



**Cardiff MRCS Course:
Basic Sciences and Clinical
Application for MRCS A**



Feedback - December 2020

Cardiff MRCS Course: Basic Sciences and Clinical Application for MRCS A

Basic sciences such as anatomy, physiology, pathology and microbiology are the principal components for developing a strong foundation in surgical training and for the understanding of its clinically applied aspects such as surgical anatomy and critical care physiology. As such, these subjects form an integral part in the MRCS A exam.

This intensive three-day course provided the attendee with an overview of basic physiological principles, consolidated the candidate's core and applied surgical knowledge in anatomy and relevant pathology, and provided a focused revision of pertinent topics as tested in the exam. The course took into consideration the recent changes to the MRCS A exam, with more emphasis on basic sciences – especially anatomy.

The course was structured into three distinct, but related, days. On Day 1, the emphasis was on basic and surgically applied anatomy, and relevant system specific pathology. Day 2 predominately covered cancer pathology, microbiology, genetics, statistics, embryology, autonomous nervous system and head & neck anatomy. Day 3 covered trauma, general pathology, benign and malignant tumours, principles of surgery, burns and applied surgical sciences.

It was advised that delegates attended all three days of the course to get the full benefit. However, if they were particularly strong in the topics on any of the three days, the option to attend the individual days of the course was available.



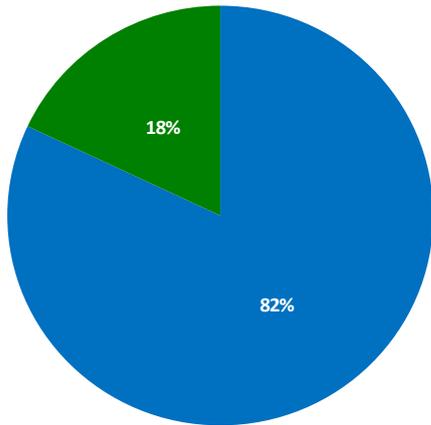
Course Information

Course Date:	11th - 13th December 2020
Venue:	College of Physicians and Surgeons of Cardiff, Frazer Building, 126 Bute Street, Cardiff Bay, Cardiff, CF10 5LE
Attendance:	18 Delegates
Aimed at:	Trainees preparing for the MRCS Part A Examination.
Faculty:	Surgeons
Course Fee:	£375.00



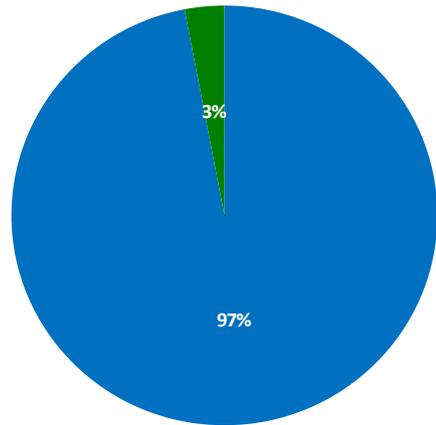
Overall Feedback

How was the content of the course?



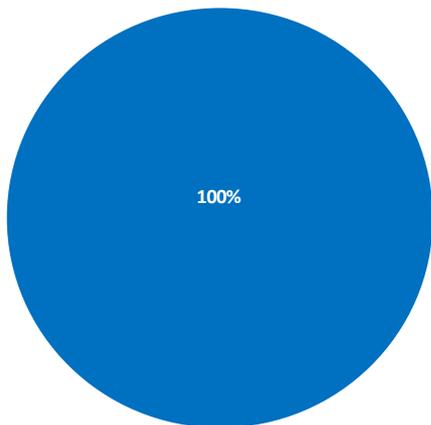
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the main lecturer?



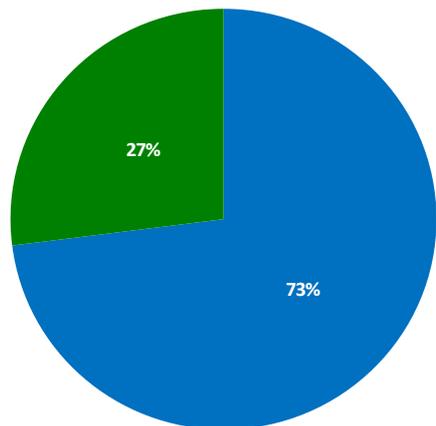
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the lectures?



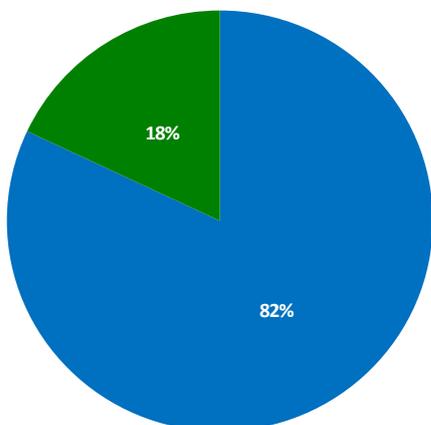
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course cover the main topics you consider are important for the exam?



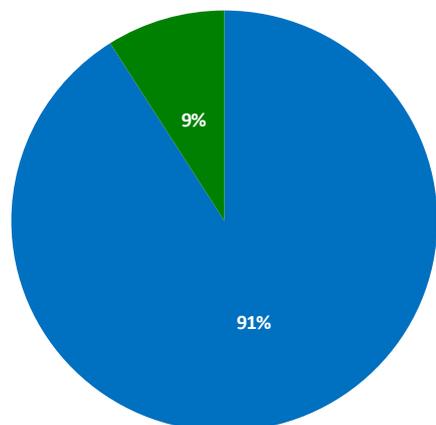
■ Most Certainly ■ Certainly ■ Just about ■ Limited ■ Not at all

Skull, Scalp, Face and Parotid



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

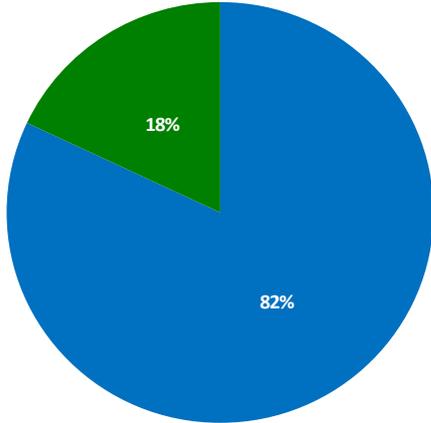
Neck



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

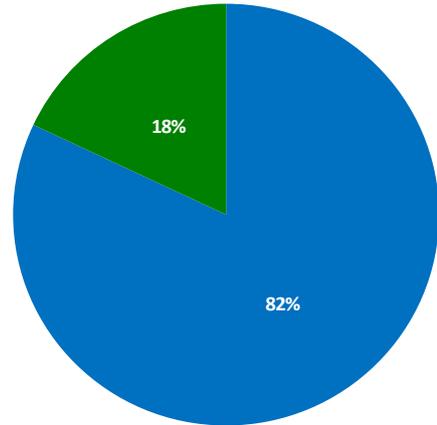
Overall Feedback

Head and Neck Embryology



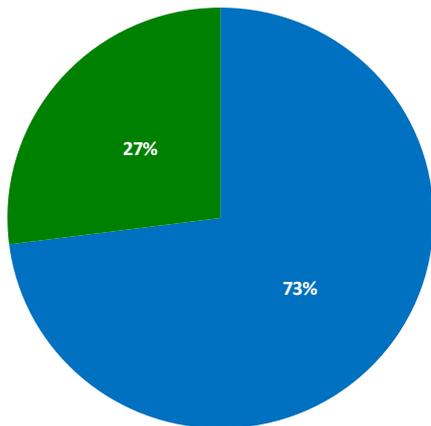
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Brachial Plexus, Upper Limb and Nerve Injuries



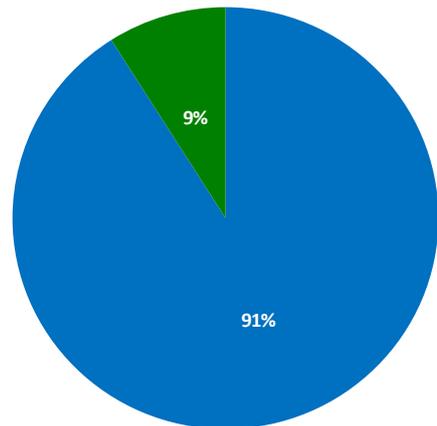
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Heart, Lung, Mediastinum, Heart Embryology



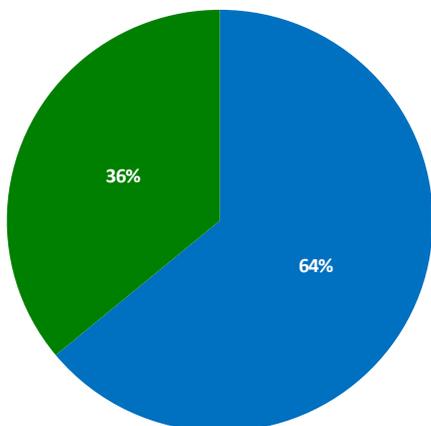
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Diaphragm, Abdomen and Pelvis



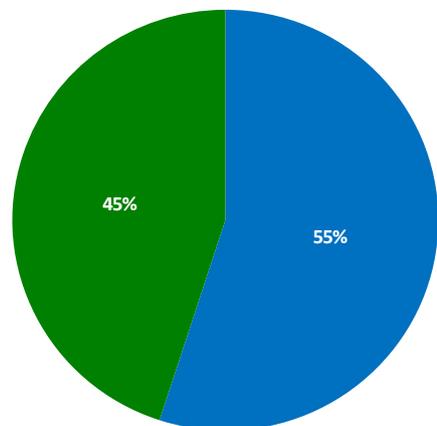
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Sacral Plexus, Lower Limb and Nerve Injuries



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

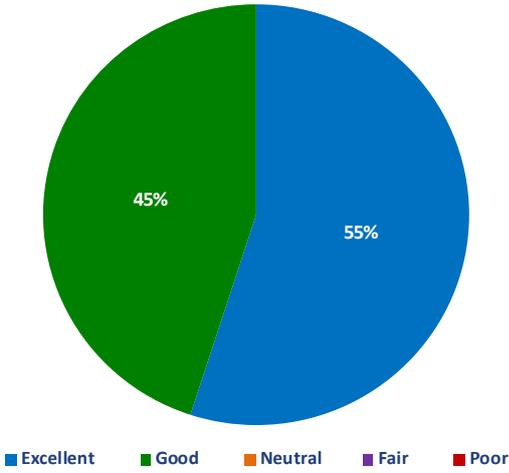
Thyroid Pathologies and Management



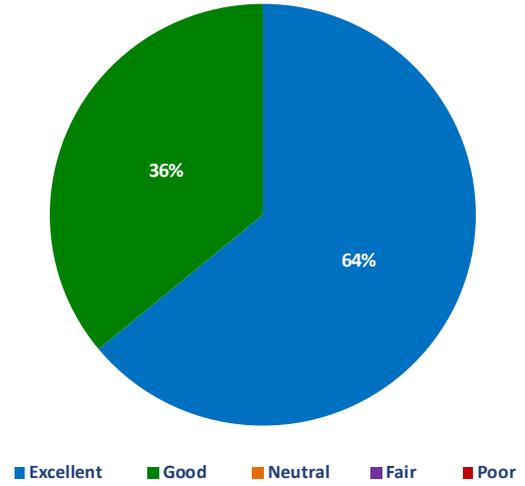
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Overall Feedback

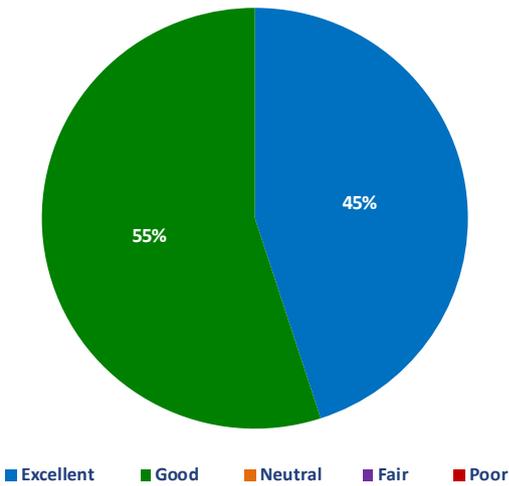
Scrotal Pathologies, Testicular Cancers and Management



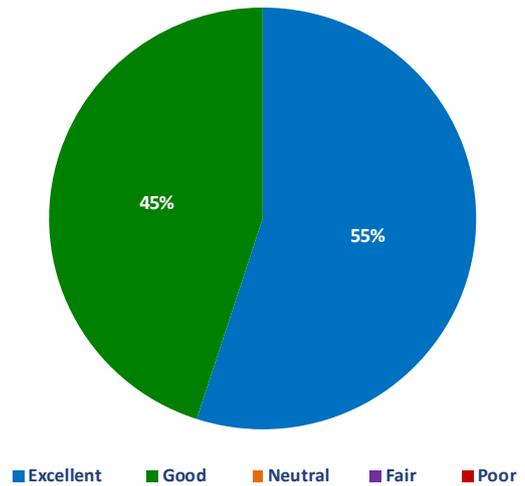
Colorectal Cancer and Management



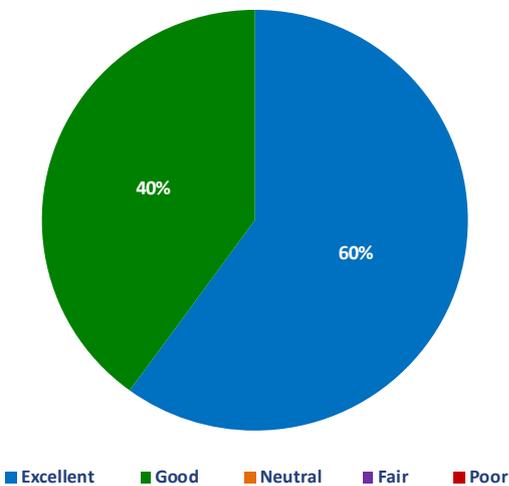
Breast Pathologies and Management



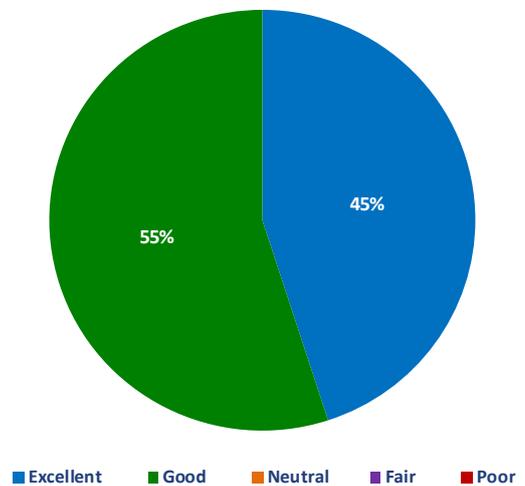
Prostate Pathologies and Management



General Pathology Topics

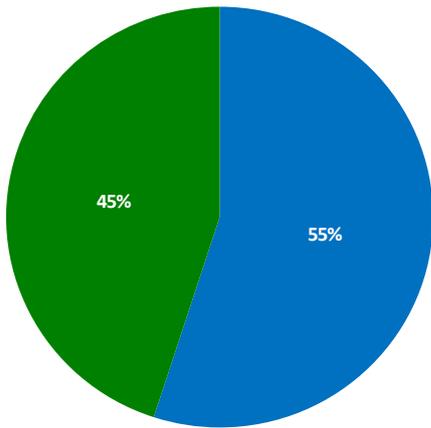


Wound Healing, Wound Management and Reconstruction



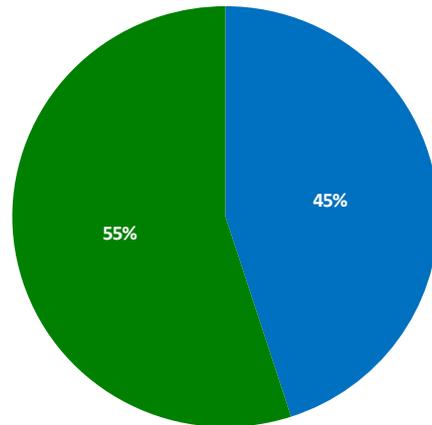
Overall Feedback

Trauma and Fracture Management



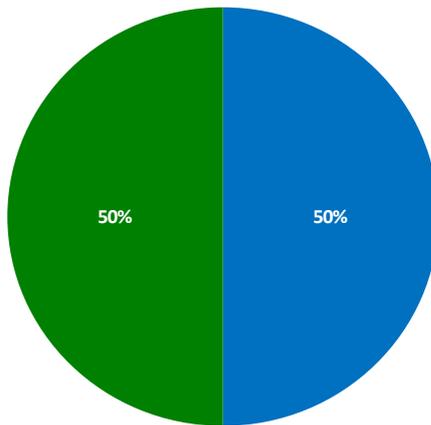
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Burns, Renal and Endocrine Physiology



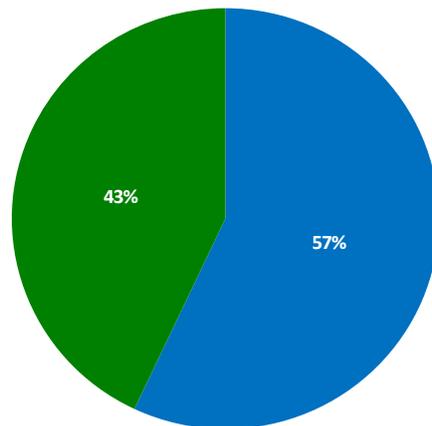
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Physiology Topics



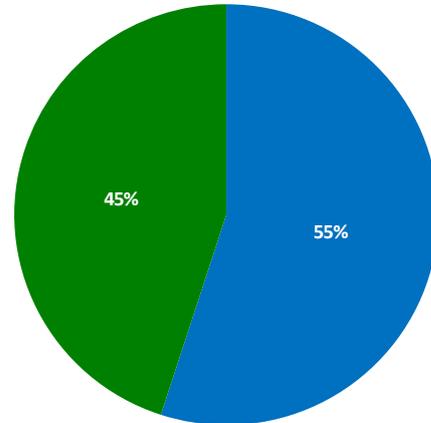
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Principles of Surgery Topics including Sutures and LA



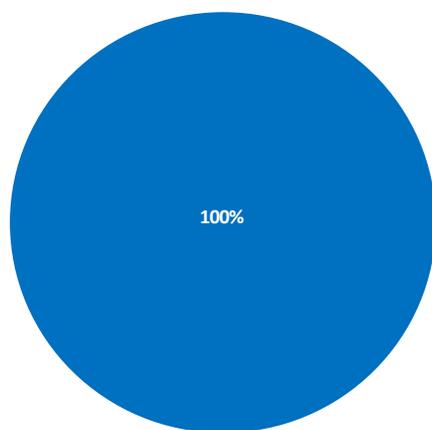
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

What was your impression of the venue for the course?



■ Excellent venue; easy to reach. ■ Good venue; easy to reach.
 ■ Bad venue; easy to reach. ■ Excellent venue; difficult to reach.
 ■ Good venue; difficult to reach. ■ Bad venue; difficult to reach.

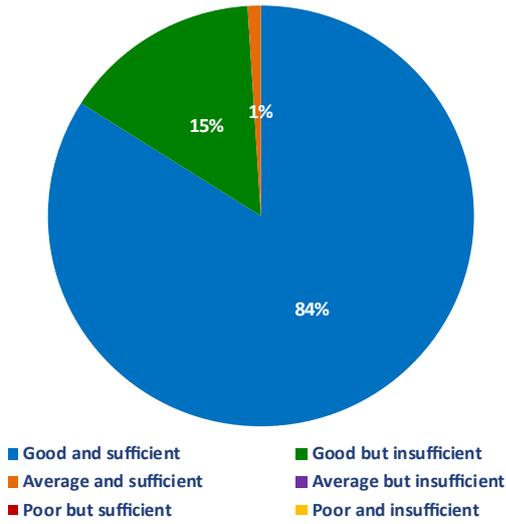
Were the directions you were sent useful and sufficient?



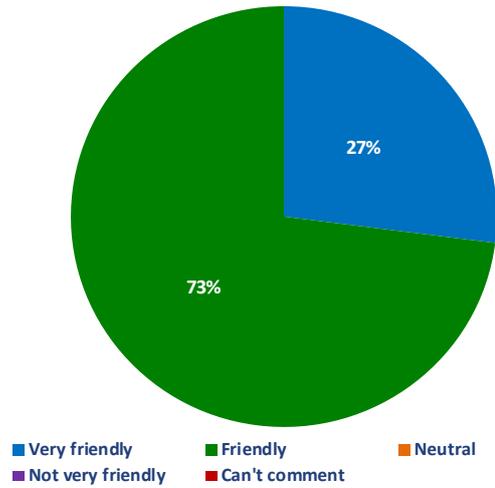
■ Yes ■ No

Overall Feedback

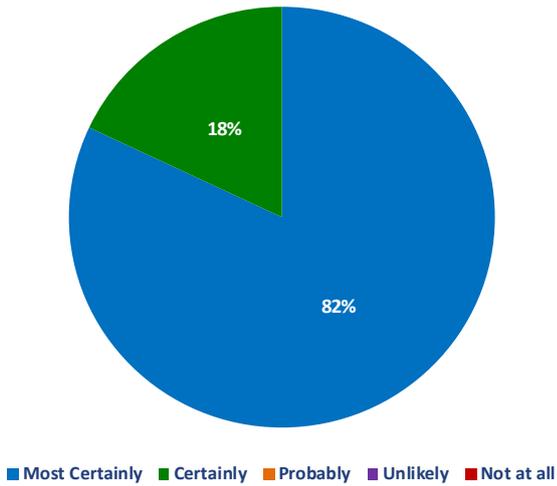
How were the refreshments and lunch?



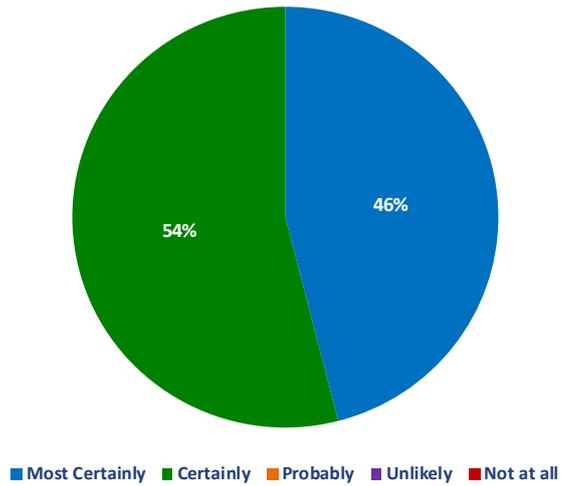
How was the general friendliness of the faculty and organisers?



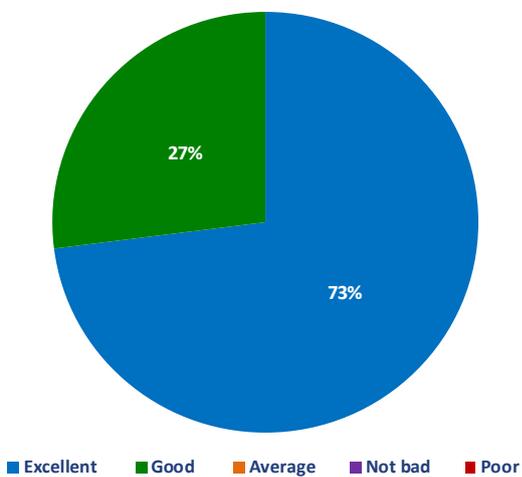
Would you recommend this course to a friend?



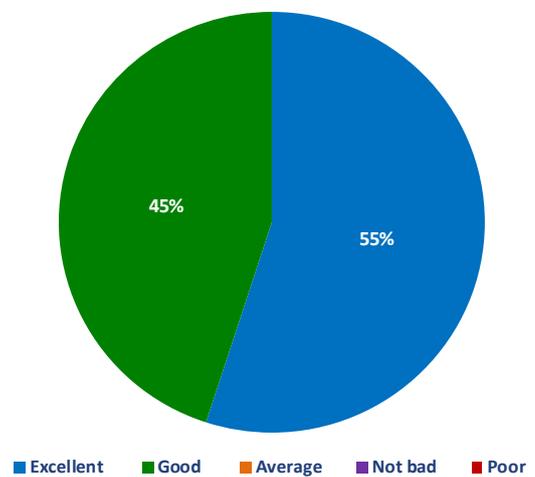
Do you think that this course provided good value for money?



How useful were the mock test papers and the discussion?

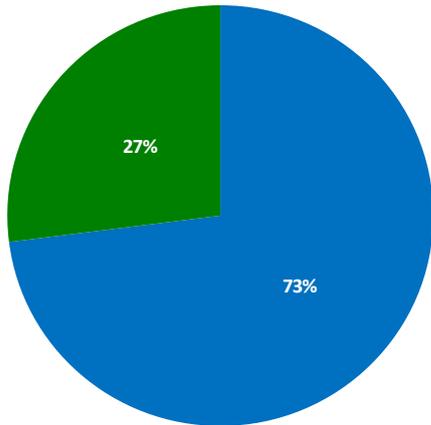


How useful was the general anatomy revision on Sunday?



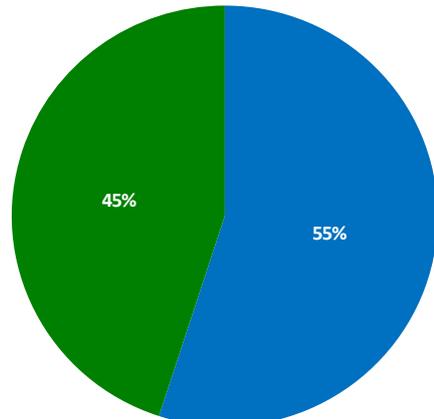
Overall Feedback

How would you rate the relevance of the topics that were covered at the course?



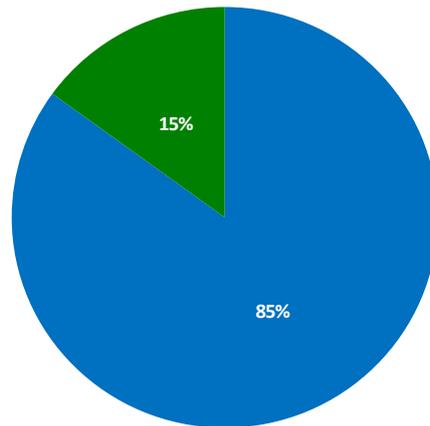
■ Excellent ■ Good ■ Average ■ Not bad ■ Poor

Did you think that the time available during the three days was maximised to cover as many topics as possible?



■ Excellent ■ Good ■ Average ■ Not bad ■ Poor

Did you obtain a better understanding of what to revise and upon what to focus before the exam?



■ Excellent ■ Good ■ Average ■ Not bad ■ Poor

Individual Comments

Prof. Enoch was astounding! The course was intense, taught exactly what we need and delivered in an easy to understand AND RETAINABLE format! Incredible and I've already recommended this course to many colleagues. Thank you Prof. Enoch!

AY

Southampton General Hospital, Southampton, UK

It was really good.

IB

Yeovil District Hospital, Yeovil, UK

Thorough & comprehensive run-through of revision topics highly relevant to MRCS syllabus.

LW

Wrexham Maelor Hospital, Wrexham, UK

Very well led and highly recommended.

JK

Queen Elizabeth Medical Centre, Birmingham, UK

Fantastic course delivered by a very knowledgeable lecturer! It helped improve my understanding of key anatomical areas.

JB

University Hospital Southampton NHS Foundation Trust, UK

Excellent course - useful content, presented very clearly with exam focus.

CD

St James's University Hospital, Leeds, UK

Brilliant delivery, really helpful for structure of revision.

TP

Singleton Hospital, Swansea, UK



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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World Journal of Medical Education & Research



Peer-reviewed academic journal
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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

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