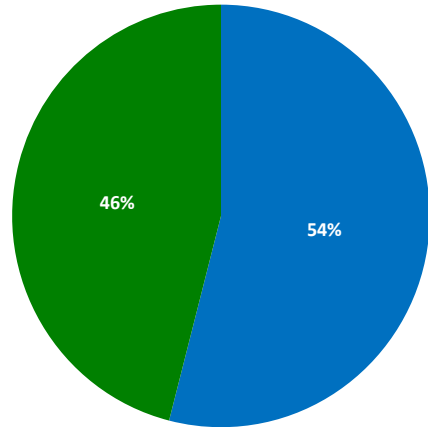
Overall Feedback

How was the content of the course?



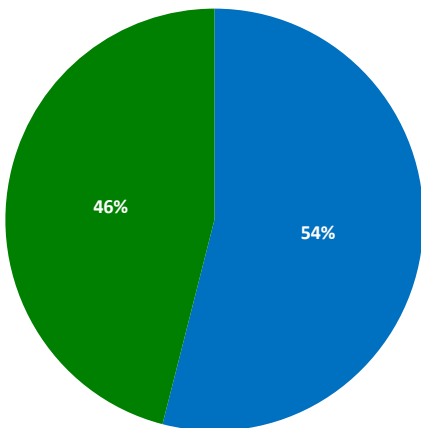
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the lecturers?



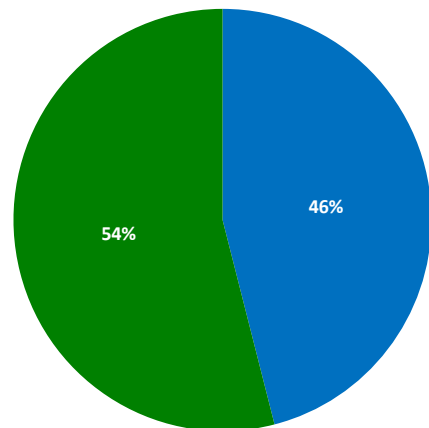
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the presentations?



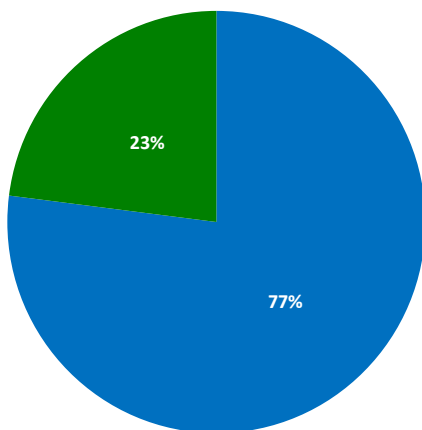
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the relevance of the course to your exam?



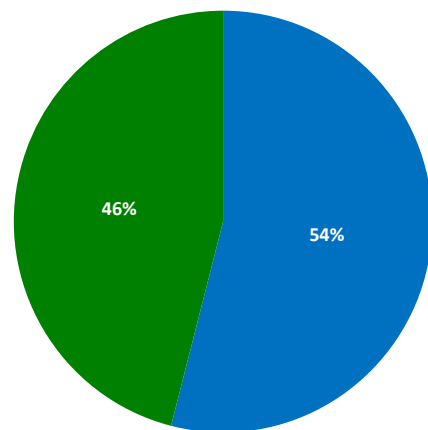
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Colorectal Surgery - Mr Daniel McGrath



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

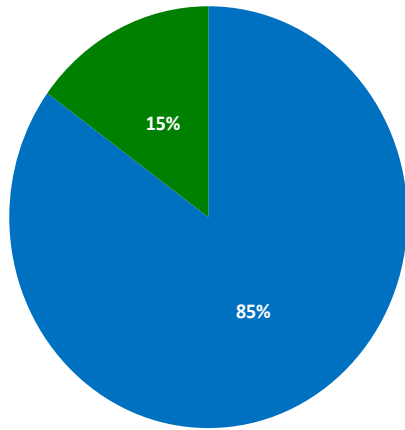
Upper GI Surgery - Miss Nilanjana Tewari



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

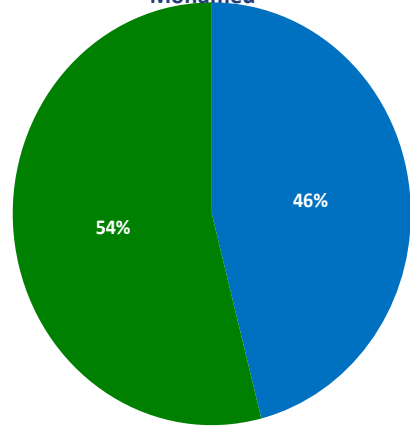
Overall Feedback

Endocrine Surgery - Miss Aimee DiMarco



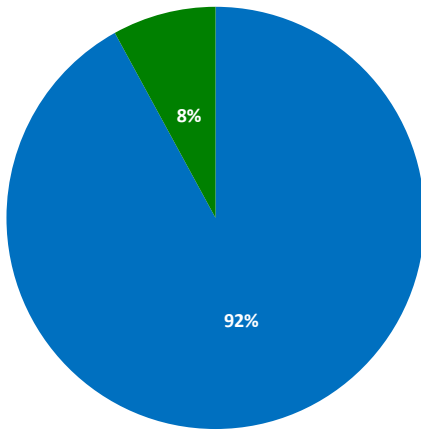
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Transplant and Vascular Access - Mr Ismail Mohamed



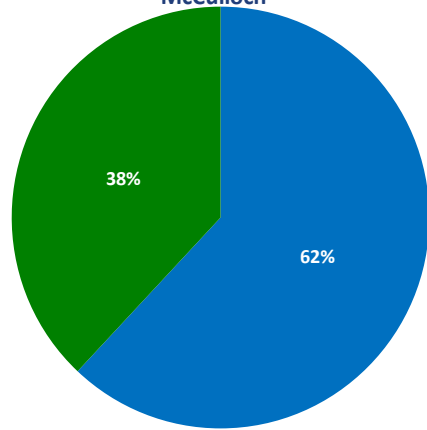
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

HPB Surgery - Mr Ricky Bhogal



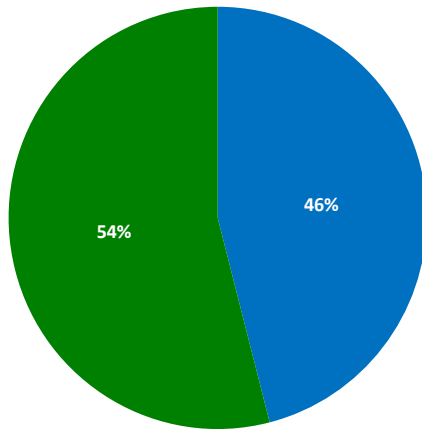
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Inflammatory Bowel Disease - Dr Adam McCulloch



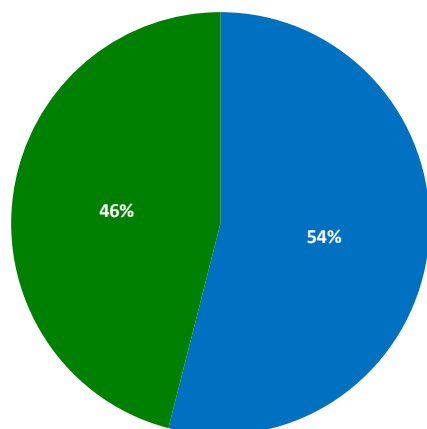
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Nutrition - Dr Adam McCulloch



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

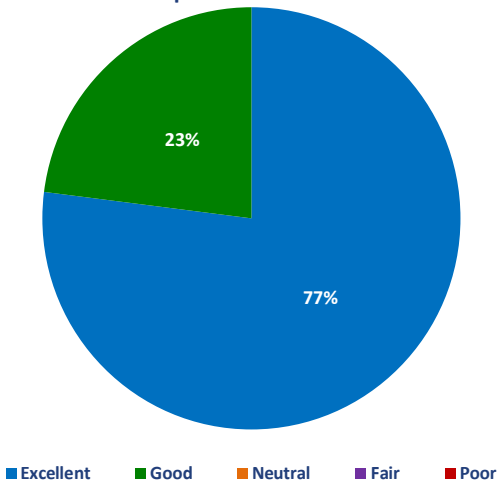
Breast Surgery - Mr Michael Rees



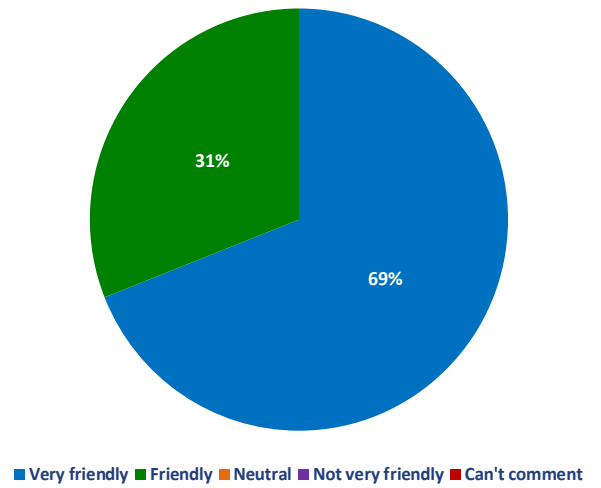
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Overall Feedback

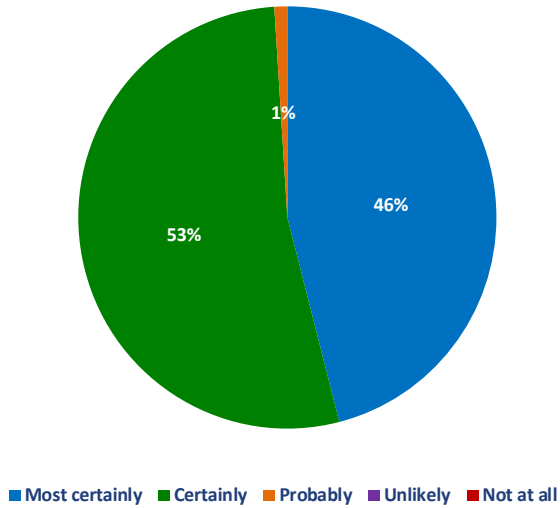
How would you rate the appropriateness of the Zoom platform for this course?



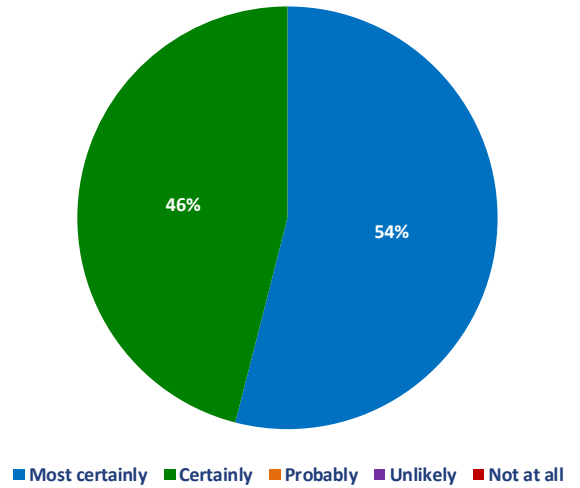
How was the general friendliness of the faculty and organisers?



Would you recommend this course to a friend?



Do you think that this course provided good value for money?



Individual Comments

Excellent course.

AG

Baylor University Medical Center, part of Baylor Scott & White Health, Texas, US

Fantastic.

RM

Birmingham Heartlands Hospital, Birmingham, UK

That was very informative and helpful course.

KI

King's college hospital NHS Foundation trust, UK

Very relevant, excellent course, covered almost all of the syllabus.

UJ

Wigan Infirmary, Wigan, UK

Brilliant course.

LM

Gartnavel General Hospital, Glasgow, UK

Absolutely amazing course, would definitely recommend it to my colleagues!

TS

Medway NHS Foundation Trust, UK

Great, loved it.

KA

The Royal London Hospital - Barts Health NHS Trust, UK

Perfect.

AO

Darent Valley Hospital, Dartford, UK



DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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