

**DOCTORS ACADEMY**



**BETTER EDUCATION. BETTER HEALTH.**

**COLLEGE OF PHYSICIANS AND  
SURGEONS OF CARDIFF**



**ERUDITIO. NOVATIO.  
EXCELLENTIA. MISERICORDIA.**

## Cardiff MRCS Course: Basic Sciences and Clinical Application for MRCS A



**Feedback - March 2023**

## Cardiff MRCS Course: Basic Sciences and Clinical Application for MRCS A

Basic sciences, such as anatomy, physiology, pathology, and microbiology, are the principal components for developing a strong foundation in surgical training and for the understanding of its clinically applied aspects, such as surgical anatomy and surgical pathology, critical care physiology and applied surgical sciences, and principles of surgery. As such, these subjects form an integral part of the MRCS A exam.

This intensive four-day course provided the attendee with an overview of basic physiological principles, consolidated the attendee's core and applied surgical knowledge in anatomy and relevant pathology, and gave a focused revision of pertinent topics as tested in the exam. The emphasis was on key principles and concepts, with focus and guidance on answering single best answer questions. The course took into consideration the recent changes to the MRCS A exam, with more emphasis on the clinical application of basic sciences, especially anatomy.

The course was divided into four distinct, but related, days. On Days 1 and 2, the emphasis was primarily on basic and surgically applied anatomy and related pathology. This included relevant embryology, surface anatomy and osteology in the head and neck, upper limb, thorax, abdomen, pelvis and lower limb. The autonomic nervous system and pertinent histological findings of all common cancers was discussed. Days 3 and 4 predominately covered basic pathology, system-specific pathology, applied surgical sciences, burns, trauma, microbiology, pharmacology, genetics, statistics, trauma, vascular surgery, breast surgery, endocrine surgery, upper GI and lower GI surgery, and the principles of surgery in general.

It was strongly advised that delegates attend all four days of the course to obtain the full benefit. However, if a delegate was particularly strong in the topics taught on any of the four days, then he/she had the option of attending individual days of the course.



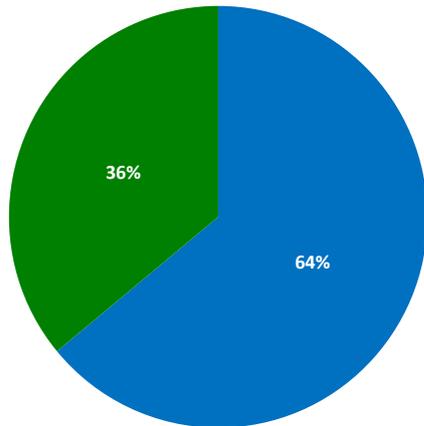
### Course Information

<b>Course Dates:</b>	<b>16<sup>th</sup> - 19<sup>th</sup> March 2023</b>
<b>Venue:</b>	<b>College of Physicians and Surgeons of Cardiff, Frazer Building, 126 Bute Street, Cardiff Bay, Cardiff</b>
<b>Attendance:</b>	<b>15 Delegates</b>
<b>Aimed at:</b>	<b>Trainees preparing for the MRCS Part A Examination.</b>
<b>Faculty:</b>	<b>Surgeons</b>
<b>Course Fee:</b>	<b>£485.00</b>



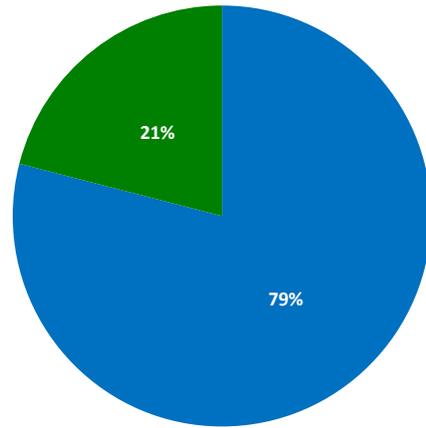
# Overall Feedback

How useful were the topics covered during the course?



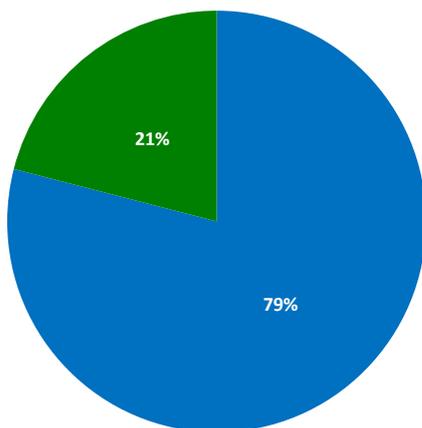
■ Excellent ■ Very Good ■ Good ■ Not Good ■ Poor

Were the topics covered in sufficient detail and depth?



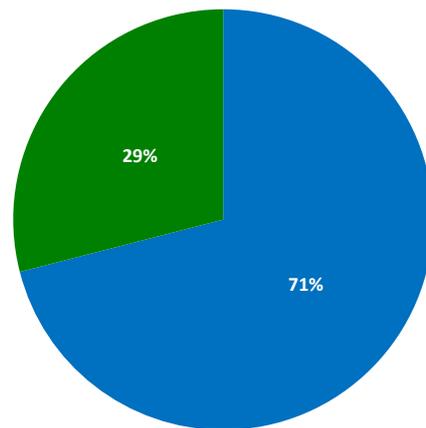
■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

How useful were the mock exams discussed during the course?



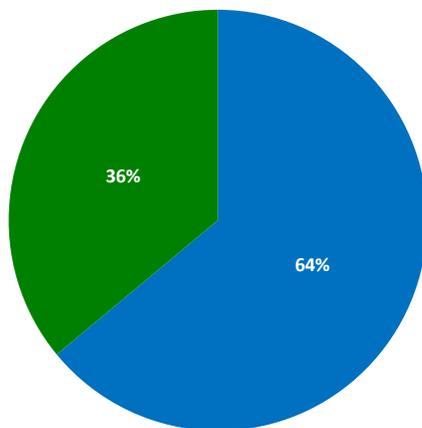
■ Extremely Useful ■ Very Useful ■ Useful  
■ Quite Useful ■ Not Useful At All

Was the pattern of the questions discussed during the course reflective of the questions that are normally encountered in the exam?



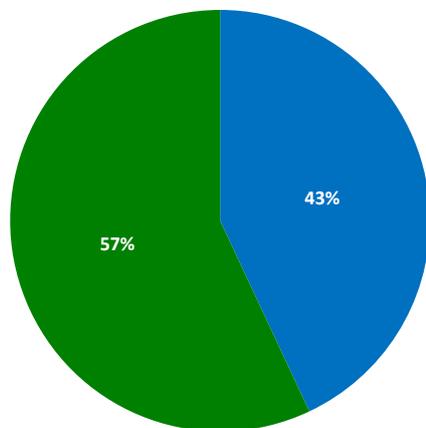
■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Did the course meet your learning objectives?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

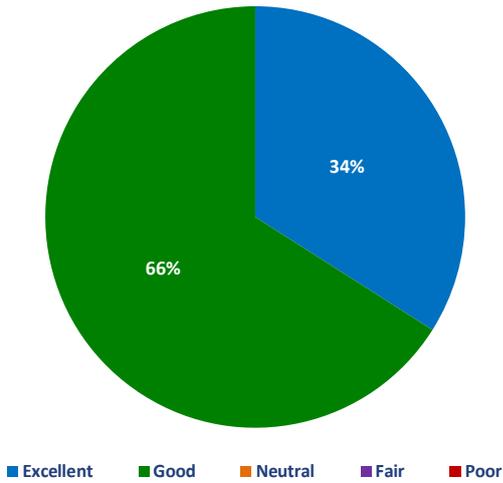
How were the facilities and venue?



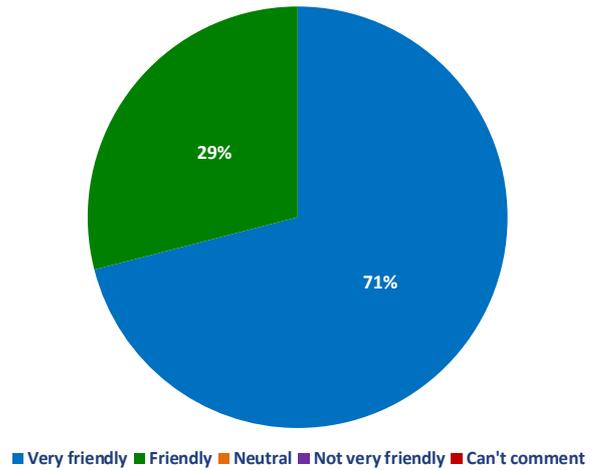
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Feedback

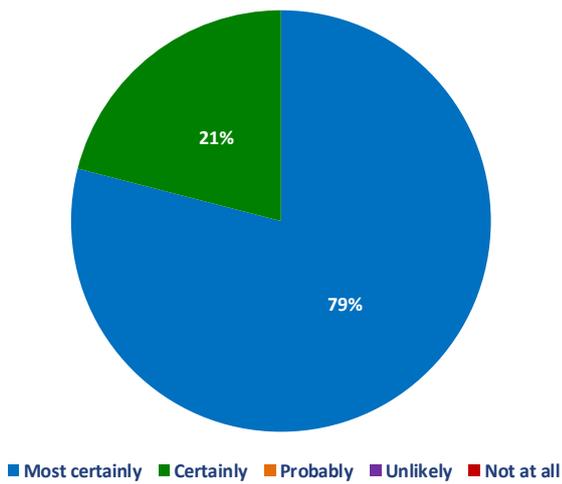
How were the refreshments and lunch?



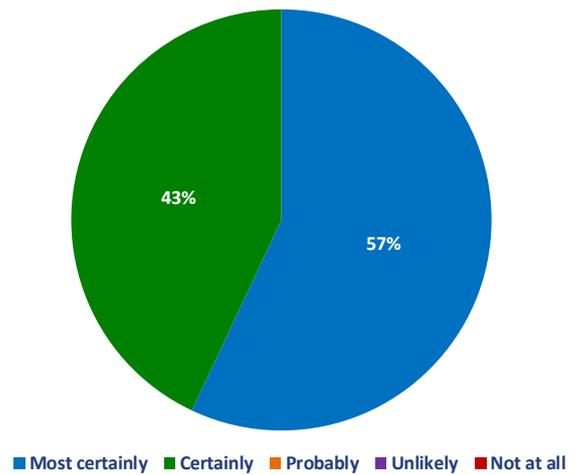
How was the general friendliness of the faculty and organisers?



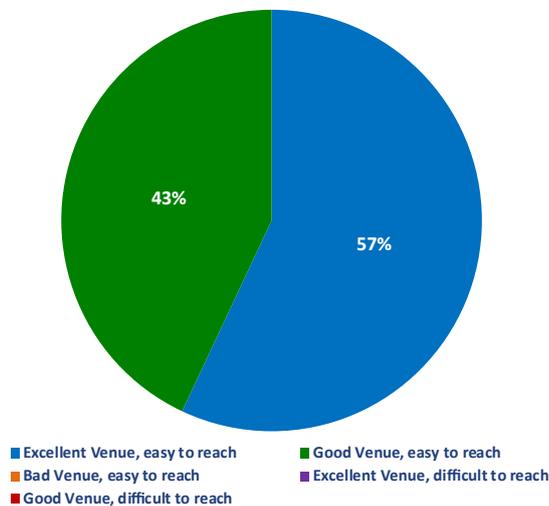
Would you recommend this course to a friend?



Do you think that this course provided good value for money?



What was your impression of the venue?



## Individual Comments

Good organisation, succinct information for the exam.

**JL**

*Charles Hospital, Merthyr Tydfil, United Kingdom*

Very good, presentations helpful, very recent.

**JL**

*University Hospital of Wales, Cardiff, United Kingdom*

Great course, very engaging and stimulating teaching.

**EO**

*Liverpool Heart and Chest Hospital NHS Foundation Trust, United Kingdom*

Excellent course and very relevant! Highly recommended!

**MG**

*Portsmouth Hospitals NHS Trust, United Kingdom*

Excellent, thank you!

**IM**

*Conquest Hospital, St Leonards on Sea, United Kingdom*

Excellent course, feel a lot more confident.

**FK**

*Bradford Royal Infirmary, Bradford, United Kingdom*

The course was excellent. Good opportunity to ask questions.

**SG**

*Southmead Hospital, Bristol, United Kingdom*

Thank you so much to all the staff and teaching members, it was an excellent course with excellent organisation and facilities, I greatly appreciated the opportunity.

**AK**

*Royal Devon & Exeter Hospital, Exeter, United Kingdom*

Extremely impressed with the course. It was hard work, but I see the importance of keeping the course <4 days to make it accessible, so the long hours are justified.

**GB**

*Chelsea and Westminster Hospital, London, United Kingdom*



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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- No manuscript processing fee
- No publishing fee
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[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

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