

4th Congress of Sturrock International Medical and Dental Association (SIMDA)

Knowledge Advancement and Optimal Strategies for Healthcare Professionals and Health Systems – A Sturrock Global Initiative

28th and 29th November 2025

Camelot Hotel, 345 Lewis Pl, Negombo, Sri Lanka

A total of 6 CPD points (3 for each day) is provided by the College of Physicians and Surgeons of Cardiff

Programme

Day 1: Friday 28th November 2025

Chairperson: Dr. Ram Sundar Kasthuri

- 0815 - 0830 Registration and Coffee
0830 - 0845 Welcome – Dr. Ronnie Mathew

Session 1

0845 – 0945 Radiology and General Medicine

- 0845 - 0900 Introduction and overview of the congress
Dr. Ram Sundar Kasthuri
- 0900 - 0915 Latest advances in diagnostic and interventional radiology
Dr. Ram Sundar Kasthuri
- 0915 - 0930 Optimal heart health and heart attack, and everything in between
Dr. Mathew George Koshy
- 0930 - 0945 Metabolic syndrome and erectile dysfunction: Latest 'cures' for ED
Dr. Silas Benjamin

0945 - 1000

Coffee Break

Session 2

1000 - 1100 Medical and dental disasters and near misses – Lessons to learn

- 1000 - 1007 Radiology disasters and near misses
Dr. Ram Sundar Kasthuri
- 1007 - 1014 Medical disasters and near misses
Dr. Vinod Joseph
- 1014 - 1021 Dental disasters and near misses
Dr. Jogi Chungath
- 1021 - 1028 General Surgery disasters and near misses
Dr. Roshan Shetty
- 1028 - 1035 Head & Neck oncology disasters and near misses
Dr. Bichu Jacob
- 1035 - 1042 Neurosurgery disasters and near misses
Dr. Bopanna KM
- 1042 - 1115 Panel discussion
- 1115 - 1145 Summary and close of discussions

1145 - 0100

Lunch

- 0100 - 0500 Networking, exchange of ideas and sightseeing.

Day 2: Saturday 29th November 2025

Chairperson: Dr. Jogi Chungath

0830 - 0900 Registration and Coffee

Session 3

0900 – 1015 AI, Medicolegal aspects, Healthcare Opportunities and Innovation

0900 - 0915 Introduction to programme of day 2
Dr. Ronnie Mathew

0915 - 0930 Impact of AI in medicine: threats and opportunities
Dr. Abdul Sathar

0930 - 0945 Medicolegal overview in the current health & regulatory environment
Dr. Ram Sundar Kasthuri

0945 - 1000 Healthcare opportunities in the UK in an ageing society
Dr. Babu Hussain

1000 - 1015 A dental device innovation journey: Ronnie and the veneer of Rock
Dr. Abubaker Siddique

1015 - 1030 Coffee Break

Session 4

1030 – 1200 Hospital Management Lessons

1030 - 1045 Starting a Hospital
Dr. Vijay Shankar

1045 - 1100 Managing a Hospital
Dr. Venkatesh S

1100 - 1115 Overall challenges & setbacks: lessons learnt
Dr. Roshan Shetty

1115 - 1145 Panel Discussion

1145 - 1215 Summary and Close of discussions

1215 - 0130 Lunch

0130 - 0500 Networking, exchange of ideas and sightseeing.

End of Day 2