



## Keele National Suturing Course and Competition



**MDU**



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## Keele National Suturing Course and Competition

This one-day course was designed to provide participants with a structured programme to gain proficiency in basic suturing skills. Utilising animal tissue and with a high delegate-to-tutor ratio, participants had ample opportunity and guidance to improve their technique.

The course concluded with a competition, allowing delegates to test the skills that they learnt and refined during the day. Those who scored the highest were awarded a prize.

The event was open to all undergraduate medical students in the United Kingdom, which provided an excellent platform to network and learn.

### Course Information

<b>Course Date:</b>	<b>2<sup>nd</sup> March 2019</b>
<b>Venue:</b>	<b>Clinical Education Centre, Stoke on Trent, Staffordshire</b>
<b>Attendance:</b>	<b>42 Delegates</b>
<b>Aimed at:</b>	<b>Medical Students Foundation Year Doctors</b>
<b>Course Fee:</b>	<b>£12.50</b>



## Course Programme

0930 - 0950	Arrival and Registration
0950 - 1000	Introduction to the Event – Mr Sriram Rajagopalan (KSS President)
1000 - 1050	Workshop 1: Introduction to Suturing <ul style="list-style-type: none"><li>• Safe Handling of Suturing Materials</li><li>• Simple Interrupted Suture</li></ul>

### 1050 - 1100 Refreshment Break

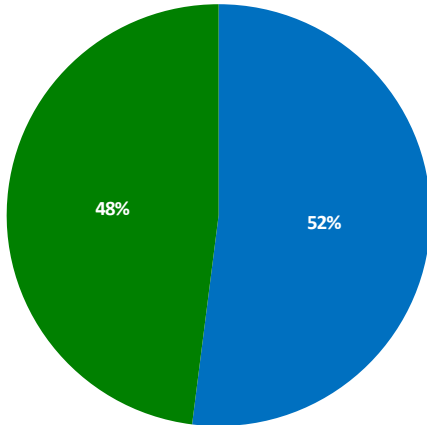
1100 - 1215	Workshop 2: Intermediate Suturing Skills <ul style="list-style-type: none"><li>• Vertical and Horizontal Mattress Suturing</li><li>• Introduction to Continuous Subcuticular Suturing</li></ul>
1215 - 1245	Practice and Ethicon Sponsor Demonstration

### 1245 - 1330 Lunch

1330 - 1350	Open Lecture – Mr Isaac Kobe: Variety of Suturing Material and Management
1350 - 1430	Practice of Learned Techniques
1430 - 1445	Introduction to Competition – Mr Sriram Rajagopalan
1445 - 1600	Competition Rotation / Networking and Refreshments
1600 - 1620	Interactive Q&A Session – Dr Alexander Crichton: How to Maximise Your Surgical Experience During Medical School
1620 - 1630	Presentation of Prizes and Closure of Event

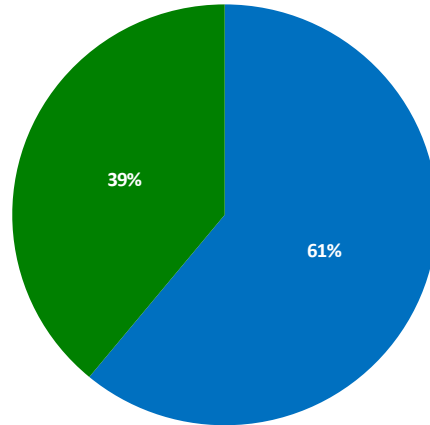
# Overall Teaching Feedback

How was the content of the course?



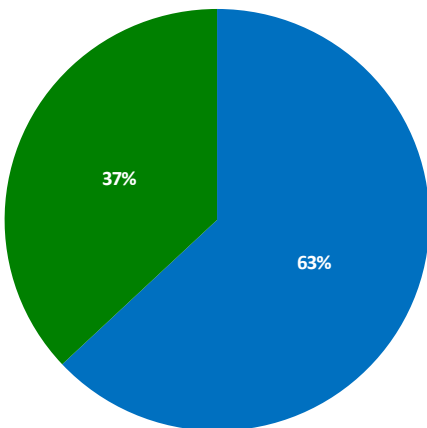
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



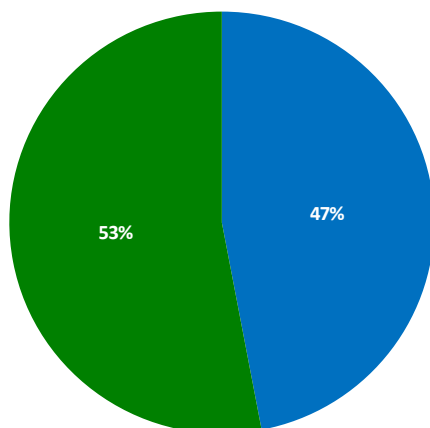
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the demonstrations?



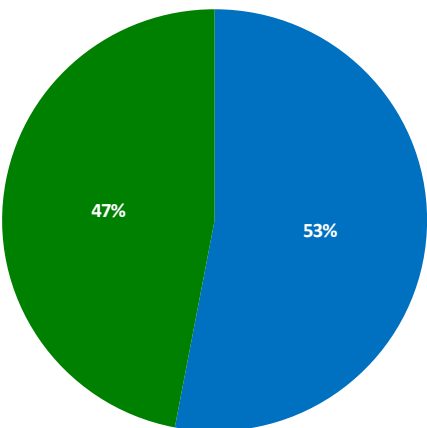
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your objectives?



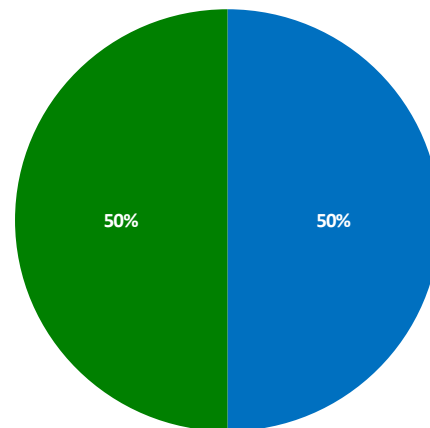
■ Most certainly ■ Certainly ■ Just about ■ Limited ■ Not at all

How would you rate the academic standard of the competition?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

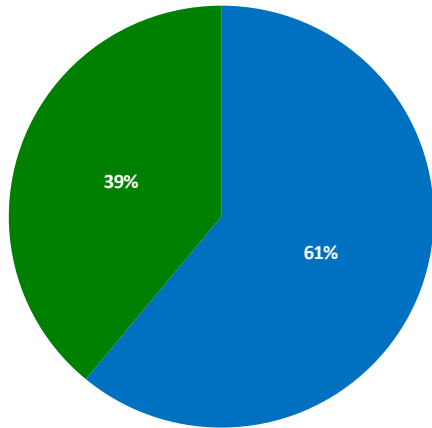
How would you rate the usefulness of the competition to your learning?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

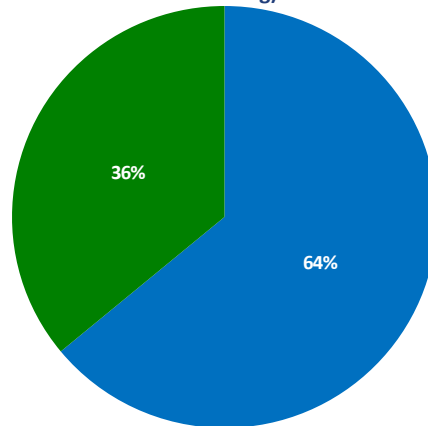
# Overall Teaching Feedback

Workshop 1: Introduction to Suturing (Safe Handling of Suturing Materials, Simple Interrupted Suture)



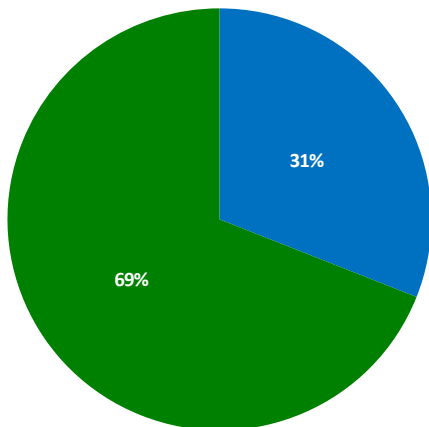
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop 2: Intermediate Suturing Skills (Vertical and Horizontal Mattress Suturing, Introduction to Continuous Subcuticular Suturing)



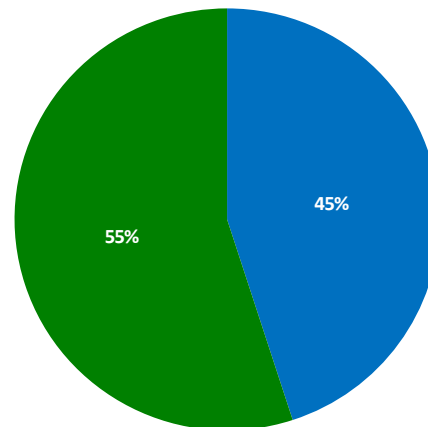
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Variety of Suturing Material and Management - Mr Isaac Kobe



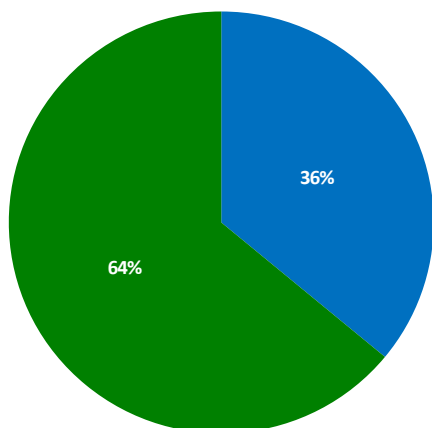
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Practice of Learned Techniques



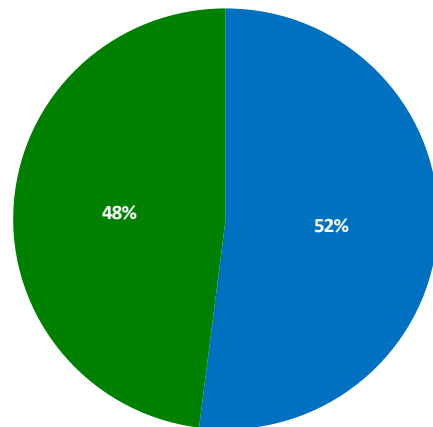
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Introduction to Competition – Mr Sriram Rajagopalan



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

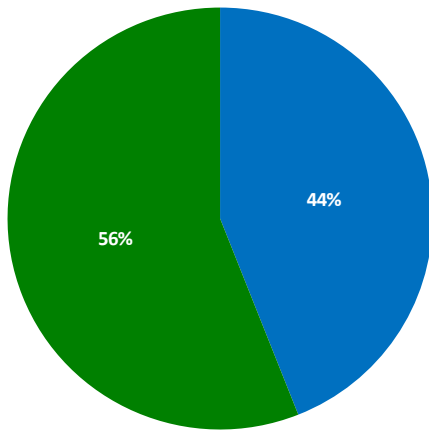
How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

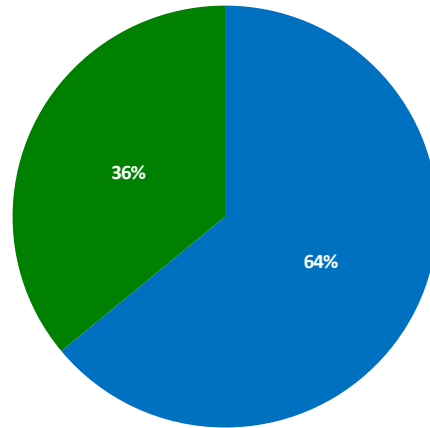
# Overall Teaching Feedback

How were the refreshments and lunch?



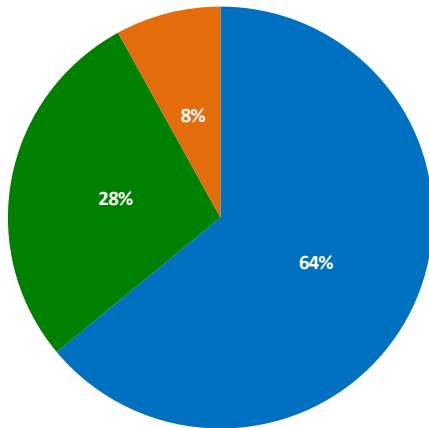
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



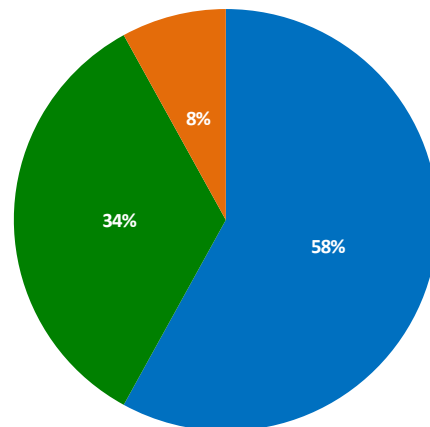
■ Very friendly ■ Friendly ■ Neutral  
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Good.

**SS**  
*Keele University School of Medicine, Keele, UK*

Very good.

**TY**  
*Keele University School of Medicine, Keele, UK*

It had a good set up and a good number of students per tutor.

**AS**  
*Keele University School of Medicine, Keele, UK*

It was very well organised and was an informative day.

**GC**  
*Keele University School of Medicine, Keele, UK*

It would be useful to learn continuous suturing.

**NC**  
*Keele University School of Medicine, Keele, UK*

It was a very good day, and everything ran really smoothly.

**SH**  
*Keele University School of Medicine, Keele, UK*

I found it very useful and well organised; it ran very smoothly.

**NC**  
*Keele University School of Medicine, Keele, UK*

An overall very good course and competition, with attentive hosts and a great atmosphere.

**LH**  
*University of Birmingham College of Medical and Dental Sciences, Birmingham, UK*

Good.

**WY**  
*Keele University School of Medicine, Keele, UK*

Good.

**AB**  
*Keele University School of Medicine, Keele, UK*

## Individual Comments

It was amazing and very well suited to all needs and abilities.

**AR**

***Keele University School of Medicine, Keele, UK***

The course was really beneficial to be able to learn and practice necessary and fundamental skills that a surgeon will need in practice.

**SB**

***Keele University School of Medicine, Keele, UK***

It was a great day, it was very well organised and the staff and Surgical Society committee were very friendly and helpful.

**JM**

***Keele University School of Medicine, Keele, UK***

The suturing course was a great event and very well-run. I learnt a lot and felt inspired by the day and the competition was good fun. It will be very useful to have learnt these techniques before the clinical years.

**IS**

***Keele University School of Medicine, Keele, UK***

This was an enjoyable event!

**MJ**

***Keele University School of Medicine, Keele, UK***

I thought it was a really safe place to learn suturing skills as I was a beginner and learnt a lot.

**AL**

***Keele University School of Medicine, Keele, UK***

Overall, the session was very good, and I learnt a lot of new things.

**MO**

***Keele University School of Medicine, Keele, UK***

It was a good introduction to the requirements of surgical trainees.

**SV**

***The University of Manchester, Manchester, UK***

This course was of an excellent standard.

**JL**

***Keele University School of Medicine, Keele, UK***



## Individual Comments

This was a very well organised course, with clear instructions. It will be very useful for future practice.

**LA**  
*Keele University School of Medicine, Keele, UK*

Great.

**FE**  
*Manchester Medical School, Manchester, UK*

Good.

**AH**  
*Keele University School of Medicine, Keele, UK*

Having never practiced any suturing before, I found this course was a great way to start. Despite being a beginner, I felt like I really got a lot of attention and help which was great. Both the staff and students were lovely.

**SS**  
*Keele University School of Medicine, Keele, UK*

It was done in a very enjoyable yet educational manner.

**AD**  
*University of Nottingham School of Medicine, Nottingham, UK*

It was very well organised and presented.

**PA**

Excellent.

**RK**  
*Keele University School of Medicine, Keele, UK*

This was a very good course, with one-to-one teaching and feedback.

**AK**  
*Keele University School of Medicine, Keele, UK*



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### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
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