

ICSM Spring Conference 2020: Mind Over Matter



Feedback - February 2020

ICSM Spring Conference 2020: Mind Over Matter

The ICSM Psychiatry Society's Spring Conference: Mind Over Matter was a student-led event held on Saturday 15th February 2020 in the Sir Alexander Fleming Building, Imperial College London.

The conference included lectures from admirable speakers on a variety of topics surrounding Psychiatry in addition to two small-group sessions. The conference aimed to give delegates the opportunity to share their views and enabled them to communicate with experienced psychiatrists.

The ICSM Psychiatry Society also hosted an art and essay competition and a raffle. Lunch and refreshments were provided and all attendees were presented with a certificate of attendance.

Course Information

Course Date:	15th February 2020
Venue:	Sir Alexander Fleming Building, Imperial College Road, London
Attendance:	56 Delegates
Aimed at:	Medical Students; Foundation Year Doctors; Core Trainees/SHO/Clinical Fellows
Fee:	£12.00; £9.00 (ICSM Psychiatry Society Members)



Programme

1000 – 1030 Registration and Welcome

1030 – 1115 Dr James Kirkbride: Being out of Place: Towards an Integrated Understanding of the Social Epidemiology of Psychotic Disorders

1115 – 1200 Dr Kathleen Levick: Intellectual Disability Psychiatry Showcase; It's Everybody's Business

1200 – 1300

Lunch, Networking and Art Exhibition

1300 – 1350 **Small-Group Session Rotation 1:**

- o Why Psychiatry? (Dr Jeffrey Fehler)
- o Chimp Management in Elite Sport (Dr John Barker)
- o Mental Health - Technology and the Media (Dr Mina Husain)
- o GHB - A Dangerous New High (Dr Betty Xu)

1350 – 1440 **Small-Group Session Rotation 2:**

- o Why Psychiatry? (Dr Jeffrey Fehler)
- o Chimp Management in Elite Sport (Dr John Barker)
- o Mental Health - Technology and the Media (Dr Mina Husain)
- o GHB - A Dangerous New High (Dr Betty Xu)

1440 – 1500

Coffee Break

1500 – 1545 Dr Donna Arya: Forensic Psychiatry

1545 – 1630 Dr Stephanie Charters: Psychoses in Adults

1630 Announcement of the Winner of the Art Competition, Raffle Prize Winners and Closing Remarks

Faculty

Dr Betty Xu, MBBChir, MA Cantab

Core Trainee in Psychiatry
Ealing Hospital, London

Dr Jeffrey Fehler, MBBCh, FRCPsych

Consultant Psychiatrist
Central and North West London NHS Foundation Trust and Imperial College School of Medicine

Dr John Barker, BA (Hons), MBChB, MRCPsych

Speciality Registrar in General Adult Psychiatry, NIHR Academic Clinical Fellow and Psychological Skills Mentor
Chimp Management

Dr Mina Husain, MBBS, MRCPsych

Registrar in Psychiatry
South London and Maudsley NHS Foundation Trust

Speakers

Dr Donna Arya, MBBS, BSc (Hons), MRCPsych, PGCert (Mental Health Law)

Consultant Forensic Psychiatrist
Queen Mary University of London, London

Dr James B Kirkbride, PhD, FHEA

Reader in Epidemiology
Division of Psychiatry, University College London, London

Dr Kathleen Levick, MBBS, MRCPsych

Speciality Registrar in Psychiatry of Intellectual Disability
South London and Maudsley NHS Foundation Trust

Dr Stephanie Charters, MBBS

General Adult Psychiatrist in Schizophrenia
Central and Northwest London NHS Trust

Organising Committee

Miss Lia Chauhan
Conference Chair

Mr Frank Thornton-Wood
ICSM Psychiatry Society President

Miss Francesca Siracusa
Speaker Coordinator

Miss Keerthi Muthukumar
Workshop Coordinator

Mr Meirvaan Basra
Sponsorship Officer

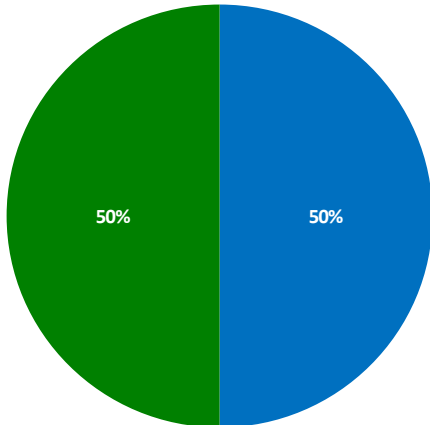
Miss Josephine Akoro
General Committee

Miss Sereena Singh
General Committee

Miss Shahini Shah
General Committee

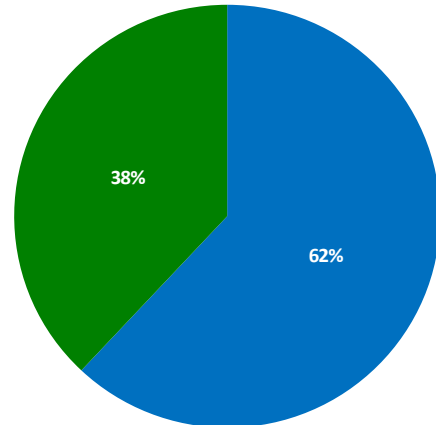
Overall Teaching Feedback

How was the content of the conference?



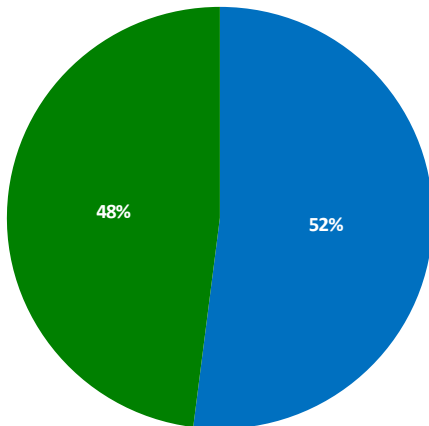
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



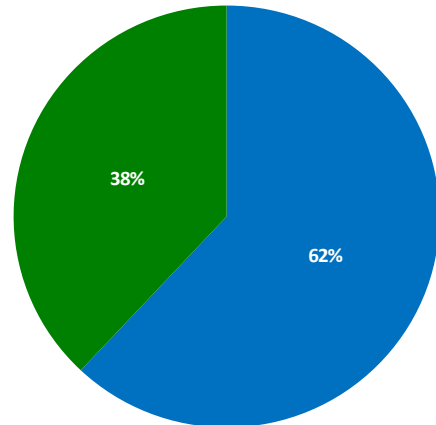
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Dr James Kirkbride: Being out of Place: Towards an Integrated Understanding of the Social Epidemiology of Psychotic Disorders



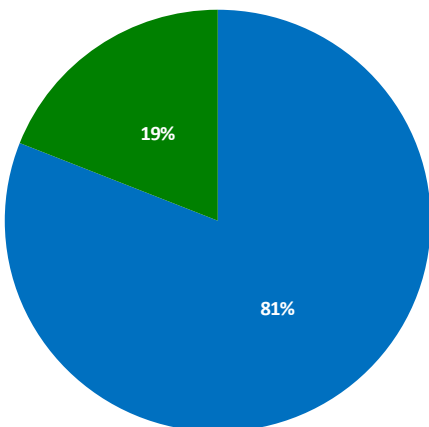
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Dr Kathleen Levick: Intellectual Disability Psychiatry Showcase; It's Everybody's Business



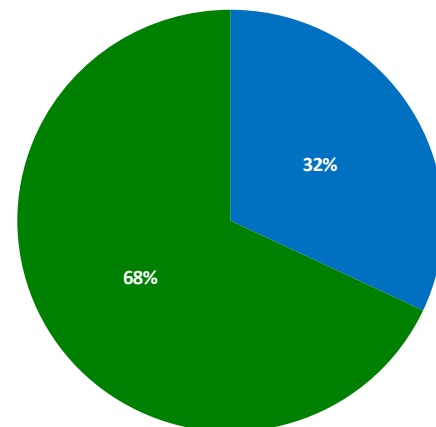
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dr Donna Arya: Forensic Psychiatry



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

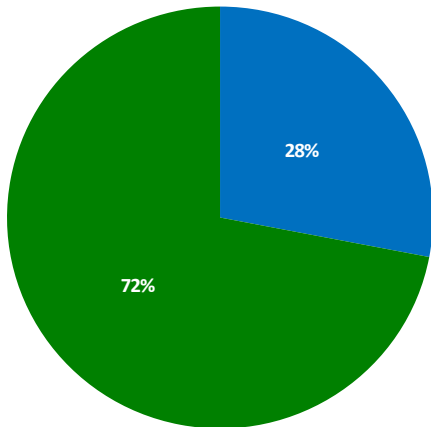
Dr Stephanie Charters: Psychoses in Adults



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

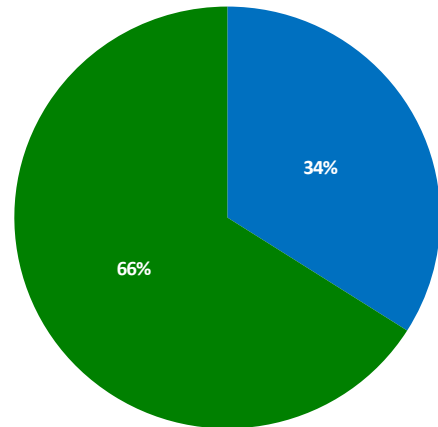
Overall Teaching Feedback

Why Psychiatry? (Dr Jeffrey Fehler)



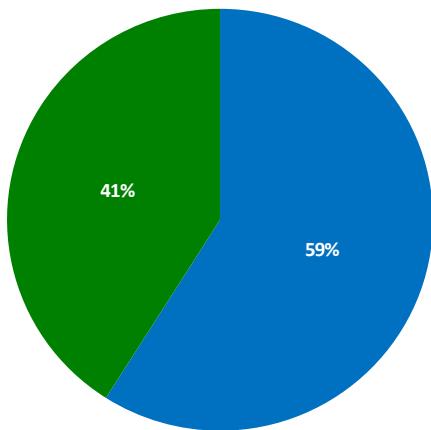
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Chimp Management in Elite Sport (Dr John Barker)



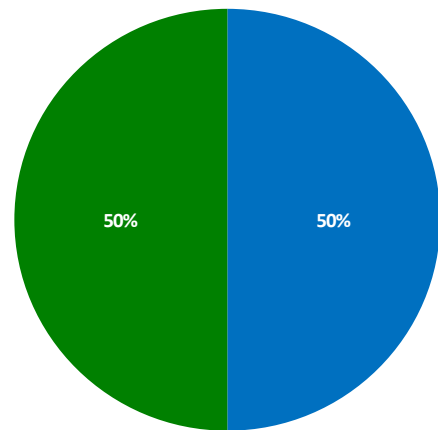
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Mental Health - Technology and the Media (Dr Mina Husain)



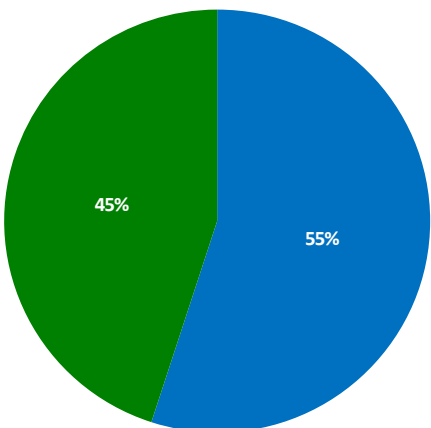
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

GHB - A Dangerous New High (Dr Betty Xu)



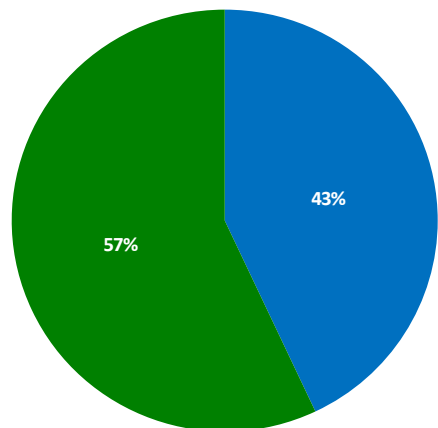
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

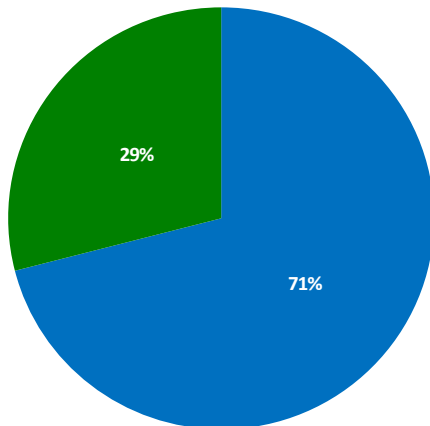
How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

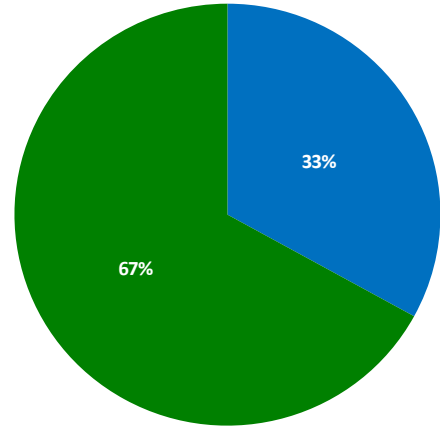
Overall Teaching Feedback

How was the general friendliness of the faculty and organisers?



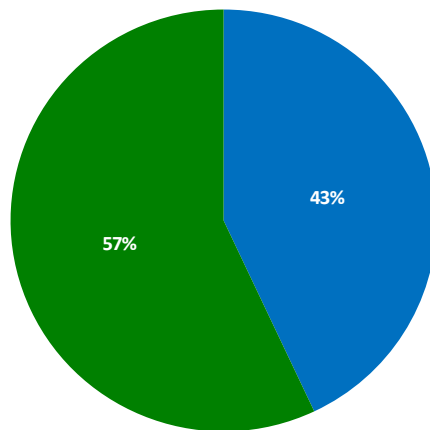
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

I enjoyed it very much.

EG

I am now considering a double major in Psychiatry and Neuroscience in a US university.

SS

Dr Challoner's Grammar School, Amersham, United Kingdom

This was excellent preparation for a Psychiatry placement.

DW

Imperial College London Faculty of Medicine, London, United Kingdom

It was good.

AR

The organisation and presentation were very good to gain experience of university life.

MM

It was very well organised; I really enjoyed the small group teachings. I was expecting more stories from psychoses in adults - anecdotes.

SN

I thought that this conference was very organised and had really friendly "vibes", and the lectures were interesting and enlightening: they were a good length and the break times fitted perfectly. It definitely gave me the perfect insight into Psychiatry and how important it is in the world. I am most certainly considering studying it.

EH

The British School in the Netherlands, Netherlands

It was helpful at exposing the world of Psychiatry to junior doctors, medical students and medical aspirants.

AS

It was relevant to my personal interests for career prospects. It was also well organised and friendly.

ST

I really enjoyed the conference, thank you!

EK

Everything was very well put together and informative.

DA

Royal Surrey County Hospital, Guildford, United Kingdom

Individual Comments

Great!

DN

Prof. Dr. Alexandru Obregia Psychiatry Hospital, Bucharest, Romania

Congratulations! I have already decided to pursue a career in Psychiatry and the lectures offered me valuable knowledge.

SM

I am an MSc student planning to apply for GMC registration and decided to choose Psychiatry. The conference strengthened my choice.

ST

This was an amazing conference! It was great value for money, and it was a really enjoyable day. It ran a bit late, but it was still really good.

RN

Overall, there was a great selection of talks and lecturers.

AK

Imperial College London Faculty of Medicine, London, United Kingdom

Overall, there were a good variety of topics being covered throughout the day with plenty of time being allocated to ask questions.

ZH

The conference was very well organised and the staff/organisers were extremely friendly. The presenters were confident and engaging and made the audience feel comfortable. The conference opened my eyes to the field of Psychiatry and the responsibilities that come with it. It made the question of 'Is Psychiatry the job for me?' much clearer. Thank you also for the food; it was very nice.

ZN

I was very impressed with the small group sessions and now have a greater understanding of careers that can be pursued within Psychiatry.

SK

Imperial College London Faculty of Medicine, London, United Kingdom

It was a very good conference, thank you for such an opportunity! I want to especially highlight Dr Kathleen Levick: she is a really good teacher, and the information delivered was very important and interesting.

ZM
UCU

Individual Comments

It was very good and provided a nice introduction to Psychiatry for pre-clinical students.

MV

Imperial College London Faculty of Medicine, London, United Kingdom

Diverse subject topics were discussed by engaging speakers. Overall, it was very good.

DC

The presentations were very interesting, and I learnt quite a lot about entering the field of Psychiatry as well as the correlation between socioeconomic factors and the risk of psychotic disorders later on in life. I really enjoyed listening to the presenters, especially the one presented by Dr Arya.

AA

St Paul's School, London, United Kingdom

It was good and very relevant to first-year mobs.

SH

Imperial College London Faculty of Medicine, London, United Kingdom

This has motivated me to specialise in Psychiatry.

NB

The overall impression was quite good; however, it gave a great insight into Psychology and whether you want to do it or not.

ZS

Preston Manor School, London, United Kingdom

I thought it was organised very well and almost all speakers were very interesting. I am a medical student, and this was quite useful for expanding my understanding and knowledge, which I'm sure will be helpful in my further Psychiatry modules.

VC

Imperial College London Faculty of Medicine, London, United Kingdom

Being part of an engineering course, this event was a new experience to me. I loved it.

TM

Imperial College London - Aeronautical Engineering, London, United Kingdom

Overall, the conference was very good and well organised. It had a range of engaging speakers that helped to give me a good insight into the world of Psychiatry.

HD

Dr Challoner's Grammar School, Amersham, United Kingdom

Individual Comments

In first year, we only had two Psychiatry lectures in the syllabus - but I really enjoyed them, and this conference has made me further consider it as a specialty that I would be interested in going into in the future!

VS

Imperial College London Faculty of Medicine, London, United Kingdom

It was very well put together, extremely informative, and it made me think a lot about the possibility of specialising in Psychiatry. I learnt a lot that I didn't know before.

ME

Preston Manor School, London, United Kingdom

It was good.

SM

Barts and the London School of Medicine and Dentistry, London, United Kingdom



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