





## The International Undergraduate & **Foundation Surgery Conference**



## Feedback - January 2019











# The International Undergraduate & Foundation Surgery Conference

The society's annual surgical conference brought together surgeons from around the world to UCL to inspire trainee surgeons, junior doctors, medical students and sixth form students. They discussed changes and advances in surgical field covering a large range of surgical topics and specialties. There were a number of in-depth workshops and the opportunity to speak to surgeons. The event provided an excellent networking opportunity for many budding young surgeons of the future.

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	Cou	rse Information
	Course date:	19 <sup>th</sup> January 2019
	Venue:	University College London
	Attendance:	93 Delegates
	Aimed at:	Medical students and sixth form students
	Fee:	£22.00



## Programme

0815 - 0900	Registration
0900 - 0915	Welcome & Opening (Pia Borgas & Mr. Tom Quick - Patron)
0915 - 1100	Lecture session 1 Prof. Averil Mansfield (UK) – WINS & Vascular Surgery Dr. Blake Alkire (USA) – ENT & Global Surgery Prof. Lewis Spitz (UK) – Paediatric surgery (separating conjoint twins)

### (3 x 25 mins + 5 mins questions)

### ASiT promotional talk (5 mins)

1100 - 1130	Morning Refreshment Break
1130 - 1220	<ul> <li>Workshop I (50 mins) Delegates will choose one workshop</li> <li>1. Basic Suturing</li> <li>2. Advanced Suturing</li> <li>3. Women in Surgery</li> <li>4. Surgical Airway Management</li> <li>5. Surgical Knot Tying</li> <li>6. Tendon repair</li> <li>7. Vascular Anastomoses</li> <li>8. CV Clinics</li> <li>9. Military Trauma Surgery</li> <li>10. Maxillofacial surgery</li> <li>11. Neurosurgery</li> <li>12. How to get into Medical School</li> <li>13. Battle of the Specialities</li> <li>14. How to be a surgeon</li> <li>15. Project Cutting Edge – Portfolio Building</li> </ul>
1230 - 1320	<ul> <li>Workshop II (50 mins) Delegates will choose one workshop</li> <li>1. Basic Suturing</li> <li>2. Advanced Suturing</li> <li>3. Women in Surgery</li> <li>4. Surgical Airway Management</li> <li>5. Surgical Knot Tying</li> <li>6. Tendon repair</li> <li>7. Vascular Anastomoses</li> <li>8. CV Clinics</li> <li>9. Military Trauma Surgery</li> <li>10. Maxillofacial surgery</li> <li>11. Neurosurgery</li> <li>12. How to get into Medical School</li> <li>13. Battle of the Specialities</li> <li>14. How to be a surgeon</li> <li>15. Project Cutting Edge – Portfolio Building</li> </ul>
1320 - 1420	Lunch & Poster Presentations

### Lunch & Poster Presentations

## **Course Programme**

1420 - 1520	Lecture session 2 Delegate Oral Presentations Dr. Swee Chai Ang (UK) – Trauma & Orthopaedic Surgery & Global Surgery (25 mins + 5 min questions)
1530 - 1620	<ul> <li>Workshop III (50 mins) Delegates will choose one workshop:</li> <li>1. Basic Suturing</li> <li>2. Advanced Suturing</li> <li>3. Women in Surgery</li> <li>4. Surgical Airway Management</li> <li>5. Surgical Knot Tying</li> <li>6. Tendon repair</li> <li>7. Vascular Anastomoses</li> <li>8. CV Clinics</li> <li>9. Military Trauma Surgery</li> <li>10. Maxillofacial surgery</li> <li>11. Neurosurgery</li> <li>12. How to get into Medical School</li> <li>13. Battle of the Specialities</li> <li>14. How to be a surgeon</li> <li>15. Project Cutting Edge – Portfolio Building</li> </ul>
1610 - 1750	Afternoon Refreshment break
1750 - 1800	<b>Lecture session 3</b> Mr. Naveen Cavale (UK) – Plastic Surgery Keynote speaker: Prof. René Prêtre (Switzerland) – Paediatric Cardiac Surgery
	(2 x 25 mins + 5 mins questions)
	Closing Remarks & Prize Presentation
1800 onwards	Drinks Reception

## Faculty

### Patron:

Mr Tom Quick Consultant Orthopaedic Surgeon

### <u>Speakers:</u>

Prof. Averil Mansfield (UK) Consultant Vascular Surgeon

Dr. Blake Alkire (USA) Consultant in Adult and Paediatric otolaryngology

Dr. Swee Chai Ang (UK) Royal London Hospitals

Mr. Naveen Cavale (UK) Cosmetic and Reconstructive Plastic Surgeon

**Prof. René Prêtre (Switzerland)** Paediatric Cardiac Surgeon, Head of Cardiovascular Clinic in Lausanne and Geneva, Switzerland.

<u>Organising Committee:</u>

Ms Pia Borgas Conference Director (and UCL Surgical Society Vice President)

Ms Summer Chan Conference Executive

Ms Claudia Eichenauer UCL Surgical Society President

**Mr Joe Lehmann** Finance Director (and UCL Surgical Society Finance Director)

Ms Meenusha Shanmuganathan Workshops Coordinator

Ms Sharon Yip Academic Coordinator

Ms Tricia Lim Logistics Coordinator

Mr Danny Kazzazi Publicity Director (and UCL Surgical Society Media Coordinator)

Ms Eloise Evans International Communications

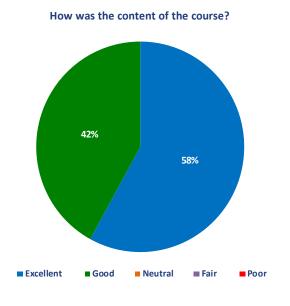
Ms Kristen Koopmans Logistics Team

Ms Afra AQ Publicity Team

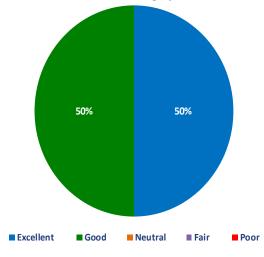
Ms Preena Patel Finance Team

Mr Jack Sheppard Workshops Team

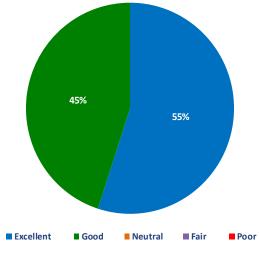
Mr Owen Chu Conference Team

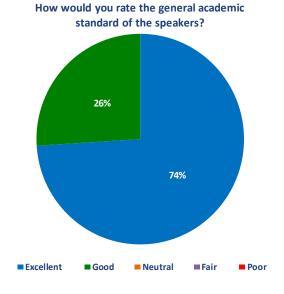




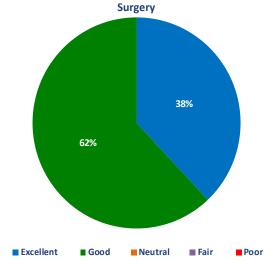




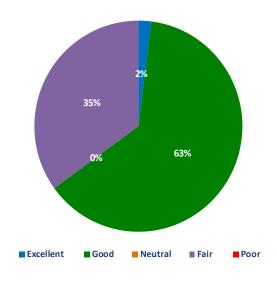




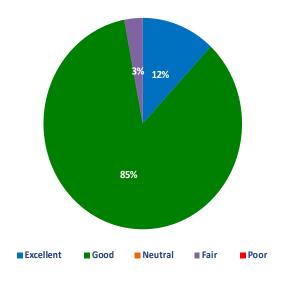
Dr. Blake Alkire (USA) – ENT & Global



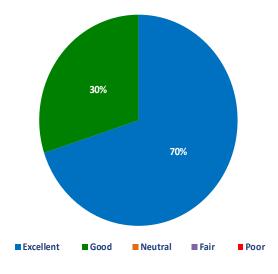
ASiT promotional talk



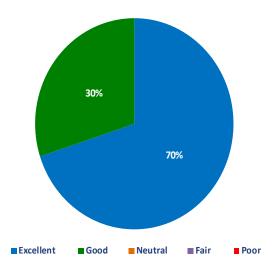




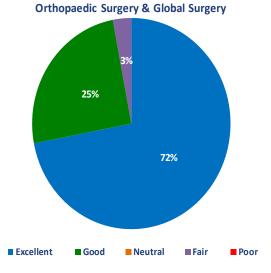
Mr. Naveen Cavale (UK) – Plastic Surgery



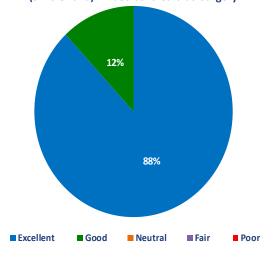




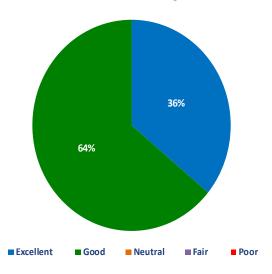
Dr. Swee Chai Ang (UK) – Trauma &

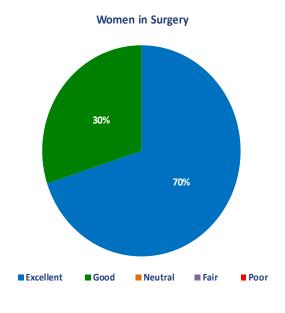


Keynote speaker: Prof. René Prêtre (Switzerland) – Paediatric Cardiac Surgery

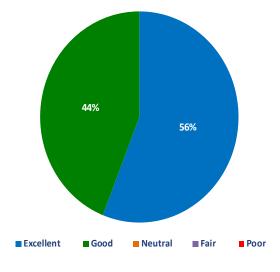


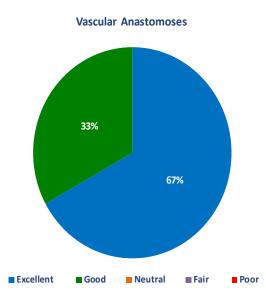
**Advanced Suturing** 



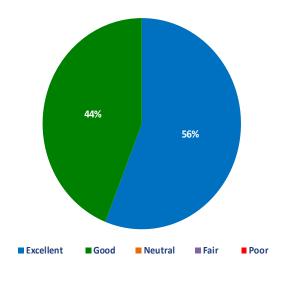




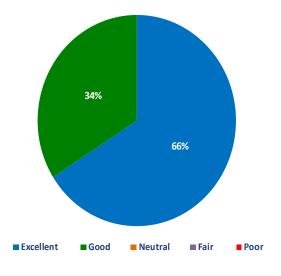


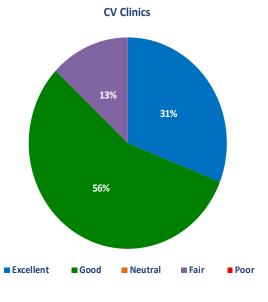


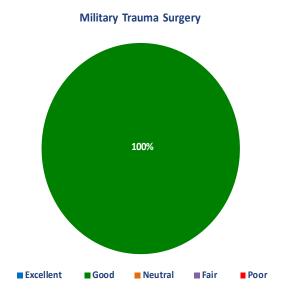
Surgical Airway Management



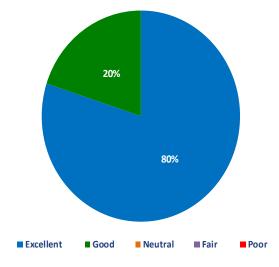
Tendon repair





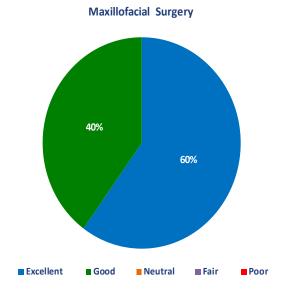




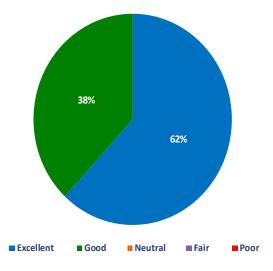




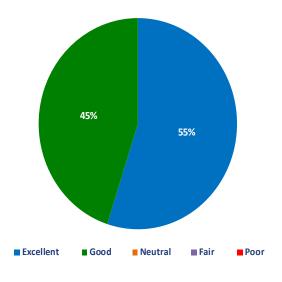


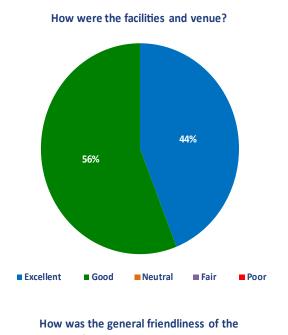


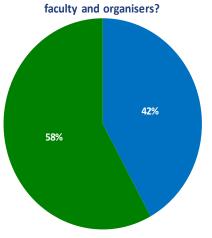
How to get into Medical School



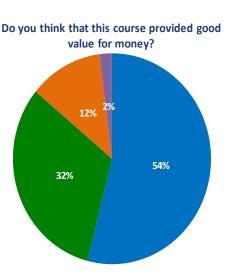
Project Cutting Edge – Portfolio Building





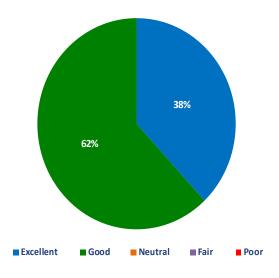


<sup>■</sup> Very Friendly ■ Friendly ■ Neutral ■ Not Friendly ■ No comment

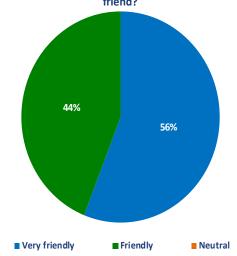


■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

How was the refreshments and lunch?



Would you recommend this conference to a friend?



The event was an amazing opportunity. It is something that is rarely provided to undergraduates in Australia, and thus was very lucky to be able to have the opportunity to go to this conference. It was well organised, and all the events/presenters were informative and interesting. It was fantastic.

TL University College London

Very enjoyable and useful. Well worth the small price.

JP North West Thames Foundation school

Very good!

LG Universita` di Roma La Sapienza

Overall very interesting and helpful.

NB First Faculty of Medicine, Charles University, Prague

It was really good experience.

MB Charles University, Prague

I thought the conference was amazing well run with enough time to speak to speakers and it was all very relevant as I'm hoping to become a paediatric surgeon. I particularly enjoyed hearing from Professor Spitz as he does something not many others have done: splitting conjoined twins. I would definitely recommend this to others as it is an amazingly good day at a bargain price!

AA Cheltenham Ladies' College

It was a very insightful day. I particularly enjoy the workshop surgical knot tying where you can engage more.

IN Cheltenham Ladies College

Generally well organised with a variety of surgical specialities to inspire everyone.

KT University of Manchester

Excellent.

MA Charles University

I found the conference relevant to older medical students as it gave a greater insight into the different career options within surgery. It seemed very well organised!

SN St George's University of London

Good presentations! Great teaching in workshops.

NP University College London

Very good and relevant.

SI Varndean College

Quite impressive. It was quite exposing about the field of surgery.

FO Varndean College

Good.

AR UCL

Was extremely impressed with the workshops and it was relevant to our degree in medicine but also for our interest in the fields.

SM Charles University

It was very insightful into a medical career which I had not initially been interested in.

EC Varndean college

Amazing, I had such a memorable time. Thank you. Would come again!

MA Charles University

It was a very good experience, and is relevant as I a in second year medicine and am thinking about pursuing a career in surgery.

NT University College London

Overall very well done. Thank you.

### MA King's College London

Overall excellent and great value for money. Will definitely be attending again and recommending to others.

### NN First Faculty of Medicine, Charles University

The workshops provided the practical experience needed to fully comprehend surgery as a whole, while the lectures were eye opening into the our futures as surgeons.

KK

Università deglu studi di Roma - "La Sapienza"

Overall well structured day with stimulating talks and activities.

### JT KCL GKT

Learning about the surgical field was a good way of linking my scientific knowledge from years 1 and 2 to its medical applications in real life.

SG University College London (UCL)

Excellent !

## MC Barts and the London

Was well organised. Teaching was very good and skills offered I may not have had chance to see as part of normal medical school teaching. Presentations were interesting. Gave me a taster of a career in surgery. Helps me decide between career in medicine vs surgery.

### AR University of Cambridge

I thought it was good and had things for people in all stages of their careers.

TG University College London

University College London

Amazing !

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NM

The organisation of the conference was good. Very friendly and great teachers especially at advanced suturing and surgical airway management really made those workshops a very good experience. The presentation with its excellent choice of speakers was not only eye-opening but also really ignited my interest in surgery. I hope to visit the UK for INUGS again next year.

AS

### Charles University - First Faculty of Medicine

It was organised very well and it was easy to know where to go and what we are doing. The conference was extremely interesting and relevant to my studies.

### RB University College London

It was an excellent conference. The speakers were informative, very interesting, and inspiring. It was a wonderful day.

TL University College London

The Congress was very well organized, everyone was friendly and the lectures were all very interesting , I did not get bored even for a second! At the workshops I was thought some useful practical techniques and I opened my mind to specialties I was not considering before!

### KP

### UMF Carol Davila

Great conference, very educational and inspiring talks. Would come again most certainly. Thanks.

NH Colchester Royal Grammar School

It was fun and knowledgeable.

AA Chelmsford County High School

It was very helpful in terms of deciding what I want to do in the future.

IS *UEA* 

Well organised, good teaching, relevant to future rather than current studies.

LR University College London

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I thoroughly enjoyed the conference! The speakers were incredibly motivating and inspirational, and I learnt a lot in the workshops.

IK Charles University, Prague

It was an amazing experience.

SS Palacky University

I enjoyed attending and received valuable experience.

MT Cheltenham Ladies' College



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

### **Courses (a selection):**

### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



### Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

### **Publications**





### publications.doctorsacademy.org

### World Journal of Medical Education & Research



Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

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### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### **Resources for:**

- General Surgery Exams
- Dental Students

- Medical Students

- Plastic Surgery Exams
   DOHNS Exams
- International Entrance Exams
- MRCS Exams

### www.doctorexams.co.uk