



KSS National Orthoplastics Conference 2025



Feedback - March 2025

KSS National Orthoplastics Conference 2025

The KSS Orthoplastics Conference aimed to inspire delegates to pursue careers in orthopaedics and plastic surgery.

Speakers at the event shared their experiences, discussed career pathways into orthopaedics and plastic surgery, offered guidance on CV building and networking, and explored emerging innovative techniques.

The event included a number of hands-on workshops to enhance delegates' skills and build confidence in applying these techniques.

Additionally, the conference sought to provide an environment for networking and mentorship, encouraging open dialogue between students, trainees, and established professionals.

Course Information

Course Date: 8th March 2025

Venue: The University Hospital of North Midlands

Attendance: 87 Delegates

Aimed at: Medical Students of All Years; Foundation Year 1 and 2 Doctors

Conference Fee: Free



Programme

	Group A	Group B	Group C	Group D	Location
8:30-9:00	Registration & poster viewing				CEC entrance
9:00-9:10	Conference introduction & welcome from committee				UGMS Lecture Theatre
9:10-9:55	Guest Speaker 1 - Professor Cool - Beyond the Bone: Exploring Research in Orthopaedics				
9:55-10:05	Refreshments break & poster viewing				
10:05-10:50	Guest Speaker 2 - Miss Ruston – Striking a Balance: Harnessing passion to enrich a surgical career				
10:50-11:00	Refreshments break & poster viewing				
11:00 - 11:05	Guest Speaker 3 - Jack Carter "About BOMSA"				
11:05-11:50	Guest Speaker 4 - Mr Grime & Mr Gahir - Let's Face the Past: Basics Build Future Faces				
11:50-11:55	Committee Thank You				CEC
11:55-12:40	Lunch & poster viewing				
12:40-13:35	Workshop 1	Workshop 1	Workshop 1	Workshop 1	
13:35-13:40	Movement break & Re-setting of workshop station				
13:40-14:35	Workshop 2	Workshop 2	Workshop 2	Workshop 2	
14:35-14:40	Movement break & Re-setting of workshop station				
14:40-15:35	Workshop 3	Workshop 3	Workshop 3	Workshop 3	
15:35-15:40	Movement break & Re-setting of workshop station				
15:40-16:35	Workshop 4	Workshop 4	Workshop 4	Workshop 4	UGMS Lecture Theatre
16:35-17:00	Closing remarks & poster presentation winner				

Faculty

Organisers

Miss Lucy Bowden

KNOC 25 Event President and Surgical Teaching Lead

Mr Matty Hough

KNOC 25 Event Vice President and Year 4 Representative

Mr Nicholas Wong

Keele Surgical Society President

Miss Ruvarashe Ushewokunze

Secretary

Miss Anna McKee

Specialty Lead

Mr Kieran Connolly

Year 5 Representative

Miss Avani Bhalla

Women in Surgery Lead

Miss Nutchana Nakwatchara

Social Media Lead

Miss Faith Omogbethai

Anatomy Lead

Miss Akankshya Priyadarshini Sahoo

Year 2 Representative

Speakers

Professor Paul Cool, MD, MMedSc (Res), FRCS (Ed), FRCS (Orthopaedics)

Consultant Orthopaedic and Oncological Surgeon

The Robert Jones & Agnes Hunt Orthopaedic Hospital NHS

Foundation Trust, Shropshire

Mr Peter Grime, FRCS, FDSRCS, MSSEM, PGDipMSKUS

Retired Consultant Oral & Maxillofacial Surgeon

Miss Julia Ruston, MA, MBBS, FRCS (Plastics), Eur Dip Hand

Surgeon, Br Dip Hand Surgeon.

Consultant Plastic and Hand Surgeon

Salford Royal Foundation Trust, Manchester

Mr Daya Gahir, MBChB, FRCS, FDSRCS

Consultant Oral & Maxillofacial Surgeon

Royal Stoke University Hospital, Stoke-on-Trent

Faculty

Workshop Tutors

Mr Rob Turner, FRCS, MBBCh

Consultant Orthopaedic Surgeon
Shrewsbury and Telford Hospital, Shropshire

Mr Matthew Philpott, MBChB, MRCS, FRCS (Trauma + Orthopaedics)

Consultant Orthopaedic Surgeon
University Hospital North Midlands, Stoke-on-Trent

Ms Sophie Crooks MRCS, MBBS

Specialty Trainee in Trauma and Orthopaedics
Oswestry and Stoke Rotation

Mr Nasir Khan (Registrar), MRCS, FCPS, MBBS

Specialty Trainee Plastic Surgery
Royal Preston Hospital, Preston

Ms Vanessa Msosa (Registrar), MBBS, ESSQ, ChM (Gen Surg), FCS (ECSA)

Specialty Trainee Oncoplastic Breast Surgery
University Hospital North Midlands, Stoke-on-Trent

Dr Abbie Randall (ST1), MBBS

Specialty Trainee Trauma and Orthopedics
Royal Stoke University Hospital, Stoke-on-Trent

Dr Ravi Patel (CST), MBBS

Core Surgical Trainee
The Shrewsbury and Telford Hospital NHS Trust, Shropshire

Dr Zaina Gaddoura (FY1), MBBS

Foundation Year Trainee
University Hospital North Midlands, Stoke-on-Trent

Dr Isra Ahmed (FY1), MBBS

Foundation Year Trainee
University Hospital North Midlands, Stoke-on-Trent

Group Captain Ian Sargeant, OBE KHS DL

Deputy Lieutenant, Consultant Trauma & Orthopaedic Surgeon
Queen Elizabeth Hospital, Birmingham

Mr Murtaza Khan MRCS, MBBS

Specialty Trainee Trauma and Orthopaedics
Oswestry and Stoke Rotation

Ms Georgina Laing MBBCh, BAO, MRCS (Ed), PGCE (Med Ed)

Specialty Trainee Trauma and Orthopaedics
University Hospital North Midlands, Stoke-on-Trent

Mr Suresh Kondi (Registrar), MRCS, MBBS, MBA

Specialty Trainee Trauma and Orthopedics
The Shrewsbury and Telford Hospital NHS Trust, Shropshire

Ms Rebecca Harsten (Registrar), MD, MSc

Specialty Trainee Plastic Surgeon
Norfolk and Norwich University Hospital

Faculty

Dr Sandeep Damaraju (CST), MRCS (part A), MBBS, PGCE (Med Ed)

Core Surgical Trainee

The Shrewsbury and Telford Hospital NHS Trust, Shropshire

Dr Sharwany Ahmed (CST), MBBS, MRCS, MSc Anatomy

Core Surgical Trainee

The Shrewsbury and Telford Hospital NHS Trust, Shropshire

Dr Saarah Talha (FY1), MBBS

Foundation Year Trainee

The Shrewsbury and Telford Hospital, Stoke-on-Trent

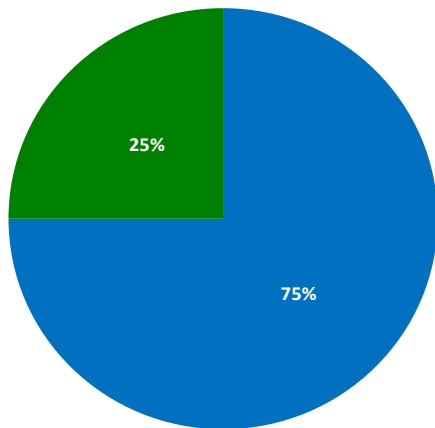
Dr Balamrit Singh Sokhal, MPhil, MBChB, AFHEA

Foundation Year 1

Royal Stoke Hospital, Stoke-on-Trent.

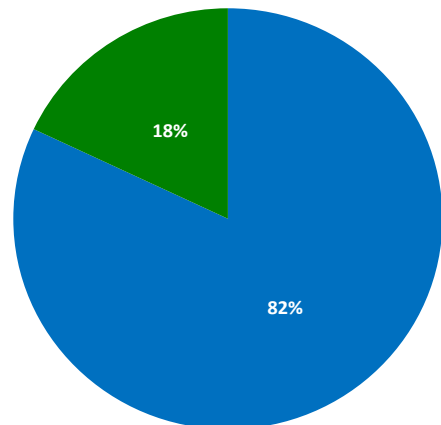
Overall Feedback

How was the content of the conference?



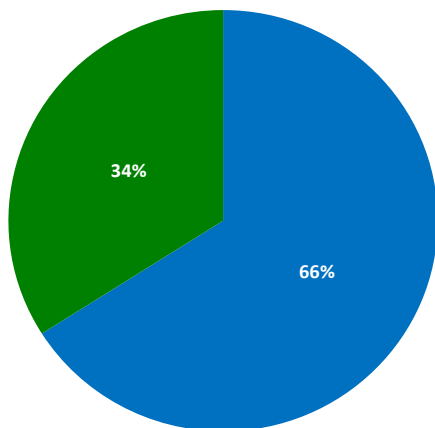
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



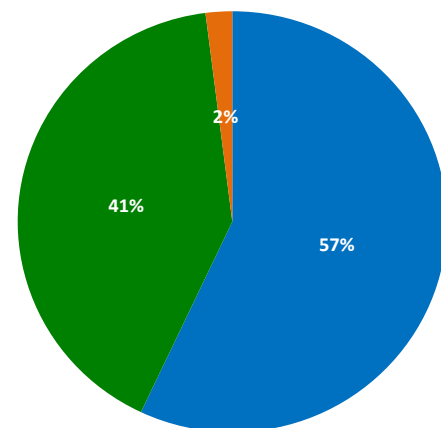
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the demonstrations?



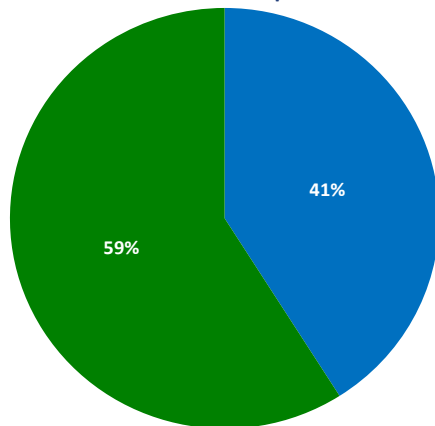
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the conference meet your objectives?



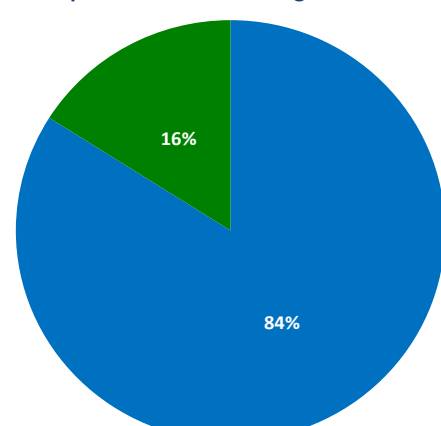
■ Most certainly ■ Certainly ■ Probably ■ A little ■ Not at all

Professor Cool - Beyond the Bone: Exploring Research in Orthopaedics



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

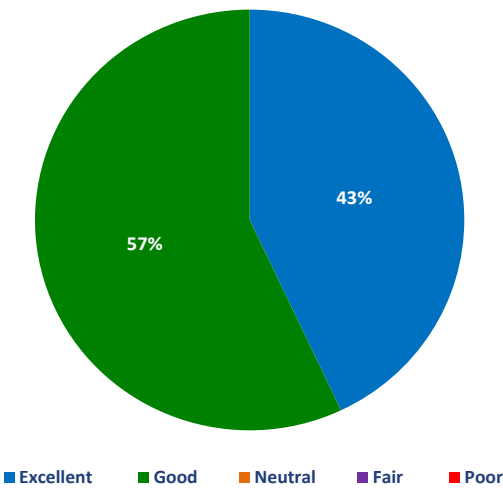
Miss Ruston – Striking a Balance: Harnessing passion to enrich a surgical career



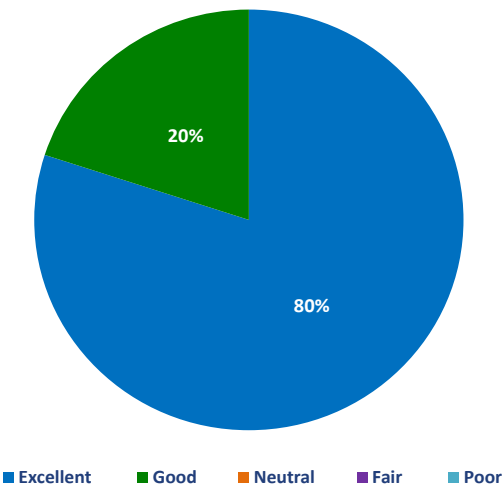
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Overall Feedback

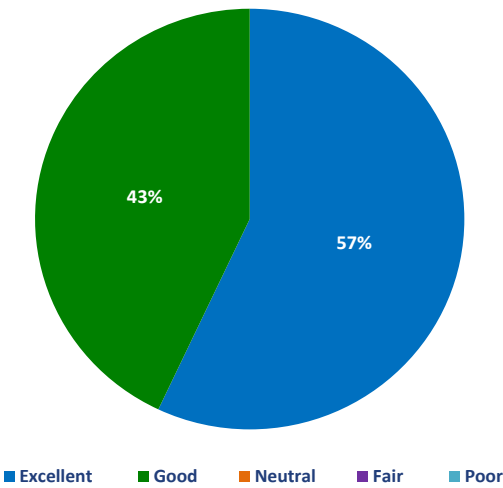
Jack Carter "About BOMSA"



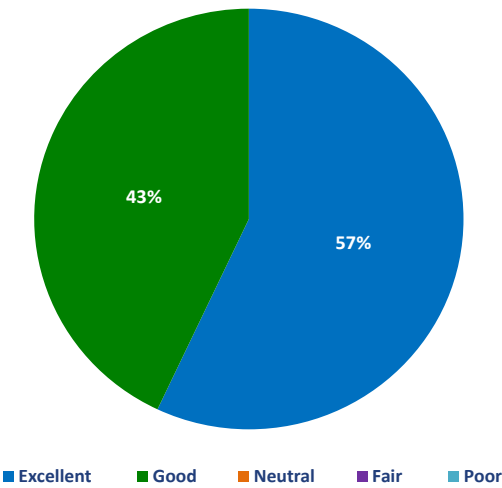
Mr Grime - Let's Face the Past: Basics Build Future Faces



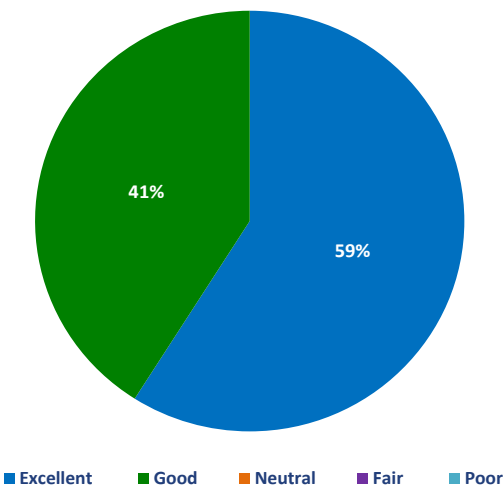
Workshop : Trotter Tendon Repair



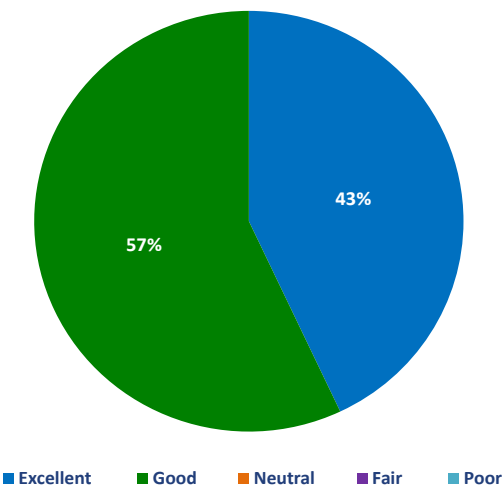
Workshop : Achilles Tendon Repair



Workshop : External Fixation

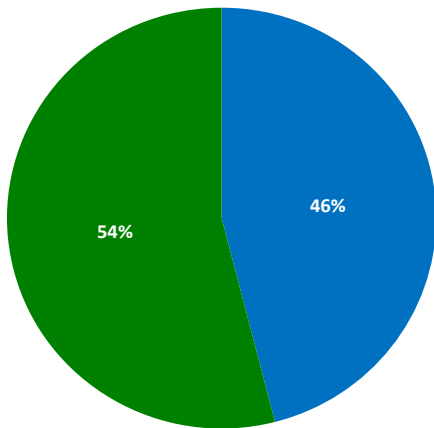


Workshop : Micro-Suturing



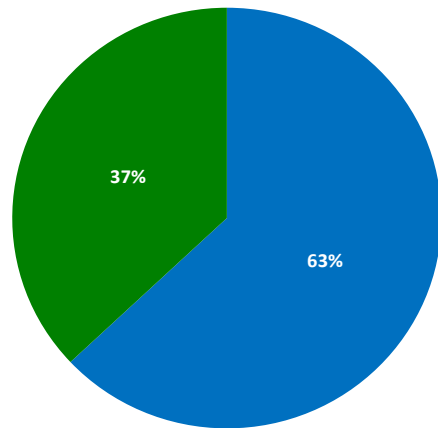
Overall Feedback

Workshop : Flap Reconstruction



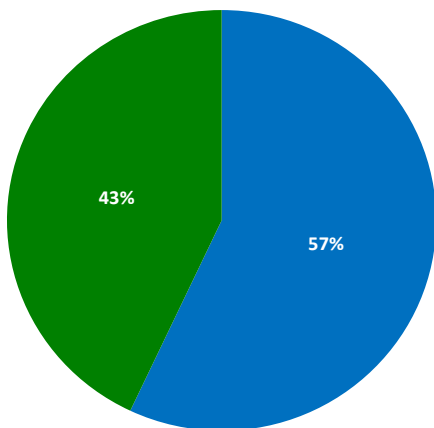
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop : Cyst Excision



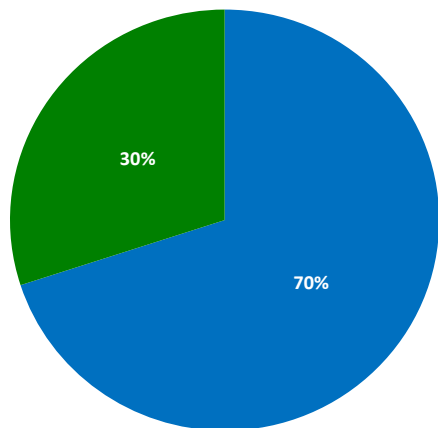
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop : Advanced Suturing



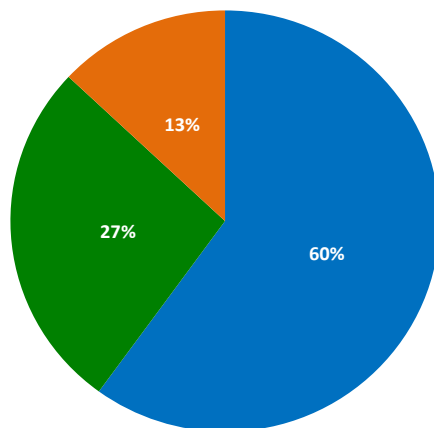
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



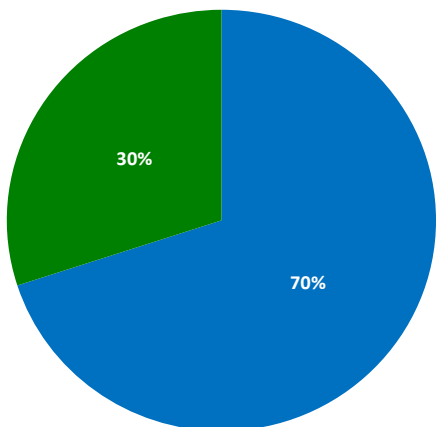
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

How were the refreshments and lunch?



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

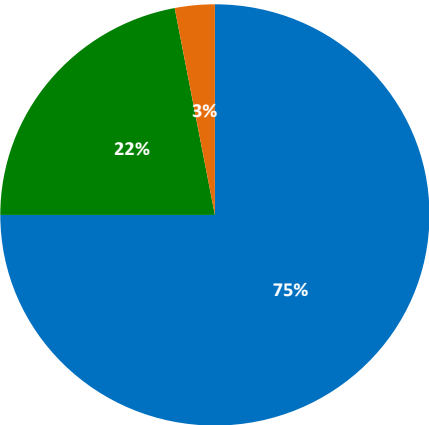
How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

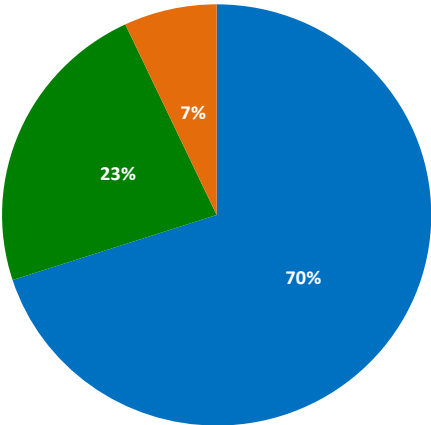
Overall Feedback

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

I gained very valuable experience and a great insight into the field of orthoplastics. The doctors that came into give their lectures really inspired me.

RL
Keele University, Keele, UK

It solidified my passion of pursuing a career in plastic surgery.

MZ
University of Southampton, Southampton, UK

I think it was a great way to learn about different specialities and the pathways to get into each. The guest speakers own recollections of their experiences was very informative too. I enjoyed the workshops the most, because I am more practically focused and those skills will help me with placements and future applications. Thank you for hosting this amazing event!

AK
Aston University, Birmingham, UK

Well organised conference. Very insightful.

JF
Keele University, Keele, UK

Excellent day, very well organised.

NB
Keele University, Keele, UK

Was very insightful, workshops were very helpful.

FP
University of Buckingham, Buckingham, UK

Overall a very good conference.

VS
University of Buckingham, Buckingham, UK

I really enjoyed the experience and practice.

KG
Keele University, Keele, UK

It was very informative and catered for any level of knowledge.

HR
Keele University, Keele, UK

Everything was to a great standard.

DF
Keele University, Keele, UK

Individual Comments

Very professional and speakers were knowledgeable. The workshops were very helpful.

EH

Aston University, Birmingham, UK

Well designed. Interactive workshops.

AS

Stepping Hill Hospital, Stockport, UK

It was very good, I would highly recommend and attend in the future.

AB

Keele University, Keele, UK

Overall, the conference was well organised and gave me an insight to the workings of a doctor in orthopaedics and orthoplastics.

Fahmida Faiza

Keele University, Keele, UK

It was really informative and as a Year 2 medical student it was fascinating to see the different procedures and learn about them. Very grateful for the experience and exposure to network with the surgeons as well.

NR

Keele University, Keele, UK

All presentations and teaching was very engaging and relevant. All my expectations were surpassed and I thoroughly enjoyed the day.

CP

Keele University, Keele, UK

Very well organised with excellent presentations and events.

RT

Keele University, Keele, UK

Very professional and event was organised well. It was a valuable exposure to orthopaedics.

LM

Keele University, Keele, UK

Very well organised and extremely useful in widening my knowledge of the field of orthoplastics.

ZS

Keele University, Keele, UK

Amazing interactive session, especially the tendon repair and external fixation.

TB

Keele University, Keele, UK



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- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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